

1. A youth member may elect to participate in his or her District of bona fide residence or a District that geographically adjoins that District. Exception: In team sports a maximum of three (3) members may participate with a team in an adjoining District. [Team sports include baseball, basketball, field hockey, hockey, soccer softball and volleyball.]
2. **Club Attachment.** A youth member becomes attached to a club member when he/she competes with that club in any AAU sanctioned event (practice not included). An athlete may attach to additional clubs if he/she participates in additional sports.
  - a. For team/club sports only. If an athlete participates in an AAU sanctioned league for one group member (club), that athlete may elect to affiliate immediately with a second group member (club) for the purpose of qualifying for an AAU National Championship. Participation may be simultaneous. A league is made up of teams/clubs that compete only among themselves for a defined period of time.
3. **Transfers.** An attached youth member may transfer to another club in the same sport under the following conditions:
  - a. If the youth member has not competed in any AAU sanctioned events in that Sport for a period of sixty (60) days.
  - b. If the representative of the club to which an athlete is attached signs a release form permitting an immediate transfer. (Athletes released under this provision are subject to National Championship eligibility restrictions as adopted by National Sport Committees.) [Added 10/07]
  - c. When the transfer is for the purpose of competing with a team which has qualified for a National Championship as provided by National Sport Committee rules.
  - d. If the Registrar determines that the transfer is due to events outside the control of the athlete or that the transfer serves the best interest of the AAU.

V. **APPENDIX** (*Examples Below – All Additional Misc. Information*)

- A. **District Sport Director Contacts**
- B. **Executive Committee Directory**
- C. **National Chairman Information**
- D. **District Maps**

**E. Dates for National Championships**

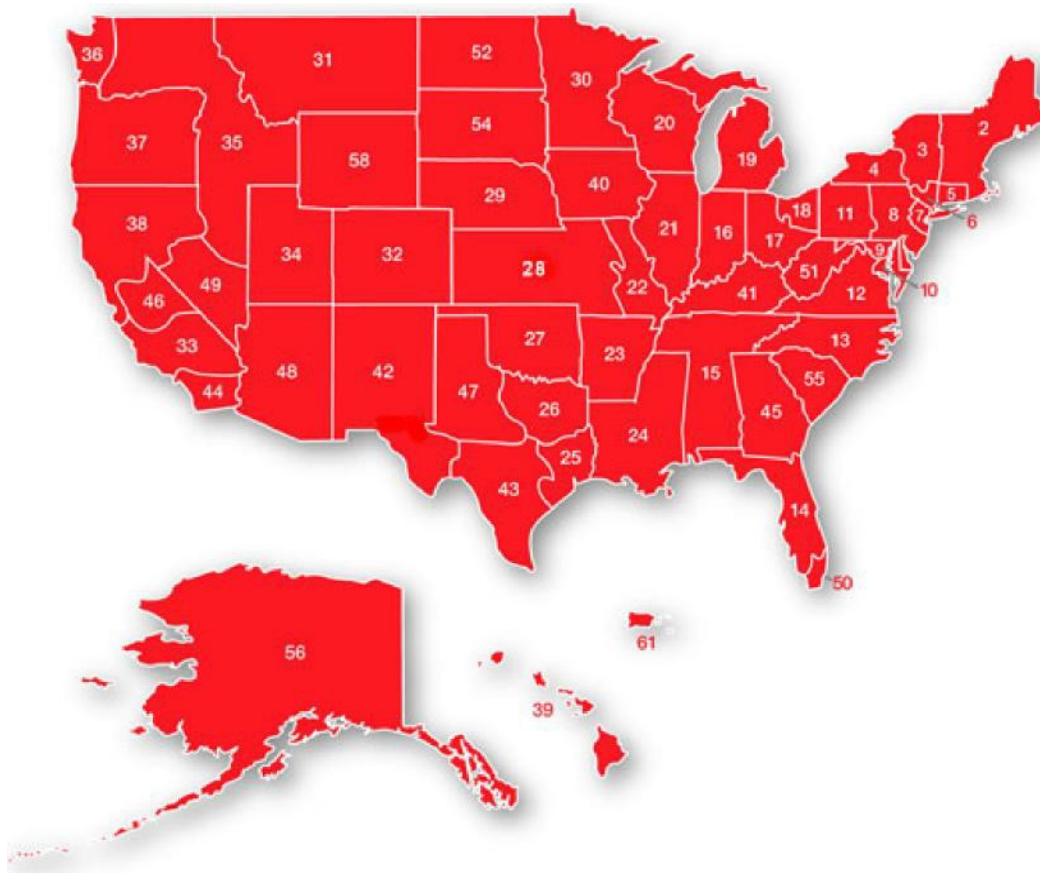
**F. Definitions/Glossary**

**G. Clarifications**

**H. Athlete Honor Oath**

## APPENDIX A

### District Map and Alignment with District Sport Directors



**3 - ADIRONDACK DISTRICT** (Organized January 31, 1920). That portion of New York State east and north of Broome, Cortland, Dutchess, Onondaga, Orange, Oswego and Sullivan Counties.  
Neighboring Districts: Connecticut, Middle Atlantic, New England, New York Metropolitan and Niagara.

**56 - ALASKA DISTRICT** (Organized December 3, 1965). State of Alaska.  
Neighboring Districts: None

**48 - ARIZONA DISTRICT** (Organized March 10, 1956). State of Arizona.  
Neighboring Districts: Colorado, New Mexico, Pacific Southwest, Southern Nevada, Southern Pacific and Utah

**23 - ARKANSAS DISTRICT** (Organized February 16, 1936). State of Arkansas and (added December, 1948) Bowie County, Texas.  
Neighboring Districts: Southeastern, Southern, Southwestern, Oklahoma, Missouri Valley and Ozark

**12 -CENTRAL DISTRICT** (Organized 1890). Illinois, except Calhoun, Greene, Jersey, Madison, Monroe and St. Clair Counties (counties of Calhoun, Greene, Jersey, Madison, Monroe and St. Clair given to Ozark District, with reservation that all judo therein to be controlled by Central District).  
Neighboring Districts: Wisconsin, Iowa, Ozark, Kentucky and Indiana

**46 - CENTRAL CALIFORNIA DISTRICT** (Organized 1952). Counties of Fresno, Inyo, Kern, Kings, Madera, Mariposa, Merced, Mono, Tulare in the State of California. (Territory re-aligned, December, 1963).  
Neighboring Districts: Pacific, Southern Nevada and Southern Pacific

**32 - COLORADO DISTRICT** (Organized November, 1906). State of Colorado. (Territory re-aligned December, 1963, 1965, 1968. Renamed October, 2004.)  
Neighboring Districts: Wyoming, Nebraska, Missouri Valley, Oklahoma, New Mexico, Arizona and Utah

**5 - CONNECTICUT DISTRICT** (Organized September 17, 1929). State of Connecticut.  
Neighboring Districts: Adirondack, New England and New York Metropolitan

**14 - FLORIDA DISTRICT** (Organized January, 1925). Florida, except Miami-Dade (official county name has been changed to Miami-Dade), Broward, that part of Hendry County West of Route 833 and Palm Beach Counties. (Territory re-aligned, December 1958, 1959, 1963, 1972, and 1999.)  
Neighboring Districts: Florida Gold Coast, Georgia and Southeastern

**50 - FLORIDA GOLD COAST DISTRICT** (Organized December 30, 1959). Counties of Broward, Miami-Dade (official county name has been changed to Miami-Dade), that part of Hendry County East of Route 833, and Palm Beach Counties. (Territory re-aligned, December 1958, 1959, 1963, 1972 and 1999.)  
Neighboring Districts: Florida

