

## VII. ELIGIBILITY AND QUALIFICATION FOR NATIONAL COMPETITION

1. All individual national championships are open to AAU card holders, no pre-qualifying is necessary.
2. AAU age divisions are determined by the year of birth , not by the actual birth date.
3. **Proof of age:** Each wrestler must present a proof of age document which shall consist of a birth certificate, a birth registration issued by an appropriate government agency or board of health records, a passport, an alien registration card issued by the United States Government, a certificate issued by the Immigration and Naturalization Service attesting to age, a current driver's license, or a certificate of a United States citizen born abroad issued by the appropriate government agency. Please note: hospital, baptismal, or religious certificates will not be accepted.

**NOTE . . .** If you are mailing this proof of age in with your registration material, please do not send originals as the tournament committee will not be responsible for returning documents.

4. All wrestlers must have a current AAU Card (Youth or Adult) verifying their amateur status and right to participate.
5. All wrestlers must weigh-in wearing a singlet.
6. All Coaches must have a current AAU Card (non-athlete) to coach mat side.
7. Tot through Elite age divisions: Any registered wrestler who participated in a District championship is eligible for the AAU Regional championships. The wrestler does not have to place, only participate in the District Championship.

Senior and Masters age divisions: Any registered wrestler may compete in any Preliminary District, Regional or National tournament for these divisions without pre-qualification.

All disciplines (Freestyle – Folkstyle – Greco Roman) for all age divisions: Any registered wrestler in any age division may compete in an Regional or National AAU Greco-Roman or Sombo event without pre-qualification.

By qualifying in the AAU District, a wrestler can enter any AAU Youth sanctioned Regional tournament. Wrestlers may enter more than one AAU Regional tournament. However, to qualify for National competition, a wrestler must qualify through his own regional tournament, if one is held.

8. All AAU competition will be conducted using the current edition of the rulebooks listed below, unless specifically noted otherwise in this handbook.

Folkstyle...National Federation of State High School Athletic District.  
Freestyle and Greco-Roman...Federation International Lutte Amateur. (FILA)