

# 2011 AAU Volleyball Handbook & Regulations

Updated November 2010



Amateur Athletic Union  
[www.aauvolleyball.org](http://www.aauvolleyball.org)



# 2011 AAU Volleyball Handbook & Regulations

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# 2010-2011 AAU Volleyball Handbook & Regulations

## PREAMBLE

The AAU Volleyball National Committee has been established in order to promote the benefits of participation in athletics and hereby adopts these rules & regulations (subject to change without notice) for the advancement of that purpose.

### I. NATIONAL SPORT COMMITTEE GOVERNANCE AND ADMINISTRATION

#### A. National Committee Structure and Procedures

1. **National Chair.** The President of the AAU appoints the Chair from the recommendations of the National Sport Committee after approval of a majority of the National Officers.
2. **Executive Committee Composition.**
  - a. The Volleyball Executive Committee shall conduct the business of the Volleyball Committee in accordance with the rules and regulations of the AAU and the volleyball program, and act on behalf of the National Sports Committee between National Sports Committee meetings.
  - b. The committee shall include the National Chair and members appointed by the National Chair. The term shall coincide with the term of the National Chair.
  - c. The committee shall enforce these rules and the AAU Code as they apply to players, coaches and clubs. Penalties may be imposed subject to the due process procedures of the AAU Code.
3. **National Sport Committee Composition.** The Committee will consist of the National Sports Chair, the Executive Committee, the elected or appointed Sport Director of each District, or a representative designated by the District Governor, and one appointed representative from each affiliated member that registers members in the sport. The President may appoint up to five (5) members-at-large.
4. **Other Committee Positions.** The National Chair may appoint additional committee positions.
5. **Voting.** Voting in the Committee shall be the National Sport Chair, Executive Committee, the elected or appointed District Sports Director or a representative from each affiliated member that registers members in the sport, and any members-at-large. Only representatives from Districts which registered a minimum of .5% (a half percent) of the total number of athletes in that sport in the previous year shall be allowed to vote in the National Sport Committee meeting.

**B. Sport Committee Meetings**

1. **National Sport Committee Regular Meetings.** Regular Meetings of the National Sport Committee shall be in conjunction with the AAU Convention.
2. **Non-Regular Sport Committee Meetings.** National Sport Committee may hold a Non-Regular National Sport Committee meeting in odd years subject to the following provisions:
  - a. The meeting is called by the Chair following approval of the National Office.
  - b. The National Office has the right to coordinate the meeting and pick the site for the meeting.
3. **National Sport Committee Special Meetings.** Special meetings of a Committee are scheduled at the request of the Chair or upon written request of at least one half (1/2) of the Committee members. The purpose of the Special meeting must be stated in the Notice for the meeting.
4. **National Sport Executive Committee Meetings.** The National Chair shall determine the date and location of Executive Committee Meetings.
5. **Agenda Additions**
  - a. **Sport Committee Meeting Order (Agendas)-** The Regular National Sport Committee meetings, the Non-Regular National Sport Committee meetings, and National Sport Committee Special meetings shall follow meeting order (agenda format) as established by Code (Bylaw 9.5).

**II. SPORT POLICIES AND PROCEDURES**

- A. Sportsmanship.** It is the obligation of coaches, players, administrators, volunteers and other representatives of the AAU to practice the highest principles of sportsmanship and to observe the ethics of competition. Good sportsmanship is defined as qualities of behavior, which are characterized by courtesy and genuine concern for others. The display of good sportsmanship is a statement of the individual's understanding and commitment to fair play, ethical behavior and integrity.
- B. Program Violations.** Disciplinary action may be considered by the Districts, Sport Committee or the Executive Committee for any violations bringing discredit upon the AAU, including, but not limited to, passing "bad" checks, participation of athletes in an improper age division, or any violation of any part of this Handbook or the AAU Code. In instances of alleged violations,

Board of Review action may be taken against athletes, coaches, parents and/or clubs according to AAU Code.

- C. No Guarantee Policy.** The AAU can not and does not guarantee the appearance and/or participation of specific participant(s) and/or teams (as applicable) in this event. The AAU has sanctioned (approved) this Event as an official AAU Event (competition), but the AAU is not and shall not be responsible for any participant's or spectator's expenses related to this Event (nor reimbursements for same) in case of dissatisfaction of any participant, friend, family, or spectator, this includes, but is not limited to all travel, hotel (lodging), food, entry fees and/or any other expenses related to the event.

### III. SPORT OPERATIONS

**A. Current Year Rule Changes**

1. For changes in the USA Volleyball Domestic Competition Regulations, visit [www.usavolleyball.org](http://www.usavolleyball.org).
2. Additional rules changes may be distributed at the coaches meeting or in the tournament information.

**B. Event Operating Rules.** These rules shall apply to AAU Sanctioned events unless otherwise stated or modified by the District Director or event operator.

**1. Court Size**

- a. Indoor court size is 18 m x 9 m (59' x 29'6") surrounded by a free zone of 2 m (6'6 3/4") on each of the sides of the court and 7 m (23') free zone above the court.
- b. Outdoor/Beach court size is 16 m x 8 m (52'6" x 26'3")
- c. For additional court markings and complete regulations, please refer to the current USA Volleyball Domestic Competition Regulations at [www.usavolleyball.org](http://www.usavolleyball.org).

**2. Net Heights**

**a. Indoor Net Heights**

Gender	Age Division	Net Height
Boys	10U, 11U, 12U	7'0"
Boys	13U, 14U	7'4 1/8"
Boys	15U, 16U, 17U, 18U	7'11 5/8"
Girls	10U	6'6"
Girls	11U, 12U	7'0"
Girls	13U, 14U, 15U, 16U, 17U, 18U	7'4 1/8"

**b. Outdoor/Beach Net Heights**

Gender	Age Division	Net Height
Boys	10U, 12U	7'0"
Boys	14U	7'4"
Boys	16U, 18U	8'0"
Girls	10U, 12U	7'0"
Girls	14U, 16U, 18U	7'4"

- c. For additional regulations, please refer to the current USA Volleyball Domestic Competition Regulations at [www.usavolleyball.org](http://www.usavolleyball.org).

**3. Ball**

- a. For indoor, ages 10, 11 and 12 & Under will use the “Volley-Lite” or similar, with a weight of 7 to 8 oz.
- b. Tachikara is the official volleyball of the AAU and shall be used for all national events.

4. **Official/Referee Requirements.** Use of officials and any certification required is at the discretion of the event operator.