**45 - GEORGIA DISTRICT** (territory realigned September, 1989). State of Georgia  
Neighboring Districts: Florida, North Carolina, Southeastern and South Carolina

**25 - GULF DISTRICT** (Organized March 6, 1931). That part of the State of Texas bounded on the North and including the counties of Angelina, Houston, Leon, Nacogdoches, Robertson and Shelby; on the East by the State of Louisiana; on the South by the Gulf of Mexico and on the West by and including the counties of Austin, Brazos, Colorado, Fort Bend, Grimes, Matagorda, Robertson, Waller, Washington and Wharton. (Territory re-aligned September, 1992.)  
Neighboring Districts: Southern, Southwestern and South Texas

**39 - HAWAIIAN DISTRICT** (Organized November, 1910). State of Hawaii.  
Neighboring Districts: None

**16 - INDIANA DISTRICT** (Organized August 22, 1919). All of State of Indiana excepting Clark, Dearborn and Floyd Counties with the reservation that all wrestling therein be controlled by the Indiana District.  
Neighboring Districts: Central, Kentucky, Michigan and Ohio

**35 - INLAND EMPIRE DISTRICT** (Organized April 25, 1937). State of Washington, counties of Adams, Asotin, Benton, Chelan, Columbia, Douglas, Ferry, Franklin, Garfield, Grant, Kittitas, Klickitat, Lincoln, Okanogan, Spokane, Stevens, Walla Walla, Whitman and Yakima County. State of Idaho, State of Nevada, counties of Elko, Eureka and White Pine. (Territory re-aligned September, 1987.)  
Neighboring Districts: Pacific Northwest, Pacific, Oregon, Southern Nevada, Utah, Wyoming and Montana

**40 - IOWA DISTRICT** (Organized January 15, 1939). State of Iowa.  
Neighboring Districts: Minnesota, South Dakota, Wisconsin, Missouri Valley, Nebraska, Ozark and Central

**41 - KENTUCKY DISTRICT** (Organized February 27, 1939). The Commonwealth of Kentucky and Clark and Floyd County in the State of Indiana (except for the sports of wrestling, boys and girls basketball). (Territory re-aligned, September, 1987; October 2003).  
Neighboring Districts: Central, Indiana, Ohio, Ozark, Southeastern, Virginia and West Virginia

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Neighboring Districts: Ohio and Western Pennsylvania

**9 - MARYLAND DISTRICT** (Organized, 1981). State of Maryland (except the counties of Montgomery and Prince Georges.) (Territory re-aligned December, 1968.)  
Neighboring Districts: Potomac, Virginia, West Virginia, Western Pennsylvania and Middle Atlantic

**19 - MICHIGAN DISTRICT** (Organized November, 1923). State of Michigan. (Territory re-aligned December, 1962 and October, 1971.)  
Neighboring Districts: Indiana and Ohio

**8 - MIDDLE ATLANTIC DISTRICT** (Organized 1906). New Jersey, south of Mercer and Monmouth County; all of the State of Delaware and the Commonwealth of Pennsylvania, east of and including Bedford, Centre, Clinton and Potter Counties (Territory re-aligned December, 1962.)  
Neighboring Districts: Adirondack, New Jersey, New York Metropolitan, Niagara, Western Pennsylvania and Maryland

**30 - MINNESOTA DISTRICT** (territory realigned September, 1989). State of Minnesota.  
Neighboring Districts: Iowa, North Dakota, South Dakota and Wisconsin

**28 - MISSOURI VALLEY DISTRICT** (Organized February 14, 1931). All of Kansas and that portion of the western part of the state of Missouri including and bounded by Adair, Audrain, Benton, Callaway, Christian, Cole, Greene, Hickory, Macon, Montineau, Morgan, Polk, Randolph, Schuyler and Taney. (Territory re-aligned December, 1962.)  
Neighboring Districts: Iowa, Nebraska, Colorado, Oklahoma, Arkansas and Ozark

**31 - MONTANA DISTRICT** (Organized February 15, 1936). State of Montana.  
Neighboring Districts: Inland Empire, North Dakota, South Dakota and Wyoming

**29 - NEBRASKA DISTRICT** (Organized June 26, 1922). State of Nebraska. (Territory re-aligned September, 1986.)  
Neighboring Districts: South Dakota, Wyoming, Colorado, Missouri Valley and Iowa

**2 - NEW ENGLAND DISTRICT** (Organized, 1890). New Hampshire, Maine, Massachusetts, Rhode Island and Vermont. (Territory re-aligned September, 1987.)  
Neighboring Districts: Adirondack and Connecticut

**7 - NEW JERSEY DISTRICT** (Organized April 21, 1930). New Jersey north of and including Hudson, Mercer and Monmouth Counties.  
Neighboring Districts: Middle Atlantic and New York Metropolitan

**42 - NEW MEXICO DISTRICT** (Organized May 29, 1947). State of New Mexico and the counties of Brewster, Culbertson, Crockett, El Paso, Hudspeth, Jeff Davis, Presidio and Terrell in the State of Texas. (Territory re-aligned September, 1988.)  
Neighboring Districts: Colorado, Utah, Arizona, West Texas, South Texas and Oklahoma

**6 - NEW YORK METROPOLITAN DISTRICT** (Organized, 1890). New York, south of and including Dutchess, Orange, Sullivan and Ulster Counties; also the Canal Zone. (Renamed October, 2004)  
Neighboring Districts: Adirondack, Connecticut, Middle Atlantic and New Jersey

**4 - NIAGARA DISTRICT** (Organized September 27, 1919). State of New York west of and including Broome, Cortland, Onondaga and Oswego Counties.  
Neighboring Districts: Adirondack, Middle Atlantic and Western Pennsylvania

**13 - NORTH CAROLINA DISTRICT** (Organized December 5, 1965). State of North Carolina.  
Neighboring Districts: Georgia, South Carolina, Southeastern and Virginia

**52 - NORTH DAKOTA DISTRICT** (Organized December 1, 1962). State of North Dakota  
Neighboring Districts: Minnesota, Montana and South Dakota

**17 - OHIO DISTRICT** (Organized May 1, 1923). State of Ohio (except the counties of Ashland, Ashtabula, Belmont, Columbiana, Crawford, Cuyahoga, Erie, Geauga, Huron, Jefferson, Lake, Lorain, Mahoning, Medina, Portage, Richland, Seneca, Stark, Summit, Trumbull, Tuscarawus and Wayne); and the Dearborn County in the State of Indiana. (Territory re-aligned, December, 1959, 1960, 1962, 1963, and October, 2003).  
Neighboring Districts: Indiana, Lake Erie, Michigan, Kentucky, West Virginia and Western Pennsylvania

**27 - OKLAHOMA DISTRICT** (Organized February 23, 1936). State of Oklahoma.  
Neighboring Districts: Missouri Valley, Colorado, New Mexico, West Texas, Southwestern and Arkansas

**37 - OREGON DISTRICT** (Organized September 23, 1935). State of Oregon and the following counties of Washington: Clark, Cowlitz and Skamania. (Territory re-aligned September, 1987.)  
Neighboring Districts: Inland Empire, Pacific and Pacific Northwest

**22 - OZARK DISTRICT** (Organized, 1935). Missouri east of and including the following counties, Camden, Dallas, Douglas, Knox, Miller, Monroe, Montgomery, Osage, Ozark, Pike, Scotland, Shelby, including the city of St. Louis, and Webster. Counties of Calhoun, Greene, Jersey, Madison, Monroe and St. Clair in Illinois with reservation that all judo therein be controlled by Central DISTRICT. (Territory re-aligned December, 1962.)  
Neighboring Districts: Arkansas, Central, Kentucky, Iowa, Missouri Valley and Southeastern

