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ONSITE CHECK-IN

Iowa Events Center
730 3rd St., Des Moines, IA 50309



It is recommended that all participants check-in onsite at least one day prior to their competition. A coach or team representative can check-in the athlete. At Check-In, participants will receive a credential or wristband (depending on the sport) to gain admittance into the competition venues. Credentials and wristbands are non-transferable.

Check-In for the following sports ONLY:

All Sports Combine, Baton Twirling*, Jump Rope, Karate, Pickleball, Powerlifting*, Sport Stacking, Taekwondo*, Swimming, Trampoline & Tumbling, Weightlifting* and Wrestling*

**Baton Twirling, Powerlifting, Weightlifting and Wrestling participants must also check-in or weigh-in with the Sport Committee. Please refer to the sport entry packet for information and times.*

CHECK-IN HOURS

Wednesday, July 25	12:00 pm – 6:00 pm
Thursday, July 26	8:00 am – 6:00 pm
Friday, July 27	8:00 am – 12:00 pm
Saturday, July 28	8:00 am – 12:00 pm
Sunday, July 29	9:00 am – 4:00 pm
Monday, July 30	8:00 am – 12:00 pm
Tuesday, July 31	8:00 am – 12:00 pm