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2012 AAU Junior Olympic Games

Powerlifting

July 25-27, 2012

George R. Brown Convention Center

Houston, Texas



2012 AAU JUNIOR OLYMPIC GAMES POWERLIFTING



LOCATION: George R. Brown Convention Center, 1001 Avenida de Las Americas, Houston, TX 77010

DATES:

Wednesday, July 25, 2012
10:00 am – 7:00 pm Athlete Check-In George R. Brown Convention Center
3:30 pm - 5:00 pm Early Weigh-in for Thursday George R. Brown Convention Center

Thursday, July 26, 2012 (ages 5-13)
7:00 am - 8:30 am Regular Weigh-In George R. Brown Convention Center
9:00 am - 5:00 pm Competition George R. Brown Convention Center
3:30 pm - 5:00 pm Early Weigh-in for Friday George R. Brown Convention Center

4:00 pm – 5:30 pm Adult Bench Press Weigh-Ins George R. Brown Convention Center
6:00 pm Adult Bench Press Competition George R. Brown Convention Center
TBA Celebration of Athletes Discovery Green

Friday, July 27, 2012 (ages 14-23)
7:00 am - 8:30 am Regular Weigh-in George R. Brown Convention Center
9:00 am - 6:00 pm Competition George R. Brown Convention Center

** Athletes must check-in the day prior to competition.*

AAU MEMBERSHIP: All athletes and coaches must be current members of the AAU and be able to present their 2012 AAU membership card at check-in. AAU membership is \$12.00 per youth athlete, \$32 per adult athlete and \$14.00 per non-athlete (coach). The cost of membership is in addition to the entry fee. To become a member, register on-line at www.aausports.org.

ELIGIBILITY: The lifter must be an AAU member in good standing.

This is a World event for the AAU Junior Olympic Games, athletes ages 5-23 can officially set world records. Adult lifters can only set "American" records and are not eligible to set world records.

AGE DIVISIONS: Kids: 6-7, 8-9, 10-11
Youth: 12-13
Teenage: 14-15, 16-17, 18-19
Juniors: 20-23
Adult: 24 and Up

ENTRY FEE: Ages 6-23 (Events include Full Power, Bench Press, Push-Pull)
1 event \$60.00 per athlete
2 events \$100.00 per athlete
3 events \$140.00 per athlete.

Ages 24 and Up (Bench Press Only)
1 event \$60.00 per athlete

All entry fees are non-refundable. The entry fee for coaches is \$40

ONLINE REGISTRATION & ENTRY DEADLINE: **ALL ENTRIES MUST BE COMPLETED ONLINE at www.auirogames.org.**

Entries must be completed online by **Wednesday, July 18, 2012.** Visa, MasterCard, American Express or Discover is accepted. You will need to have your AAU membership at the time of registering. After registering online, you will receive an email confirming your entry and acceptance of payment. Coach entries may be accepted onsite with an additional \$10 late fee.

The Local Organizing Committee and the AAU have spent many hours planning and preparing for this AAU Event. In order to make it a great success, we are asking for your cooperation. It is the responsibility of the parent, coach, instructor, and athlete to ensure that the application is in on time and complete in every detail.

Note: It is the responsibility of the lifter to know all rules and regulations that apply.

RULES: This competition shall be held under AAUPC Powerlifting rules, regulations, and procedures (See AAUPC Powerlifting Handbook). To obtain a copy, please visit our website at www.aausports.org. It is highly advisable that all competitors be extremely familiar with all rules that govern the competition. Competition will be run in "Sessions."

HOUSING: The AAU makes every effort to provide the best quality experience for athletes, coaches and families that participate in AAU events. The Harris County-Houston Sports Authority and the AAU have carefully selected host hotels for participants. A wide variety of housing options are available. Houston is the 4th largest city in the country and traffic can be a challenge. For this reason, the most affordable hotel options near each facility have been selected.

In order to complete your registration to participate in the 2012 AAU Junior Olympic Games, you are required to use hotel accommodations as advertised at www.aaujrogames.org. All reservations are handled through PSE Housing Services. DO NOT CONTACT THE HOTELS DIRECTLY AS YOU WILL NOT RECEIVE THE DISCOUNTED AAU RATE. Go to www.aaujrogames.org and click on Hotels to make your reservations, or contact PSE at 800-498-8564 for assistance. If your team or athlete is local or not planning to stay at one of the recommended properties, you can request a Housing Exemption Form from eyates@houstonports.org.

Please check online regarding deposit requirements and cancellation policies which may vary depending on hotel. AAU is not responsible for any refunds from cancellation.

COACHES' EDUCATION: The AAU is happy to make available **FREE Coaches' Education** for all AAU non-athlete members. In its second year, this exciting program is **MANDATORY** for all AAU non-athletes and will be administered by Positive Coaching Alliance (PCA). Please visit www.aausports.org and click on PCA COACHES EDUCATION order to enter and take the MANDATORY AAU/PCA coaches educational course. There are TWO courses available this year - one for those new to PCA training and one for those who completed the course last year. Membership may be revoked from non-athletes who do not complete course prior to competition.