5. **District Qualifier Medals.** AAU medals shall be used at any sanctioned district qualifying event. Medals must be purchased through the AAU medal program or the sanction shall be denied/voided. Effective September 1, 2009. (Added 3/09)

**C. Event Categories****1. Competition Types**

- a. National Championship
- b. Super-Regional Championship
- c. Grand Prix Championship
- d. Regional Championship
- e. District Championship
- f. Inter-District
- g. Local Tournament / Invitational
- h. Leagues

**2. Categories of Competition**

- a. Youth and Adult
- b. Indoor
- c. Beach / Outdoor

- D. Indoor Competition Rules.** AAU Volleyball is conducted under the AAU Code, AAU Volleyball Handbook and the current playing rules of USA Volleyball, as modified by the AAU National Executive Committee. For the current USA Volleyball Domestic Competition Regulations, visit

[www.usavolleyball.org](http://www.usavolleyball.org). The following section contains the rules for the National Championship. Rules may be modified by the District Sports Director or event operator for other sanctioned events.

**1. Indoor National Championship Competition Rules**

a. **Qualification Procedure.** The National Championships are open to any member of the AAU meeting the entry guidelines.

b. **Age Divisions.**

i. The following age divisions may be contested at the Indoor National Championships (Updated 9/2010).

10 & Under – Must be born on or after September 1, 2000

11 & Under – Must be born on or after September 1, 1999

12 & Under – Must be born on or after September 1, 1998

13 & Under – Must be born on or after September 1, 1997

14 & Under – Must be born on or after September 1, 1996

15 & Under – Must be born on or after September 1, 1995

16 & Under – Must be born on or after September 1, 1994

17 & Under – Must be born on or after September 1, 1993

18 & Under – Must be born on or after September 1, 1992 or players who were born on or after September 1, 1991 and are high school students during some part of the current academic year.

ii. Once a player participates in a club or varsity program for any university, college, community college or junior college, he or she is ineligible to play in the National Championships.

iii. No age waivers will be allowed at the National Championship.

iv. Open and Club divisions will be held for 12 & Under, 13 & Under, 14 & Under, 15 & Under, 16 & Under, 17 & Under and 18 & Under divisions. The Open division is the highest level of competition.

c. **Rules and Restrictions.** The National Championship is conducted under the AAU Code, AAU Volleyball Handbook

and the current playing rules of USA Volleyball, as modified by the AAU National Executive Committee. For the current USA Volleyball Domestic Competition Regulations, visit [www.usavolleyball.org](http://www.usavolleyball.org).

- i. Rally scoring will be used. Each non-deciding set will be won by the team that first scores 25 points with a minimum two-point advantage (no scoring cap). If there is a deciding set, it will be won by the team that first scores 15 points with a minimum two-point advantage (no scoring cap).
- ii. 12 substitutions and Libero player. *Substitutions are only recognized when the sub enters the zone. There is no longer a request from the coach or captain (Added 12/09).*
- iii. Libero player
  - (a) The Libero player may serve in one rotation in a set.
  - (b) Libero must be identified prior to each game.
  - (c) Libero must wear a uniform shirt that is immediately recognized from all angles as being in clear contrast to and distinct from the other members of the team.
  - (d) For an explanation of the Libero player, please refer to the USA Volleyball Domestic Competition Regulations. The only change from the USA Volleyball rules is that the Libero may serve.
- iv. Centerline and Net Touch Rules (Added 12/09)
  - (a) To touch the opponent's court with any part of the body above the feet is permitted provided that it does not interfere with the opponent's play.
  - (b) Contact with the net by a player is not a fault unless it interferes with play.
  - (c) Players may touch the post, ropes or any other object outside the antenna, including the net itself, provided that it does not interfere with play.
  - (d) A player interferes with play by (amongst others) touching the top band of the net or the top 80 cm of the antenna during action of playing the ball, taking support from the net simultaneously with playing the ball, creating an advantage over the opponent or making actions which hinder an opponent's legitimate attempt to play the ball.
- v. When one team has exclusive use of the court, the other team must be either at its team bench or out of the playing area. Warming up with balls at the team bench or in the spectator walkways is not permitted (Added 12/09).
- vi. The 10 & Under division will be allowed to step into the court when serving. The step-in line will be 6'6" from the serving line.
- vii. Teams may register for only one division in the Championship.

- viii. Athletes may only be on one team roster in the Championship. Coaches may be on multiple team rosters.
- ix. No artificial noise makers will be allowed during play in any of the competition facilities.
- x. Additional rules may be made available or revised at the coaches meeting or in the Championship manual.

**d. Uniform Requirements**

- i. Each player is required to wear the same jersey number throughout the event with limited exceptions as required by emergency or blood rule applications. This applies to all players in the Libero position. If players share the Libero position from match to match, a player shall wear the same jersey number whenever they play, whether they are or they are not, assigned to the Libero position.
- ii. Identical uniforms are required, with the exception of the Libero.
- iii. Uniform numbers must be clearly visible and centered on the chest and back. Each jersey must use the same color and number height for all players except the Libero.
- iv. The color and brightness of the numbers must contrast with the color and brightness of the jerseys. Color combinations such as purple/black, dark green/black, navy/black or navy/maroon are not distinctive enough to comply with the rules.
- v. The numbers must be minimum height of 4” on the chest and 6” on the back. It is recommended that numbers be 6” on chest and 8” on the back. The stripe forming the numbers shall have a minimum width of 3/4”.
- vi. The jerseys must be numbered in a permanent manner from 1 and 99 and duplicate numbers are not allowed.
- vii. USA Volleyball uniform requirements must be followed. For additional specifications, please refer to USAV rule 4.3.

**e. Team Rosters**

- i. Team rosters may include up to fourteen (14) players and four (4) adult bench personnel. All bench personnel must be AAU members in the non-athlete category.
- ii. Uniform numbers are required to be submitted on the team roster. Each player must wear the same number throughout the event, with limited exceptions.
- iii. Rosters must be verified at Team Check-In. Changes to the roster after Team Check-In could result in a fee. No changes to the roster are allowed once play begins, unless approved by the Championships Director.

