

5. Local Competitions

AAU Districts may modify the AAU National Rules to serve the needs of the athletes and clubs in their District.

C. Rules for the AAU Junior Olympic Games

The following **girl's** Gymnastics Skill Divisions will be contested at the AAU Junior Olympic Games:

- Open Optional (LO)
- Level 8 (L8)
- Level 7 (L7)
- Level 6 (L6)
- Modified Optional Level Advanced (LA)
- Modified Optional Level Intermediate (LI)
- Modified Optional Level Novice (LN)
- Level 5 (L5)
- Level 4 (L4)
- Level 3 (L3)
- Level 2 (L2)

The following **boy's** Gymnastics Skill Divisions will be contested at the AAU Junior Olympic Games:

- Open Optional (LO)
- Level 6 (L6)
- Level 5 (L5)
- Level 4 (L4)
- Level 3 (L3)

Girl's OPEN OPTIONAL DIVISION

1. Qualification to the AAU Junior Olympic Games Open Optional Division

a). To qualify for the National AAU Junior Olympic Open Optional Championship, a gymnast must place first through twelfth place in All Around at their respective District Championships in their respective age division, 8-11, 12-13, 14-15 or 16-19 age division. The top six finishers in each age group shall be designated as District Team A and the second six finishers shall be designated as District Team B.

b). Individual qualifiers beyond twelfth in all age divisions may qualify to the Open Optional competition providing that the gymnast obtains a minimum score of 29.00 All Around at the District Championships.

c). Individual qualifiers are not included in District Team competition. Non District Team competitors are eligible for individual event and all around awards.

d). In the event that a District Team qualifier is unable to attend, replacements may be used based on approval of the National Event Director in rank order of the athlete's placing at District Championships.

2. Age Groups at the AAU Junior Olympic Games Open Optional Division

The five (5) age divisions are:

- 8 to 11
- 12 – 13
- 14 – 15
- 16 – 19
- 20 & older (Ladies)

3. Age Determination:

The age of a competitor is determined by the gymnast's age on the day of the Junior Olympic Games Celebration **Ceremony or the first day of competition, whichever comes first.** At qualifying events, Athletes must compete in the age division which will match the correct age of the athlete at the Junior Olympic Games.

4. Eligibility:

Current Elite Level gymnasts are not eligible to participate. All athletes, coaches and judges must own a current AAU Membership card.

5. Equipment Specifications:

The AAU Junior Olympic Games will use the current USA Gymnastics Junior Olympic Apparatus specifications. Any AAU modifications will be listed in the Gymnastics National Rules later in this document.

6. Determination of Champions (Team, All Around and Individual Event)

- Team Champions in each age division will be determined by combining the top twelve scores (top three scores on each of the four events) earned by district team members. The highest total score will be awarded the Team Champion in that age division.
- All Around Champions in each age division will be determined by the highest combined score of all events.
- Individual Event Champions will be determined by the event score from the FINAL day of competition.

7. Awards

a). District Team Awards will be provided for the 1st through 6th place Teams in each age division. Each member of the placing District Team will receive an award.

b). All Around Awards are provided for each participant

c). Individual Event Awards are provided for each session (50% + 1 level of distribution)

d). All American:

The top 6 All Around scores and the top score on each event from the Open Optional Division, regardless of age group, will be honored as AAU/USA All Americans.

e). Attire:

All medal winners (Team, All Around and Individual) are required to be in complete gymnastics attire (Leotard or warm-up suits) at the awards ceremony

f). Finals:

When the Open Optional Division includes over 160 entries (40 in each age division) a Finals format will be placed into effect. The top 10 athletes from each age group on each event will qualify to “new life” finals for a second day of competition. The top six finishers on each event in each age division will receive awards in the finals competition.

All other contested Divisions

1. Qualification to the AAU Junior Olympic Games

a). To qualify for the National AAU Junior Olympic, a gymnast must place first through twelfth place in All Around at their respective District Championships in their respective age division. The top six finishers in each age group shall be designated as District Team A and the second six finishers shall be designated as District Team B.

b). Individual qualifiers beyond twelfth in all age divisions may also qualify to the competition.

c). Individual qualifiers are not included in District Team competition. Non District Team competitors are eligible for individual event and all around awards.

d). In the event that a District Team qualifier is unable to attend, replacements may be used based on approval of the National Event Director in rank order of the athlete’s placing at District Championships.

2. Age Groups at the AAU Junior Olympic Games

Age Divisions will be determined after receipt of entries.

3. Age Determination:

The age of a competitor is determined by the gymnast’s age on the day of the Junior Olympic Games Celebration Ceremony **or the first day of competition, whichever comes first**. At qualifying events, Athletes must compete in the age division which will match the correct age of the athlete at the Junior Olympic Games.

4. Eligibility:

This event is open to any gymnast who has not competed at the Elite Level. All athletes, coaches and judges must own a current AAU Membership card.

5. Equipment Specifications:

The AAU Junior Olympic Games will use the current USA Gymnastics Junior Olympic Apparatus specifications. Any AAU modifications will be listed in the Gymnastics National Rules later in this document.

6. Determination of Champions (Team, All Around and Individual Event)

- Team Champions in each age division will be determined by combining the top twelve scores (top three scores on each of the four events) earned by district team members. The highest total score will be awarded the Team Champion in that age division.
- All Around Champions in each age division will be determined by the highest combined score of all events.

- Individual Event Champions will be determined by their rank order on each event in each age division.

7. Awards

a). District Team Awards will be provided for the 1st through 6th place Teams in each age division. Each member of the placing District Team will receive an award.

b). All Around Awards are provided for each participant

c). Individual Event Awards are provided for each session (50% + 1 level of distribution).

d.) Attire:

All medal winners (Team, All Around and Individual) are required to be in complete gymnastics attire (Leotard or warm-up suits) at the awards ceremony.

D. Rules for the AAU Age Group National Championships

The following skill divisions will be contested at the AAU Junior Olympic Games:

1. Girls Competition:

- Open Optional (LO)
- Level 8 (L8)
- Level 7 (L7)
- Level 6 (L6)
- Modified Optional Level Advanced (LA)
- Modified Optional Level Intermediate (LI)
- Modified Optional Level Novice (LN)
- Level 5 (L5)
- Level 4 (L4)
- Level 3 (L3)
- Level 2 (L2)

2. Boys Competition:

- Open Optional (LO)
- Level 6 (L6)
- Level 5 (L5)
- Level 4 (L4)
- Level 3 (L3)
- Boys Team Competition (See Boys AAU Rules for details)

3. Freestyle Acrobatics Competition

- Level 5
- Level 4
- Level 3
- Level 2
- Level 1
- Small Crew
- Large Crew

4. Team Coed Gymnastics Competition

5. Qualification to the AAU Age Group National Championships (AGNC):

To qualify for the AAU AGNC gymnasts must participate in their local District Championship.

6. Age Groups at the AAU AGNC: