

Board of Review action may be taken against athletes, coaches, parents and/or clubs according to AAU Code.

- C. No Guarantee Policy.** The AAU can not and does not guarantee the appearance and/or participation of specific participant(s) and/or teams (as applicable) in this event. The AAU has sanctioned (approved) this Event as an official AAU Event (competition), but the AAU is not and shall not be responsible for any participant's or spectator's expenses related to this Event (nor reimbursements for same) in case of dissatisfaction of any participant, friend, family, or spectator, this includes, but is not limited to all travel, hotel (lodging), food, entry fees and/or any other expenses related to the event.

III. SPORT OPERATIONS

A. Current Year Rule Changes

1. For changes in the USA Volleyball Domestic Competition Regulations, visit www.usavolleyball.org.
2. Additional rules changes may be distributed at the coaches meeting or in the tournament information.
3. For the indoor National Championships, each team can designate up to two Liberos. Libero(s) must be identified prior to each set. Only one Libero may be on the court at a time. The Libero player(s) may serve in one rotation in a set. Additional information in Section III.D.1.c.iii. (Updated 2/12)

B. Event Operating Rules.

These rules shall apply to AAU Sanctioned events unless otherwise stated or modified by the District Director or event operator.

1. Court Size

- a. Indoor court size is 18 m x 9 m (59' x 29'6") surrounded by a free zone of 2 m (6'6 ¾") on each of the sides of the court and 7 m (23') free zone above the court.
- b. Outdoor/Beach court size is 16 m x 8 m (52'6" x 26'3")
- c. For additional court markings and complete regulations, please refer to the current USA Volleyball Domestic Competition Regulations at www.usavolleyball.org.

2. Net Heights

a. Indoor Net Heights

Gender	Age Division	Net Height
Boys	10U, 11U, 12U	7'0"
Boys	13U, 14U	7'4 1/8"
Boys	15U, 16U, 17U, 18U	7'11 5/8"

Girls	10U	6'6"
Girls	11U, 12U	7'0"
Girls	13U, 14U, 15U, 16U, 17U, 18U	7'4 1/8"

b. Outdoor/Beach Net Heights

Gender	Age Division	Net Height
Boys	10U, 12U	7'0"
Boys	14U	7'4"
Boys	16U, 18U	8'0"
Girls	10U, 12U	7'0"
Girls	14U, 16U, 18U	7'4"

- c. For additional regulations, please refer to the current USA Volleyball Domestic Competition Regulations at www.usavolleyball.org.

3. Ball

- a. For indoor, ages 10, 11 and 12 & Under will use the "Volley-Lite" or similar, with a weight of 7 to 8 oz.
- b. Tachikara is the official volleyball of the AAU and shall be used for all national events.

4. **Official/Referee Requirements.** Use of officials and any certification required is at the discretion of the event operator.
5. **District Qualifier Medals.** AAU medals shall be used at any sanctioned district qualifying event. Medals must be purchased through the AAU medal program or the sanction shall be denied/voided. Effective September 1, 2009. (Added 3/09)

C. Event Categories

1. Competition Types

- a. National Championship
- b. Super-Regional Championship
- c. Grand Prix Championship
- d. Regional Championship
- e. District Championship
- f. Inter-District
- g. Local Tournament / Invitational
- h. Leagues

2. Categories of Competition

- a. Youth and Adult
- b. Indoor
- c. Beach / Outdoor

D. Indoor Competition Rules. AAU Volleyball is conducted under the AAU Code, AAU Volleyball Handbook and the current playing rules of USA Volleyball, as modified by the AAU National Executive Committee. For the current USA Volleyball Domestic Competition Regulations, visit www.usavolleyball.org. The following section contains the rules for the National Championship. Rules may be modified by the District Sports Director or event operator for other sanctioned events.

1. Indoor National Championship Competition Rules

a. **Qualification Procedure.** The National Championships are open to any member of the AAU meeting the entry guidelines.

b. **Age Divisions.**

i. The following age divisions may be contested at the Indoor National Championships (Updated 9/2011).

10 & Under – Must be born on or after September 1, 2001
11 & Under – Must be born on or after September 1, 2000
12 & Under – Must be born on or after September 1, 1999
13 & Under – Must be born on or after September 1, 1998
14 & Under – Must be born on or after September 1, 1997
15 & Under – Must be born on or after September 1, 1996
16 & Under – Must be born on or after September 1, 1995
17 & Under – Must be born on or after September 1, 1994
18 & Under – Must be born on or after September 1, 1993
or players who were born on or after September 1, 1992
and are high school students during some part of the current
academic year.

ii. Once a player participates in a club or varsity program for any university, college, community college or junior college, he or she is ineligible to play in the National Championships.

iii. No age waivers will be allowed at the National Championship.

iv. Open and Club divisions will be held for 12 & Under, 13 & Under, 14 & Under, 15 & Under, 16 & Under, 17 & Under and 18 & Under divisions. Classic divisions will be held for the 14 & Under, 15 & Under, 16 & Under and 17 & Under divisions. The Open division is the highest level of competition, the Club division is the middle level of competition and the Classic division is the lower level of competition (Updated 9/2011).

