

A.A.U. Junior Olympic Games Trampoline & Tumbling Competition

Virginia Beach Convention Center, Virginia Beach, Virginia

July 30 - August 2, 2015

Rev/July 9, 2015

☆☆☆ OPEN WORK-OUT TIME ☆☆☆

Athletes MUST be in COMPETITION TYPE attire to participate !

WEDNESDAY, JULY 29 - 6-8 p.m. OPEN WORK-OUT

- ☒ **FINAL COMPETITION - PLEASE NOTE:**
 - ➔ **THE TOP TEN ATHLETES WILL ADVANCE TO FINALS---ALL LEVELS IN ALL EVENTS!**
 - ➔ **FINAL COMPETITION IS NOT MANDATORY IF THERE IS ONLY ONE ATHLETE IN A LEVEL.**

- ☒ **AAU NATIONAL TEAM & STARS OF TOMORROW PRACTICE - SATURDAY, AUG 1 at 3:30 p.m. or after competition is over**

- ☒ **AAU NATIONAL TEAM PARTY - SATURDAY, AUG 1 - DOUBLE TREE HOTEL at 6:30 p.m.**

- ☒ **TRAMPOLINE & TUMBLING PARADE OF CHAMPIONS & AWARD CEREMONY - SUNDAY, AUG 2 at 12 p.m.**

T&T Competition
A.A.U. JUNIOR OLYMPIC GAMES - Virginia Beach, Virginia
July 30 - August 2, 2015



KEY:

S-BEG = SUB-BEGINNER
BEG = BEGINNER
A-BEG = ADV-BEGINNER
S-NOV = SUB-NOVICE
NOV = NOVICE
INT = INTERMEDIATE
S-ADV = SUB-ADVANCED
ADV = ADVANCED

B = BOYS
G = GIRLS

O = OVER
U = UNDER

SCHEDULE OF SPECIAL T&T EVENTS:

AAU NATIONAL TEAM & STARS OF TOMORROW PRACTICE
Saturday, August 1 - 3:30 p.m. or after competition is over

T&T PARADE OF CHAMPIONS & AWARDS
Sunday, August 2 @ 12 p.m.

REMEMBER - *THE TOP TEN* ATHLETES ADVANCE TO FINALS. *NOTE - If there is only one (1) athlete in an age group, that athlete does NOT have to compete a final competition unless they want to. In this case, after their flight award presentation, the athlete should go directly to the Award Area and get their medal!

Thursday, July 30, 2015

ALL ATHLETES MUST COME AT LEAST 30 MINUTES PRIOR TO THE TIME SCHEDULED

Coaches & Judges Meeting - 8:00 a.m.

TIME	ROD 1	ROD 2	TRAMP 1	TRAMP 2	TRAMP 3	D-MINI 1	D-MINI 2
8:30 a	S-BEG G 4&U		SYNC - S-ADV G 14&U		BEG G 8	INT G 15&O	
9:00 a	S-BEG G 6				BEG G 9	INT B ALL	
9:30 a	S-BEG B ALL		SYNC - S-ADV G 15&O, B ALL		BEG G 10	INT G 8&U	
10:00 a	BEG G 5&U BEG B ALL				BEG G 11&O	INT G 9-10	
10:30 a	BEG G 6, 7		SYNC - ADV ALL		BEG G 4&U		
11:00 a	BEG G 8, 9				BEG B ALL	INT G 13-14	
11:30 a	BEG G 10&O	NOV G 15&O NOV B ALL	INT G 8&U INT B ALL	INT G 15&O	BEG G 5		
12:00 p	LUNCH						
12:30 p	A-BEG G 7&U	NOV G 8&U	INT G 13-14		BEG G 6	INT G 11-12	S-ADV G 15&O
1:00 p	A-BEG G 8	NOV G 9	INT G 11-12		BEG G 7		S-ADV G 13-14
1:30 p	A-BEG G 9, 10	NOV G 10					
2:00 p	A-BEG G 11&O A-BEG B ALL	NOV G 11	INT G 9-10			S-ADV G 10&U	S-ADV G 11-12
2:30 p	NOV G 13-14	NOV G 12				S-ADV B ALL	

Friday, July 31, 2015

ALL ATHLETES MUST COME AT LEAST 30 MINUTES PRIOR TO THE TIME SCHEDULED

Coaches & Judges Meeting - 8:00 a.m.

