



2012 AAU JUNIOR OLYMPIC GAMES WEIGHTLIFTING



LOCATION: George R. Brown Convention Center, 1001 Avenida de Las Americas, Houston, TX 77010

DATES:	Friday, July 27	*Check-In / Registration (10am-7pm)	George R. Brown Convention Center
	Friday, July 27	Technical Conference (7pm)	George R. Brown Convention Center
	Saturday, July 28	Competition	George R. Brown Convention Center
	Sunday, July 29	Competition	George R. Brown Convention Center
	Monday, July 30	Competition	George R. Brown Convention Center

* Athletes must check-in at least one day prior to the day they compete.

ENTRY FEES: The individual athlete entry fee is \$45.00 and coach entry fee is \$40.00 (\$10.00 late fee if registering onsite). The AAU Team entry fee is \$45.00. All entry fees are non-refundable.

**ONLINE REGISTRATION
& ENTRY DEADLINE:**

ALL ENTRIES MUST BE COMPLETED ONLINE at www.aaujrogames.org.

Entries must be completed online by **Tuesday, July 17, 2012**. Visa, MasterCard, American Express or Discover is accepted. You will need to have your AAU membership at the time of registering. After registering online, you will receive an email confirming your entry and acceptance of payment.

The Local Organizing Committee and the AAU have spent many hours planning and preparing for this AAU Event. In order to make it a great success, we are asking for your cooperation. It is the responsibility of the parent, coach, instructor, and athlete to ensure that the application is in on time and complete in every detail.

AGE DIVISIONS: Boys & Girls: 11 & Under, 12-13, 14 -15, 16-17, 18-19

Age 11 & Under: Born 2001 & after
Age 12-13: Born 1999-2000
Age 14-15: Born 1997-1998
Age 16-17: Born 1995-1996
Age 18-19: Born 1993-1994

AAU MEMBERSHIP: REQUIRED - **NO EXCEPTIONS**. Each athlete and coach must be a member of the AAU and be able to present a 2011 AAU membership card at the time of check-in and at weigh-ins for his or her weight class. Athlete membership is \$12 and coach (non-athlete) membership is \$14. Join on-line at www.aausports.org.

If you would like for results to count for USA Weightlifting, you must also present your USA Weightlifting membership card at weigh-ins.

QUALIFICATION: Open to all registered AAU or USA Weightlifting athletes who meet qualifying totals in either an AAU or USA Weightlifting competition. AAU membership is required for this competition.

HOUSING: The AAU makes every effort to provide the best quality experience for athletes, coaches and families that participate in AAU events. The Harris County-Houston Sports Authority and the AAU have carefully selected host hotels for participants. A wide variety of housing options are available. Houston is the 4th largest city in the country and traffic can be a challenge. For this reason, the most affordable hotel options near each facility have been selected.

In order to complete your registration to participate in the 2012 AAU Junior Olympic Games, you are required to use hotel accommodates as advertised at www.aaujrogames.org. All reservations are handled through PSE Housing Services. DO NOT CONTACT THE HOTELS DIRECTLY AS YOU WILL NOT RECEIVE THE DISCOUNTED AAU RATE. Go to www.aaujrogames.org and click on Hotels to make your reservations, or contact PSE at 800-498-8564 for assistance. If your team or athlete is local or not planning to stay at one of the recommended properties, you can request a Housing Exemption Form from eyates@houstonports.org.

Please check online regarding deposit requirements and cancellation policies which may vary depending on hotel. AAU is not responsible for any refunds from cancellation.

ONSITE CHECK-IN: Athletes and coaches must check-in at the George R. Brown Convention Center located at 1001 Avenida De Las Americas, Houston, TX 77010. Check-in will take place on the 3rd Floor in Ballroom B. Parking fees do apply for the lots around the Convention Center. For check-in hours, maps and additional directions please visit www.aaujrogames.org (click on Event Info, then Registration). Participants should check in at least the day prior to competing.

TECHNICAL CONFERENCE: A Technical Conference for all athletes, coaches, and officials will take place on **Friday, July 27 at 7:00 p.m.** at the George R. Brown Convention Center. Coaches may represent athletes at this conference but a representative from each delegation should be present. AAU & USAW RULES APPLY. A 7kg bar will be used for girls and boys' age divisions 11 & under and boys 12-13, until 20 kg is reached at which point a 15 kg bar will be used. However, the use of a bar lighter than 7 kg is up to the discretion of the meet director.