- c. Rules and Restrictions.** The National Championship is conducted under the AAU Code, AAU Volleyball Handbook and the current playing rules of USA Volleyball, as modified by the AAU National Executive Committee. For the current USA Volleyball Domestic Competition Regulations, visit www.usavolleyball.org.
- i. Rally scoring will be used. Each non-deciding set will be won by the team that first scores 25 points with a minimum two-point advantage (no scoring cap). If there is a deciding set, it will be won by the team that first scores 15 points with a minimum two-point advantage (no scoring cap).
 - ii. 12 substitutions and Libero player(s). Substitutions are only recognized when the sub enters the zone. There is no longer a request from the coach or captain (Added 12/09).
 - iii. Libero player(s) (Updated 2/12)
 - (a) Each team can designate up to two Liberos. Libero(s) must be identified prior to each set.
 - (b) Only one Libero may be on the court at a time.
 - (c) The Libero player(s) may serve in one rotation in a set.
 - a. If one Libero per set is used, the libero already on the court (rotating to the front row) may move to position 1 (right back) to serve without being required to leave the court for one completed rally. In this case the player that the Libero had previously replaced must replace her on the court. A Libero who has served in one rotation may no serve in another.
 - b. If two Liberos per set is being used, the acting Libero rotating to the front row may move to the position 1 and serve without being required to leave the court. In addition, the acting Libero may come off the court at the same time that the second Libero moved into position 1 to serve. This double Libero replacement is only allowed for serving purposes.
 - (d) For additional explanation on the Libero players, refer to Appendix F.
 - iv. Centerline and Net Touch Rules (Added 12/09)
 - (a) To touch the opponent's court with any part of the body above the feet is permitted provided that it does not interfere with the opponent's play.
 - (b) Contact with the net by a player is not a fault unless it interferes with play.
 - (c) Players may touch the post, ropes or any other object outside the antenna, including the net itself, provided that it does not interfere with play.

- (d) A player interferes with play by (amongst others) touching the top band of the net or the top 80 cm of the antenna during action of playing the ball, taking support from the net simultaneously with playing the ball, creating an advantage over the opponent or making actions which hinder an opponent's legitimate attempt to play the ball.
- v. When one team has exclusive use of the court, the other team must be either at its team bench or out of the playing area. Warming up with balls at the team bench or in the spectator walkways is not permitted (Added 12/09).
- vi. The 10 & Under division will be allowed to step into the court when serving. The step-in line will be 6'6" from the serving line.
- vii. Teams may register for only one division in the Championship.
- viii. Athletes may only be on one team roster in the Championship. Coaches may be on multiple team rosters.
- ix. No artificial noise makers will be allowed during play in any of the competition facilities.
- x. Additional rules may be made available or revised at the coaches meeting or in the Championship manual.

d. Uniform Requirements

- i. Each player is required to wear the same jersey number throughout the event with limited exceptions as required by emergency or blood rule applications. This applies to all players in the Libero position. If players share the Libero position from match to match, a player shall wear the same jersey number whenever they play, whether they are or they are not, assigned to the Libero position.
- ii. Identical uniforms are required, with the exception of the Libero. Libero must wear a uniform shirt that is immediately recognized from all angles as being in clear contrast to and distinct from the other members of the team.
- iii. The jerseys must be numbered in a permanent manner from 1 and 99 and duplicate numbers are not allowed.
- iv. Uniform numbers must be clearly visible and centered on the chest and back.
- v. The numbers must be minimum height of 4" on the chest and 6" on the back. It is recommended that numbers be 6" on chest and 8" on the back. The stripe forming the numbers shall have a minimum width of 3/4".
- vi. Each jersey must use the same color and number height for all players except the Libero. The color and brightness of the numbers must contrast with the color and brightness of the jerseys. Color combinations such as purple/black, dark

green/black, navy/black or navy/maroon are not distinctive enough to comply with the rules.

