



2022 AAU Junior Olympic Games General Jump Rope Schedule



This is the general event schedule as of 7/12/22, a final updated schedule will be provided to coaches by email and at check-in as appropriate.

SATURDAY JULY 30, 2022	
12:00-6:00pm	Athlete & Coach Check-In to pick-up credentials at Registration Area
2:00-6:00pm	Practice Area Open, Coach or Adult Supervision is Required Note: Jump Rope Practice Area on Saturday will be in main building (<i>not in the Fieldhouse</i>), follow signs
2:00-4:30pm	Judge Training / Review Sessions
2:00-4:00pm	Coach Check-In at Jump Rope Table in Registration Area
5:00-6:30pm	Mandatory Coaches & Judges Meeting
SUNDAY JULY 31, 2022	
9:00am-6:00pm	Practice/Warm-Up Area Open, Coach or Adult Supervision is Required
9:30-10:30am	Practice Available on Competition Floor
10:00 am	Coach & Judges Check-In Meeting
11:00 am	Competition Events: Individual Speed & Power, Timed Triple Unders, Double Dutch Single Freestyle, Double Dutch Pairs Freestyle
	Parade of Athletes followed by Awards
9:00am – 6:00pm	Practice Area Open, Coach or Adult Supervision is Required
MONDAY AUGUST 1, 2022	
8:00am	Practice/Warm-Up Area Open, Coach or Adult Supervision is Required
8:30 am	Coach & Judges Check-In Meeting
9:00am	Competition Events: Pairs Speed and Power, Double Dutch Speed, Double Dutch Power events, Pairs Freestyles, and 4-Person Team Freestyles
	Awards
Following awards	Group Routine Practice on Competition Floor Meeting for All Group Routine Judges and Alternates
7:00pm	CELEBRATION OF ATHLETES – NC A&T State Truist Stadium Athletes gather for the Parade of Athletes starting at 6pm, Parade starts 7pm
TUESDAY AUGUST 2, 2022	
8:30am	Practice Area Open, Coach or Adult Supervision is Required
10:00am	Competition Events: Individual Male & Female Freestyles, Synchronized Group Routines
	Awards
WEDNESDAY AUGUST 3, 2022	
8:30am	AAU Jump Rope Annual Open Meeting All Adult AAU members (coaches, athletes, parents) are invited.
9:30am-12:30pm	AAU Jump Rope Workshop – for all registered athletes and coaches

**The 2023 AAU Junior Olympic Games will be in Des Moines, IA July 27-August 6, 2023
We look forward to seeing you there!**