2. **Super Regional and Spotlight Grand Prix Tournaments.**
  - a. **Qualification Procedure.** These events are open to any member of the AAU meeting the entry guidelines.
  - b. **Hosting.** The Executive Committee will award the Super Regional and Grand Prix events. Applications are accepted on an ongoing basis.
  - c. **Competition Rules.** These events shall follow the competition rules set forth in Section III.D.1 for National Championships unless otherwise stated in the event registration information or event flyer.
  - d. **National Championship Entry Fee.**
    - i. The winner in each age division with 10 or more teams will not have to pay the entry fee to the National Championship. If less than 10 teams participate, the entry fee will be adjusted on a percentage basis.
    - ii. If the Super Regional or Grand Prix is held after the National Championship entry deadline, teams must submit their entry and fees for the Nationals by the deadline. No exceptions. If the team wins the Super Regional or Grand Prix, they will be reimbursed the entry fee after the National Championships.

**E. Beach Competition Rules.** AAU Volleyball is conducted under the AAU Code, AAU Volleyball Handbook and the current playing rules of USA Volleyball, as modified by the AAU National Executive Committee. For the current USA Volleyball Domestic Competition Regulations, visit [www.usavolleyball.org](http://www.usavolleyball.org). The following section contains the rules for the National Championship. Rules may be modified by the District Sports Director or event operator for other sanctioned events.

1. **Beach National Championship Competition Rules**
  - a. **Qualification Procedure.** The National Championships are open to any member of the AAU meeting the entry guidelines.

- b. **Age Divisions.** The following age divisions may be contested at the Beach National Championships (Updated 9/2010)

18:U - Born on or after September 1, 1992

16:U - Born on or after September 1, 1994

14:U - Born on or after September 1, 1996

12:U - Born on or after September 1, 1998

10:U - Born on or after September 1, 2000

- c. **Rules and Restrictions.** The National Championship is conducted under the AAU Code, AAU Volleyball Handbook and the current playing rules of USA Volleyball, as modified by the AAU National Executive Committee.

- i. Rally Scoring: 2 games to 21, with third game to 15 (if necessary) or 1 game to 28 (rally scoring)
- ii. Let serve is permitted
- iii. Block counts as a contact
- iv. No open hand dinks/tips
- v. One toss per serve
- vi. Players may not “set” the serve
- vii. Players handling the ball must set the ball in the direction they are facing or directly behind them (shoulders square) when returning the ball over the net.
- viii. Smaller size FIVB/AVP regulation court
- ix. Side changes in multiples of seven
- x. Each team is allowed one time-out and one technical time-out per set. The technical time-out is not awarded to each team, but rather a shared time-out when the total score reaches 21 during games 1 and 2 and 15 points during game 3. There is only one technical time out per set. For single games to 28, the technical time-out is shared when the combined score reaches 28. (Added 09/09).

## 2. **Other National or Regional Events**

- a. **Qualifying Procedure.** Other National level or Regional events may require qualifying at a prior event in order to participate.
- b. **Competition Rules.** These events shall follow the competition rules set forth in Section III.E.1 for National Championships unless otherwise stated in the event registration information or event flyer.

#### IV. EXCERPTS FROM AAU CODE BOOK

- A. AAU Membership.** All participants must be a member of the AAU in order to participate in any AAU Sanctioned Event. Event Operators may not collect AAU membership money at any AAU sanctioned event.

**Membership Requirements.** Membership in the AAU is a privilege granted by the AAU. The AAU at its sole discretion reserves the right to accept or reject applicants for membership.

1. **Conditions for Membership.** Membership in any class may be granted only after an application is submitted and approved. By submitting an application, the applicant agrees to comply with all the provisions of the Constitution, Bylaws policies, procedures and rules of the AAU.

2. **Classes of Membership**

- a. **District Member.** The organization chartered by the Congress to provide administrative services within a designated geographic area.
- b. **Club Member.** An organization or group that has been approved for membership after meeting the registration requirements of the Code.
- c. **Individual Member.** A person who has been approved for membership after meeting the registration requirements of the Code. Individual membership categories include:
  - i. Youth Athlete
  - ii. Adult Athlete
  - iii. Non-Athlete
- d. **Affiliate Member.** An organization or group approved by Congress which is engaged in athletics or sports-related activities.

**B. Membership and Residency**

1. Adult members will not be bound by residence requirements.
2. Youth members must register in the District of their bona fide residency, except as follows:
  - a. A youth member who resides in the county of one District that adjoins a county of another District and who attends a school located in the adjoining county will have the option of registering in either District.

- b. A youth member subject to a written joint legal custody arrangement whose custodians reside in different Districts shall have the option of registering in either District.
- c. A bona fide student at an educational institution may be considered a resident of the District in which the institution is located.
- d. Persons living outside the U.S. may register in the closest District or with the District where the competition they are first participating in will take place. The respective National Sports Committee rules shall govern their participation in AAU competitions.

### C. Eligibility

- 1. A youth member may elect to participate in his or her District of bona fide residence or a District that geographically adjoins that District. Exception: In team sports a maximum of three (3) members may participate with a team in an adjoining District. [Team sports include baseball, basketball, field hockey, hockey, soccer softball and volleyball.]
- 2. **Club Attachment.** A youth member becomes attached to a club member when he/she competes with that club in any AAU sanctioned event (practice not included). An athlete may attach to additional clubs if he/she participates in additional sports.
  - a. For team/club sports only. If an athlete participates in an AAU sanctioned league for one group member (club), that athlete may elect to affiliate immediately with a second group member (club) for the purpose of qualifying for an AAU National Championship. Participation may be simultaneous. A league is made up of teams/clubs that compete only among themselves for a defined period of time.
- 3. **Transfers.** An attached youth member may transfer to another club in the same sport under the following conditions:
  - a. If the youth member has not competed in any AAU sanctioned events in that Sport for a period of sixty (60) days.
  - b. If the representative of the club to which an athlete is attached signs a release form permitting an immediate transfer. (Athletes released under this provision are subject to National Championship eligibility restrictions as adopted by National Sport Committees.) [Added 10/07]
  - c. When the transfer is for the purpose of competing with a team which has qualified for a National Championship as provided by National Sport Committee rules.

- d. If the Registrar determines that the transfer is due to events outside the control of the athlete or that the transfer serves the best interest of the AAU.

