

# 2010 AAU JUNIOR OLYMPIC GAMES TRAMPOLINE & TUMBLING



**VENUE:** Virginia Beach Convention Center, 1000 19th St, Virginia Beach, VA 23451

**DATES:** *Participants should check-in the day prior to their competition.*

Thursday, July 29	First Day of Check-In	Virginia Beach Convention Center
Thursday, July 29 (6:00pm-8:00pm)	Open Work-Out	Virginia Beach Convention Center
Friday, July 30	Competition	Virginia Beach Convention Center
Saturday, July 31	Competition	Virginia Beach Convention Center
Sunday, August 1	Competition	Virginia Beach Convention Center
Monday, August 2	Competition	Virginia Beach Convention Center
Monday, August 2	Celebration of Athletes	TBA

**\* YOU MAY CHECK-IN THE DAY BEFORE YOUR COMPETITION. Check Meet Schedule to see when you compete.**

**The only open work-out will be Thursday, July 29 from 6:00 pm to 8:00 pm.**

**AGE DIVISIONS:** *Please take note of new age groups.*

**A. TUMBLING**

<i>Sub-Beginner</i>	3-4 yrs, 5 yrs, 6 yrs.* (you must be 3 yrs of age by 12/31/09 to compete)
<i>Beginner</i>	Girls: 3-4 yrs., 5 yrs., 6 yrs., 7 yrs., 8 yrs., 9 yrs., 10 yrs., 11-20 yrs.* Boys: 3-4 yrs., 5-6 yrs., 7-8 yrs., 9-10 yrs., 11-20 yrs.*
<i>Advanced Beginner</i>	Girls: 3-5 yrs., 6 yrs, 7 yrs, 8 yrs, 9 yrs., 10 yrs., 11 yrs., 12 yrs., 13-20 yrs.* Boys: 3-6 yrs., 7-8 yrs., 9-10 yrs., 11-12 yrs., 13-20 yrs.*
<i>Sub-Novice</i>	Girls: 3-6 yrs, 7 yrs., 8 yrs., 9 yrs., 10 yrs., 11 yrs., 12 yrs., 13-20 yrs.* Boys: 3-6 yrs, 7-8 yrs., 9-10 yrs., 11-12 yrs., 13-20 yrs.*
<i>Novice</i>	Girls: 3-6 yrs., 7 yrs., 8 yrs., 9 yrs., 10 yrs., 11 yrs., 12 yrs., 13-14 yrs., 15-20 yrs* Boys: 3-6 yrs, 7-8 yrs., 9-10 yrs., 11-12 yrs., 13-20 yrs.*
<i>Intermediate</i>	Girls & Boys: 3-8 yrs., 9-10 yrs., 11-12 yrs., 13-14 yrs., 15-20 yrs.*
<i>Sub-Advanced</i>	Girls & Boys: 3-8 yrs, 9-10 yrs., 11-12 yrs., 13-14 yrs., 15-16 yrs., 17-20 yrs.*
<i>Advanced</i>	Girls & Boys: 3-8 yrs, 9-10 yrs., 11-12 yrs., 13-14 yrs., 15-16 yrs., 17-20 yrs.*

**B. TRAMPOLINE**

<i>Beginner</i>	Girls: 3-4 yrs., 5 yrs., 6 yrs., 7 yrs., 8 yrs., 9 yrs., 10 yrs., 11 yrs., 12-20 yrs.* Boys: 3-4 yrs., 5-6 yrs., 7-8 yrs., 9-10 yrs., 11-20 yrs.*
<i>Novice</i>	Girls: 3-6 yrs., 7 yrs., 8 yrs., 9 yrs., 10 yrs., 11 yrs., 12 yrs., 13-14 yrs., 15-20 yrs* Boys: 3-6 yrs, 7-8 yrs., 9-10 yrs., 11-12 yrs., 13-20 yrs.*
<i>Intermediate</i>	Girls & Boys: 3-8 yrs., 9-10 yrs., 11-12 yrs., 13-14 yrs., 15-20 yrs.*
<i>Sub-Advanced</i>	Girls & Boys: 3-8 yrs, 9-10 yrs., 11-12 yrs., 13-14 yrs., 15-16 yrs., 17-20 yrs.*
<i>Advanced</i>	Girls & Boys: 3-8 yrs, 9-10 yrs., 11-12 yrs., 13-14 yrs., 15-16 yrs., 17-20 yrs.*

