

# 2018 AAU Junior Olympic Games Taekwondo



## TENTATIVE SCHEDULE

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### **Thursday, July 26<sup>th</sup> – Iowa Events Center – Des Moines, IA**

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|--------------|--|
| 8 AM – 6 PM  | Athlete & Coach Check-in (from JO Committee)             |
| 11 AM – 3 PM | Athlete Check-in & Coach Floor Pass (from TKD Committee) |
| 3 PM – 4 PM  | Coaches Meeting (MANDATORY)                              |
| 4 PM – 7 PM  | Officials Clinic (MANDATORY)                             |

### **Friday, July 27<sup>th</sup> – Iowa Events Center – Des Moines, IA**

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|---------|---|
| 9:00 AM | Taekwondo Opening Ceremony  |
| 9:30 AM | Individual Traditional Forms, Team Forms, Creative Forms,<br>Creative Musical Forms, Padded Weapons Sparring, Weapons Forms &<br>Self Defense Competition |

### **Saturday, July 28<sup>th</sup> – Iowa Events Center – Des Moines, IA**

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|---------|---|
| 9:00 AM | Demo Team Open Board Breaking, Jump/Flying Board Breaking,<br>Speed Board Breaking, Power Hand Breaking & Power Foot Breaking |
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