

XIII. AAU POLICIES

TOURNAMENT TECHNICAL COMMITTEE / PETITION COMMITTEE and PROTEST PROCEDURE

AAU sanctioned wrestling tournaments will have a Tournament Technical Committee that will have jurisdiction over the discipline and operation of the tournament. They will hear and make immediate decisions on all accepted formal protests. This committee will consist of:

1. Tournament Director or his/her designee.
2. Tournament Official or his/her designee.
3. Tournament Pairing Master or his/her designee.
4. Two (2) At Large Members as assigned by the Tournament Committee.

NOTE . . . Any three (3) of the five (5) can act on a formal protest.

Protest filing procedure is as follows:

1. Protest must be of a technical (rule violation), not of a judgmental nature.
2. Protest must be submitted to the Tournament Technical Committee within thirty (30) minutes of the end of the alleged violation.
3. The written protest must contain the following information:
 - a. Names of contesting wrestlers or persons involved, including their Division and weight class.
 - b. Mat number or its identification if the mats are not numbered.
 - c. Names of the officials who observed the alleged violation.
 - d. Nature of the protest, including particular rules violated.
 - e. Desired settlement or adjustment.

A \$50.00 refundable deposit, if protest is upheld, is required at the time of the protest filing. If the protest is denied, the deposit is retained by the Tournament Committee.

An unappealable final decision will be rendered by the Tournament Technical Committee, as soon as possible, before the next round in that weight class. A written report of all protests, including their results, will be forwarded to the AAU National Wrestling Chair.

WEIGH- INS

For all AAU national events weigh-ins will last for four hours and take place the day before competition begins. Satellite weigh-ins are not allowed. An AAU official will be present in the weigh-in room during all scheduled weigh-ins. **There will be only one weigh-in for either single or multiple day events.**

All wrestlers must weigh-in wearing a singlet.

MEDICAL SUPPORT AND ASSISTANCE

Medical personnel (trainer or EMT) will be provided at each sanctioned AAU tournament. On-site trainers during the competition will be supplied with an on-the-floor treatment area. Medical personnel are to be available during the weigh-in session to check each contestant for possible or other contagious conditions. Immediate emergency transport is to be available throughout the tournament.

BLOOD AND BLEEDING POLICY

When an athlete incurs a wound that causes bleeding, the official must stop the competition at the earliest possible time and instruct the athlete to cease competition for treatment by medical personnel. An athlete with blood on his/her clothing must also cease competition to have the article(s) of clothing evaluated by medical personnel. If medical personnel determine that the blood has saturated the article(s) of clothing, the affected article(s) of clothing must be changed before the athlete is allowed to continue competition.

All scoring tables at AAU nationally-sanctioned events will be supplied with the proper material for the cleansing of blood. These supplies are:

- a. Rubber gloves
- b. Plastic bag for bio-hazardous waste
- c. Gauze or paper towels
- d. Disinfectant solution
- e. Moist towelettes

All athletes injured and requiring medical attention must be released by medical personnel before continuing competition.

SKIN CHECKS

During weigh-ins, the trainer or medical personnel will complete a full skin evaluation process on each athlete. No alteration in any uniform/equipment will be permitted in order to control the spread of skin disease. All contagious skin diseases should be evaluated on site by the trainer working that event and only then if deemed that the wrestler is unfit for participation. The local host may form a committee to review the decision of the trainer. The committee should include one medical doctor, if available. Once the final determination is made, the athlete may be evaluated on a day to day basis to reenter the competition.

INHALERS

Use of inhalers will be allowed at mat side during non-action and will be a charged time out.

HEAD INJURIES

With regard to head injuries while participating in competition:

- a. For a loss of consciousness, the athlete is immediately removed from further competition until a full evaluation can be completed and a referral to continue with activity from a medical doctor can be presented to the AAU.
- b. For no loss of consciousness, the athlete may return to activity if and only when symptoms clear. Symptoms may include: dizziness, stunned or dazed initially, headache, concentrating problems, feelings of "having their bell rung" that do last more than 30 seconds.

Note . . . If these symptoms reoccur, the athlete should be pulled from competition. Athletes should not participate with any of the above complications.

WEIGHT REDUCTION PRACTICES AND PROCEDURES

For the health and safety of the athlete and the well being of the sport, these rules have been created.

1. The Over-Up rule. This is for all athletes in the Novice division and down. When an athlete weighs- in, if he or she is more than one pound over weight, they MUST move to the next highest weight class.
2. The use of sweat suits (vapor-impermeable rubberized tops and bottoms) are prohibited at any time. Such use is grounds for immediate removal from the event where the violation occurred.
3. The use of a sauna, steam room or any form of hot box before or after a tournament is prohibited.
4. The use of laxatives, water pills*, or the practice of self-induced vomiting for the purpose of weight reduction is prohibited.

*Except when a physician prescribes these pills and the athlete has proof of this prescription.

5. Any form of hydration after weigh-ins that is artificially accomplished (i.e. intravenous) is prohibited.
6. There will be only one weigh-in for either single or multiple day events.
7. At national events, the tournament director, with the approval of at least two other members of the protest committee, has the right to force a competitor to move up one weight class. This process begins when any member of the committee observes an extreme condition taking place that, in their opinion, jeopardizes the health and safety of an athlete.

When a tournament protest committee member sees a series of events taking place that appears to be putting an athlete in medical jeopardy they are required to initiate the following . . .

31569. Alert the Tournament Director to the observed behavior.

31570. The Tournament Director then verbally informs the athlete and his coach, parent or legal guardian (if in attendance) about our concerns relative to the athlete's safety. If the condition continues after the verbal warning, the Tournament Director, in collaboration with at least other protest committee members, will inform the athlete of the committee's decision that he must move up one weight class.

31571. Once this has been done, the Tournament Director will write a short explanation of what, when, and how for this incident. This will then be stapled to the competitors bracket sheet at the head table for future reference.

THE AAU WRESTLING COMMITTEE WILL NOT TOLERATE ANY FORM OF VERBAL OR PHYSICAL ABUSE DIRECTED TOWARD ANY ATHLETE, OFFICIAL OR MEMBER OF THE EVENT STAFF PARTICIPATING IN AN AAU-SANCTIONED TOURNAMENT. THIS APPLIES TO COACHES, PARENTS, SPECTATORS, AND ATHLETES. THE TOURNAMENT COMMITTEE WILL REPORT ANY SUSPECTED OR REPORTED ABUSE TO THE PROPER AUTHORITIES.