TIME	ROD 1 FINALS	ROD 2 FINALS	TRAMP 1	TRAMP 2	TRAMP 3	D-MINI 1	D-MINI 2
8:30 a	S-BEG G 4&U		ADV B ALL		S-ADV G 13-14	NOV G 9	NOV G 7
9:00 a	S-BEG G 6		ADV G 10&U ADV G 17&O				NOV G 8
9:30 a	S-BEG B ALL		ADV G 11-12			NOV G 10	NOV G 12
10:00 a	BEG G 6&U		ADV G 13-14		S-ADV G 11-12	NOV G 13&O NOV B ALL	NOV G 11
10:30 a	BEG G 7, 8 BEG B ALL		ADV G 15-16			NOV G 6&U	BEG G 11&O
11:00 a	BEG G 9				S-ADV G 10&U	BEG G 8	BEG G 4&U
11:30 a	BEG G 10&O		NOV G 13&O				BEG G 5
12:00 p	LUNCH						
12:30 p	A-BEG G 7&U		NOV G 7 NOV B ALL	NOV G 10	S-ADV G 15-16	BEG B 6&U	BEG G 9
1:00 p	A-BEG G 8, 9		NOV G 6&U	NOV G 11		BEG B 7&O	BEG G 10
1:30 p	A-BEG G 10&O A-BEG B ALL		NOV G 8	NOV G 12	S-ADV G 17&O S-ADV B 13&O	BEG G 7	BEG G 6
2:00 p	NOV G 8&U		NOV G 9		S-ADV B 12&U	ADV B ALL	ADV G 13-14
2:30 p	NOV G 9 NOV B ALL	NOV G 10				ADV G 15-16	
3:00 p	NOV G 12	NOV G 11					ADV G 11-12
3:30 p	NOV G 13&O						ADV G 10&U ADV G 17&O

Saturday, August 1, 2015

ALL ATHLETES MUST COME AT LEAST 30 MINUTES PRIOR TO THE TIME SCHEDULED

Coaches & Judges Meeting - 8:00 a.m.

TIME	ROD 1	ROD 2	TRAMP 1 FINALS	TRAMP 2 FINALS	TRAMP 3 FINALS	D-MINI 1 FINALS	D-MINI 2 FINALS
8:30 a	ADV B ALL	S-NOV G 6&U S-NOV B ALL	ADV G 15-16			S-ADV G 13-14	
9:00 a	ADV G 10&U ADV G 17&O	S-NOV G 7	ADV G 17&O ADV B 12&U			S-ADV G 11-12	
9:30 a	ADV G 11-12	S-NOV G 8	ADV G 13-14			S-ADV G 9&10	
10:00 a		S-NOV G 9	ADV G 10&U			S-ADV G 15&O	
10:30 a	ADV G 13-14	S-NOV G 10	ADV G 11-12			S-ADV B ALL	
11:00 a	ADV G 15-16		ADV B 13&O			BEG G 10	
11:30 a		S-NOV G 11				BEG G 4&U	
12:00 p	LUNCH						
12:30 p	S-ADV B ALL	S-NOV G 12	BEG B ALL	BEG G 6		BEG G 11&O	BEG G 9
1:00 p	S-ADV G 8&U S-ADV G 11-12	S-NOV G 13&O	BEG G 5&U	BEG G 7		BEG G 5	BEG G 8
1:30 p	S-ADV G 9-10	INT G 11-12	BEG G 8	BEG G 9		BEG G 6	BEG B 6&U
2:00 p	S-ADV G 15&O		BEG G 10	BEG G 11&O		BEG G 7	BEG B 7&O
2:30 p	S-ADV G 13-14	INT G 9-10					
3:00 p	INT G 8&U INT B ALL						
3:30 p	INT G 13-14	INT G 15&O					

Sunday, August 2, 2015

ALL ATHLETES MUST COME AT LEAST 30 MINUTES PRIOR TO THE TIME SCHEDULED

Coaches & Judges' Meeting - 8:00 a.m.

TIME	ROD 1 FINALS	ROD 2 FINALS	TRAMP 1 FINALS	TRAMP 2 FINALS	TRAMP 3 FINALS	D-MINI 1 FINALS	D-MINI 2 FINALS
8:30 a	ADV G 17&O ADV B ALL	S-NOV G 6&U S-NOV B ALL	S-ADV G 10&U			NOV G 10	NOV G 9
9:00 a	ADV G 10&U ADV G 13-14	S-NOV G 7	S-ADV G 15&O			NOV G 12	NOV G 13&O NOV B ALL
9:30 a	ADV G 11-12	S-NOV G 8	S-ADV G 13-14			NOV G 6&U	NOV G 7
10:00 a	ADV G 15-16	S-NOV G 9	S-ADV G 11-12			NOV G 8	NOV G 11
10:30 a	S-NOV G 12	S-NOV G 10	S-ADV B ALL			ADV B ALL	INT G 15&O
11:00 a	S-NOV G 13-14	S-NOV G 11	INT G 8&U INT B ALL			ADV G 10&U ADV G 17&O	INT G 9-10
11:30 p	S-NOV G 15&O	INT G 15&O	INT G 9-10			ADV G 11-12	INT G 11-12
12:00 p	LUNCH & PARADE OF CHAMPIONS						
1:30 p	INT G 8&U INT B ALL	INT G 9-10	INT G 11-12	NOV G 6&U		ADV G 13-14	
2:00 p	INT G 13-14	INT G 11-12	INT G 13-14	NOV G 7 NOV B ALL		ADV G 15-16	
2:30 p	S-ADV G 8&U S-ADV B ALL	S-ADV G 11-12	INT G 15&O	NOV G 8		INT G 13-14	INT B ALL
3:00 p	S-ADV G 9-10	S-ADV G 15&O	NOV G 10	NOV G 9		INT G 8&U	
3:30 p	S-ADV G 13-14		NOV G 11	NOV G 12			
4:00 p				NOV G 13&O			

