

**I. SPORT POLICIES AND PROCEDURES**

**A. GENERAL INFORMATION**

**1. ATHLETE REGISTRATION.**

Every athlete must be a registered athlete to compete in an AAU Trampoline and Tumbling meet. The **A/B membership** fee is \$14. It can be used for all youth sports of the AAU. Contact your District registration chairperson for details at 1-800AAU-4USA.

**2. CLUB REGISTRATION**

Each Trampoline and Tumbling club may become a full voting member in their District by becoming a registered AAU Trampoline and Tumbling Club. A Club membership is necessary to host a competition and receive a sanction. Contact your association registration chairperson for details at 1-800-AAU-4USA or the Trampoline and Tumbling Chairperson – Patti Lingenfelter.

**3. HOSTING AN AAU COMPETITION.**

AAU Youth competitions may be held for all levels and all age divisions (see levels and divisions or contact the Technical Chairman). All competing Trampoline and Tumbling competitors must be AAU Youth registered athletes and the event must be AAU sanctioned using the T&T Rules in the current Sport Handbook. Contact your Sport Chairman to see what meets are being held in your District. If there are none, then please consider hosting meets of your own. For information to host our own competition contact the Vice-Chairman – Paula Grigsby at [WWW.PGRISBYCANTONYMCA@sbcglobal.net](mailto:WWW.PGRISBYCANTONYMCA@sbcglobal.net) .

**B. PAPERWORK.**

Following the completion of your meet, the following items must be sent to the National AAU:

1. A copy of your sanction
2. A copy of your championship report form (financial report)
3. A copy of all score sheets for all events.

The above items should be sent within ten (10) days after the completion of your meet to the National AAU office. For all District meets, a copy of all score sheets for all events must be sent to the National AAU Trampoline and Tumbling Chairman.

**C. GENERAL PROVISIONS AT ALL AAU SANCTION COMPETITIONS.**

1. Competitors must be current AAU members. A competitor can enter and compete in only one level/one age group in tumbling, only one level/one age group in trampoline, only one level/one age group in double-mini trampoline, and only one level/one age group in synchronized trampoline.
2. When a competitor moves up a level, they may not revert down to a lower level, i.e., a competitor competes at the novice level of tumbling at a sanctioned invitational meet, the competitor may not compete at any lower levels of tumbling than novice at any AAU or USTA sanctioned meet.

**D. AGE DETERMINATION**

1. The age of athlete on December 31<sup>st</sup> of 12/31/09. **1. The age of the competitor shall be determined by a universal birth date of December 31. Whatever age the competitor will be on December 31 of the current competitive season is the age for competition for the entire season. The “season” shall be designated as September through August (i.e., Whatever the age is as of December 31 of the current season.)**
2. Athletes age 6 and under will no longer be mandated in any level or discipline.

**TUMBLING**

1. A competitor will compete in the age group he/she will be **as of the universal birth date of December 31 of the current season.** This will hold true at all association and national championships.