

# AAU Lacrosse Rule Book & Regulations

## PREAMBLE

The AAU Lacrosse National Committee has been established in order to promote the benefits of participation in athletics and hereby adopts these rules & regulations for the advancement of that purpose. The AAU Lacrosse Committee operates under the governance of the AAU Code in addition to rules herein.

The AAU Lacrosse program is dedicated to offering boys and girls, youth through high school, the opportunity to develop their skills in amateur lacrosse to the highest level and to compete with the best in the country.

## **I. NATIONAL SPORT COMMITTEE GOVERNANCE AND ADMINISTRATION**

### **A. National Committee Structure and Procedures**

1. **National Chair** – The President of the AAU appoints the Chair from the recommendations of the National Sport Committee after approval of a majority of the National Officers.
2. **Executive Committee Composition** – The Lacrosse Executive Board shall consist of the following positions: National Chair, Vice Chair, Rules Commissioner, Boys Program Director and Girls Program Director. The National Chair shall appoint 2-5 positions.
3. **National Sport Committee Composition** - The Committee will consist of the National Sports Chair, the appointed Executive Committee, the elected or appointed Sport Director of each District, or a representative designated by the District Governor and one appointed representative from each Affiliated member that registers members in the sport. The President may appoint up to five (5) members-at-large
4. **Other Committee Positions** - such as Commissioners, Regional Directors, Disciplinary Committee, Bid Committees, etc.
5. **Voting** –Persons eligible to vote shall be the National Sport Chair, elected or appointed officers, chairs of Committees as defined by the sport's operating rules, the elected or appointed District sports director or a representative from each Affiliated member that registers members in the sport, and any members-at-large. Only representatives from Districts which registered a minimum of .5% (a half percent) of the total number of athletes in that sport in the previous year, shall be allowed to vote in the National Sport Committee meeting.

### **B. Sport Committee Meetings**

1. **National Sport Committee Regular Meetings**. Regular Meetings of the National Sport Committee shall be in conjunction with the AAU Convention.

2. **Non – Regular Sport Committee Meetings** - National Sport Committee may hold a Non-Regular National Sport Committee meeting in odd years subject to the following provisions:
  - a. The meeting is called by the Chair following approval of the National Office.
  - b. The National Office has the right to coordinate the meeting and pick the site for the meeting.
  
3. **National Sport Committee Special Meetings.** Special meetings of a Committee are scheduled at the request of the Chair or upon written request of at least one half (1/2) of the Committee members. The purpose of the Special meeting must be stated in the Notice for the meeting.
  
4. **National Sport Executive Committee Meetings** – The National Chair shall determine the date and location of Executive Committee Meetings.
  
5. **Agenda Additions -**
  - a. **Sport Committee Meeting Order (Agendas)-** The Regular National Sport Committee meetings, the Non-Regular National Sport Committee meetings, and National Sport Committee Special meetings shall follow meeting order (agenda format) as established by Code (Bylaw 9.5)

## II. SPORT POLICIES AND PROCEDURES

### A. **AAU Boys Lacrosse**

- i. National Federation of State High School Associations rules will be in effect except where altered. A copy of the current rule book can be obtained from US Lacrosse at:

[Click here](#)

### B. **AAU Girls Lacrosse**

National Federation of State High School Associations rules will be in effect except where altered. A copy of the current rule book can be obtained from US Lacrosse at:

[Click here](#)

### C. **Age Categories**

- i. 20 and under = youth
- ii. 21 and up = adult

### D. **Age Divisions**

- i. **Boys**
  - i. 16 and above
  - ii. 15 and Under
  - iii. 13 and Under
  - iv. 11 and Under
  - v. 9 and Under
- ii. **Girls**
  - i. 16 and above
  - ii. 15 and Under