

XIV. AAU TOURNAMENT SUMMARIES

INTERNATIONAL STYLE OF WRESTLING

AAU JUNIOR OLYMPIC GAMES is the largest national multi-sport event in the country. Last year 13,000 athletes representing 25 sports took part. The wrestling portion is both a team and individual freestyle event for high school aged athletes. Every wrestler, win or lose, typically wrestles over 10 matches.

TEAM COMPOSITION:

District teams are composed of AAU wrestlers having birth dates corresponding to the six years of schoolboy, cadet and elite, or any graduating senior who wrestled on a high school team of that year (documentation required). Teams will consist of 15 wrestlers, 1 head coach, and 2 assistant coaches. A team must have a minimum of 8 competitors to enter. Up to three alternate wrestlers are optional, but if carried, may be alternates for only one team. The weight classes will include the following **98, 103, 112, 119, 125, 130, 135, 140, 145, 152, 160, 171, 189, 215, and HWT (Maximum Weight is 285 lbs.)**. *Should an District not enter a team, or an athlete not be selected for his District team, said athlete may be released to participate on a different District team. This crossing of borders must have the written approval of his District Chair. If there is no District Chair, then the athlete must follow the AAU transfer procedures. The Wrestling Committee will waive the entry fee for one team from the next year's host District to participate in the AAU Junior Olympic Games.

COMPETITION:

Competition will be round robin among all teams, or pool play with two, three or four team pools depending on the number of teams entered. A championship round will include eight total teams from each pool participating. A consolation tournament will be conducted if sufficient time is available among the remaining teams from each pool.

AWARDS:

A plaque and a medal will be presented to each competitor and coach of the top three (3) teams. Medals will be presented to each competitor and coach of the 4th, 5th, 6th, 7th and 8th place teams. All American honors (patch and certificate) are awarded to those individuals who win Gold or Silver Medals. Districts of the top three (3) teams receive plaques.

Individual medals will be awarded based on the win/loss record. Gold (0-losses) Silver (1-loss) Bronze (2-losses) Copper (3-losses).

WEIGH-IN:

The first round of competition will be scheduled the day following weigh-ins. A wrestler may be moved up one weight class from his original weigh-in; however, individual competition will be based on the weight where the majority of his matches were wrestled.

DISQUALIFICATION:

A wrestler disqualified from the team tournament for unsportsmanlike conduct loses any and all earned team points and all of his/her matches will be recorded as forfeits.

TEAM PLACARDS

Team names are to be printed on 16 x 20 laminated signs, red on one side and blue on the other. These signs will be carried in by the teams at opening ceremonies, and used throughout the tournament at mat side.

MULTI-STYLE EVENTS

THE GRAND NATIONALS is the oldest wrestling tournament in the world. Competition in Freestyle, Greco-Roman and Folkstyle, for athletes ranging in ages from 6 and under to 66 and over. The average number of athletes competing in this All-American event is 2000. Medals will be awarded for 1st, 2nd, 3rd, 4th, 5th, 6th, 7th, and 8th place.

AGE AND WEIGHT DIVISIONS

Tots...six year olds and younger. Weights...35, 40, 45, 50, 55, hwt.

Bantam...seven and eight year olds. Weights...40, 45, 50, 55, 60, 65, 70, 75, 80, 90, hwt.

Midget...nine and ten year olds. Weights...50, 55, 60, 65, 70, 75, 80, 85, 90, 95, 103, 112,120,130, hwt,

Novice...eleven and twelve year olds. Weights...60, 65, 70, 75, 80, 85, 90, 95, 100, 105, 112,120, 130, 140, hwt.

Schoolboy...thirteen and fourteen year olds. Weights...70, 75, 80, 85, 90, 95, 100, 105, 110, 115,120, 125, 130, 140, 150, 160, 180, hwt.

Cadet... fifteen and sixteen year olds. Weights...84, 91, 98,103,112, 119, 125, 130, 135, 140, 145, 152, 160, 171, 189, 215, 285.

Elite...seventeen, eighteen and *nineteen year olds. Weights...98, 103, 112, 119, 125, 130, 135, 140, 145, 152, 160, 171, 189, 215, 285. *nineteen year old must still be in high school and provide proof - otherwise nineteen year old is in the Senior division.

Senior...nineteen to twenty-nine year olds Weights...125, 133, 141, 149, 157, 165, 174, 185, 197, 286

Masters...thirty year olds and older. Weights...125, 133, 141, 149, 157, 165, 174, 185, 197, 215, 286

Any division may move up one division for competition with the exception of the Senior division. Master division wrestlers may compete in either Senior or Master level competitions. The reverse is not true, as the minimum age of 30 is required, to be classified as a Master wrestler.

Match duration...International Style:

- a. Tot, Bantam, Midget and Novice Divisions contain three 1 minute periods, for a best 2 out of 3.
- b. Schoolboy, Cadet and Masters Divisions contain three 1 ½ minute periods, for a best 2 out of 3.
- c. Elite and Senior Divisions contain three 2 minute periods, for a best 2 out of 3.
- d. A minimum 15-minute period will be held between matches. (This can be waived-in writing-if both wrestlers agree.)

Fall Times...International Style:

- a. Tots, Bantam, Midget, and Novice Divisions are governed by the modified FILA rules and will include a two second fall.
- b. Schoolboy, Cadet, Elite, Masters, and Senior Divisions are governed by the FILA rules.

Wrestling equipment: all wrestlers are required to have a red one piece and a blue one piece singlet as per the international rules. Reversible singlets are acceptable. If reversible singlets are used, a pants undergarment must be worn. Kneepads and headgear will be allowed, although not mandatory.

WALL CHARTS

5-man pool, 8-man, 16-man, 32-man and 64 man brackets are used. There will be a wrestleback for a true second. There is no longer vertical pairing in International Style wrestling.

NOTE....It is possible that one may wrestle the same person twice

IRONMAN WORLD CHAMPIONSHIPS is three-one day tournaments in Greco-Roman, Freestyle and Folkstyle. How each athlete places determines the number of Ironman points they earn. At the end of all three events, the individual with the most Ironman points is declared the winner in that division and weight class. **All entries are pre-paid and pre-registered.**

For the Ironman World Championships, individual national championship medals will be given to the top three place finishers in each of the three individual disciplines being contested. Larger Ironman World Championship medals will be awarded to the top three overall finishers in each weight class and division.

Each wrestler will draw for placement on the bracket.

AGE AND WEIGHT DIVISIONS

Tots...six year olds and younger. Weights...35, 40, 45, 50, 55, hwt.

Bantam...seven and eight year olds. Weights...40, 45, 50, 55, 60, 65, 70, 75, 80, 90 wt.

Midget...nine and ten year olds. Weights...50,55, 60, 65, 70, 75, 80, 85, 90, 95, 103, 112,120,130, hwt,

Novice...eleven and twelve year olds. Weights...60, 65, 70, 75, 80, 85, 90, 95, 100, 105, 112, 120, 130, 140, hwt.

Schoolboy...thirteen and fourteen year olds. Weights...70 ,75, 80, 85, 90, 95, 100, 105, 110, 115,120, 125, 130, 140, 150, 160, 180, hwt.

Cadet... fifteen and sixteen year olds. Weights...84, 91, 98, 103, 112, 119, 125, 130, 135, 140, 145, 152, 160, 171, 189, 215, 285.

Elite...seventeen, eighteen and *nineteen year olds. Weights...98, 103, 112, 119, 125, 130, 135, 140, 145, 152, 160, 171, 189, 215, 285. *nineteen year old must still be in high school and provide proof - otherwise nineteen year old is in the Senior division

Senior...nineteen to twenty-nine year olds Weights...125, 133, 141, 149, 157, 165, 174, 185, 197, 286

Masters...thirty year olds and older. Weights...125, 133, 141, 149, 157, 165, 174, 185, 197, 215, 286

AAU FOLKSTYLE WRESTLING

In 1993 the AAU Wrestling Committee introduced the discipline of Folkstyle Wrestling into its programming.

AAU FOLKSTYLE WORLD CHAMPIONSHIPS is just what the name implies . . . the World Championships of folkstyle wrestling. Athletes from the 6 and under category to 100 years of age are welcome. The event will be run according to the number system. All entries will be pre-paid and pre-registered. Pre-set and announced weight categories will be used for all age divisions and categories. Weights will be declared on the entry form and must be made unless a change is faxed or called in prior to the cut-off date of the tournament (with confirmation number). The average size of this event is 2600 athletes. Medals will be awarded for 1st, 2nd, 3rd, 4th, 5th, 6th, 7th, and 8th place.

Competition is restricted to the following age brackets and weight classes. **Age is determined by the year in which you were born, not the actual birth date.** Proof of age is required in the same manner as freestyle competitions.

TOTS Six year old and younger. Weights... 35, 40, 45, 50, 55 & HWT.

BANTAM Seven and eight year olds. Weights... 40, 45, 50, 55, 60, 65, 70, 75, 80, 90 & HWT.

MIDGET Nine and ten year olds. Weights...50, 55, 60, 65, 70, 75, 80, 85, 90, 95, 103, 112, 120, 130 & HWT.

NOVICE Eleven and twelve year olds. Weights... 60, 65, 70, 75, 80, 85, 90, 95, 100, 105, 112, 120, 130, 140 & HWT.

SCHOOLBOY Thirteen and fourteen year olds. Weights... 70, 75, 80, 85, 90, 95, 100, 105, 110, 115, 120, 125, 130, 140, 150, 160, 180 & HWT.

CADET Fifteen and sixteen year olds. Weights... 84, 91, 103, 112, 119, 125, 130, 135, 140, 145, 152, 160, 171, 189, 215, 285.

ELITE Seventeen, eighteen and *nineteen year olds. Weights...98, 103, 112, 119, 125, 130, 135, 140, 145, 152, 160, 171, 189, 215, HWT. *nineteen year old must still be in high school and provide proof - otherwise nineteen year old is in the Senior division.

SENIOR Nineteen to twenty-nine year olds. Weights 125, 133, 141, 149, 157, 165, 174, 185, 197, HWT

MASTERS.... Thirty year olds and older. Weights...125, 133, 141, 149, 157, 165, 174, 185, 197, 215, HWT

Any division may move up one division for competition, with the exception of the Senior Division. Master Division wrestlers may compete in either Senior or Master level competitions. The reverse is not true as the minimum age of 30 is required to be classified as a Master wrestler.

Match Duration: Tot, Bantam, Midget, Novice and Masters Divisions will wrestle three 1 ½ minute periods.

Schoolboy, Cadet, Elite and Senior Divisions will wrestle three 2 minute periods.

Rest time between bouts is a minimum of 20 minutes.

Brackets will contain space for 8, 16, 32 and 64-man competitors. 5-man pools will be used for 5 or less wrestlers in a division.

If there are excessive entries, tournament officials reserve the right to adjust bout times and rest periods in consolation rounds.

National High School Federation rules will apply except as noted.

It is mandated that the host site will provide two sets of red and green leg bands for each table in use.

OFFICIALS – The Host site is required to use only NFSHSA-certified officials at least 18 years of age or older. The AAU National Folkstyle Officials Chair will be in charge of the flow of officials, hold a rules clinic, and verify credentials. The host site should determine per diem, rooms, and meals of working officials. (The number of mat officials should be equal to twice the number of mats in use.)

