

- Q. **UPDATE - Gymnastics** - Gymnastic stunts/skills are **ONLY** allowed in AAU Freestyle, Dance Twirl, and Strut (*only 2 tricks per Routine*). ***Novelty and Show Twirl Team are allowed to use the approved gymnastic skills.*** Allowable skills are cartwheels, walkovers, and handstands in which one or two hands must touch the ground before the feet go over the head.

Gymnastics stunts/skills **ARE NOT** allowed in Solo One Baton, Two Baton, Multiple, Three Baton, Hoop, Flag, Dance Twirl Team, Twirl Team, Duets or Trios. Tricks not allowed in these events include body aerials, walkovers, cartwheels, handstands, butterflies, somersaults, handsprings, body mounts, and body tosses. Penalty: 2.0 point and one ranking in placement.

## X. AWARDS

- A. All athletes are required to be in competition attire for the awards ceremony.
- B. **Awards for District Competitions** - Individual & group event awards must be provided for the first three places. Contest directors may purchase extra ribbons and medals if desired.
- C. **Awards for National Competitions/Junior Olympics Games** - Solo one baton, two baton, three, multiple, strut, basic Strut, military strut, dance twirl and freestyle and duet and trio baton finals - award medals will be awarded to the top ten places of each age group.
- D. **Twirling Team, Dance Twirl Team and Street Parade Team** - award medals will be awarded to the top six places of each age group.
- E. **Twirling Corps, Parade Corps** - award medals will be awarded to the top three places of each age group.

- XI. **RESPONSIBILITIES, DISQUALIFICATION AND SUSPENSION** - Any falsification on the part of an athlete may lead to permanent suspension from AAU Baton Twirling. It is the responsibility of each athlete, parent and coach to make certain that all statements concerning residence, age and status level are factual and that all entry forms are filled out accurately.

## XII. COMPETITION RULES

- A. **Qualification Procedure** - The only way an athlete/team may qualify for the Junior Olympic/National Youth Championships is through AAU District Championships. An athlete/team must compete and place into the qualifying positions to become eligible to compete at the Junior Olympic/National Youth Championships. Districts that do not host a qualifier will allow athletes to compete at large.
1. Athletes/Teams in an AAU District not hosting an AAU District Championship may qualify in a neighboring AAU District.
  2. **A team must qualify in each team event to participate in at the Junior Olympic Games.**
  3. The following is the number of athletes/teams that will become eligible for each age group/level from each AAU District Championship.
    - a. **For Solo One Baton, Solo Two Baton, Solo Three Baton, Solo Multiple Baton, Solo Parade Strut** - the top ten (10) athletes.
    - b. **For Solo Freestyle** - the top ten (10) athletes.