**38 - PACIFIC DISTRICT** (Organized, 1890). The State of California, north of but not including the counties of Fresno, Madera, Mariposa, Merced, Mono and San Luis Obispo and the Counties of Churchill, Douglas, Humboldt, Lander, Lyon, Mineral, Ormsby, Pershing, Storey and Washoe in the State of Nevada. (Territory re-aligned December, 1961 and December, 1962 and 1963.)  
Neighboring Districts: Central California, Inland Empire, Oregon, Southern Nevada and Southern Pacific

**36 - PACIFIC NORTHWEST DISTRICT** (Organized June, 1905). Washington, west of but not including Chelan, Kittitas, Okanogan and Yakima Counties and north of but not including Cowlitz, Klickitat and Skamania Counties.  
Neighboring Districts: Inland Empire and Oregon

**44 - PACIFIC SOUTHWEST DISTRICT** (Organized December 10, 1949, as Southwest Pacific Border DISTRICT. Name changed at 1956 Convention). Imperial and San Diego Counties, California.  
Neighboring Districts: Arizona and Southern Pacific

**10 - POTOMAC VALLEY DISTRICT** (Organized October 15, 1929). All territory within the District of Columbia, counties of Montgomery and Prince Georges in the State of Maryland, and counties of Arlington and Fairfax and cities of Alexandria and Falls Church in the Commonwealth of Virginia. (Territory re-aligned December 1968. Formerly District of Columbia District. Renamed December, 1972.)  
Neighboring Districts: Maryland and Virginia

**61 - PUERTO RICO DISTRICT** (Organized September 8, 1984). Puerto Rico and U.S. Virgin Islands.  
Neighboring Districts: None

**55 - SOUTH CAROLINA DISTRICT** (Organized December 5, 1965). State of South Carolina.  
Neighboring Districts: Georgia and North Carolina

**54 - SOUTH DAKOTA DISTRICT** (Organized December 4, 1964). State of South Dakota.  
Neighboring Districts: Iowa, Minnesota, Montana, Nebraska, North Dakota and Wyoming

**43 - SOUTH TEXAS DISTRICT** (Organized November 12, 1945). That part of the State of Texas bounded on the East by and including the counties of Burleson, Fayette, Jackson, Lavaca, Lee, Milam and; on the South by the Gulf of Mexico and the Republic of Mexico; on the West by and including the counties of Schleicher, Sutton and Val Verde, and on the North by and including the counties of Bell, Burnett, Coryell, Falls, Lampasas, Llano, Mason and Menard. (Territory re-aligned December, 1961, 1963 and September, 1992.)  
Neighboring Districts: Gulf, Southwest, South Texas, New Mexico and West Texas

**15 - SOUTHEASTERN DISTRICT** (Organized August 13, 1951). The State of Alabama and the State of Tennessee. (Territory re-aligned December 1958, December 1972, September 30, 1989 and September 1999)  
Neighboring Districts: Kentucky, Virginia, North Carolina, Georgia, Southern, Arkansas and Ozark

**24 - SOUTHERN DISTRICT** (Organized, 1892). The State of Louisiana and the State of [Mississippi](http://www.saaau.org).  
[www.saaau.org](http://www.saaau.org)  
Neighboring Districts: Southeastern, Arkansas, Gulf and Southwestern

**49 - SOUTHERN NEVADA DISTRICT** (Organized January 15, 1959). Counties of Clark, Esmeralda, Lincoln, Nye, all within the State of Nevada. (Territory re-aligned December, 1961, 1962.)  
Neighboring Districts: Inland Empire, Utah, Arizona, Central California, Pacific and Southern Pacific

**33 - SOUTHERN PACIFIC DISTRICT** (Organized November, 1909). Including the counties of Los Angeles, Orange, Riverside, San Bernardino, San Luis Obispo, Santa Barbara and Ventura all within the State of California. (Territory re-aligned October, 1973.)  
Neighboring Districts: Arizona, Central California, Pacific, Pacific Southwest, Southern Nevada

**26 - SOUTHWESTERN DISTRICT** (Organized May 8, 1936). That part of the State of Texas bounded on the South but not including the counties of Angelina, Brown, Callahan, Coryell, Falls, Houston, Lampasas, Leon, Milam, Mills, Nacogdoches, Robertson and Shelby; on the East by the State of Louisiana, State of Arkansas and the county of Bowie, Texas; on the North by the State of Oklahoma and the county of Bowie, Texas and on the West by the counties of, but not including Foard, Hardeman, Haskell, Jones and Knox in the State of Texas. (Territory re-aligned September, 1992.)  
Neighboring Districts: Oklahoma, Arkansas, Southern, Gulf, South Texas and West Texas

**34 - UTAH DISTRICT** (Organized November, 1910). State of Utah. (Territory re-aligned December, 1978.)  
Neighboring Districts: Inland Empire, Wyoming, Colorado, New Mexico, Arizona and Southern Nevada

**12 - VIRGINIA DISTRICT** (Organized December 9, 1934). Commonwealth of Virginia (except the Counties of Arlington and Fairfax and cities of Alexandria and Falls Church.) (Territory re-aligned December, 1968.)  
Neighboring Districts: Potomac Valley, West Virginia, Kentucky, Southeastern and North Carolina

**11 - WESTERN PENNSYLVANIA DISTRICT** (Organized November 16, 1917). All counties in Pennsylvania west of Bedford, Centre, Clinton, Huntingdon and Potter Counties and the Counties of Brooke, Hancock, Marshall and Ohio in West Virginia. (Territory re-aligned December, 1959 and September, 1991.)  
Neighboring Districts: Middle Atlantic, Niagara, Maryland, West Virginia, Ohio, and Lake Erie

**47 - WEST TEXAS DISTRICT**(Organized 1952). All that part of the State of Texas bounded on the South side and including the counties of Concho, Irion, McCulloch, Pecos, Reeves, Regan, San Saba, Tom Green and Upton; on the West by the State of New Mexico; on the North by the State of Oklahoma; on the East by the State of Oklahoma and by and including the counties of Brown, Callahan, Foard, Hardeman, Haskell, Jones, Knox, Mills and San Saba in the State of Texas. (Territory re-aligned December, 1961; October, 1976.)  
Neighboring Districts: Oklahoma, New Mexico, South Texas and Southwestern

**51 - WEST VIRGINIA DISTRICT** (Organized February 28, 1960). The State of West Virginia. (Territory re-aligned December 1963, October 1973 and October 2003)  
Neighboring Districts: Maryland, Western Pennsylvania, Ohio, Kentucky and Virginia

**20 - WISCONSIN DISTRICT** (Organized June 6, 1935). State of Wisconsin. (Territory re-aligned December, 1964 and September 30, 1989)  
Neighboring Districts: Michigan, Minnesota, Iowa and Central

**58 - WYOMING DISTRICT** (Organized December 9, 1968). State of Wyoming.  
Neighboring Districts: Montana, South Dakota, Nebraska, Colorado, Utah and Inland Empire

## District Sport Directory

Map #	District	District Sport Director
21	Central (CE)	John Konstantaras
14	Florida (FL)	Richard Masters
45	Georgia (GA)	Jim Dowling
25	Gulf (GU)	Charles Glancy
40	Iowa (IA)	Linda Whitmore
16	Indiana (IN)	John Truelove
41	Kentucky (KY)	Henry young
18	Lake Erie (LE)	Kimberly Mack
19	Michigan (MI)	Yvette Wafer
28	Missouri Valley (MV)	Jeri Inman
17	Ohio (OH)	Debbie Barber
27	Oklahoma (OK)	Donna Stewart
15	Southeastern (SE)	Wayne Stough
43	South Texas (ST)	Jerry Strickland
20	Wisconsin (WI)	Keith Noll
51	West Virginia (WV)	Paul Gilmer