- vii. USA Volleyball uniform requirements must be followed. For additional specifications, please refer to USAV rule 4.3.

e. Team Rosters

- i. Team rosters may include up to fourteen (14) players and four (4) adult bench personnel. All bench personnel must be AAU members in the non-athlete category.
- ii. Uniform numbers are required to be submitted on the team roster. Each player must wear the same number throughout the event, with limited exceptions.
- iii. Rosters must be verified at Team Check-In. Changes to the roster after Team Check-In could result in a fee. No changes to the roster are allowed once play begins, unless approved by the Championships Director.

2. Super Regional and Spotlight Grand Prix Tournaments.

- a. **Qualification Procedure.** These events are open to any member of the AAU meeting the entry guidelines.
- b. **Hosting.** The Executive Committee will award the Super Regional and Grand Prix events. Applications are accepted on an ongoing basis.
- c. **Competition Rules.** These events shall follow the competition rules set forth in Section III.D.1 for National Championships unless otherwise stated in the event registration information or as approved by the Executive Committee.
- d. **National Championship Entry Fee.**
 - i. The winner in each age division with 10 or more teams will not have to pay the entry fee to the National Championship. If less than 10 teams participate, the entry fee will be adjusted on a percentage basis.
 - ii. If the Super Regional or Grand Prix is held after the National Championship entry deadline, teams must submit their entry and fees for the Nationals by the deadline. No exceptions. If the team wins the Super Regional or Grand Prix, they will be reimbursed the entry fee after the National Championships.

- E. Beach Competition Rules.** AAU Volleyball is conducted under the AAU Code, AAU Volleyball Handbook and the current playing rules of USA Volleyball, as modified by the AAU National Executive Committee. For the current USA Volleyball Domestic Competition Regulations, visit www.usavolleyball.org. The following section contains the rules for the National Championship. Rules may be modified by the District Sports Director or event operator for other sanctioned events.

1. Beach National Championship Competition Rules

- a. **Qualification Procedure.** The National Championships are open to any member of the AAU meeting the entry guidelines.
- b. **Age Divisions.** The following age divisions may be contested at the Beach National Championships (Updated 9/2011)

18:U - Born on or after September 1, 1993
16:U - Born on or after September 1, 1995
15:U – Born on or after September 1, 1996
14:U - Born on or after September 1, 1997
12:U - Born on or after September 1, 1999
10:U - Born on or after September 1, 2001

- c. **Rules and Restrictions.** The National Championship is conducted under the AAU Code, AAU Volleyball Handbook and the current playing rules of USA Volleyball, as modified by the AAU National Executive Committee.
- i. Rally Scoring: 2 games to 21, with third game to 15 (if necessary) or 1 game to 28 (rally scoring)
- ii. Let serve is permitted
- iii. Block counts as a contact
- iv. No open hand dinks/tips
- v. One toss per serve
- vi. Players may not “set” the serve
- vii. Players handling the ball must set the ball in the direction they are facing or directly behind them (shoulders square) when returning the ball over the net.
- viii. Smaller size FIVB/AVP regulation court
- ix. Side changes in multiples of seven
- x. Each team is allowed one time-out and one technical time-out per set. The technical time-out is not awarded to each team, but rather a shared time-out when the total score reaches 21 during games 1 and 2 and 15 points during game 3. There is only one technical time out per set. For single games to 28, the technical time-out is shared when the combined score reaches 28. (Added 09/09).

2. **Other National or Regional Events**

- a. **Qualifying Procedure.** Other National level or Regional events may require qualifying at a prior event in order to participate.
- b. **Competition Rules.** These events shall follow the competition rules set forth in Section III.E.1 for National Championships unless otherwise stated in the event registration information or event flyer.

IV. **EXCERPTS FROM AAU CODE BOOK**

- A. AAU Membership.** All participants must be a member of the AAU in order to participate in any AAU Sanctioned Event. Event Operators may not collect AAU membership money at any AAU sanctioned event.

Membership Requirements. Membership in the AAU is a privilege granted by the AAU. The AAU at its sole discretion reserves the right to accept or reject applicants for membership.

1. **Conditions for Membership.** Membership in any class may be granted only after an application is submitted and approved. By submitting an application, the applicant agrees to comply with all the provisions of the Constitution, Bylaws policies, procedures and rules of the AAU.

2. **Classes of Membership**

- a. **District Member.** The organization chartered by the Congress to provide administrative services within a designated geographic area.
- b. **Club Member.** An organization or group that has been approved for membership after meeting the registration requirements of the Code.
- c. **Individual Member.** A person who has been approved for membership after meeting the registration requirements of the Code. Individual membership categories include:
 - i. Youth Athlete
 - ii. Adult Athlete
 - iii. Non-Athlete
- d. **Affiliate Member.** An organization or group approved by Congress which is engaged in athletics or sports-related activities.