

**10. Requirements for approval**

- i.** Must have competed in at least one AAU Sanctioned Competition during the current competition season and provide a hard copy of their participation.
- ii.** Must enter the association qualifier and pay the entry fee(s) to the association meet director.

**7. ENTRY PROCEDURES**

**GENERAL INFORMATIONS**

- d. ENTRY DEADLINE.** The entry deadline to the National AAU Junior Olympic Games will be twenty (20) days before the competition (postmarked). Late fee of \$25 per person per event will apply. No entries accepted fifteen (15) days prior to competition.
- e. NATIONAL MEET ENTRY CHANGES.** Changes due to entry errors by stated deadline coach, parent, or athlete: \$25 per change. Changes after deadline \$25 regardless of error. Changes made day of meet \$100.

**B. COMPETITION RULES**

**1. QUALIFICATION PROCEDURE**

**GENERAL INFORMATION**

**d. QUALIFY TO NATIONAL TRAMPOLINE AND TUMBLING**

**CHAMPIONSHIP.** The National Trampoline and Tumbling Championship meet will be part of the AAU Junior Olympic Multi-Sport Games. All Trampoline & Tumbling member clubs and athlete members in good standing within an AAU District must be invited to compete at the District Championship. Athletes must attend at least on AAU sanctioned competition prior to District championship to be eligible to attend AAU Jr. Olympic Championships. An athlete may be exempt from attending a competition prior to District championships and still attend Jr. Olympics, if the Athletes team is in good standing and attended the prior years Jr. Olympics. Competitors must be current AAU cardholders and had at least 5 members competing the prior year. Competitors must compete at a District Championship in each event they wish to be eligible for to compete at the National Championship. If an athlete (in good standing with the AAU) registers for the Association Championship after the entry deadline, the athlete must be allowed to enter and compete by paying the late entry fee as printed on the Association Championship entry form. In the event that an association championship may not be able to offer an event, i.e., Trampoline, Tumbling, or Double-Mini Trampoline, the athletes from that association may use an AAU sanctioned invitational meet within the current competitive season utilizing the AAU Trampoline and Tumbling national rules for their qualification to the National Championship. The athletes must compete at the National Championships in the level and age group they competed at the Association Championship (age based 12/31 of the current).

- 1. Eligibility.** To be eligible to compete at the AAU Junior Olympic Games Competition, an athlete must enter and compete in their event(s) in their association=s qualifier. Any athlete that cannot compete in their association qualifier for a legitimate reason, may file a petition with the Technical Chairperson or the National Chairperson.

**e. LOCAL and District CHAMPIONSHIP RULES OF COMPETITION**

**1. QUALIFYING COMPETITIONS:**

District Championships for Tumbling and Trampoline must be held between January 1 and June 15 (inclusive) of the same year.

**f. FINALS COMPETITION AT NATIONAL CHAMPIONSHIPS**

1. For Tumbling, Trampoline, Double-Mini Trampoline, the top 10 scoring athletes overall for each level and age group will be eligible to compete in finals. In the case of a tie score with the 10th scoring athlete, all athletes with the same score will proceed to finals. For example, if there is a five way tie for first place and a five way tie for second place, only those ten athletes will be eligible to compete in finals. All levels of competition, except synchronized trampoline, will have finals.
2. The total combined scores and finals will be used to determine finals placement.
  - i. The starting order for the finals will be in order of merit, the competitor with the lowest preliminary score going first.
  - ii. The scores from preliminaries and finals will be added together.
3. Finals for tumbling will consist of two passes except for sub-beginner which will consist of one pass only passes used for preliminaries may be repeated.
4. Finals for trampoline (except for synchronized trampoline; refer to Article 5) will consist of one pass - pass used for preliminaries may be repeated.
5. Finals for Double-Mini Trampoline will consist of two passes
  - i. Beginner - passes used for preliminaries may be repeated.
  - ii. Novice Level - passes used for preliminaries may be repeated.
    - a. At least one pass must have a spotter somi.
    - b. Both passes performed in finals may have one somi.
  - iii. Intermediate Level - passes used for preliminaries may be repeated.
  - iv. Sub-Advanced Level - passes used for preliminaries may be repeated.
    - a. At least one pass performed in finals must have at least two somies. Both passes may have two somies per pass.
  - v. Advanced Level - Cannot repeat any of the preliminary passes.
6. There are no finals for synchronized.
7. At the National Competition, all Finals 1st Place Competitors (except 6 and Under) in groups of 10 or more athletes will be mandated to the next level of competition. These athletes must compete in their mandated level by the next sanctioned competition.

g. **SYNCHRONIZED TRAMPOLINE**

1. During the Association Championships, athletes must have entered and competed **their** level of age group trampoline to be eligible to compete in Synchro Trampoline at the National Championship at the Junior Olympics.

