

1. For Tumbling, Trampoline, Double-Mini Trampoline, the top 10 scoring athletes overall for each level and age group will be eligible to compete in finals. In the case of a tie score with the 10th scoring athlete, all athletes with the same score will proceed to finals. For example, if there is a five way tie for first place and a five way tie for second place, only those ten athletes will be eligible to compete in finals. All levels of competition, except synchronized trampoline, will have finals.
2. The total combined scores and finals will be used to determine finals placement.
 - i. The starting order for the finals will be in order of merit, the competitor with the lowest preliminary score going first.
 - ii. The scores from preliminaries and finals will be added together.
3. Finals for tumbling will consist of two passes except for sub-beginner which will consist of one pass only passes used for preliminaries may be repeated.
4. Finals for trampoline (except for synchronized trampoline; refer to Article 5) will consist of one pass - pass used for preliminaries may be repeated.
5. Finals for Double-Mini Trampoline will consist of two passes
 - i. Beginner - passes used for preliminaries may be repeated.
 - ii. Novice Level - passes used for preliminaries may be repeated.
 - a. At least one pass must have a spotter somi.
 - b. Both passes performed in finals may have one somi.
 - iii. Intermediate Level - passes used for preliminaries may be repeated.
 - iv. Sub-Advanced Level - passes used for preliminaries may be repeated.
 - a. At least one pass performed in finals must have at least two somies. Both passes may have two somies per pass.
 - v. Advanced Level - Cannot repeat any of the preliminary passes.
6. There are no finals for synchronized.
7. At the National Competition, all Finals 1st Place Competitors (except 6 and Under) in groups of 10 or more athletes will be mandated to the next level of competition. These athletes must compete in their mandated level by the next sanctioned competition.

g. **SYNCHRONIZED TRAMPOLINE**

1. During the Association Championships, athletes must have entered and competed **their** level of age group trampoline to be eligible to compete in Synchro Trampoline at the National Championship at the Junior Olympics.

2. **ELIGIBILITY**

GENERAL INFORMATION

Age Levels of Competition

i. **Tumbling**

1. **Sub-Beginner:** 3-4 yrs, 5 yrs, 6 yrs*

2. **Beginner:** **Girls:** 3-4 yrs, 5 yrs, 6 yrs, 7 yrs, 8 yrs, 9 yrs, 10 yrs, 11-20 yrs*

Boys: 3-4 yrs, 5-6 yrs, 7-8 yrs, 9-10 yrs, 11-20 yrs*

- 3. Advanced-Beginner:** **Girls:** 3-5 yrs, 6 yrs, 7 yrs, 8 yrs, 9 yrs, 10 yrs, 11 yrs, 12 yrs, 13-20 yrs*
Boys: 3-6yrs, 7-8 yrs, 9-10 yrs, 9-10 yrs, 11-12 yrs, 13-20 yrs*
- 4. Sub-Novice:** **Girls:** 3-6 yrs, 7yrs, 8 yrs, 9 yrs, 10 yrs, 11 yrs, 12 yrs, 13-14 yrs, 15-20 yrs*
Boys: 3-6 yrs, 7-8 yrs, 9-10 yrs, 11-12 yrs, 13-20 yrs*
- 5. Novice:** **Girls:** 3-6 yrs, 7yrs, 8 yrs, 9 yrs, 10 yrs, 11 yrs, 12 yrs, 13-14 yrs, 15-20 yrs*
Boys: 3-6 yrs, 7-8 yrs, 9-10 yrs, 11-12 yrs, 13-20 yrs*
- 6. Intermediate:** **Girls & Boys:** 3-8 yrs, 9-10 yrs, 11-12 yrs, 13-14 yrs, 15-20 yrs*
- 7. Sub-Advanced:** **Girls & Boys:** 3-8 yrs, 9-10 yrs, 11-12 yrs, 13-14 yrs, 15-16 yrs, 17-20 yrs*
- 8. Advanced:** **Girls & Boys:** 3-8 yrs, 9-10 yrs, 11-12 yrs, 13-14 yrs, 15-16 yrs, 17-20 yrs*

ii. **Trampoline & Double-Mini Trampoline**

- 1. Beginner:** **Girls:** 3-4 yrs, 5 yrs, 6 yrs, 7 yrs, 8 yrs, 9 yrs, 10 yrs, 11 yrs, 12-20 yrs*
Boys: 3-4 yrs, 5-6 yrs, 7-8 yrs, 9-10 yrs, 11-20 yrs*
- 2. Novice:** **Girls:** 3-6 yrs, 7 yrs, 8 yrs, 9 yrs, 10 yrs, 11 yrs, 12 yrs, 13-14 yrs, 15-20 yrs*
Boys: 3-6 yrs, 7-8 yrs, 9-10 yrs, 11-12 yrs, 13-20 yrs*
- 3. Intermediate:** **Girls & Boys:** 3-8 yrs, 9-10 yrs, 11-12 yrs, 13-14 yrs, 15-20 yrs*
- 4. Sub-Advanced:** **Girls & Boys:** 3-8 yrs, 9-10 yrs, 11-12 yrs, 13-14 yrs, 15-16 yrs, 17-20 yrs*
- 5. Advanced:** **Girls & Boys:** 3-8 yrs, 9-10 yrs, 11-12 yrs, 13-14 yrs, 15-16 yrs, 17-20 yrs*

iii. **Synchronized Trampoline** [The age of the older athlete determines the age group]

- 1. Sub-Advanced:** Same as Trampoline
- 2. Advanced:** Same as Trampoline

*The National Competition Committee reserves the right to combine age groups together to double the number of athletes in age groups where less than ten (10) athletes are entered.

3. UNIFORM & EQUIPMENT

i. **TUMBLING DRESS CODE:**

- 1. MEN:** gymnastic step-ins (without sleeves are required). Uniform gym shorts (cannot be sweat material, cut-offs, boxers, jean shorts, baggie or oversized, and be no longer than finger-tip length or shorter). Only one pair of shorts may be worn. No unitards, biking shorts, t-shirts are allowed. Appropriate undergarments must be worn. Deduction 2.0 pts per pass.
- 2. WOMEN:** A leotard must be worn. It may be long sleeve, short sleeve, or sleeveless. Matching briefs recommended (Briefs that show MUST match