

5. Equipment Specifications:

The AAU Junior Olympic Games will use the current USA Gymnastics Junior Olympic Apparatus specifications. Any AAU modifications will be listed in the Gymnastics National Rules later in this document.

6. Determination of Champions (Team, All Around and Individual Event)

- Team Champions in each age division will be determined by combining the top twelve scores (top three scores on each of the four events) earned by district team members. The highest total score will be awarded the Team Champion in that age division.
- All Around Champions in each age division will be determined by the highest combined score of all events.
- Individual Event Champions will be determined by their rank order on each event in each age division.

7. Awards

a). District Team Awards will be provided for the 1st through 6th place Teams in each age division. Each member of the placing District Team will receive an award.

b). All Around Awards are provided for each participant

c). Individual Event Awards are provided for each session (50% + 1 level of distribution).

d.) Attire:

All medal winners (Team, All Around and Individual) are required to be in complete gymnastics attire (Leotard, **Competitive Jersey** or warm-up suits) at the awards ceremony.

D. Rules for the AAU Age Group National Championships

The following skill divisions will be contested at the AAU Junior Olympic Games:

1. Girls Competition:

- a. Open Optional (LO)
- b. Level 8 (L8)
- c. Level 7 (L7)
- d. Level 6 (L6)
- e. Modified Optional Level Advanced (LA)
- f. Modified Optional Level Intermediate (LI)
- g. Modified Optional Level Novice (LN)
- h. Level 5 (L5)
- i. Level 4 (L4)
- j. Level 3 (L3)
- k. Level 2 (L2)

2. Boys Competition:

- a. Open Optional (LO)
- b. Level 6 (L6)
- c. Level 5 (L5)
- d. Level 4 (L4)
- e. Level 3 (L3)

- f. Boys Team Competition (See Boys AAU Rules for details)

3. Freestyle Acrobatics Competition

- a. Level 5
- b. Level 4
- c. Level 3
- d. Level 2
- e. Level 1
- f. Small Crew
- g. Large Crew

4. Team Coed Gymnastics Competition

5. Qualification to the AAU Age Group National Championships (AGNC):

To qualify for the AAU AGNC gymnasts must participate in their local District Championship.

6. Age Groups at the AAU AGNC:

Athletes in each Skill Division will be divided into groups of similar age. Each age group will not exceed 25 Athletes. Single age divisions may be split or combined based on the number of entries.

7. Age Determination:

The age of a competitor is determined by the athlete's age on the first day of the AGNC. At qualifying events, Athletes must compete in the age division which will match the correct age of the athlete at the AGNC.

8. Eligibility:

All athletes, coaches and judges must own a current AAU Membership card

9. Equipment Specifications:

The AAU Junior Olympic Games will use the current USA Gymnastics Junior Olympic Apparatus specifications. Any AAU modifications will be listed in the Girls Gymnastics National Rules later in this document.

10. Determination of Gymnastics Champions (All Around and Individual Event)

- a. All Around Champions in each age division will be determined by the highest combined score of all events.
- b. Individual Event Champions will be determined by the rank order of each event score from the competition.

11. Determination of Freestyle Acrobatics Champions (Combined, Speed Run and Freestyle Run)

- a. Combined Champions in each skill level and age division will be determined by the combined score of their Speed Run and their Freestyle Run
- b. Individual Run Champions will be determined by the rank order of each run from the competition

12. Awards

- a. All Around Awards are provided for each gymnastics participant
- b. Individual Event Awards for each Skill Level and Age Group contested are provided for each session (50% + 1 level of distribution)

13. Attire:

All medal winners (All Around and Individual) are required to be in complete competitive attire (Leotard, competitive jersey or warm-up suits) at the awards ceremony.

E. Rules for the AAU Winter Nationals

The following Skill Divisions will be contested at the AAU Winter Nationals (WN):

1. Girls Competition:

- a. Open Optional (LO)