**C. DOUBLE MINI TRAMP** Divisions and age groups same as trampoline above.

**D. SYNCHRO TRAMP** \*\*Sub-Advanced and Advanced only (same divisions as trampoline above).  
NO FINALS FOR SYNCHRO TRAMP

*\*\* Participants compete in age division of oldest competitor.*

*\*The national competition committee reserves the right to combine single age groups together in levels where less than 10 athletes are entered.*

**AGE DETERMINATION:** Athlete's age is determined by the age as of December 31, 2009. Athletes MUST compete at their AAU District Championship in the age division in which they will be at the AAU National Championships. You must be 3 years of age by December 31, 2009 to compete.

**QUALIFICATION:** Competitors must have competed in an AAU District Championship and/or their club must have competed at least five (5) athletes in one AAU Invitational prior to the AAU District Championships. A competitor can compete in only one level/one age group in trampoline and only one level/one age group in tumbling. You must submit a petition to the National Chair if you can not attend the District Championship.

**AAU MEMBERSHIP:** All athletes and coaches must be members of their AAU District. AAU added benefit membership is \$14.00 per youth athlete and \$16.00 per coach (non-athlete). Join on-line at [www.aausports.org](http://www.aausports.org).

**ENTRY FEES:**

1 event	\$45.00
2 events	\$60.00
3 events	\$70.00
All events	\$80.00

Coach Entry Fee is \$40. All athlete and coach entry fees are non-refundable.

**ONLINE REGISTRATION & ENTRY DEADLINE:** ALL ENTRIES MUST BE COMPLETED ONLINE at [www.aaujrogames.org](http://www.aaujrogames.org).

Entries must be completed online by **Monday, June 28, 2010**. Visa, MasterCard, American Express or Discover is accepted. You will need to have your AAU membership at the time of registering. After registering online, you will receive an email confirming your entry and acceptance of payment.

Any late entries that are accepted will not count for District awards. Entries received after the deadline will be charged a \$25 late fee. This is in addition to the entry fee. To enter an event the day of competition, a double entry fee will be charged.

The Local Organizing Committee and the AAU have spent many hours planning and preparing for this AAU Event. In order to make it a great success, we are asking for your cooperation. It is the responsibility of the parent, coach, instructor, and athlete to ensure that the application is in on time and complete in every detail.

**CHECK-IN:** Athletes and coaches must check-in at the Virginia Beach Convention Center located at 1000 19<sup>th</sup> Street, Virginia Beach, VA 23451. Parking is complimentary. Follow the posted signs to the Check-In Area. For check-in hours, mapping and additional directions please visit the web at [www.aaujrogames.org](http://www.aaujrogames.org).

**PARKING:** The majority of venues for the 2010 AAU Junior Olympic Games will offer complimentary parking; however, some locations may have a small fee. This is subject to change. Please note that some hotels may charge for parking. Contact your hotel for more information.

**MEET SCHEDULE:** Competition starts on Friday, July 30, 2010. Schedule will be online by July 16, 2010.

**Thursday, July 29** Athlete and Coach Check-In (10:00 am to 6:00 pm)  
Open Work-Out (6:00 pm to 8:00 pm)  
*\*Open work-out must be in competition attire.*

**Friday, July 30** **TUMBLING:** Sub-Beginner, Beginner, Advanced Beginner & Novice – Prelims  
**SYNCHRO-TRAMPOLINE:** Sub-Advanced & Advanced – **No Finals**  
**TRAMPOLINE:** Beginner and Intermediate – Prelims  
**DOUBLE-MINI:** Sub Advanced and Intermediate – Prelims

**Saturday, July 31** **TUMBLING:** Sub-Beginner, Beginner, Advanced Beginner & Novice – Finals  
**TRAMPOLINE:** Novice, Sub-Advanced, Advanced – Prelims  
**DOUBLE-MINI:** Beginner, Novice, Advanced – Prelims

**Sunday, August 1** **TUMBLING:** Sub-Novice, Intermediate, Sub-Advanced and Advanced – Prelims  
**TRAMPOLINE:** Beginner and Advanced – Finals  
**DOUBLE-MINI:** Beginner and Sub-Advanced Finals

**Monday, August 2** **TUMBLING:** Advanced, Sub-Advanced, Intermediate and Sub-Novice – Finals  
**TRAMPOLINE:** Novice, Intermediate and Sub-Advanced – Finals  
**DOUBLE-MINI:** Novice, Intermediate and Advanced – Finals  
**\*\*Remember the top ten-(10) scores qualify for finals.**  
**\*\* Parade of Champions – 12:30 pm**  
**\*\* Awards will stop one hour before the Parade of Champions.**  
**Celebration of Athletes**

**WORKOUT RULES  
AND DRESS CODE:**

Wear foot covering for TR/DBL – athletes must wear competition attire.