**E. Use of Logos and Trademarks**

1. The AAU name, mark, seal, logo, and other insignia (all "AAU marks") are protected through trademark registration and are defined as the intellectual property of the AAU. A user of the AAU's intellectual property must have prior and continued approval of the National AAU. Only those subordinates and affiliated organizations which are expressly authorized by the National AAU may use the intellectual property of the AAU. The National AAU may withdraw its approval to use its marks, in its sole discretion. Members shall immediately comply with notice to cease and desist from the use of the AAU's intellectual property. The unauthorized use of any of the intellectual property of the AAU is a violation of this policy and may subject the member/entity to penalties set out in the AAU Code.
2. Only chartered Districts, District Sport Committees and National Sport Committees may use the AAU marks in their name.
3. There are three (3) levels of AAU club membership. Level 1 AAU Clubs acquire no rights to use the AAU's intellectual property. Level 2 and Level 3 Clubs may use AAU's intellectual property for the promotion of its organization and/or sanctioned AAU events only. Member clubs may not use the name AAU in their legal name.
4. In the event of a dispute or conflict as to a member's/entity's claim(s) to use any of the intellectual property of the AAU.

**F. Event Sanctions**

1. No event shall be conducted under the auspices of the AAU unless a sanction has been issued for the activity. A sanction is the written approval of the AAU for the conduct of the activity.
2. Only AAU members may participate in sanctioned events unless otherwise provided in the Bylaws.
3. Sanctions may be issued to any club in good standing. Any sanction may be reviewed within 15 days of submission by the District Sport Committee Director. If the sanction is reviewed and rejected, the Registrar shall notify the organization submitting the sanction.
4. No sanction shall take effect until the 15-day review period has expired, or until the Registrar processes the sanction following approval of the District Sport Committee Director. Beginning with the

2009 Membership year, all applications for sanction must be completed and submitted through the on-line process or the AAU National Office.

5. The National Registration Executive Committee has the authority to issue sanctions as follows:
  - a. For events in locations where there is no active District member.
  - b. For events in Districts where there is no current active participation. (No District Championship in the prior membership year).
  - c. For events directly sponsored by the National AAU or National Sports Committee.
  - d. For inter-District league play.
  - e. Review and approve any sanction rejected by the District.
  - f. Sanctions issued to one organization cannot be transferred to another organization.
  - g. No sanction will be issued for any event where the word "Olympic" or any derivative thereof is used in any advertisements or notice in connection with the event except upon the specific written approval of the Board of Directors.
  - h. Sanctions must be reviewed and processed by the District Registrar and reported to the National Headquarters. A record shall be kept by each District of all sanctions issued.

#### **F. District Sport Committee Bi-Annual Meeting**

1. **District Sport Committee Bi-Annual Meeting.** It is the duty of the District Sport Committee to hold a bi-annual meeting, the date of which shall be approved by the District Executive Committee. [Not the Sport Committee Executive Committee]
2. **Notice of District Sport Meetings.** Notice of the bi-annual or special meetings of the District Sport Committee shall be issued (or issue approved) by the District Secretary, to clubs eligible to vote as of 30 days prior to the scheduled annual meeting.
  - a. **Quorum.** Five (5) member clubs must be present to constitute a quorum of the Annual Sport Committee meeting.
  - b. **Voting.** Each member of a Committee shall have one vote unless the operating rules of the Committee provide for weighted voting. There shall be no voting by proxy. [A club may designate another representative for the club.]

#### **G. Functions of District Sport Committees**

1. **District Sport Committees.** In each approved AAU sport in which the District has athletes actively participating, there may be a Committee to manage competition within the District.

2. **Composition.** The District Sport Committee shall include the following :
  - a. Each club member which registers at least five individual members in the sport shall have one representative on the District Sport Committee.
  - b. District Sport Committee Officers and Chairmen of Committees as defined by that sport's operating rules. [Added 10/07].
  - c. The Governor may appoint five (5) at-large members.
3. **Duties.** The duties of the District Sport Committee are to:
  - a. In even years, hold a Bi-Annual meeting, the date, time and location of which shall be approved by the District Executive Committee. [Added 10/08]
  - b. Adopt at the Bi-Annual Meeting, rules of operation of the Committee to be submitted to the Executive Committee for approval and which shall not conflict with the provisions of the AAU Constitution, Bylaws, National Policies or National Sport Committee rules.
  - c. Determine whether to establish a Committee operating account and if so to comply with all relevant AAU procedures and policies.
  - d. Conduct of the District championships.

## **H. Functions of the District Sport Director**

1. **District Sport Director.** In each sport in which five or more club members have designated the sport as its primary sport, the Director shall be elected by the Committee at its Bi-Annual Meeting. When there are fewer than five clubs registered to the Sport, the Chair may be appointed by the Governor with the approval of the National Sport Committee Chair. The District Sport Director takes office upon election or upon appointment.
  - a. **Term.** The term of office for an elected District Sport Director shall be four (4) years to run concurrently with the District Officers. The term of office for an appointed District Sport Director shall be one year or until such time as the Sport Committee meets the criteria to elect a Chair.
  - b. **Vacancies.** A vacancy occurring in an elected District Sport Director position shall be filled in accordance with the Sport Committee operating rules. A vacancy occurring in an appointed District Sport Director position shall be filled by the Governor with the approval of the National Sport Committee Chair.
2. **Duties.** The Sport Committee Director shall :

- a. Develop a budget for the Sport Committee to file with the District Executive Committee.
  - b. Perform the duties set forth in the Committee Rules of Operation.
  - c. Approve event sanctions in the sport.
  - d. Preside at Sport Committee meetings.
3. **Removal.** District Sport Directors may be removed as follows:
- a. **By District Sport Committee.** An elected Sport Committee Director may be removed by a two-thirds (2/3) vote of the Sport Committee at the Bi-Annual meeting provided that the Notice of the meeting specifies that a motion to remove is on the agenda. [Rev. 10/07]
  - b. **By National Sport Chair.** Each National Sport Chair shall annually review the number of events held in their sport. If the number of sanctioned events, excluding practice sanctions, are below five (5), the National Sport Chair may remove the District Director. If the District Governor does not agree with the removal, the President shall appoint an arbiter who will make the final decision. [Rev. 10/07]
  - c. **By National Board of Review.** An elected Sport Director may be removed by order of the National Board of Review following the filing of a complaint and the Board's proceedings. [Added 10/07]

