

# REGISTRATION FORM

Early Registration Fee: \$30 per coach  
(Must be received by July 26)

Late Registration Fee: \$40 (If received after July 26;  
includes walk-ups)

## Make checks payable to:

Norfolk State University Track & Field  
Attn: Kenneth Giles  
700 Park Ave.  
Norfolk, VA 23504

AAU Team Name \_\_\_\_\_

AAU Number \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State/Zip \_\_\_\_\_

Total Clinic Fee Enclosed \_\_\_\_\_

## COACHES WHO WILL ATTEND

(Required for Each Coach)

Name	Email
_____	_____
_____	_____
_____	_____
_____	_____

\*Schedule and speakers are subject to change due to unforeseen circumstances

\*\* Clinic open to AAU track and field coaches only

Norfolk State University  
Department of Athletics  
700 Park Ave.  
Norfolk, VA 23504



## Presents the 2015 Kenneth Giles AAU Track & Field Coaches Clinic

**Sunday, August 2, 2015  
9 AM**

Norfolk State University Student Center  
NSU Campus - Norfolk, Va.

## FEATURING

### Kenneth Giles

NSU Director of Track & Field Programs  
26-Time MEAC Most Outstanding Coach

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### Maurice Pierce

Hampton Director of Track & Field Programs  
USA Asst. Coach - 2015 World Championships

## SPONSORED BY



## CLINIC SPEAKERS

### **KENNETH GILES - CLINIC DIRECTOR - DISTANCE** *Norfolk State University Director of Track & Field Programs*

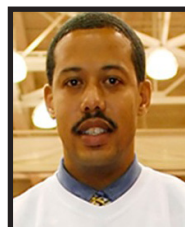


Kenneth Giles, who just completed his 15th season on the NSU coaching staff, has set records wherever he's been. Giles' NSU teams set MEAC records by sweeping the conference indoor and outdoor championships seven straight years (2006-12) and winning seven straight MEAC cross country titles (2000-06). In all, Giles' NSU

men's teams have won 26 MEAC championships – 11 cross country titles, eight indoor track and seven outdoor. Giles, a record-setting 800-meter runner in college, has also tutored 11 NCAA Division I All-Americans during his tenure at NSU, including four-time Olympian Chris Brown of the Bahamas.

### **MAURICE PIERCE - FEATURED SPEAKER**

*Hampton University Director of Track & Field Programs*



In 13 seasons at the helm of Hampton University track & field, Maurice Pierce has given the Pirates' program a constant presence on the national stage. In addition to four MEAC cross country titles, 12 MEAC indoor titles, and 10 MEAC outdoor titles, Pierce has coached five NCAA Division I national champions -- including Yvette

Lewis and Olympic gold medalist Francena McCorory. Pierce has coached four Olympians and three World Champions in his career, and this summer, he will serve as an assistant coach for Team USA at the IAAF World Championships.

### **RONDA BERARD - THROWS**

*Norfolk State University Asst. Director of T&F Programs*



Ronda Berard just completed her 10th season as head women's track and field and cross country coach at Norfolk State University, and 20th overall on the Spartans' coaching staff. She has led NSU to three MEAC championships during her tenure as head coach. The former shot put and discus record holder at Southwestern

## CLINIC SPEAKERS

Louisiana (now La.-Lafayette), Berard has mentored three All-American athletes at NSU.

### **MALCOLM WATTS - JUMPS/LONG SPRINTS**

*Norfolk State University Assistant Coach*



Malcolm Watts is also a 10-year veteran of the NSU track and field staff, working with the Spartans' sprinters, jumpers and relay teams. Watts was an assistant during NSU's record run of consecutive MEAC indoor and outdoor titles. He helped tutor four All-Americans, including a pair of All-American long jumpers. Watts

represented his native Guyana in the 100 meters at the 1996 Summer Olympic Games in Atlanta.

### **SERGE BENGONO - TECHNICAL SPRINTS/RELAYS**

*Norfolk State University Assistant Coach*



Serge Bengono has been a fixture on the NSU coaching staff for nine years, focusing on the Spartans' 100 meter runners and 4x100 relays teams. Bengono has worked with numerous regional qualifying relay teams and 100m sprinters. A former NAIA and NCAA Division I All-American sprinter, Bengono also competed at the '96 Olympic

Games in the 100 meters and 4x100 meter relay for Cameroon.

### **JERRY PRICE - HURDLES/VERTICAL JUMPS**

*Norfolk State University Assistant Coach*



Jerry Price is a five-year veteran of the NSU track and field staff. In five short seasons, Price has helped Spartan individuals qualify for the NCAA Outdoor National Championships on six occasions. Price has also helped the Spartans win a total of six conference titles in his tenure. He has 30

years of coaching experience, getting his start as a high school coach in Alabama before a long tenure as high school and club coach in Central Virginia.

## CLINIC SPEAKERS

### **HARRY FREEMAN - MIDDLE DISTANCE/DISTANCE**

*Norfolk State University Assistant Coach*



Harry Freeman is an eight-year veteran of the NSU track and field staff. He has had a hand in NSU winning 14 MEAC titles in his tenure. He has also previously served as head coach at Claflin College (S.C.) and an assistant at St. Augustine's College, where he was named the Southeast Region Cross Country Coach of the Year in 2000. As an athlete, he was the first Division II Cross Country All-American in St. Augustine's history.

### **BRIAN TRIOLET - POLE VAULT**

*Princess Anne HS Head Coach/NSU Volunteer Coach*



Brian Triolet is in his 10th year as head track coach at Princess Anne and has also served as NSU's volunteer pole vault coach since 2009. He has helped NSU win a total of 11 men's and women's MEAC pole vault championships in addition to tutoring young athletes who went on to win CAA and ACC pole vault titles. He holds certifications from the Pole Vault Safety Certification Board and the National Pole Vault Coaches Association.

## CLINIC SCHEDULE

### **• 9-11 a.m. - Morning Breakout Sessions**

Coaching Track and Field - Rm. 149 - Maurice Pierce  
Sports Science for Endurance Events - Rm. 149  
Sports Science for Speed, Power Events and Relays - Rm. 138A  
Sports Science for Vertical Jumps and Hurdles - Rm. 138B  
Sports Science for Vertical Jumps and Long Sprints- Rm. 138B  
Sports Science for Weight Events - Rm. 138C  
Sports Science for Pole Vault - Rm. 138C

### **• 11:15 a.m.-12:30 p.m. - Lunch**

### **• 12:30-1 p.m. - Meet & Greet/Autographs with Clinicians**

### **• 1:15-3 p.m. - Afternoon Breakout Sessions for above events**