**COACHES:** During work-outs and competition, the following dress code must be followed:

1. Track suit, team t-shirt, or polo shirt, pants or finger length hemmed shorts. **NO HALTER TOPS OR TOPS WHERE STOMACH SHOWS.**
2. **Must wear athletic shoes.**
3. **No denim pants or shorts allowed.**
4. **Violators will be asked to leave the floor.**

**PROTESTS:**

A \$50 protest fee must accompany any protest. If you win the protest, the fee will be returned to you.

**CHANGE FEE:**

After the Coaches Report is sent out, there will be a \$25.00 fee associated with any changes. Check should be made payable to *AAU Trampoline and Tumbling*. It will be charged only if it is the entry's mistake. If after the coach receives their report and they do not correct any mistakes by July 10, then they will pay the change fee no matter who makes the mistake.

**HOUSING:**

Anthony Travel is proud to be the Official Travel Provider for the 2010 AAU Junior Olympic Games. Participants in the AAU Junior Olympic Games should book hotel accommodations through Anthony Travel. Anthony Travel has negotiated specially-priced rates for AAU participants and their families. **Visit [www.aaujrogames.org](http://www.aaujrogames.org) to make reservations and view hotel lists.** For assistance, please call Anthony Travel toll-free at 800-736-6377.

You will need to have the following information ready when making reservations:

1. The number of rooms you need
2. Your arrival and departure dates
3. Your credit card number

Please check online regarding deposit requirements and cancellation policies which may vary depending on hotel. AAU is not responsible for any refunds from cancellations.

**NEW:** All participants will need to provide hotel information as part of the entry process for the AAU Junior Olympic Games. Hotel information can be submitted online at [www.aaujrogames.org](http://www.aaujrogames.org) at the time of registering for the event or anytime prior to onsite check-in.

**CELEBRATION  
OF ATHLETES:**

The 2010 AAU Junior Olympic Games ***Celebration of Athletes*** will be held for all participants. More details will be announced soon at [www.aaujrogames.org](http://www.aaujrogames.org).

**TRANSPORTATION:**

All athletes, coaches, and spectators are responsible for their own transportation to and from all activities, events, and hotels.

**SECURITY:**

All AAU Junior Olympic Games facilities maintain the right to search any bags, backpacks, purses, jackets, etc. throughout the duration of the AAU Junior Olympic Games.

**FOOD:**

All AAU Junior Olympic Games facilities maintain exclusive rights to concessions. Outside food and beverage are not permitted throughout the duration of the AAU Junior Olympic Games. No coolers at any venue.

**ADMISSION FEE:**

Credentialed athletes and coaches will receive admission to all competition venues and the Celebration of Athletes as part of your entry fee. Please note that you must check-in and pick up your credential prior to receiving admittance into any venue, including the Celebration of Athletes. All other spectators can purchase daily tickets or event passports valid for all the sport venues throughout the AAU Junior Olympic Games. Tickets can be purchased onsite at the venue. For more information on ticket options, please visit [www.aaujrogames.org](http://www.aaujrogames.org).

**PARTICIPATION:**

The AAU can not and does not guarantee the appearance and/or participation of specific participant(s) and/or teams (as applicable) in this event. The AAU has sanctioned (approved) this Event as an official AAU Event (competition), but the AAU is not and shall not be responsible for any participant's or spectator's expenses related to this Event (nor reimbursements for same) in case of dissatisfaction of any participant, friend, family, or spectator, this includes, but is not limited to all travel, hotel (lodging), food, entry fees and/or any other expenses related to the event.

**VOLUNTEERS:**

Contact Stella Sponsler at [atc1996@aol.com](mailto:atc1996@aol.com) or [ustapatti@verizon.net](mailto:ustapatti@verizon.net).

**INFORMATION:**

**NATIONAL CHAIR:**

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