



2019 AAU Junior Olympic Games General Jump Rope Schedule



This is the general event schedule as of 7/18/19, a final updated schedule will be provided to coaches by email and at check-in as appropriate.

All events are at the Greensboro Coliseum Complex, 1921 W. Gate City Blvd., Greensboro, NC

Wed. July 24, 2019		
12:00-6:00pm	Athlete & Coach Check-In to pick-up credentials	Special Events Center
12:00-7:00pm	Practice Area Open Coach or Adult Supervision is Required	Fieldhouse
2:00-4:00pm	Coach Check-In at Jump Rope Table	Special Events Center
5:00-6:30pm	Mandatory Coaches & Judges Meeting	Special Events Center
Thurs. July 25, 2019		
9:00 am	Coach & Judges Check-In Meeting	Fieldhouse
10:00 am	Competition Events: Individual Speed & Power, Pairs Speed & Power, Timed Triple Unders, Double Dutch Single Freestyle, Double Dutch Pairs Freestyle, Single Rope Pairs Freestyle	Fieldhouse
	Awards	
Following Awards	Group Routine Practice	
Fri. July 26, 2019		
8:30-9:30am	AAU Jump Rope Open Meeting Open to all adult AAU members	Fieldhouse
9:30am	Coach & Judges Check-In Meeting	
10:00am	Competition Events: Double Dutch Speed and Power Events; Individual Freestyles, 4-person Freestyles, and Group Routines	Fieldhouse
	Awards	
Sat. July 27, 2019		
9:30am – 1:00pm	AAU Jump Rope Workshop Open to all registered athletes and coaches	Fieldhouse
Mon. July 29, 2019		
7:00pm	Celebration of Athletes Athletes from all participating sports, go to www.aaujrogames.org for more information	NC A&T State BB&T Stadium

**The 2020 AAU Junior Olympic Games is in Virginia Beach, VA
Jump Rope dates are tentatively July 29-August 4, 2020
We look forward to seeing you there!**