## **APPENDIX A**

### **National Executive Committee Directory**

#### **National Chairman**

Roger Goudy  
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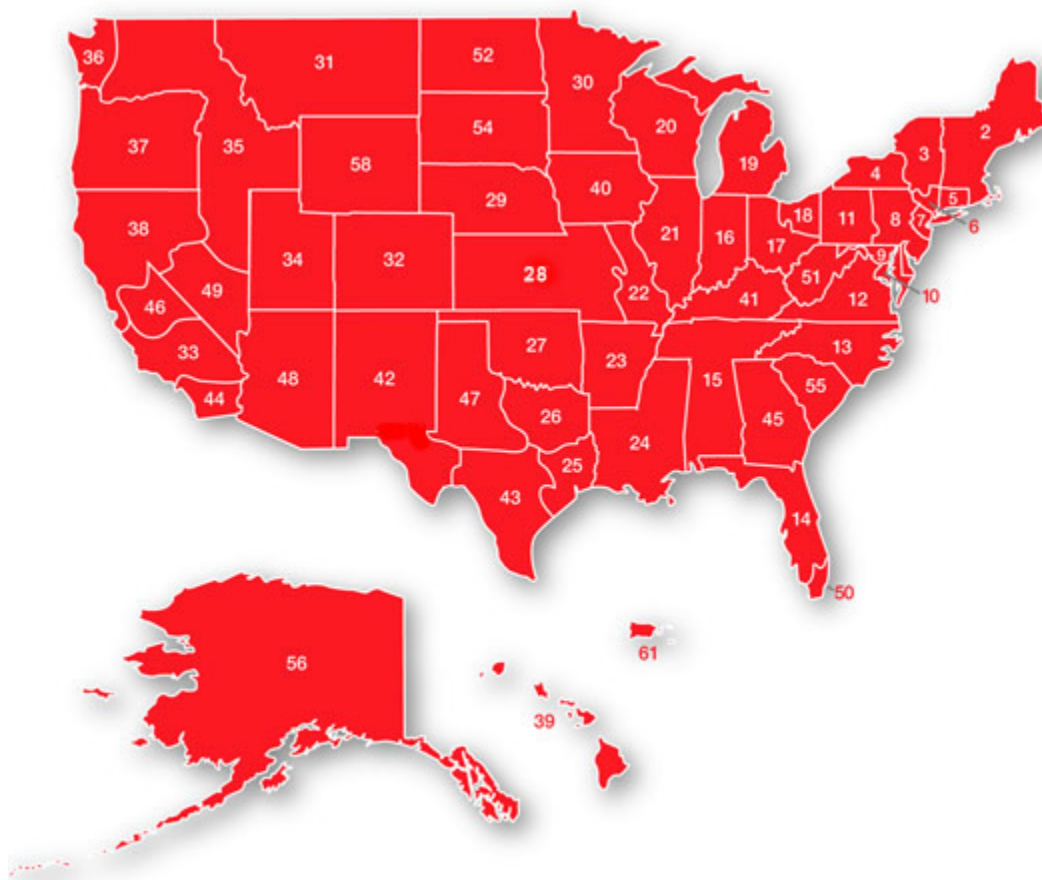
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## APPENDIX B

### District Map and Alignment



**3 - ADIRONDACK DISTRICT** (Organized January 31, 1920). That portion of New York State east and north of Broome, Cortland, Dutchess, Onondaga, Orange, Oswego and Sullivan Counties.  
Neighboring Districts: Connecticut, Middle Atlantic, New England, New York Metropolitan and Niagara.

**56 - ALASKA DISTRICT** (Organized December 3, 1965). State of Alaska.  
Neighboring Districts: None

**48 - ARIZONA DISTRICT** (Organized March 10, 1956). State of Arizona.  
Neighboring Districts: Colorado, New Mexico, Pacific Southwest, Southern Nevada, Southern Pacific and Utah

**23 - ARKANSAS DISTRICT** (Organized February 16, 1936). State of Arkansas and (added December, 1948) Bowie County, Texas.  
Neighboring Districts: Southeastern, Southern, Southwestern, Oklahoma, Missouri Valley and Ozark

**12 - CENTRAL DISTRICT** (Organized 1890). Illinois, except Calhoun, Greene, Jersey, Madison, Monroe and St. Clair Counties (counties of Calhoun, Greene, Jersey, Madison, Monroe and St. Clair given to Ozark District, with reservation that all judo therein to be controlled by Central District).  
Neighboring Districts: Wisconsin, Iowa, Ozark, Kentucky and Indiana

**46 - CENTRAL CALIFORNIA DISTRICT** (Organized 1952). Counties of Fresno, Inyo, Kern, Kings, Madera, Mariposa, Merced, Mono, Tulare in the State of California. (Territory re-aligned, December, 1963).

Neighboring Districts: Pacific, Southern Nevada and Southern Pacific

**32 - COLORADO DISTRICT** (Organized November, 1906). State of Colorado. (Territory re-aligned December, 1963, 1965, 1968. Renamed October, 2004.)

Neighboring Districts: Wyoming, Nebraska, Missouri Valley, Oklahoma, New Mexico, Arizona and Utah

**5 - CONNECTICUT DISTRICT** (Organized September 17, 1929). State of Connecticut.

Neighboring Districts: Adirondack, New England and New York Metropolitan

**14 - FLORIDA DISTRICT** (Organized January, 1925). Florida, except Miami-Dade (official county name has been changed to Miami-Dade), Broward, that part of Hendry County West of Route 833 and Palm Beach Counties. (Territory re-aligned, December 1958, 1959, 1963, 1972, and 1999.)

Neighboring Districts: Florida Gold Coast, Georgia and Southeastern

**50 - FLORIDA GOLD COAST DISTRICT** (Organized December 30, 1959). Counties of Broward, Miami-Dade (official county name has been changed to Miami-Dade), that part of Hendry County East of Route 833, and Palm Beach Counties. (Territory re-aligned, December 1958, 1959, 1963, 1972 and 1999.)

Neighboring Districts: Florida

**45 - GEORGIA DISTRICT** (territory realigned September, 1989). State of Georgia

Neighboring Districts: Florida, North Carolina, Southeastern and South Carolina

**25 - GULF DISTRICT** (Organized March 6, 1931). That part of the State of Texas bounded on the North and including the counties of Angelina, Houston, Leon, Nacogdoches, Robertson and Shelby; on the East by the State of Louisiana; on the South by the Gulf of Mexico and on the West by and including the counties of Austin, Brazos, Colorado, Fort Bend, Grimes, Matagorda, Robertson, Waller, Washington and Wharton. (Territory re-aligned September, 1992.)

Neighboring Districts: Southern, Southwestern and South Texas

**39 - HAWAIIAN DISTRICT** (Organized November, 1910). State of Hawaii.

Neighboring Districts: None

**16 - INDIANA DISTRICT** (Organized August 22, 1919). All of State of Indiana excepting Clark, Dearborn and Floyd Counties with the reservation that all wrestling therein be controlled by the Indiana District.