2. **ELIGIBILITY**

**GENERAL INFORMATION**

**Age Levels of Competition**

i. **Tumbling**

1. **Sub-Beginner:** 3-4 yrs, 5 yrs, 6 yrs\*

2. **Beginner:** **Girls:** 3-4 yrs, 5 yrs, 6 yrs, 7 yrs, 8 yrs, 9 yrs, 10 yrs, 11-20 yrs\*

Boys: 3-4 yrs, 5-6 yrs, 7-8 yrs, 9-10 yrs, 11-20 yrs\*

3. **Advanced-Beginner:** **Girls:** 3-5 yrs, 6 yrs, 7 yrs, 8 yrs, 9 yrs, 10 yrs, 11 yrs, 12 yrs, 13-20 yrs\*  
**Boys:** 3-6yrs, 7-8 yrs, 9-10 yrs, 9-10 yrs, 11-12 yrs, 13-20 yrs\*
4. **Sub-Novice:** **Girls:** 3-6 yrs, 7yrs, 8 yrs, 9 yrs, 10 yrs, 11 yrs, 12 yrs, 13-14 yrs, 15-20 yrs\*  
**Boys:** 3-6 yrs, 7-8 yrs, 9-10 yrs, 11-12 yrs, 13-20 yrs\*
5. **Novice:** **Girls:** 3-6 yrs, 7yrs, 8 yrs, 9 yrs, 10 yrs, 11 yrs, 12 yrs, 13-14 yrs, 15-20 yrs\*  
**Boys:** 3-6 yrs, 7-8 yrs, 9-10 yrs, 11-12 yrs, 13-20 yrs\*
6. **Intermediate:** **Girls & Boys:** 3-8 yrs, 9-10 yrs, 11-12 yrs, 13-14 yrs, 15-20 yrs\*
7. **Sub-Advanced:** **Girls & Boys:** 3-8 yrs, 9-10 yrs, 11-12 yrs, 13-14 yrs, 15-16 yrs, 17-20 yrs\*
8. **Advanced:** **Girls & Boys:** 3-8 yrs, 9-10 yrs, 11-12 yrs, 13-14 yrs, 15-16 yrs, 17-20 yrs\*

ii. **Trampoline & Double-Mini Trampoline**

1. **Beginner:** **Girls:** 3-4 yrs, 5 yrs, 6 yrs, 7 yrs, 8 yrs, 9 yrs, 10 yrs, 11 yrs, 12-20 yrs\*  
**Boys:** 3-4 yrs, 5-6 yrs, 7-8 yrs, 9-10 yrs, 11-20 yrs\*
2. **Novice:** **Girls:** 3-6 yrs, 7 yrs, 8 yrs, 9 yrs, 10 yrs, 11 yrs, 12 yrs, 13-14 yrs, 15-20 yrs\*  
**Boys:** 3-6 yrs, 7-8 yrs, 9-10 yrs, 11-12 yrs, 13-20 yrs\*
3. **Intermediate:** **Girls & Boys:** 3-8 yrs, 9-10 yrs, 11-12 yrs, 13-14 yrs, 15-20 yrs\*
4. **Sub-Advanced:** **Girls & Boys:** 3-8 yrs, 9-10 yrs, 11-12 yrs, 13-14 yrs, 15-16 yrs, 17-20 yrs\*
5. **Advanced:** **Girls & Boys:** 3-8 yrs, 9-10 yrs, 11-12 yrs, 13-14 yrs, 15-16 yrs, 17-20 yrs\*

iii. **Synchronized Trampoline** [The age of the older athlete determines the age group]

1. **Sub-Advanced:** Same as Trampoline
2. **Advanced:** Same as Trampoline

\*The National Competition Committee reserves the right to combine age groups together to double the number of athletes in age groups where less than ten (10) athletes are entered.

3. **UNIFORM & EQUIPMENT**

i. **TUMBLING DRESS CODE:**

1. **MEN:** gymnastic step-ins (without sleeves are required). Uniform gym shorts (cannot be sweat material, cut-offs, boxers, jean shorts, baggie or oversized, and be no longer than finger-tip length or shorter). Only one pair of shorts may be worn. No unitards, biking shorts, t-shirts are allowed. Appropriate undergarments must be worn. Deduction 2.0 pts per pass.
2. **WOMEN:** A leotard must be worn. It may be long sleeve, short sleeve, or sleeveless. Matching briefs recommended (Briefs that show MUST match