

## 2012 DIFFERENCES BETWEEN AAU AND USAJR RULES November 7, 2011

- EVENTS:** **USA Jump Rope (USA)** has all separate medal events with a combined team championship for speed, freestyle, Team Show and overall events at US Nationals  
**Amateur Athletic Union (AAU)** has combined: Triple Crown of Speed, Power and Freestyle in Singles and Pairs, and Pentathlon of Single Speed and DD Relay Speed (4x30 seconds), Singles and Pairs Freestyle, plus Singles Power in Double Dutch at the AAU Junior Olympic Games (J.O. Games) and its Qualifiers.
- GROUPS:** **USA: Team Show**, includes Group Routine, Traveler, Wheels, Double Dutch and Long Rope segments. 2 group sizes: 6 - 12 and 13 -30 athletes. Maximum 4 minutes  
**AAU: Group Routine** with individual ropes. Size: 6 - 24 athletes. 2-4 minutes  
Age-groups: Junior 13 and under, Senior 14 - 22  
2 Head Judges required for Group Routine. Scores averaged.  
Content Judges take number of participants in Group Routine into consideration
- AGES :** **USA :** **Individual 1 and 3 minute speed and single freestyle:** 8 and under (Regional Level only. Must compete in 10 and under if trying for Nationals), 10 & Under, 11-12, 13-14, 15-17, 18-22, 23-29, 30-49, 50+  
**Pairs, relay and Double Dutch:** 12 & under, 13-14, 15-17, 18+ and 30+  
All female and mixed divisions in 15-17 and 18+  
**Triples:** 15-17 and 18+ only. Must begin attempt within 10 seconds or receive 10 triple deduction from final score  
**AAU: Singles: Females:** 8 & Under, 9, 10, 11, 12, 13-14, 15-17, 18-22  
13-14 age-groups may be split if numbers exceed 30 at Regionals, 80 at J.O.'s  
**Males:** 8 and under, 9-10, 11-12, 13-14, 15-17, 18-22  
**Pairs:** 8 and under, 9-10, 11-12, 13-14, 15-17, 18-22  
**Power:** Double Unders up to 14 years and all pairs. Triples for 15-17, 18-22 in singles.  
**Double Dutch:** 11-12, 13-14, 15-17, 18-22 (No 8 and under or 9-10 divisions in Double Dutch. younger athletes compete in 11-12)
- NOTE:** **Age will be determined in 2012 as of September 1, 2012 for both AAU and USA**
- ELIGIBILITY:** **USA :** Participants must be members as of November 1, 2011. Late memberships cost twice the usual fee and must be paid by 28 days prior to competition.  
**AAU:** Participants must be members as of date of first competition. Application on competition day is insufficient unless number is obtained online. AAU number must be declared with registration. Registration must be paid by 4 weeks prior to tournament or a \$10 late fee added.
- QUALIFYING:** **USA:** Regions are specific. Must compete in own region. See 2012 USAJR Rulebook  
**AAU:** Tournaments open to all AAU members unless specified as "closed"  
**USA :** Top 5 qualify from Regionals to Nationals, alternates to 7<sup>th</sup> place.  
Add 6<sup>th</sup> place if less than 39 qualify. 6<sup>th</sup> place is alternate. 7<sup>th</sup> place is alternate.  
**AGE GROUP TO GRAND NATIONALS: Speed:** Top 12 (top 6 in 3 minute and triples)  
**Freestyle:** Gold medalists + next 10 regardless of age in singles (top 8 in all pairs and DD).  
(see formula in rulebook)  
Top 2 Team Shows in each size-division go from Regionals to Nationals.  
**GOLD RUSH CLASSIC Any Regional Competitor** not qualifying for a Nationals event in 13-14 and younger **Events:** 1 minute and 3 minute speed male and female  
Single rope speed relay  
Double Dutch speed relay and pairs speed  
Single freestyle male and female  
Double Dutch single freestyle  
**AAU:** Top 10 US and Non-US in combined events qualify for AAU Junior Olympic Games from any AAU Qualifying Tournament, alternates to fill spots as needed.  
Top 3 Group Routines (US and Non-US) from AAU Qualifiers to J.O. Games (13 & U, 14-22)  
Non-US: Top 10 per event (1 per age-group in Group Routine) may be nominated by National Governing Body (NGB) for J.O. Games.
- ENTRIES:** **USA:** Up to 40 entries per regional event. Add more equally by team if less than 40.  
Speed unlimited #'s per available time.  
**AAU:** Unrestricted entries encouraged, but at Director's discretion

**SPECTATOR FEES:** **USA and AAU:** These are optional but not encouraged, may not be charged to members and may not exceed \$5. Spectator Fees charged at J.O. Games.

**UNIFORMS:** **USA:** Uniforms must match in color and design. Changes permitted for gender  
**AAU** Uniforms must coordinate in color. Changes permitted for gender. Same gender must match. Each gender must match the shirt or shorts color of other gender  
If spandex undergarments are worn they must match  
In **AAU** it is spelled out that if accessories are worn, they must be securely attached throughout  
**USA and AAU:** Coordination of uniforms permitted in Team Show or Group Routine  
**USA and AAU:** Eyeglasses must be secured by a sports strap or wedge Hair and other accessories must be secured. If they fall off it is not grounds for a re-jump, except for another athlete if the item hinders their performance. A space violation will be assessed to the athlete whose item caused the hindrance to another athlete. Items falling off in AAU and causing an unsafe situation will cause the routine to be stopped and judged to that time.

**JUDGES:** **AAU:** Judges must wear athletic shoes

**DELAY OF TOURNAMENT:** 10 point penalty for speed and power, .4 penalty for freestyle when athletes present late, or with wrong uniform or equipment, with jewelry or gum. 1 minute allowance in singles, 2 minutes in multi-person to remedy, then DQ if late. No penalty if jewelry is removed before final competitor is announced

**RE-JUMPS:** **USA:** Rest time 5 minutes (except for 3 minute speed in USA)  
**AAU:** Rest time 5 minutes.  
Limit of 1 re-jump for speed and freestyle events. Additional rope allowed at station for re-jumps.

**POSITION OF ROPE AND JUMPER:**

**USA:** No specifics.  
**AAU:** In Speed and Power events, rope must begin behind athlete's feet.  
In Double Dutch Speed and Power, athlete must begin outside ropes

**FREESTYLE:** **USA and AAU:** 60-75 seconds long. 45 call will be announced.

**MUSIC: USA:** Music not allowed for freestyle, except in Grand National Championships.

**AAU:** Music required for freestyle. Track one on CD's, playable on standard audio systems. Back-up CD required. No profanity allowed in CD provided

**TIMING CD:** **USA and AAU:** 1 minute call will be added in freestyle. 45 second eliminated.

**DENSITY USA and AAU:** See new Density guidelines in USAJR rulebook

**SPACE VIOLATIONS:** Lines count as in.

**AAU:** Use line judge to indicate space violations on back-line in freestyle

**OTHER CHANGES:** Please consult the 2012 USAJR Rulebook and 2012 AAU Rulebook for additional specific rule changes.

**For specific details of rules, please consult the official 2012 USA Jump Rope Rulebook (obtainable from USA JUMP ROPE office 1-225-8820), or the 2012 AAU Jump Rope Rulebook. May be downloaded from [www.ausports.org](http://www.ausports.org)**