Neighboring Districts: Central, Kentucky, Michigan and Ohio

**35 - INLAND EMPIRE DISTRICT** (Organized April 25, 1937). State of Washington, counties of Adams, Asotin, Benton, Chelan, Columbia, Douglas, Ferry, Franklin, Garfield, Grant, Kittitas, Klickitat, Lincoln, Okanogan, Spokane, Stevens, Walla Walla, Whitman and Yakima County. State of Idaho, State of Nevada, counties of Elko, Eureka and White Pine. (Territory re-aligned September, 1987.)

Neighboring Districts: Pacific Northwest, Pacific, Oregon, Southern Nevada, Utah, Wyoming and Montana

**40 - IOWA DISTRICT** (Organized January 15, 1939). State of Iowa.

Neighboring Districts: Minnesota, South Dakota, Wisconsin, Missouri Valley, Nebraska, Ozark and Central

**41 - KENTUCKY DISTRICT** (Organized February 27, 1939). The Commonwealth of Kentucky and Clark and Floyd County in the State of Indiana (except for the sports of wrestling, boys and girls basketball). (Territory re-aligned, September, 1987; October 2003).

Neighboring Districts: Central, Indiana, Ohio, Ozark, Southeastern, Virginia and West Virginia

**18 - LAKE ERIE DISTRICT** (Organized January 5, 1931 As Northeastern Ohio District. Name changed at 1956 Convention). The Counties of Ashland, Ashtabula, Belmont Columbiana, Crawford, Cuyahoga, Erie, Geauga, Huron, Jefferson, Lake, Lorain, Mahoning, Medina, Portage, Richland, Seneca, Stark, Summit, Trumbull, Tuscarawus and Wayne. (Territory re-aligned December, 1960 and September, 1991.)

Neighboring Districts: Ohio and Western Pennsylvania

**9 - MARYLAND DISTRICT** (Organized, 1981). State of Maryland (except the counties of Montgomery and Prince Georges.) (Territory re-aligned December, 1968.)  
Neighboring Districts: Potomac, Virginia, West Virginia, Western Pennsylvania and Middle Atlantic

**19 - MICHIGAN DISTRICT** (Organized November, 1923). State of Michigan. (Territory re-aligned December, 1962 and October, 1971.)  
Neighboring Districts: Indiana and Ohio

**8 - MIDDLE ATLANTIC DISTRICT** (Organized 1906). New Jersey, south of Mercer and Monmouth County; all of the State of Delaware and the Commonwealth of Pennsylvania, east of and including Bedford, Centre, Clinton and Potter Counties (Territory re-aligned December, 1962.)  
Neighboring Districts: Adirondack, New Jersey, New York Metropolitan, Niagara, Western Pennsylvania and Maryland

**30 - MINNESOTA DISTRICT** (territory realigned September, 1989). State of Minnesota.  
Neighboring Districts: Iowa, North Dakota, South Dakota and Wisconsin

**28 - MISSOURI VALLEY DISTRICT** (Organized February 14, 1931). All of Kansas and that portion of the western part of the state of Missouri including and bounded by Adair, Audrain, Benton, Callaway, Christian, Cole, Greene, Hickory, Macon, Montineau, Morgan, Polk, Randolph, Schuyler and Taney. (Territory re-aligned December, 1962.)  
Neighboring Districts: Iowa, Nebraska, Colorado, Oklahoma, Arkansas and Ozark

**31 - MONTANA DISTRICT** (Organized February 15, 1936). State of Montana.  
Neighboring Districts: Inland Empire, North Dakota, South Dakota and Wyoming

**29 - NEBRASKA DISTRICT** (Organized June 26, 1922). State of Nebraska. (Territory re-aligned September, 1986.)  
Neighboring Districts: South Dakota, Wyoming, Colorado, Missouri Valley and Iowa

**2 - NEW ENGLAND DISTRICT** (Organized, 1890). New Hampshire, Maine, Massachusetts, Rhode Island and Vermont. (Territory re-aligned September, 1987.)  
Neighboring Districts: Adirondack and Connecticut

**7 - NEW JERSEY DISTRICT** (Organized April 21, 1930). New Jersey north of and including Hudson, Mercer and Monmouth Counties.  
Neighboring Districts: Middle Atlantic and New York Metropolitan

**42 - NEW MEXICO DISTRICT** (Organized May 29, 1947). State of New Mexico and the counties of Brewster, Culbertson, Crockett, El Paso, Hudspeth, Jeff Davis, Presidio and Terrell in the State of Texas. (Territory re-aligned September, 1988.)  
Neighboring Districts: Colorado, Utah, Arizona, West Texas, South Texas and Oklahoma

**6 - NEW YORK METROPOLITAN DISTRICT** (Organized, 1890). New York, south of and including Dutchess, Orange, Sullivan and Ulster Counties; also the Canal Zone. (Renamed October, 2004)  
Neighboring Districts: Adirondack, Connecticut, Middle Atlantic and New Jersey

**4 - NIAGARA DISTRICT** (Organized September 27, 1919). State of New York west of and including Broome, Cortland, Onondaga and Oswego Counties.  
Neighboring Districts: Adirondack, Middle Atlantic and Western Pennsylvania

**13 - NORTH CAROLINA DISTRICT** (Organized December 5, 1965). State of North Carolina.  
Neighboring Districts: Georgia, South Carolina, Southeastern and Virginia

**52 - NORTH DAKOTA DISTRICT** (Organized December 1, 1962). State of North Dakota  
Neighboring Districts: Minnesota, Montana and South Dakota

**17 - OHIO DISTRICT** (Organized May 1, 1923). State of Ohio (except the counties of Ashland, Ashtabula, Belmont, Columbiana, Crawford, Cuyahoga, Erie, Geauga, Huron, Jefferson, Lake, Lorain, Mahoning, Medina, Portage, Richland, Seneca, Stark, Summit, Trumbull, Tuscarawas and Wayne); and the Dearborn County in the State of Indiana. (Territory re-aligned, December, 1959, 1960, 1962, 1963, and October, 2003).  
Neighboring Districts: Indiana, Lake Erie, Michigan, Kentucky, West Virginia and Western Pennsylvania

**27 - OKLAHOMA DISTRICT** (Organized February 23, 1936). State of Oklahoma.  
Neighboring Districts: Missouri Valley, Colorado, New Mexico, West Texas, Southwestern and Arkansas

