

E. Beach Competition Rules. AAU Volleyball is conducted under the AAU Code, AAU Volleyball Handbook and the current playing rules of USA Volleyball, as modified by the AAU National Executive Committee. For the current USA Volleyball Domestic Competition Regulations, visit www.usavolleyball.org. The following section contains the rules for the National Championship. Rules may be modified by the District Sports Director or event operator for other sanctioned events.

1. Beach National Championship Competition Rules

a. **Qualification Procedure.** The National Championships are open to any member of the AAU meeting the entry guidelines.

b. **Age Divisions.** The following age divisions may be contested at the Beach National Championships (Updated 9/2011)

18:U - Born on or after September 1, 1993

16:U - Born on or after September 1, 1995

15:U – Born on or after September 1, 1996

14:U - Born on or after September 1, 1997

12:U - Born on or after September 1, 1999

10:U - Born on or after September 1, 2001

c. **Rules and Restrictions.** The National Championship is conducted under the AAU Code, AAU Volleyball Handbook and the current playing rules of USA Volleyball, as modified by the AAU National Executive Committee.

- i. Rally Scoring: 2 games to 21, with third game to 15 (if necessary) or 1 game to 28 (rally scoring)
- ii. Let serve is permitted
- iii. Block counts as a contact
- iv. No open hand dinks/tips
- v. One toss per serve
- vi. Players may not “set” the serve
- vii. Players handling the ball must set the ball in the direction they are facing or directly behind them (shoulders square) when returning the ball over the net.
- viii. Smaller size FIVB/AVP regulation court
- ix. Side changes in multiples of seven
- x. Each team is allowed one time-out and one technical time-out per set. The technical time-out is not awarded to each team, but rather a shared time-out when the total score reaches 21 during games 1 and 2 and 15 points during game 3. There is only one technical time out per set. For single games to 28, the technical time-out is shared when the combined score reaches 28. (Added 09/09).