USAW PARTICIPATION AND RANKING: Per agreement between the AAU and USA Weightlifting, this event will only be comprised of AAU weight classes and qualifying totals. This event is sanctioned by both the AAU and USA Weightlifting. USAW teams and athletes are encouraged to attend. Totals made at this event by USA Weightlifting registered athletes will be valid for USAW ranking and qualification purposes and will be entered into the USAW athlete database. Athletes must present their USAW membership card at weigh-ins.

TEAM COMPETITION: Only registered clubs are eligible to enter teams. Team rosters and the AAU team entry fee must be **received by July 17, 2012**. The team entry fee is \$40 per team. Register online at www.aaujrogames.org.

Team age divisions for Boys and Girls include 11 & Under, 12-13, 14-15, 16-17, 18-19 and Overall.

- Teams may enter in each age group with up to ten (10) athletes per group not to exceed two (2) athletes per weight class. There may also be two (2) overall teams entered, one (1) male, and one (1) female with each team consisting of the best fifteen (15) athletes from all age groups with a maximum of two (2) athletes per weight class.
- Team rosters will be submitted online. Each team member must be registered with the AAU club that he/she represents in order to score points. All athletes and coaches must be AAU members and be able to present their 2012 AAU membership card at the time of check-in and at Weigh-in of their weight class. Athlete membership is \$12 and coach (non-athlete) membership is \$14. Join on-line at www.aausports.org.

ATTIRE: **Singlets will be required for competition.** A singlet may be worn while weighing in.

AWARDS: AAU Junior Olympic Games medals will be awarded to the top six (6) finishers in each division. Plaques will be awarded to the first place winner in each weight class in each division. A "Best Lifter Award" will be presented in each age division, first place. Team awards will be presented to the top overall men's team and women's team. In addition, a "Coach of the Year" plaque will be presented.

COACHES' EDUCATION: The AAU is happy to make available **FREE Coaches' Education** for all AAU non-athlete members. In its second year, this exciting program is **MANDATORY** for all AAU non-athletes and will be administered by Positive Coaching Alliance (PCA). Please visit www.aausports.org and click on PCA COACHES EDUCATION order to enter and take the MANDATORY AAU/PCA coaches educational course. There are TWO courses available this year - one for those new to PCA training and one for those who completed the course last year. Membership may be revoked from non-athletes who do not complete course prior to competition.

PARKING: Some locations will have parking fees such as the George R. Brown Convention Center. Please visit www.aaujrogames.org (click on Event Info, Maps & Parking) for more information. Also, most downtown hotels will charge for parking. Please check with your hotel for specific information as prices vary.

CELEBRATION OF ATHLETES: The Celebration of Athletes will be held on Thursday, July 26 at Discovery Green, adjacent to the George R. Brown Convention Center. All athletes are encouraged to attend, as you won't want to miss this year's celebration. Check the web site at www.aaujrogames.org for more announcements.

TRANSPORTATION: All participants and spectators are responsible for their own transportation to and from all activities, events, and hotels.

SECURITY: All AAU Junior Olympic Games facilities maintain the right to search any bags, backpacks, purses, jackets, etc. throughout the duration of the AAU Junior Olympic Games.

FOOD: All AAU Junior Olympic Games facilities maintain exclusive rights to concessions. Outside food and beverage are not permitted throughout the duration of the AAU Junior Olympic Games. No coolers at any venue.

ADMISSION FEE: Spectators can purchase tickets onsite at the venues. Daily passes are \$12.00 (6 & under free) and includes admission to all competition venues on the designated day only. Event passports are \$40.00 (6 & under free). For more information on ticket options, please visit www.aaujrogames.org.

NO GUARANTEE:

The AAU can not and does not guarantee the appearance and/or participation of specific participant(s) and/or teams (as applicable) in this event. The AAU has sanctioned (approved) this Event as an official AAU Event (competition), but the AAU is not and shall not be responsible for any participant's or spectator's expenses related to this Event (nor reimbursements for same) in case of dissatisfaction of any participant, friend, family, or spectator, this includes, but is not limited to all travel, hotel (lodging), food, entry fees and/or any other expenses related to the event.



2012 AAU JUNIOR OLYMPIC GAMES WEIGHTLIFTING COMPETITION SCHEDULE **TENTATIVE SCHEDULE**

FRIDAY, JULY 27, 2012

Friday will be the arrival date for athlete check-in and the technical conference. All participants (athletes and coaches) must check-in at the George R. Brown Convention Center to receive their credentials at least the day prior to their competition.