ONSITE CHECK-IN: Athletes and coaches must check-in at the George R. Brown Convention Center located at 1001 Avenida De Las Americas, Houston, TX 77010. Check-in will take place on the 3rd Floor in Ballroom B. Parking fees do apply for the lots around the Convention Center. For check-in hours, maps and additional directions please visit www.aaujrogames.org (click on Event Info, then Registration). Participants should check in at least the day prior to competing.

SCHEDULE: **Athletes must check-in at the George R. Brown Convention Center the day prior to competing.**

Wednesday, July 25

Early weigh-in begins at 3:30 p.m. and ends at 5:00 p.m. for Thursday's lifters ONLY! (Optional)

Competition Day 1

Thursday, July 26

Regular weigh-in begins at 7:00 a.m. and ends at 8:30 a.m. at the competition site for Thursday's competitors (ALL ATHLETES AGES 5 TO 13). The competition will begin at 9:00 a.m. sharp! Athletes competing on Friday are welcome to weigh-in on Thursday from 3:30 p.m. to 5:00 p.m.

Competition Day 2

Friday, July 27

Regular weigh-in begins at 7:00 a.m. and ends at 8:30 a.m. at the competition site for Friday's competitors (ALL ATHLETES AGES 14 TO 23). The competition will begin at 9:00 a.m. sharp!

CONTEST INFORMATION:

ATHLETES HAVE THE OPTION OF COMPETING EITHER RAW OR EQUIPPED. ALL WEIGHT CLASSES AND DIVISIONS HAVE THE OPTION OF COMPETING IN THE FULL MEET, BENCH PRESS OR PUSH-PULL. SATURDAY NIGHT LIFTERS WILL COMPETE IN THE BENCH PRESS.

A MANDATORY EQUIPMENT CHECK WILL TAKE PLACE AT WEIGH-INS. KILOGRAM PLATES WILL BE USED ON THE COMPETITION PLATFORMS.

AWARDS: Athletes placing in the top five (5) in each age group and weight class shall receive special gold, silver, bronze and copper (4th and 5th) AAU Junior Olympic Games medals, respectively. Also, special commemorative team plaques will be given to three (3) overall teams in the youth events only (ages 6-23).

TEAMS: Teams must have at least three, but not more than ten (10) lifters and two (2) alternates. All teams must be registered with the AAU. Teams may be divided among male/female members of the same team, including different age groups. There may not be more than two lifters in any weight class/age group. Final team rosters must be submitted before the start of competition. All athletes participating must be current AAU members. Teams may be mixed: RAW and EQUIPPED. Each athlete may count towards team points only once. **TEAM AWARDS ARE FOR THE FULL MEET ONLY!!**

PARKING: Some locations will have parking fees such as the George R. Brown Convention Center. Please visit www.aaujrogames.org (click on Event Info, Maps & Parking) for more information. Also, most downtown hotels will charge for parking. Please check with your hotel for specific information as prices vary.

CELEBRATION OF ATHLETES: The Celebration of Athletes will be held on Thursday, July 26 at Discovery Green, adjacent to the George R. Brown Convention Center. All athletes are encouraged to attend, as you won't want to miss this year's celebration. Check the web site at www.aaujrogames.org for more announcements.

TRANSPORTATION: All participants and spectators are responsible for their own transportation to and from all activities, events, and hotels.

SECURITY: All AAU Junior Olympic Games facilities maintain the right to search any bags, backpacks, purses, jackets, etc. throughout the duration of the AAU Junior Olympic Games.

FOOD: All AAU Junior Olympic Games facilities maintain exclusive rights to concessions. Outside food and beverage are not permitted throughout the duration of the AAU Junior Olympic Games. No coolers at any venue.

ADMISSION FEE: Athletes and coaches with a credential will receive admission to all competition venues and the Celebration of Athletes as part of your entry fee. Please note that you must check-in and pick up your credential prior to receiving admittance into any venue, including the Celebration of Athletes. You must have the appropriate wristband or credential.

Spectators can purchase tickets onsite at the venues. Daily passes are \$12.00 (6 & under free) and includes admission to all competition venues on the designated day only. Event passports are \$40.00 (6 & under free). For more information on ticket options, please visit www.aaujrogames.org.

NO GUARANTEE: The AAU can not and does not guarantee the appearance and/or participation of specific participant(s) and/or teams (as applicable) in this event. The AAU has sanctioned (approved) this Event as an official AAU Event (competition), but the AAU is not and shall not be responsible for any participant's or spectator's expenses related to this Event (nor reimbursements for same) in case of dissatisfaction of any participant, friend, family, or spectator, this includes, but is not limited to all travel, hotel (lodging), food, entry fees and/or any other expenses related to the event.

INFORMATION: **AAU POWERLIFTING MEET DIRECTOR:**
Judy Wood, Jill Meads, and Steve Wood
Virginia Powerlifting Association, Inc.
Ph: 804-559-4624 (between 7:00pm and 10:00pm EST)
judi6108@aol.com or yapowerlifting@aol.com

AAU NATIONAL STAFF:
Ivy Schuler
AAU National Headquarters
c/o Walt Disney World Resort
P.O. Box 10,000
Lake Buena Vista, FL 32830-1000
(407) 934-7200 (O), (407) 934-7242 (F)
ivy@aausports.org
Web site: www.aausports.org