**37 - OREGON DISTRICT** (Organized September 23, 1935). State of Oregon and the following counties of Washington: Clark, Cowlitz and Skamania. (Territory re-aligned September, 1987.)  
Neighboring Districts: Inland Empire, Pacific and Pacific Northwest

**22 - OZARK DISTRICT** (Organized, 1935). Missouri east of and including the following counties, Camden, Dallas, Douglas, Knox, Miller, Monroe, Montgomery, Osage, Ozark, Pike, Scotland, Shelby, including the city of St. Louis, and Webster. Counties of Calhoun, Greene, Jersey, Madison, Monroe and St. Clair in Illinois with reservation that all judo therein be controlled by Central DISTRICT. (Territory re-aligned December, 1962.)  
Neighboring Districts: Arkansas, Central, Kentucky, Iowa, Missouri Valley and Southeastern

**38 - PACIFIC DISTRICT** (Organized, 1890). The State of California, north of but not including the counties of Fresno, Madera, Mariposa, Merced, Mono and San Luis Obispo and the Counties of Churchill, Douglas, Humboldt, Lander, Lyon, Mineral, Ormsby, Pershing, Storey and Washoe in the State of Nevada. (Territory re-aligned December, 1961 and December, 1962 and 1963.)  
Neighboring Districts: Central California, Inland Empire, Oregon, Southern Nevada and Southern Pacific

**36 - PACIFIC NORTHWEST DISTRICT** (Organized June, 1905). Washington, west of but not including Chelan, Kittitas, Okanogan and Yakima Counties and north of but not including Cowlitz, Klickitat and Skamania Counties.  
Neighboring Districts: Inland Empire and Oregon

**44 - PACIFIC SOUTHWEST DISTRICT** (Organized December 10, 1949, as Southwest Pacific Border DISTRICT. Name changed at 1956 Convention). Imperial and San Diego Counties, California.  
Neighboring Districts: Arizona and Southern Pacific

**10 - POTOMAC VALLEY DISTRICT** (Organized October 15, 1929). All territory within the District of Columbia, counties of Montgomery and Prince Georges in the State of Maryland, and counties of Arlington and Fairfax and cities of Alexandria and Falls Church in the Commonwealth of Virginia. (Territory re-aligned December 1968. Formerly District of Columbia District. Renamed December, 1972.)  
Neighboring Districts: Maryland and Virginia

**61 - PUERTO RICO DISTRICT** (Organized September 8, 1984). Puerto Rico and U.S. Virgin Islands.  
Neighboring Districts: None

**55 - SOUTH CAROLINA DISTRICT** (Organized December 5, 1965). State of South Carolina.  
Neighboring Districts: Georgia and North Carolina

**54 - SOUTH DAKOTA DISTRICT** (Organized December 4, 1964). State of South Dakota.  
Neighboring Districts: Iowa, Minnesota, Montana, Nebraska, North Dakota and Wyoming

**43 - SOUTH TEXAS DISTRICT** (Organized November 12, 1945). That part of the State of Texas bounded on the East by and including the counties of Bureson, Fayette, Jackson, Lavaca, Lee, Milam and; on the South by the Gulf of Mexico and the Republic of Mexico; on the West by and including the counties of Schleicher, Sutton and Val Verde, and on the North by and including the counties of Bell, Burnett, Coryell, Falls, Lampasas, Llano, Mason and Menard. (Territory re-aligned December, 1961, 1963 and September, 1992.)  
Neighboring Districts: Gulf, Southwest, South Texas, New Mexico and West Texas

**15 - SOUTHEASTERN DISTRICT** (Organized August 13, 1951). The State of Alabama and the State of Tennessee. (Territory re-aligned December 1958, December 1972, September 30, 1989 and September 1999)  
Neighboring Districts: Kentucky, Virginia, North Carolina, Georgia, Southern, Arkansas and Ozark

**24 - SOUTHERN DISTRICT** (Organized, 1892). The State of Louisiana and the State of Mississippi.  
www.saaau.org  
Neighboring Districts: Southeastern, Arkansas, Gulf and Southwestern

**49 - SOUTHERN NEVADA DISTRICT** (Organized January 15, 1959). Counties of Clark, Esmeralda, Lincoln, Nye, all within the State of Nevada. (Territory re-aligned December, 1961, 1962.)  
Neighboring Districts: Inland Empire, Utah, Arizona, Central California, Pacific and Southern Pacific

**33 - SOUTHERN PACIFIC DISTRICT** (Organized November, 1909). Including the counties of Los Angeles, Orange, Riverside, San Bernardino, San Luis Obispo, Santa Barbara and Ventura all within the State of California. (Territory re-aligned October, 1973.)  
Neighboring Districts: Arizona, Central California, Pacific, Pacific Southwest, Southern Nevada

**26 - SOUTHWESTERN DISTRICT** (Organized May 8, 1936). That part of the State of Texas bounded on the South but not including the counties of Angelina, Brown, Callahan, Coryell, Falls, Houston, Lampasas, Leon, Milam, Mills, Nacogdoches, Robertson and Shelby; on the East by the State of Louisiana, State of Arkansas and the county of Bowie, Texas; on the North by the State of Oklahoma and the county of Bowie, Texas and on the West by the counties of, but not including Foard, Hardeman, Haskell, Jones and Knox in the State of Texas. (Territory re-aligned September, 1992.)  
Neighboring Districts: Oklahoma, Arkansas, Southern, Gulf, South Texas and West Texas

**34 - UTAH DISTRICT** (Organized November, 1910). State of Utah. (Territory re-aligned December, 1978.)  
Neighboring Districts: Inland Empire, Wyoming, Colorado, New Mexico, Arizona and Southern Nevada

**12 - VIRGINIA DISTRICT** (Organized December 9, 1934). Commonwealth of Virginia (except the Counties of Arlington and Fairfax and cities of Alexandria and Falls Church.) (Territory re-aligned December, 1968.)  
Neighboring Districts: Potomac Valley, West Virginia, Kentucky, Southeastern and North Carolina

**11 - WESTERN PENNSYLVANIA DISTRICT** (Organized November 16, 1917). All counties in Pennsylvania west of Bedford, Centre, Clinton, Huntingdon and Potter Counties and the Counties of Brooke, Hancock, Marshall and Ohio in West Virginia. (Territory re-aligned December, 1959 and September, 1991.)  
Neighboring Districts: Middle Atlantic, Niagara, Maryland, West Virginia, Ohio, and Lake Erie

