

2015 DIFFERENCES BETWEEN AAU AND USAJR RULES

10/12/2014

- EVENTS:** **USA Jump Rope (USA)** has all separate medal events with a combined team championship for speed, freestyle, Team Show and overall events at US Nationals.
Amateur Athletic Union (AAU) has combined: Triple Crown of Speed, Power and Freestyle in Singles and Pairs, and Pentathlon of Single Speed and DD Relay Speed (4x30 seconds), Singles and Pairs Freestyle, plus Singles Power in Double Dutch at the AAU Junior Olympic Games (J.O. Games) and its Qualifiers.
- GROUPS:** **USA: Team Show.** Group Routine, Traveler, Wheels, Double Dutch and Long Rope segments. 2 team sizes 6 - 12 and 13 -30 athletes. Maximum 4 minutes. If less than 3 entries combine age-groups.
AAU: Group Routine with individual ropes. Size: 6 - 24 athletes. 2-4 minutes
Age-groups: Junior 13 and under, Senior 14 - 22
2 Head Judges required for Group Routine. Scores averaged.
Content Judges take number of participants in Group Routine into consideration
- AGES :** **USA :** **30 second, 1 and 3 minute speed, 30 second double unders and single freestyle.**
8 and under at Regional Level only. Must compete in 9 years if trying for Nationals
Males: 10 & Under, 11-12, 13-14, 15-17, 18-22, 23-29, 30-49, 50+
Females: 9, 10, 11, 12, 13, 14, 15, 16, 17, 18-22, 23-29, 30-49, 50+
Individual 30 second double unders (new). All ages.
Pairs, medley, relay and Double Dutch: 10 and under, 11-12, 13-14, 15-17, 18+ and 30+
Female only and mixed divisions in 15-17 and 18+.
Relay 4 person speed medley. 60 seconds, 45, 30, 15.
Triples: 15-17 and 18+ only. Must begin attempt within 10 seconds or receive 10 triple deduction from final score. At Regional Level only, if a competitor does not complete at least 30 triple unders on their first attempt, then a second attempt is given. To qualify for Nationals, an athlete must record a score of 30 or more triples to advance to Nationals.
AAU: Singles: Females: 8 & Under, 9, 10, 11, 12, 13, 14, 15-17, 18-22
Males: 8 and under, 9-10, 11-12, 13-14, 15-17, 18-22
Pairs: 8 and under, 9-10, 11-12, 13-14, 15-17, 18-22
Power: Double Unders up to 14 years and all pairs. Triples for 15-17, 18-22 in singles.
Double Dutch: 10 and under, 11-12, 13-14, 15-17, 18-22
- NOTE:** **USA: Age will be determined in 2015 as of June 15, 2015**
AAU: Age will be determined in 2015 as of June 15, 2015
- ELIGIBILITY:** **USA :** Participants must be members as of November 1, 2014
Late memberships cost twice the usual fee and must be paid by 28 days prior to competition.
AAU: Participants must be members as of date of first competition. Application on competition day is insufficient for adults as background check must first be completed. Youths must obtain number online if late to be allowed to compete. AAU number must be declared with registration.
Registration must be paid by 4 weeks prior to tournament or a \$10 late fee added.
- QUALIFYING:** **USA:** Regions are specific. Must compete in own region. See 2015 USAJR Rulebook
AAU: Tournaments open to all AAU members unless specified as "closed"
USA : Top 5 qualify from Regionals to compete at Nationals. If more than 15 competitors in one event then top 6 qualify. Add one qualifier for each additional group of 5 competitors per event. Continue up to 8 qualifiers. Alternates number the same as qualifiers..
QUALIFYING FOR GRAND NATIONALS: Speed: Top 12 (top 6 in 3 minute and triples)
Freestyle: Gold medalists + next 10 regardless of age in singles (top 8 in all pairs and DD).
(see formula in rulebook)
Top 2 Team Shows in each size-division go from Regionals to Nationals.
AAU: Top 10 US and Non-US in combined events qualify for AAU Junior Olympic Games from any AAU Qualifying Tournament, alternates to fill spots as needed.
Top 3 Group Routines (US and Non-US) from AAU Qualifiers to J.O. Games (13 & U, 14-22)
Non-US: Top 10 per event (1 per age-group in Group Routine) may be nominated by National Governing Body (NGB) for J.O. Games.
- ENTRIES:** **USA:** Up to 40 entries per regional event. Add more equally by team if less than 40.
Speed unlimited #'s per available time, except for 3 minute speed which has a maximum entry of 5 athletes per age division per team, but at Director's discretion..