**APPENDIX B**  
**DISTRICT EXECUTIVE COMMITTEE CONTACT**  
**Executive Committee**

*Vice Chairman*

**Paula Grigsby**

1225 East Elm  
Canton, IL 61520

**Phone:**

309-647-1616/7306

**Fax:**

309-647-1641

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[pgrigsbycantonymca@sbcglobal.net](mailto:pgrigsbycantonymca@sbcglobal.net)

*Secretary*

**Jeri Inman**

2821 Fireglow Dr.  
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**Phone:**

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314-352-6401

**Fax:**

314-845-6600

**Email:**

[Jjinman2@swbell.net](mailto:Jjinman2@swbell.net)

*Equipment Chair*

**Steve Landon**

59 Bolton's Court  
Somerset, KY 42501

**Phone:**

606-271-8674

**Email:**

[doublemini2003@yahoo.com](mailto:doublemini2003@yahoo.com)

*Ethics Chair*

**Nancee Truelove**

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Vincennes, IN 47591

**Phone:**

812-882-5896

**Email:**

[truelovenancee@hotmail.com](mailto:truelovenancee@hotmail.com)

*Safety Coordinator*

**Paulette Konstantaras**

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McHenry, IL 60050

**Phone:**

815-477-8625

**Fax:**

815-477-8643

**Email:**

[5staracademy@gmail.com](mailto:5staracademy@gmail.com)

*Technical Chair*

**Debbie Barber**

5 Commerce Drive  
Gallipolis, OH 45631

**Phone:**

740-525-1931 Cell

740-440-1570 Work

**Fax:**

740-441-1586

**Email:**

[debbie41272@windstream.net](mailto:debbie41272@windstream.net)

*Treasurer*

**Dana Johnson**

4305 Suntane Rd.  
Del City, OK 73115

**Phone:**

405-672-3953

**Email:**

[dana.johnson@cox.net](mailto:dana.johnson@cox.net)

*Judge Coordinator*

**Linda Billiet**

PO Box 135067  
Clement, FL 34713

**Phone:**

863-420-3905

**Fax:**

863-420-2050

**Email:**

[ustalinda@verizon.net](mailto:ustalinda@verizon.net)

*Volunteer Coordinator*

**Stella Sponsler**

202 West Madison  
Auburn, IL 62615

**Phone:**

217-438-9062

**Email:**

[attc1996@aol.com](mailto:attc1996@aol.com)

**NATIONAL CHAIR CONTACT INFORMATION**  
**National Chairman**

**Patti Ligenfelter**

PO Box 135067

Clermont, FL 34713

**Phone:**

863-420-3905

800-870-4133

**Fax:**

863-420-2050

**Email:**

[ustapatti@verizon.net](mailto:ustapatti@verizon.net)

## DISTRICT MAP

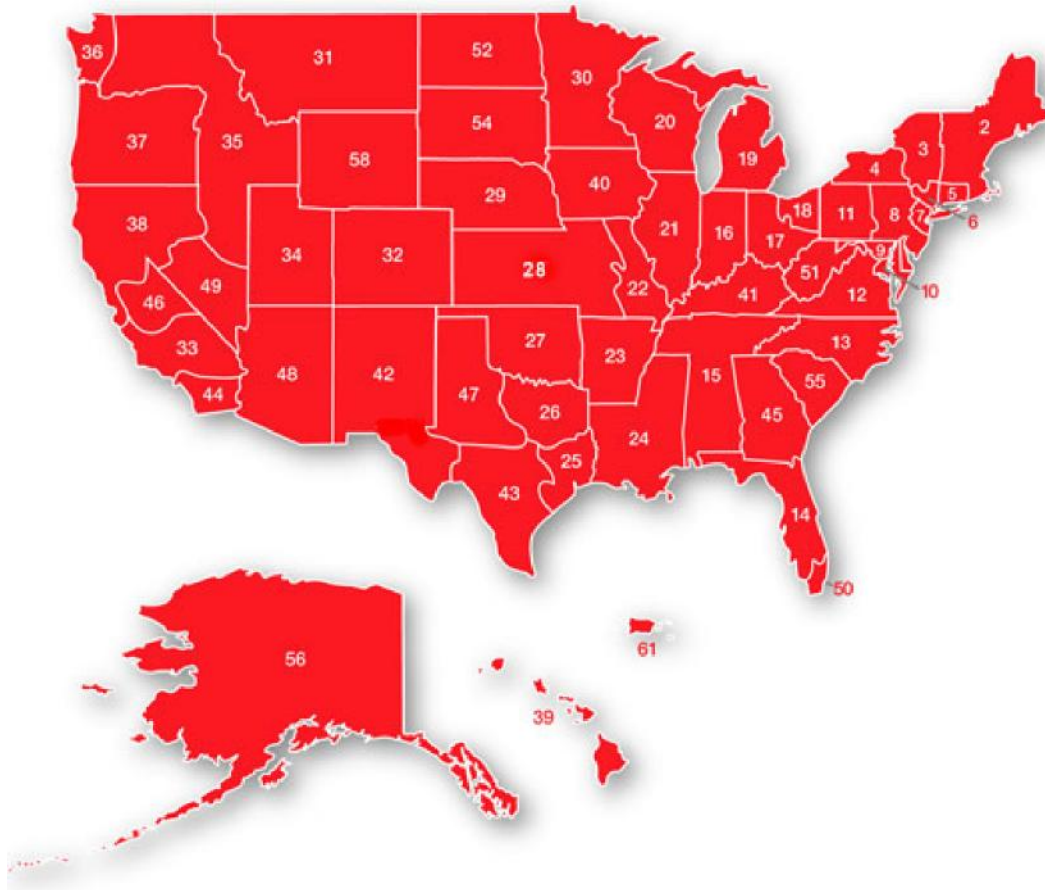
### **A. Zone Alignment Bylaw 8.6 (pgs. 39-40)**

There shall be four (4) Zones of the AAU. The Districts which comprise the Zones of the AAU are:

- a. Zone A Bylaw 8.6.1 (pg. 39) Yellow**  
Adirondack, Connecticut, Lake Erie, Maryland, Middle Atlantic, New England, New Jersey, New York Metropolitan, Niagara, Ohio, Potomac Valley, Virginia, Western Pennsylvania
  
- b. Zone B Bylaw 8.6.2 (pg. 39) Red**  
Florida, Florida Gold Coast, Georgia, Gulf, Kentucky, North Carolina, Puerto Rico, South Carolina, South Texas, Southeastern Southern, Southwestern, West Texas, West Virginia
  
- c. Zone C Bylaw 8.6.3 (pg. 40) Blue**  
Arkansas, Central, Indiana, Iowa, Ozark, Oklahoma, Michigan, Minnesota, Missouri Valley, Montana, Nebraska, North Dakota, South Dakota, Wisconsin, Wyoming
  
- d. Zone D Bylaw 8.6.4 (pg. 40) Green**  
Alaska, Arizona, Central California, Colorado, Hawaiian, Inland Empire, New Mexico, Oregon, Pacific, Pacific Northwest, Pacific Southwest, Southern Pacific, Southern Nevada, Utah

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White Pine. (Territory re-aligned September, 1987.)

Neighboring Districts: Pacific Northwest, Pacific, Oregon, Southern Nevada, Utah, Wyoming and Montana

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Neighboring Districts: Potomac, Virginia, West Virginia, Western Pennsylvania and Middle Atlantic

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**28 - MISSOURI VALLEY DISTRICT** (Organized February 14, 1931). All of Kansas and that portion of the western part of the state of Missouri including and bounded by Adair, Audrain, Benton, Callaway, Christian, Cole, Greene, Hickory, Macon, Montineau, Morgan, Polk, Randolph, Schuyler and Taney. (Territory re-aligned December, 1962.)