Competition changes will be posted at the meet site. ALL ATHLETES PLEASE bring envelope with AAU card (a must for all competitors) and proof of age (birth certificate or driver's license) and starting weights to Kilos at weigh-in at the competition site.

Technical Conference will be held at 7:00 p.m. SHARP at the George R. Brown Convention Center.

MINIMUM STARTING WEIGHT IS AT THE DISCRETION OF MEET DIRECTOR SCHEDULE & TIMES SUBJECT TO CHANGE

SATURDAY, JULY 28, 2012

Age Group/Weight Class	Weigh-In	Lift
11 under boys (all)	8:00am	10:00am
12-13 boys (35kg – 50kg)	10:00am	12:00pm
12-13 boys (56kg – 69+kg)	12:00pm	2:00pm
14-15 boys (all)	2:00pm	4:00pm

SUNDAY, JULY 29, 2012

Age Group/Weight Class	Weigh-In	Lift
11 under girls (all)	8:00am	10:00am
12-13 girls (all)	10:00am	12:00pm
14-15 girls, 16-17 girls, 18-19 girls (all)	12:00pm	2:00pm

MONDAY, JULY 30, 2012

Age Group / Weight Class	Weigh-In	Lift
16-17 boys (50kg – 77kg)	8:00am	10:00 am
16-17 boys (85kg – 105+kg)	10:00am	12:00pm
18-19 boys (all)	12:00pm	2:00pm

WEIGHTLIFTING AGE DIVISIONS & QUALIFYING TOTALS

Age is determined by the year of birth.

BOYS

11 & Under Division (Born 2001 & After)

Weight Class	*Qualifying Total
31 kg	25 kg
35 kg	29 kg
39 kg	33 kg
44 kg	36 kg
50 kg	42 kg
56 kg	46 kg
62 kg	50 kg
62 +kg	54 kg

14-15 Division (Born 1997 - 1998)

Weight Class	Qualifying Total
50 kg	70 kg
56 kg	77 kg
62 kg	83 kg
69 kg	90 kg
77 kg	96 kg
85 kg	101 kg
94 kg	106 kg
94 +	111 kg

18-19 Division (Born 1993 - 1994)

Weight Class	Qualifying Total
56 kg	115 kg
62 kg	125 kg
69 kg	135 kg
77 kg	144 kg
85 kg	152 kg
94 kg	159 kg
105 kg	166 kg
105 +	171 kg

12-13 Division (Born 1999-2000)

Weight Class	*Qualifying Total
35 kg	40 kg
39 kg	45 kg
44 kg	50 kg
50 kg	58 kg
56 kg	64 kg
62 kg	69 kg
69 kg	74 kg
69 + kg	79 kg

16-17 Division (Born 1995 - 1996)

Weight Class	Qualifying Total
50 kg	95 kg
56 kg	105 kg
62 kg	113 kg
69 kg	122 kg
77 kg	131 kg
85 kg	138 kg
94 kg	144 kg
94 +	151 kg

GIRLS

11 & Under Division (Born 2001 & After)

Weight Class	*Qualifying Total
31 kg	22 kg
35 kg	26 kg
39 kg	29 kg
44 kg	33 kg
48 kg	36 kg
53 kg	39 kg
58 kg	42 kg
58 +	45 kg

14-15 Division (Born 1997 - 1998)

Weight Class	Qualifying Total
44 kg	47 kg
48 kg	52 kg
53 kg	56 kg
58 kg	60 kg
63 kg	64 kg
69 kg	67 kg
69 +	70 kg

18-19 Division (Born 1993 - 1994)

Weight Class	Qualifying Total
48 kg	70 kg
53 kg	76 kg
58 kg	81 kg
63 kg	86 kg
69 kg	90 kg
75 kg	94 kg
75 +	97 kg

12-13 Division (Born 1999-2000)

Weight Class	*Qualifying Total
35 kg	31 kg
39 kg	36 kg
44 kg	41 kg
48 kg	45 kg
53 kg	49 kg
58 kg	52 kg
63 kg	55 kg
63 + kg	58 kg

16-17 Division (Born 1995 - 1996)

Weight Class	Qualifying Total
44 kg	58 kg
48 kg	63 kg
53 kg	69 kg
58 kg	74 kg
63 kg	78 kg
69 kg	82 kg
69 +	86 kg