



2014 AAU JUNIOR OLYMPIC GAMES TRAMPOLINE & TUMBLING



LOCATION: Iowa Events Center, 730 3rd Street, Des Moines, IA 50309

DATES: *Participants should check-in the day prior to their competition.*

Wednesday, July 23 (10:00am-6:00pm)	First Day of Check-In	Iowa Events Center
Wednesday, July 23 (6:00pm-8:00pm)	Open Work-Out	Iowa Events Center
Thursday, July 24	Competition	Iowa Events Center
Friday, July 25	Competition	Iowa Events Center
Saturday, July 26	Competition	Iowa Events Center
Sunday, July 27	Competition	Iowa Events Center

*** YOU MAY CHECK-IN THE DAY BEFORE YOUR COMPETITION. Check Meet Schedule to see when you compete.**

The only open work-out will be Wednesday, July 23 from 6:00 pm to 8:00 pm.

AGE DIVISIONS: *Please take note of new age groups.*

- A. **TUMBLING**
- Sub-Beginner* 3-4 yrs, 5 yrs, 6 yrs.* (you must be 3 yrs of age by **12/31/13** to compete)
- Beginner* Girls: 3-4 yrs., 5 yrs., 6 yrs., 7 yrs., 8 yrs., 9 yrs., 10 yrs., 11-20 yrs.*
Boys: 3-4 yrs., 5-6 yrs., 7-8 yrs., 9-10 yrs., 11-20 yrs.*
- Advanced Beginner* Girls: 3-5 yrs., 6 yrs, 7 yrs, 8 yrs, 9 yrs., 10 yrs., 11 yrs., 12 yrs., 13-20 yrs.*
Boys: 3-6 yrs., 7-8 yrs., 9-10 yrs., 11-12 yrs., 13-20 yrs.*
- Sub-Novice* Girls: 3-6 yrs, 7 yrs., 8 yrs., 9 yrs., 10 yrs., 11 yrs., 12 yrs., 13-20 yrs.*
Boys: 3-6 yrs, 7-8 yrs., 9-10 yrs., 11-12 yrs., 13-20 yrs.*
- Novice* Girls: 3-6 yrs., 7 yrs., 8 yrs., 9 yrs., 10 yrs., 11 yrs., 12 yrs., 13-14 yrs., 15-20 yrs*
Boys: 3-6 yrs, 7-8 yrs., 9-10 yrs., 11-12 yrs., 13-20 yrs.*
- Intermediate* Girls & Boys: 3-8 yrs., 9-10 yrs., 11-12 yrs., 13-14 yrs., 15-20 yrs.*
- Sub-Advanced* Girls & Boys: 3-8 yrs, 9-10 yrs., 11-12 yrs., 13-14 yrs., 15-16 yrs., 17-20 yrs.*
- Advanced* Girls & Boys: 3-8 yrs, 9-10 yrs., 11-12 yrs., 13-14 yrs., 15-16 yrs., 17-20 yrs.*
- B. **TRAMPOLINE**
- Beginner* Girls: 3-4 yrs., 5 yrs., 6 yrs., 7 yrs., 8 yrs., 9 yrs., 10 yrs., 11 yrs., 12-20 yrs.*
Boys: 3-4 yrs., 5-6 yrs., 7-8 yrs., 9-10 yrs., 11-20 yrs.*
- Novice* Girls: 3-6 yrs., 7 yrs., 8 yrs., 9 yrs., 10 yrs., 11 yrs., 12 yrs., 13-14 yrs., 15-20 yrs*
Boys: 3-6 yrs, 7-8 yrs., 9-10 yrs., 11-12 yrs., 13-20 yrs.*
- Intermediate* Girls & Boys: 3-8 yrs., 9-10 yrs., 11-12 yrs., 13-14 yrs., 15-20 yrs.*
- Sub-Advanced* Girls & Boys: 3-8 yrs, 9-10 yrs., 11-12 yrs., 13-14 yrs., 15-16 yrs., 17-20 yrs.*
- Advanced* Girls & Boys: 3-8 yrs, 9-10 yrs., 11-12 yrs., 13-14 yrs., 15-16 yrs., 17-20 yrs.*
- C. **DOUBLE MINI TRAMP** Divisions and age groups same as trampoline above.
- D. **SYNCHRO TRAMP** **Sub-Advanced and Advanced only (same divisions as trampoline above).
NO FINALS FOR SYNCHRO TRAMP

*** Participants compete in age division of oldest competitor.*

**The national competition committee reserves the right to combine single age groups together in levels where less than 10 athletes are entered.*

AGE DETERMINATION: Athlete's age is determined by the age as of December 31, 2013. Athletes MUST compete at their AAU District Championship in the age division in which they will be at the AAU National Championships. You must be 3 years of age by December 31, 2013 to compete.

QUALIFICATION: All competitors must compete in the AAU District Championships and go to a sanctioned meet prior to the District UNLESS their club had at least five athletes that competed the previous year; then an athlete does NOT have to attend a sanctioned meet prior to the District Championships. A competitor can compete in only one level/one age group in trampoline and only one level/one age group in tumbling. You must submit a petition to the National Chair if you cannot attend the District Championship.

AAU MEMBERSHIP: All athletes and coaches must be members of the AAU. AAU added benefit membership is \$14.00 per youth athlete and \$16.00 per coach (non-athlete). Join on-line at www.aausports.org. **BE PREPARED and register your coaches early! You can no longer register for non-athlete (coach) membership onsite at the event. New this year, background screens are conducted for all non-athletes and adult athletes. Membership is no longer instant.** For more information, visit <http://bit.ly/1jkiUx6>.