Neighboring Districts: Iowa, Nebraska, Colorado, Oklahoma, Arkansas and Ozark

**31 - MONTANA DISTRICT** (Organized February 15, 1936). State of Montana.

Neighboring Districts: Inland Empire, North Dakota, South Dakota and Wyoming

**29- NEBRASKA DISTRICT** (Organized June 26, 1922). State of Nebraska. (Territory re-aligned September, 1986.)

Neighboring Districts: South Dakota, Wyoming, Colorado, Missouri Valley and Iowa

**2 - NEW ENGLAND DISTRICT** (Organized, 1890). New Hampshire, Maine, Massachusetts, Rhode Island and Vermont. (Territory re-aligned September, 1987.)

Neighboring Districts: Adirondack and Connecticut

**7 - NEW JERSEY DISTRICT** (Organized April 21, 1930). New Jersey north of and including Hudson, Mercer and Monmouth Counties.

Neighboring Districts: Middle Atlantic and New York Metropolitan

**42 - NEW MEXICO DISTRICT** (Organized May 29, 1947). State of New Mexico and the counties of Brewster, Culbertson, Crockett, El Paso, Hudspeth, Jeff Davis, Presidio and Terrell in the State of Texas. (Territory re-aligned September, 1988.)

Neighboring Districts: Colorado, Utah, Arizona, West Texas, South Texas and Oklahoma

**6 - NEW YORK METROPOLITAN DISTRICT** (Organized, 1890). New York, south of and including Dutchess, Orange, Sullivan and Ulster Counties; also the Canal Zone. (Renamed October, 2004)

Neighboring Districts: Adirondack, Connecticut, Middle Atlantic and New Jersey

**4 - NIAGARA DISTRICT** (Organized September 27, 1919). State of New York west of and including Broome, Cortland, Onondaga and Oswego Counties.

Neighboring Districts: Adirondack, Middle Atlantic and Western Pennsylvania

**13 - NORTH CAROLINA DISTRICT** (Organized December 5, 1965). State of North Carolina. Neighboring Districts: Georgia, South Carolina, Southeastern and Virginia

**52 - NORTH DAKOTA DISTRICT** (Organized December 1, 1962). State of North Dakota  
Neighboring Districts: Minnesota, Montana and South Dakota

**17 - OHIO DISTRICT** (Organized May 1, 1923). State of Ohio (except the counties of Ashland, Ashtabula, Belmont, Columbiana, Crawford, Cuyahoga, Erie, Geauga, Huron, Jefferson, Lake, Lorain, Mahoning, Medina, Portage, Richland, Seneca, Stark, Summit, Trumbull, Tuscarawus and Wayne); and the Dearborn County in the State of Indiana. (Territory re-aligned, December, 1959, 1960, 1962, 1963, and October, 2003).

Neighboring Districts: Indiana, Lake Erie, Michigan, Kentucky, West Virginia and Western Pennsylvania

**27 - OKLAHOMA DISTRICT** (Organized February 23, 1936). State of Oklahoma.

Neighboring Districts: Missouri Valley, Colorado, New Mexico, West Texas, Southwestern and Arkansas

**37 - OREGON DISTRICT** (Organized September 23, 1935). State of Oregon and the following counties of Washington: Clark, Cowlitz and Skamania. (Territory re-aligned September, 1987.)

Neighboring Districts: Inland Empire, Pacific and Pacific Northwest

**22 - OZARK DISTRICT** (Organized, 1935). Missouri east of and including the following counties, Camden, Dallas, Douglas, Knox, Miller, Monroe, Montgomery, Osage, Ozark, Pike, Scotland, Shelby, including the city of St. Louis, and Webster. Counties of Calhoun, Greene, Jersey, Madison, Monroe and St. Clair in Illinois with reservation that all judo therein be controlled by Central DISTRICT. (Territory re-aligned December, 1962.) Neighboring Districts: Arkansas, Central, Kentucky, Iowa, Missouri Valley and Southeastern

**38 - PACIFIC DISTRICT** (Organized, 1890). The State of California, north of but not including the counties of Fresno, Madera, Mariposa, Merced, Mono and San Luis Obispo and the Counties of Churchill, Douglas, Humboldt, Lander, Lyon, Mineral, Ormsby, Pershing, Storey and Washoe in the State of Nevada. (Territory re-aligned December, 1961 and December, 1962 and 1963.)

Neighboring Districts: Central California, Inland Empire, Oregon, Southern Nevada and Southern Pacific

**36 - PACIFIC NORTHWEST DISTRICT** (Organized June, 1905). Washington, west of but not including Chelan, Kittitas, Okanogan and Yakima Counties and north of but not including Cowlitz, Klickitat and Skamania Counties. Neighboring Districts: Inland Empire and Oregon

**44 - PACIFIC SOUTHWEST DISTRICT** (Organized December 10, 1949, as Southwest Pacific Border DISTRICT. Name changed at 1956 Convention). Imperial and San Diego Counties, California. Neighboring Districts: Arizona and Southern Pacific

**10 - POTOMAC VALLEY DISTRICT** (Organized October 15, 1929). All territory within the District of Columbia, counties of Montgomery and Prince Georges in the State of Maryland, and counties of Arlington and Fairfax and cities of Alexandria and Falls Church in the Commonwealth of Virginia. (Territory re-aligned December 1968. Formerly District of Columbia District. Renamed December, 1972.)

Neighboring Districts: Maryland and Virginia

**61 - PUERTO RICO DISTRICT** (Organized September 8, 1984). Puerto Rico and U.S. Virgin Islands. Neighboring Districts: None

**55 - SOUTH CAROLINA DISTRICT** (Organized December 5, 1965). State of South Carolina. Neighboring Districts: Georgia and North Carolina

**54 - SOUTH DAKOTA DISTRICT** (Organized December 4, 1964). State of South Dakota. Neighboring Districts: Iowa, Minnesota, Montana, Nebraska, North Dakota and Wyoming

**43 - SOUTH TEXAS DISTRICT** (Organized November 12, 1945). That part of the State of Texas bounded on the East by and including the counties of Burtleson, Fayette, Jackson, Lavaca, Lee, Milam and; on the South by the Gulf of Mexico and the Republic of Mexico; on the West by and including the counties of Schleicher, Sutton and Val Verde, and on the North by and including the counties of Bell, Burnett, Coryell, Falls, Lampasas, Llano, Mason and Menard. (Territory re-aligned December, 1961, 1963 and September, 1992.)

Neighboring Districts: Gulf, Southwest, South Texas, New Mexico and West Texas

**15 - SOUTHEASTERN DISTRICT** (Organized August 13, 1951). The State of Alabama and the State of Tennessee. (Territory re-aligned December 1958, December 1972, September 30, 1989 and September 1999) Neighboring Districts: Kentucky, Virginia, North Carolina, Georgia, Southern, Arkansas and Ozark

**24 - SOUTHERN DISTRICT** (Organized, 1892). The State of Louisiana and the State of [Mississippi](#).

[www.saaau.org](http://www.saaau.org)

Neighboring Districts: Southeastern, Arkansas, Gulf and Southwestern

**49 - SOUTHERN NEVADA DISTRICT** (Organized January 15, 1959). Counties of Clark, Esmeralda, Lincoln, Nye, all within the State of Nevada. (Territory re-aligned December, 1961, 1962.)