**47 - WEST TEXAS DISTRICT**(Organized 1952). All that part of the State of Texas bounded on the South side and including the counties of Concho, Irion, McCulloch, Pecos, Reeves, Regan, San Saba, Tom Green and Upton; on the West by the State of New Mexico; on the North by the State of Oklahoma; on the East by the State of Oklahoma and by and including the counties of Brown, Callahan, Foard, Hardeman, Haskell, Jones, Knox, Mills and San Saba in the State of Texas. (Territory re-aligned December, 1961; October, 1976.)  
Neighboring Districts: Oklahoma, New Mexico, South Texas and Southwestern

**51 - WEST VIRGINIA DISTRICT** (Organized February 28, 1960). The State of West Virginia. (Territory re-aligned December 1963, October 1973 and October 2003)  
Neighboring Districts: Maryland, Western Pennsylvania, Ohio, Kentucky and Virginia

**20 - WISCONSIN DISTRICT** (Organized June 6, 1935). State of Wisconsin. (Territory re-aligned December, 1964 and September 30, 1989)  
Neighboring Districts: Michigan, Minnesota, Iowa and Central

**58 - WYOMING DISTRICT** (Organized December 9, 1968). State of Wyoming.  
Neighboring Districts: Montana, South Dakota, Nebraska, Colorado, Utah and Inland Empire

## APPENDIX C

### NATIONAL SPORT COMMITTEE AWARDS

#### THE JACK SCHATZ AWARD

- 1993 Bryant Anderson (CE)
- 1994 Phil Mazur (CE)
- 1995 Phil Mazur & Deb DiMatteo (CE)
- 1997 Sharon Schatz (MI)
- 1998 Carolyn Lambert (CE)
- 1999 Bob Blanford (KY)
- 2000 Gino Grajeda (SP)
- 2001 Sindee Snow (FL)
- 2002 Roger Revelle (MV)
- 2003 Sharon Schatz (MI)
- 2004 Denny Lennon (SP)
- 2005 Joan Braid (MA)
- 2006 Roger Goudy (LE)
- 2007 Craig Allred (MT)
- 2008 Joyce Cooney (OZ)
- 2010 Puerto Rico AAU District (PR)

#### THE EMIL BREITKREUTZ LEADERSHIP AWARD

- 1970 Emil Breitkreutz
- 1971 Dorothy Boyce
- 1972 Joe Sharpless
- 1974 Ethel Stevens
- 1975 Dorothy Boyce
- 1977 Jack Schatz
- 1978 John Eaton
- 1979 Jack Schatz
- 1981 Norbert Farnaus
- 1982 Jim Coleman
- 1983 Lea Wagner
- 1984 Dusty Dvorak
- 1985 Doug Beal
- 1986 Illinois Benedictine College
- 1987 Joe Knaver
- 2004 Phil Mazur (CE)
- 2005 Bob Blanford (KY)
- 2007 Gino Grajeda (SP)
- 2010 Roger Goudy (LE)

*(No Award Presented for Years Not Listed)*

## APPENDIX D

### Definitions/Glossary

**AAU Code** - The AAU Code is the collective reference to the Constitution, Bylaws, National Policies, National Sports Committee rules and District Sport Committee rules and regulations. The AAU Code is available at [www.aausports.org](http://www.aausports.org).

**Athlete** - A person who participates in an AAU sports activity as defined by the appropriate AAU Adult or Youth Sports Committee in regards to eligibility, rules, age, gender, etc.

**Attached** - An individual registered athlete becomes attached to an AAU club or team when the athlete participates as a club representative in a competition sanctioned by a District which includes two or more teams.

**Membership** - An agreement to participate under the rules, regulations, Code, policies and procedures of the AAU. Membership entitles participation; it does not create agency, or authorize member(s) to be spokesperson(s) on behalf of AAU.

**Non-Athlete** - A person who participates in the AAU in an administrative role such as Administrator, Bench Personnel, Coach, Instructor, Manager, Official, Team Leader, Tournament Director, Volunteer or other who supports the sport's activity but does not compete as an athlete.

**Practice** - For the purpose of AAU sanctioning, "practice is organized and/or regularly scheduled sessions supervised at all times by a registered non-athlete member of the AAU and conducted for the purpose of preparing, training, instructing and conditioning only AAU member athletes for AAU sanctioned competitions. Tryouts and scrimmages are included as long as they meet all the requirements of the above definition.

\*Practices do not require a separate sanction application but are included in the AAU Club Membership (Level 1, 2 and 3).

**Sanction** - The written approval of the AAU to authorize registered athletes to participate in a specific competition or activity.

**Scrimmage** - A practice of an AAU member club against other member athletes or another club. A scrimmage does not qualify as a practice if an admission fee is charged, or the officials are paid. Scrimmage results must not affect the team's standing or rankings.

**Supervision** - Supervision requires that an AAU non-athlete member (coach/instructor) be physically present at all times at the practice premises or site during each practice session.

**Transfer** - A change in an athlete's attachment, or club affiliation, from one club to another.

**Unattached** - An AAU Athlete who represents no club member.



# AAU CLUB RELEASE FORM

This form is a sample Club Release Form. Other versions of this form can also be used.

A youth member becomes attached to a club member when he/she competes with that club in any AAU sanctioned event (practice not included). An athlete may attach to additional clubs if he/she participates in additional sports. An attached youth member may transfer to another club in the same sport if the representative of the club to which an athlete is attached signs a release form permitting an immediate transfer. (Athletes released under this provision are subject to National Championship eligibility restrictions as adopted by National Sport Committees.) [Added 10/07]. If the youth member has not competed in any AAU sanctioned events in that Sport for a period of sixty (60) days, a release form is not needed and the athlete may transfer immediately.

**Athlete's Name:** \_\_\_\_\_

**AAU Membership Number:** \_\_\_\_\_

I, \_\_\_\_\_, as the AAU Club Contact for  
Club Contact Name

\_\_\_\_\_  
Club Name

release \_\_\_\_\_ from participation in my club.  
Athlete Name

This release is effective immediately.

Print Name: \_\_\_\_\_

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

*For additional rules regarding Club Attachment, Transfers and Eligibility, please refer to the AAU Code Book or sport specific rulebook at [www.aausports.org](http://www.aausports.org).*

Complete this form and return to AAU Compliance Office at the National Headquarters  
Email: [compliance@aausports.org](mailto:compliance@aausports.org) or Fax: 407-828-0166