AAU: Unrestricted entries encouraged, but at Director's discretion

SPECTATOR FEES: **USA :** Not charged to members. Non-members may purchase daily or as package spectator passes for Nationals

AAU: These are optional but not encouraged, may not be charged to members and may not exceed \$5. Spectator Fees charged at J.O. Games.

UNIFORMS: **USA:** Uniforms must match in color and design. Changes permitted for gender. Underwear may not be visible in standing position. Cause for delay of tournament.

AAU Uniforms must coordinate in color. Changes permitted for gender. Same gender must match. Each gender must match the shirt or shorts color of other gender
If spandex undergarments are worn they must match

In AAU it is spelled out that if accessories are worn, they must be securely attached throughout

USA and AAU: Coordination of uniforms permitted in Team Show or Group Routine

USA and AAU: Eyeglasses must be secured by a sports strap or wedge Hair and other accessories must be secured. If they fall off it is not grounds for a re-jump, except for another athlete if the item hinders their performance. A space violation will be assessed to the athlete whose item caused the hindrance to another athlete. Items falling off in AAU and causing an unsafe situation will cause the routine to be stopped and judged to that time.

JUDGES: **AAU:** Judges must wear athletic shoes, blue pants, shorts or skirt (not denim). AAU or USA shirt, with no Team logo

USA and AAU: Judges must be provided by each team at a ratio of at least 1 judge for every 4 jumpers, including higher level judges with more than 5 jumpers. See chart in Rule Book.

DELAY OF TOURNAMENT: 10 point penalty for speed and power, .4 penalty for freestyle when athletes present late, or with wrong uniform or equipment, with jewelry or gum. 1 minute allowance in singles, 2 minutes in multi-person to remedy, then DQ if late. No penalty if jewelry is removed before final competitor is announced

RE-JUMPS: **USA:** Rest time 5 minutes (except for 3 minute speed in) in single events.. Rest time 10 minutes for group events

AAU: Rest time 5 minutes.

Limit of 1 re-jump for speed and freestyle events. Additional rope allowed at station for re-jumps.

POSITION OF ROPE AND JUMPER:

USA: No specifics.

AAU: In Speed and Power events, rope must begin behind athlete's feet.

In Double Dutch Speed and Power, athlete must begin outside ropes

FREESTYLE: **USA and AAU:** 60-75 seconds long. 45 call will be announced.

MUSIC: USA: Music not allowed for freestyle, except in Grand National Championships.

AAU: Music required for freestyle. Music must be provided on MP3 player. No profanity allowed in any music provided

TIMING MP3: **USA and AAU:** 1 minute call in freestyle. 45 second

If the timing MP3 fails during freestyle events jumper(s) can choose to keep their score with a .2 deduction or re-jump for a new score.

MP3 players only will be used this year.

ACCURACY: **USA and AAU:** Now .2 deduction per major miss, .1 deduction per minor miss.

DENSITY USA and AAU: See new Density guidelines in USAJR rulebook

SPACE VIOLATIONS: Lines count as in.

AAU: Use Floor Manager to indicate space violations on back-line in freestyle

OTHER CHANGES: Please consult the 2015 USAJR Rulebook and 2015 AAU Rulebook for additional specific rule changes.

For specific details of rules, please consult the official 2015 USA Jump Rope Rulebook (obtainable from USA JUMP ROPE office 1-800-225-8820), or the 2015 AAU Jump Rope Rulebook. May be downloaded from www.aausports.org