Neighboring Districts: Inland Empire, Utah, Arizona, Central California, Pacific and Southern Pacific

**33 - SOUTHERN PACIFIC DISTRICT** (Organized November, 1909). Including the counties of Los Angeles, Orange, Riverside, San Bernardino, San Luis Obispo, Santa Barbara and Ventura all within the State of California. (Territory re-aligned October, 1973.)

Neighboring Districts: Arizona, Central California, Pacific, Pacific Southwest, Southern Nevada

**26 - SOUTHWESTERN DISTRICT** (Organized May 8, 1936). That part of the State of Texas bounded on the South but not including the counties of Angelina, Brown, Callahan, Coryell, Falls, Houston, Lampasas, Leon, Milam, Mills, Nacogdoches, Robertson and Shelby; on the East by the State of Louisiana, State of Arkansas and the county of Bowie, Texas; on the North by the State of Oklahoma and the county of Bowie, Texas and on the West by the counties of, but not including Foard, Hardeman, Haskell, Jones and Knox in the State of Texas. (Territory realigned September, 1992.)

Neighboring Districts: Oklahoma, Arkansas, Southern, Gulf, South Texas and West Texas

**34 - UTAH DISTRICT** (Organized November, 1910). State of Utah. (Territory re-aligned December, 1978.)

Neighboring Districts: Inland Empire, Wyoming, Colorado, New Mexico, Arizona and Southern Nevada

**12 - VIRGINIA DISTRICT** (Organized December 9, 1934). Commonwealth of Virginia (except the Counties of Arlington and Fairfax and cities of Alexandria and Falls Church.) (Territory re-aligned December, 1968.)

Neighboring Districts: Potomac Valley, West Virginia, Kentucky, Southeastern and North Carolina

**11 - WESTERN PENNSYLVANIA DISTRICT** (Organized November 16, 1917). All counties in Pennsylvania west of Bedford, Centre, Clinton, Huntingdon and Potter Counties and the Counties of Brooke, Hancock, Marshall and Ohio in West Virginia. (Territory re-aligned December, 1959 and September, 1991.)

Neighboring Districts: Middle Atlantic, Niagara, Maryland, West Virginia, Ohio, and Lake Erie

**47 - WEST TEXAS DISTRICT**(Organized 1952). All that part of the State of Texas bounded on the South side and including the counties of Concho, Irion, McCulloch, Pecos, Reeves, Regan, San Saba, Tom Green and Upton; on the West by the State of New Mexico; on the North by the State of Oklahoma; on the East by the State of

Oklahoma and by and including the counties of Brown, Callahan, Foard, Hardeman, Haskell, Jones, Knox, Mills and San Saba in the State of Texas. (Territory re-aligned December, 1961; October, 1976.)

Neighboring Districts: Oklahoma, New Mexico, South Texas and Southwestern

**51 - WEST VIRGINIA DISTRICT** (Organized February 28, 1960). The State of West Virginia. (Territory realigned December 1963, October 1973 and October 2003)

Neighboring Districts: Maryland, Western Pennsylvania, Ohio, Kentucky and Virginia

**20 - WISCONSIN DISTRICT** (Organized June 6, 1935). State of Wisconsin. (Territory re-aligned December,

1964 and September 30, 1989)

Neighboring Districts: Michigan, Minnesota, Iowa and Central

**58 - WYOMING DISTRICT** (Organized December 9, 1968). State of Wyoming.

Neighboring Districts: Montana, South Dakota, Nebraska, Colorado, Utah and Inland Empire

**APPENDIX E**  
**DATES FOR NATIONAL CHAMPIONSHPS**

**National Championships**

**1. AAU Junior Olympics National Championships**

Houston, Texas  
July 25 – 29, 2012

## GLOSSARY DEFINITIONS

**1. Fiscal year:** The fiscal year of the Corporation shall begin on the 1st day of September in each year and end on the last day of August in the following year.

**2. Membership year:** The fiscal year of the Amateur Athletic Union is September 1 through August 31 of the following year.

**3. Parade of Champions:** The Parade of Champions will take place on the last day of T&T Competition at the AAU Junior Olympic Games at a time designated on the schedule of events. All T&T athletes, coaches, and judges who take part in the T&T competition will march in by association. All T&T athletes, coaches, and judges who march in will be required to be dressed in the proper attire - competition attire, warm-ups, appropriate shoes, etc. (Refer to rules in handbook) An exhibition of the AAU T&T National Team and Stars of Tomorrow will be given during the Parade of Champions The Awards Presentation will be held during the Parade of Champions.

**4. Practice:** For the purpose of AAU sanctioning, A practice is organized and/or regularly scheduled sessions supervised at all times by a registered AAU coach or instructors and conducted for the purpose of preparing, training, instructing, and conditioning only AAU registered athletes for AAU competitions. Tryouts and scrimmages are included as long as they meet all the requirements of the above definition.

**5. Scrimmage:** A practice of an AAU club or with AAU athletes or another club. A scrimmage does not qualify as a practice if an admission fee is charged, or the officials are paid. Scrimmage results must not affect the teams club=s standing or rankings.

**6. Supervision:** Supervision requires that an AAU registered coach/instructor be physically present at all times at the practice premises or site during each practice session.

## CLARIFICATIONS 11/26/08

### 1. **BEGINNER & ADVANCED-BEGINNER.** New Round-off rule.

The rule says **IF** a round-off is used - it must be the last skill in the pass. If a round-off is performed anywhere else in the pass, you would take a 2.0 major deduction for not meeting pass requirements.

If the athlete performs a round-off anywhere else in the pass, they should NOT rebound. If they do rebound out of it - you would deduct for the number of steps taken. A straight up and down rebound is two feet, so you would take two 0.5 step deductions...if more steps are taken, you take 0.5 for each step up to the termination number; i.e. 3 steps for Beginner, 2 steps for Adv-Beginner. There are many other things that may happen - reversal of motion, etc.; however, if the athlete rebounds and continues without interruption of the pass - you take for steps and continue to judge the pass.

If the athlete performs a round-off anywhere else in the pass - they do not need to rebound and you do not judge the rebound. You only judge the rebound (or lack of) on the last round-off of a completed pass as in sub-novice, novice, and intermediate.

### 2. **ADVANCED.** The new rule states that at least one pass must have three somies. Failure to have three somies in one pass results in a 2.0 major deduction as a two pass requirement.

If an athlete performs the 1<sup>st</sup> pass with 2 somies and the second pass with one somi - you would deduction 2.0 on the 2<sup>nd</sup> pass for not having 2 somies and 2.0 for one pass not having at least 3 somies. The 1<sup>st</sup> 2.0 is for not meeting pass requirements and the 2<sup>nd</sup> 2.0 is for not meeting the combined pass requirements. This is the same as in Sub-Advanced where at least one pass must have two somies.

## CLARIFICATIONS 04/30/08

1. **FOOT WEAR.** When shoes are worn (tumbling, trampoline, & double-mini), although the rules state they must be white - we will accept "off-white" and tan. Many of the major shoe manufacturers have begun making various shades of white.
2. **SYNCRHO DRESS.** The rules remain the same; however, the deduction for failure to wear identical attire will result in each member of the synchro pair receiving a 2.0 pt. aesthetic deduction per aesthetic judge upon the advice of the Superior Judge.

## CLARIFICATIONS 02/04/08

1. **WARM-UPS. Warm-ups.** Warm-ups must start after the scheduled coaches & judges' meeting (not during or before).