PAIRING – The National AAU Pairing Chairperson will conduct the Folkstyle Tournament. Local volunteers will work under the direction of the Pairing Chair.

SCHOLASTIC “DISNEY” DUALS is team competition annually held at Walt Disney World’s Wide World of Sports Complex. Two divisions, Community and District are contested. A Community team is defined as all but 3 members who attend the same high school. A District team may be comprised of as many individuals from other high schools as arranged. In either case, every athlete on any specific team must come from the same District. Each division will compete in pools, which are designed to maximize the number of dual matches a team can possibly have. All teams, regardless of win-loss record, will have a minimum of 8 duals.

Weights...103 , 112, 119, 125 , 130 , 135 , 140 , 145, 152, 160 , 171 , 189 , 215, 285

A five (5) pound weight allowance is provided. No athlete may wrestle below his current high school certification weight.

ELEMENTARY NATIONAL DUALS is a dual meet formatted national tournament following NFHS rules for athletes 1st through 5th grades. Nineteen weight classes ranging from 30 pounds to heavyweight will be contested in folkstyle. **K through 5th grades** - 40, 45 , 50 , 55 , 60, 65, 70, 75, 80, 85, 90, 95, 108, 119, 125, 132, 148, and HWT. up to 230 lbs.

MIDDLE SCHOOL NATIONAL DUALS is a dual meet formatted 20 weight class national championship event. Athletes in 5th, 6th, 7th, and 8th grade are eligible for this folkstyle event.

5th through 8th grades. Weights....75, 80, 85, 90, 95, 100, 105, 110, 115, 120, 125, 130, 135, 140, 145, 152, 160, 171, 189, and HWT. up to 250.

YOUTH NATIONALS – WINTER is a premier national folkstyle event for individual athletes in grades K - 8th. It is two days of non-stop competition. The Five Grade Divisions will be Kindergarten and below, 1st and 2nd, 3rd and 4th, 5th and 6th, 7th and 8th.

This is a grade level tournament: grade is primary determinant of division. Grade/weight classes include information that age can move you up a division, but not down.

Kindergarten and below: 35, 40, 45, 50, 55, 60, 70, 85[max]. If your 8th birthday is in 2006, you must move up a division.

1st and 2nd grade: 40, 45, 50, 55, 60, 65, 70, 75, 80, 90, 100, 110, 125 [max.]. If your 10th birthday is in 2006, you must move up a division.

3rd and 4th grade: 50, 55, 60, 65, 70, 75, 80, 85, 90, 95, 100, 118, 128, 140, 155, 175 [max.]. If your 12th birthday is in 2006, you must move up a division. [2nd graders may enter this division with parents' consent].

5th and 6th grade: 60, 65, 70, 75, 80, 85, 90, 95, 100, 105, 110, 115, 120, 130, 140, 150, 165, 185, 205 [max.]. If your 14th birthday is in 2006, you must move up a division.

7th and 8th: 70, 75, 80, 85, 90, 95, 100, 105, 110, 115, 120, 125, 130, 135, 140, 145, 152, 160, 171, 189, 215, 260 [max.]. If your 16th birthday is in 2006, you are ineligible. No 9th graders.

YOUTH NATIONALS – SPRING is a premier national folkstyle event for individual athletes in grades K – 8th. It is two days of non-stop competition. The four Grade Divisions will be K-1st, 2nd and 3rd, 4th and 5th, 6th through 8th.

K through 1st grades - 30, 35, 40, 45, 50, 55, Hwt.

2nd through 3rd grades - 40, 45, 50, 55, 60, 65, 70, 75, 90, Hwt.

4th through 5th grades - 50, 55, 60, 65, 70, 75, 80, 85, 90, 95, 103, 112, 120, 130, and Hwt.

6th through 8th grades - 60, 65, 70, 75, 80, 85, 90, 95, 100, 105, 110, 115, 120, 125, 130, 140, 150, 160, 180, Hwt.