## CLARIFICATIONS 11/07

### 1. **INSTABILITY DEDUCTION, ALL EVENTS, Re-clarified by the Technical Committee.**

Counting to 3. Regardless of the size of the step(s), taking one step results in a 0.1 deduction; taking two steps results in a 0.2 deduction; and taking three or more steps results in a 0.3 deduction. **THIS STRESSES THE SIZE OF THE LACK OF STABILITY OR NUMBER OF STEPS TAKEN.**

Although "instability" includes arm waving and/or body movement, the Technical Committee agreed to exclude those from these clarifications. If an aesthetic judge feels there is too much movement, they can increase the deduction on the last skill - the movement is probably a direct result of how they completed that skill anyway. I will state this in the clarification.

2. **HARD HAIR BALLS** will be considered the same as "Hair Beads" and will not be allowed in competition. 2.0 deduction.

## CLARIFICATIONS - 10/07

### GENERAL

1. **SKILL POSITION** - The position for skills will be determined between 10:00 and 2:00 (tuck, pike, or straight).
2. **LANDING DEDUCTIONS, ALL EVENTS** - As previously clarified, will be taken on incomplete and/or completed passes.
3. ~~**INSTABILITY DEDUCTION, ALL EVENTS** - The 0.1 - 0.3 instability deduction should be taken as follows. If the athlete moves (is unstable) within 1 second of landing, deduct 0.3; within 2 seconds, deduct 0.2; within 3 seconds, deduct 0.1. *The new rule states that this is to be determined by the Superior Judge.*~~
4. **TERMINATIONS & DEDUCTIONS** - Once a pass is terminated, you do not take additional deductions for anything that happens after the point of termination. Example: On trampoline, the athlete lands on one foot (termination) and then the other foot hits the side pad...you take the 0.3 for landing on one foot, but not the 0.9 for the side pad (athlete also loses that skill)  
  
*However*, remember, if the pass is terminated due to a landing deduction which concludes in a greater landing deduction - you take the greater of the two. The example I used before - if an athlete falls to their seat (termination), rolls to their back, rolls off the floor - you take the greater landing deduction of 0.9 for going off the floor. *This is a different scenario & we have a rule defining this.*

### TRAMPOLINE

1. A 3/4 back (or front) done in a different position will be considered a different skill in determining repeats, but will not receive different difficulty. All positions will receive a 0.3 difficulty.

## CLARIFICATIONS - 11/06 & 4/07

### GENERAL

#### **1. ATHLETE ATTIRE**

- 1.1 Leotards may have holes in the back as long as they are above the waist. 04/07 1.2  
Socks may be rolled down without deduction. 04/07

**2. JEWELRY** - The wearing of jewelry or watches in competition will result in a 1.2 pt. deduction per

pass to be taken on the advice of the Superior Judge. **Jewelry must be removed, taping over will result in deduction.** 11/06

### **3. HAIR**

3.1 The wearing of hair beads will result in a 2.0 pt. deduction per pass to be taken on the advice of the Superior Judge. NOTE: Not a termination. 04/07

3.2 Hair pins, barrettes, etc. that fall out of the hair will result in a 0.3 pt. deduction (same as scrunchies) to be taken on the advice of the Superior Judge. 04/07

4. **THE COACHING DEDUCTION SHOULD READ** - Talking to or giving any signal to a competitor by his own spotters or coach during the routine. (Maximum deduction - 0.3 pt. per pass). NOTE: This includes clapping, gesturing, etc. Wait at least three (3) seconds after the competitor completes their pass. 11/06

### **TUMBLING**

#### **1. SUB-BEGINNER, BEGINNER, ADV-BEGINNER LEVELS.**

1.1 The pass does not start until the hands touch the mat. 11/06

1.2 A cartwheel is a front skill only. If performed in a back tumbling pass, a 2.0 deduction will be taken.

2. **INTERMEDIATE LEVEL REPEAT RULE** - Round-offs and hand-springs can be repeated without deduction. With the exception of handsprings and round-offs, only one difficulty skill may be repeated in an optional pass; otherwise, the difficulty of the repeated skill will not be awarded. 11/06

### **DOUBLE-MINI**

1. **FOOT COVERING** - An athlete must wear foot covering or they will not be allowed to compete. Termination. NOTE: If an athlete wears black or colored foot covering, they will be allowed to compete; however, a 2.0 pt deduction per pass will be taken on the advice of the Superior Judge. 11/06

2. If an athlete lands after their mounter skill, stops, and then touches the blue side pad - you would not take a 0.9 pt. deduction because the stop terminated the pass. 04/07

3. When a double-mini athlete lands their dismount skill out of the landing zone, the skill does not count and you take the 0.9 pt. deduction because landing out is what terminated the pass. 04/07

### **TRAMPOLINE**

1. **FOOT COVERING** - An athlete must wear foot covering or they will not be allowed to compete. Termination. 11/06

- 2.1 If an athlete does not get completely around when performing swivel hips - you just take an aesthetic deduction. NOTE: It will probably also affect the next skill's aesthetics. 04/07

## CLARIFICATIONS - OCTOBER 2006

**GENERAL CLARIFICATION** - There is no deduction for glasses & hearing aids that fall off during competition.

### **TUMBLING**

#### 1. Landing Deductions:

- 1a. When judging instability at the end of a pass, the competitor should stop and hold the landing for three seconds prior to turning to salute.
- 1b. If a pass has too many skills, the deduction for not holding the landing for three seconds is taken on the last skill performed, not at the point where the pass was to have stopped.

2. In the beginner levels, during the execution of some skills, the elbows may touch the tumbling mat. If there is smooth continuation of the skill, then there is no deduction (termination) for the elbow. If the athlete is unstable or off-balance and falls to or pushes off the elbow, then the pass will be terminated at that point, no credit would be given for the skill, and a 0.6 pt. deduction would be taken for the elbow.

3. At the beginner levels, if the competitor performs the wrong pass, a 2.0 deduction will be taken. This is not a termination. NOTE: Performing an *illegal* skill will result in a termination.

4. A cartwheel is a front skill only. If performed in a back tumbling pass, a 2.0 deduction will be taken.

5. If a reversal (punch) somi is performed at the end of an incomplete pass (not enough skills), the athlete will still receive that skill & difficulty.

6. Any backward non-twisting single somersault executed at shoulder height or below and performed in the middle of a pass, regardless of position, will be considered a whip back.

7. Any backward non-twisting, single somersault at the end of a tumbling pass must be defined by position as a tuck, pike, or straight somersault including the last somersault prior to the reversal skill. If not performed above shoulder height, a deduction of 0.3 will be taken.

8. At the sub-advanced, advanced, and elite levels, if a pass has too many skills and the last required skill is not a somersault, a 0.5 pt. deduction will be taken for not ending the pass in a somersault.

9. There is no height deduction for a twisting somersault (such as a full, double-full, etc.) executed below shoulder height at the end of the pass; however, an aesthetic deduction should be taken.

### **DOUBLE-MINI**

1. Landing Deductions - Instability landing deduction will be taken on the last skill performed.  
NOTE: Whatever terminates a pass will receive the appropriate deduction, i.e., fall to the seat.
2. A tuck jump forward or backward is the same skill and will be considered a repeat if performed more than once as a mounter, spotter, or dismount skill. A 0.5 pt. deduction will be taken for the repeated skill.
3. At the **novice** level, if a competitor fails to have two passes with difficulty and one somersault in a pass, a 4.0 deduction will be taken on the last pass.
4. At the **sub-advanced** level, if a competitor fails to have one pass with two somersaults and to have one pass with a spotter somersault, a 4.0 deduction will be taken on the last pass.
5. An initial contact with the double-mini in which one foot strikes the bed before the other (ta-dump) will result in a 0.1 to 0.5 pt. deduction taken on the instruction of the superior judge.
6. Mounting Deduction - The deduction for instability when mounting the double-mini and for lack of form, control, and lift on the straight jump mount is 0.1 to 0.3 pts. A **maximum** deduction of 0.3 can be taken on the straight jump mount.

### **TRAMPOLINE**

1. Landing Deductions - Instability landing deduction will be taken on the last skill performed.  
NOTE: Whatever terminates a pass will receive the appropriate deduction, i.e., fall to the seat.
2. Twisting skills must start facing one of the end decks and end facing one of the end decks to receive twisting credit. Starting early or late and under or over-rotating do not get full credit.
3. Landing a trampoline skill on one foot will result in termination of the pass at that point, even if the last skill. No credit will be given for the skill and a deduction of 0.3 pt. will be taken.
4. Twisting skills must start facing one of the end decks and end facing one of the end decks to receive credit. Starting early or late and under- or over-rotating does not get full credit.

1. SUB-ADVANCED D-MINI. POSSIBLE TO HAVE TWO (2) 2.0 DEDUCTIONS (LIKE NOVICE). - 2.0 FOR NO SPOTTER SOMI & -2.0 FOR NOT MEETING PASS REQUIREMENTS.
2. TRAMPOLINE. TWISTING SKILLS MUST START FACING ONE OF THE END DECKS AND END FACING ONE OF THE END DECKS TO RECEIVE CREDIT. STARTING EARLY OR LATE & UNDER OR OVER ROTATING DO NOT GET FULL CREDIT.
3. THERE WILL NOT BE A DEDUCTION TAKEN FOR GLASSES & HEARING AIDS THAT FALL OFF DURING COMPETITION.
4. IF A REVERSAL SOMI (PUNCH) IS PERFORMED AT THE END OF AN UNCOMPLETED PASS (NOT ENOUGH SKILLS), THE ATHLETE WILL STILL RECEIVED THE DIFFICULTY OF THE SKILL.

### CLARIFICATION 5/30/05

1. Beginner Tumbling Levels. The athlete rocks forward to the knees before performing their 1<sup>st</sup> skill - what should be done?  
**Answer:** *No deduction.*
2. Beginner Tumbling Levels. The athlete salutes the judges, turns around, and tumbles toward the athletes (reverse direction). What should be done?  
**Answer:** *Score the skills performed on the mat. Terminate if and when the athlete goes off the mat.*
3. Sub-Advanced - Elite Level Tumbling. The athlete performs an extra skill; i.e., performs 9 skills for the 8 skill pass....the 8<sup>th</sup> skill is a somi in the straight position (or pike). Does the athlete receive the difficulty for a straight (or pike)?  
**Answer:** *Yes; however, if it is below shoulder height - deduct the 0.3 height deduction. Also if the 8<sup>th</sup> skill is not a somi, deduct 0.5 for not ending in a somi.*
4. Double-Mini. The athlete performs their 1<sup>st</sup> skill (spotter) and intends to do a gainer off, but does a tuck back instead. Do you judge out of 1 skill (5.0 pts) and deduct 2.0 for pass requirements or is this a termination?  
**Answer:** *Score 1 skill (5.0 pts) and take the 2.0 deduction for pass requirements.*
5. Double-Mini. The athlete performs their 1<sup>st</sup> skill and falls to their hands and knees on the double-mini bed....do we terminate after the 1<sup>st</sup> skill, judge out of 5.0, take 0.6 for the hands and knees, and 2.0 for pass requirements.

**Answer:** *Terminate after the 1<sup>st</sup> skill, judge out of 5.0, take 0.6 for the hands and knees, and 2.0 for pass requirements.*

6. Double-Mini. The athlete performs their 1<sup>st</sup> skill, lands on the blue side pad and automatically continues on to perform their 2<sup>nd</sup> skill. According to our rules, we take the deduction for hitting the side pad and score the 2<sup>nd</sup> skill...however, there is some confusion on this...sometimes, judges terminate because the feet were all on the side pad; but, our rules do not define how much of the feet touch.

**Answer:** *Give the skill if they use the elasticity of the double-mini. Superior Judge decides.*

7. Double-Mini. When do you take two separate 2.0 deductions.

**Clarification states in the Novice & Sub-Advanced levels.**

- 2.0 for not having difficulty in 2 passes
- 2.0 for not having a somi in one pass
- 4.0 pt total deduction will be taken on the last pass.

0. Double-Mini. The athlete mounts the double-mini, hits the spotter bed and does a gainer off. Do we score out of 1 skill (5.0) or does the athlete get a “0?”

**Answer:** *The athlete gets the one skill if it starts from the dismount bed.*

1. Double-Mini. The athlete’s dismount skill lands outside the landing zone. Does the athlete get that skill and do you take 0.9 pt. deduction for going out?

**Answer:** *The athlete does NOT get the dismount skill (judge out of 1 skill - 5.0), take the 2.0 pt deduction for pass requirements, and take the 0.9 pt deduction for going out.*

2. Advanced Double-Mini. Repeating a skill results in the loss of difficulty and a 0.5 deduction. Should there be the added 0.5 deduction?

**Answer:** *Take the 0.5 deduction for a repeat.*

3. Trampoline. Can a coach ask for no spotters for their competitor? What does this do to liability if the athlete flies off the trampoline at that spot and is injured (this applies to spotters at the end of the end-decks for Advanced and Elite)?

**Answer:** *There must be a spotter as described in the handbook. The Superior judge shouldn’t call the athlete if the spotters aren’t in the described positions. An athlete will not be allowed to warmup or compete without the determined number of recommended spotters.*

10. Intermediate Trampoline. Our rules differ in several places...

**Correct Info:**

*a. maximum number of somies - 5*

- b. 3/4 can count as an optional front or back contact*
- c. 3/4 can count as the 3<sup>rd</sup> optional somi*

### **CLARIFICATIONS - 09/04**

1. Advanced Beginner Tumbling - No deduction on Front Limbers for landing with feet shoulder width apart or less.
2. Same deductions apply for Sub-Beginner, Beginner, and Adv-Beginner when competing on the rod floor as on panel mats.
3. For Beginner if the athlete takes 3 steps, the pass will be terminated and 1.5 will be taken for the three steps.
4. For Advanced Beginner if the athlete takes 2 steps, the pass will be terminated and 1.0 will be taken for the two steps.

## **Rule Changes as of 10/20/2009**

1. The age of athlete competition will be determined by the age the athlete as of December 31<sup>st</sup> of the prior year.
2. Athletes age 6 and under will not longer be mandated in any level or discipline.
3. Trampoline – Skills that begin or end facing the side (vertical) of the trampoline will result in loss of skill and termination, except for the last skill.
4. Sub-Advanced Trampoline – A repeated skill will lose difficulty of the skill.
5. The maximum difficulty for Sub-Advanced Trampoline will be 4.6.
6. The minimum difficulty for Advanced Trampoline will be 4.7.
7. Double-mini – Skills that begin or end facing the side (vertical) of the Double-mini will result in loss of skill and termination.
8. Double-Mini - ALL 6 year old and under athletes will be allowed to use a mounting mat no matter the level of athlete.
9. Double-Mini Advanced athletes warm-ups will be as follows... Preliminaries – 7 warm-up passes “NO STRETCH JUMP”... Finals – 5 Warm-up passes “NO STRETCH JUMP”
10. Sub-Advanced Trampoline - During Competition Finals: one of the two passes must contain a spotter and one pass must contain two somersaults. Both of these requirements may be met in one pass.

## **Athlete Honor Oath**

### **AAU Athlete's Honor Oath**

**I promise that I shall participate in AAU Trampoline and Tumbling Competitions**

**Respecting and abiding by the rules which govern it**

**In the true spirit of sportsmanship,**

**For the glory of sport,**

**And the honor of my team**