ENTRY FEES:	1 event	\$45.00
	2 events	\$60.00
	3 events	\$70.00
	All events	\$80.00

Coach Entry Fee is \$40. All athlete and coach entry fees are non-refundable.

ONLINE REGISTRATION & ENTRY DEADLINE: **ALL ENTRIES MUST BE COMPLETED ONLINE at www.aaujrogames.org.**

Entries must be completed online by **Friday, June 27, 2014**. Visa, MasterCard, American Express or Discover is accepted. You will need to have your AAU membership at the time of registering. After registering online, you will receive an email confirming your entry and acceptance of payment.

Athlete entries received after the deadline will be charged a \$25 late fee per athlete. No athlete entries accepted 20 days prior to the first day of competition. Any late entries if accepted will not count for District awards. Any onsite coach entry will have a \$10 late fee.

The Local Organizing Committee and the AAU have spent many hours planning and preparing for this AAU Event. In order to make it a great success, we are asking for your cooperation. It is the responsibility of the parent, coach, instructor, and athlete to ensure that the application is in on time and complete in every detail.

HOUSING: The AAU makes every effort to provide the best quality experience for athletes, coaches and families that participate in AAU events. Participants can choose from a wide variety of accommodations in various price points and with several levels of amenities. The Greater Des Moines Convention and Visitors Bureau has carefully selected host hotels for participants with the lowest rates available. The hotels selected for the program not only provide great rates, but also the greatest convenience in regards to location and other amenities.

In order to complete your registration to participate in the 2014 AAU Junior Olympic Games, you are required to use hotel accommodations as advertised at www.aaujrogames.org. All reservations are handled through the Convention and Visitors Bureau. DO NOT CONTACT THE HOTELS DIRECTLY AS YOU WILL NOT RECEIVE THE DISCOUNTED AAU RATE. Go to www.aaujrogames.org and click on Hotels to make your reservations, or call 800-451-2625 for assistance. If your team or athlete is local or not planning to stay at one of the recommended properties, you can request a Housing Form from aaujrogames@aausports.org.

Please check online regarding deposit requirements and cancellation policies which may vary depending on hotel. AAU is not responsible for any refunds from cancellation.

COACHES' EDUCATION: The AAU is happy to make available **FREE Coaches' Education** for all AAU non-athlete members. This excellent program is **MANDATORY** for all AAU non-athletes and will be administered by Positive Coaching Alliance (PCA). Please visit www.aausports.org and click on PCA COACHES EDUCATION order to enter and take the MANDATORY AAU/PCA coaches educational course. Membership may be revoked from non-athletes who do not complete course prior to competition.

ONSITE CHECK-IN: Athletes and coaches must check-in at the Iowa Events Center located at 730 3rd Street, Des Moines, IA 50309. Parking fees do apply for the lots around the Events Center. For check-in hours, maps and additional directions please visit www.aaujrogames.org (click on Event Info, then Registration). Participants should check in at least the day prior to competing.

**WORKOUT RULES
AND DRESS CODE:**

Wear foot covering for TR/DBL – athletes must wear competition attire.

COACHES: During work-outs and competition, the following dress code must be followed:

1. Warm-up (with or without a jacket, long pants) short or long sleeved team/event t-shirts or polo shirts
2. Must wear closed toed athletic shoes.
3. No hats, no denim pants, or shorts are allowed.
4. Violators will be asked to leave the floor.

MEET SCHEDULE:

The schedule is subject to change. An updated schedule will be online by July 16, 2013.

Wednesday, July 23

Athlete and Coach Check-In (10:00 am to 6:00 pm)

Open Work-Out (6:00 pm to 8:00 pm)

**Open work-out must be in competition attire.*

Thursday, July 24

TUMBLING: Sub-Beginner, Beginner, Advanced Beginner & Novice – Prelims

SYNCHRO-TRAMPOLINE: Sub-Advanced & Advanced – **No Finals**

TRAMPOLINE: Beginner and Intermediate – Prelims

DOUBLE-MINI: Sub Advanced and Intermediate – Prelims

Celebration of Athletes at Discovery Green

Friday, July 25

TUMBLING: Sub-Beginner, Beginner, Advanced Beginner & Novice – Finals

TRAMPOLINE: Novice, Sub-Advanced, Advanced – Prelims

DOUBLE-MINI: Beginner, Novice, Advanced – Prelims

Saturday, July 26

TUMBLING: Sub-Novice, Intermediate, Sub-Advanced and Advanced – Prelims

TRAMPOLINE: Beginner and Advanced – Finals

DOUBLE-MINI: Beginner and Sub-Advanced Finals

Sunday, July 27

TUMBLING: Advanced, Sub-Advanced, Intermediate and Sub-Novice – Finals

TRAMPOLINE: Novice, Intermediate and Sub-Advanced – Finals

DOUBLE-MINI: Novice, Intermediate and Advanced – Finals

****Remember the top ten-(10) scores qualify for finals.**

**** Parade of Champions – 12:30 pm**

***** Awards will stop one hour before the Parade of Champions.***

PROTESTS:

A \$50 protest fee must accompany any protest. If you win the protest, the fee will be returned to you.

CHANGE FEE:

After the Coaches Report is sent out, there will be a \$25.00 fee associated with any changes. Check should be made payable to *AAU Trampoline and Tumbling*. It will be charged only if it is the entry's mistake. If after the coach receives their report and they do not correct any mistakes by July 10, then they will pay the change fee no matter who makes the mistake.

PARKING:

Some locations will have parking fees such as the Iowa Events Center. Please visit www.aaujrogames.org (click on Event Info, Maps & Parking) for more information. Also, most downtown hotels will charge for parking. Please check with your hotel for specific information as prices vary.

TRANSPORTATION:

All athletes, coaches, and spectators are responsible for their own transportation to and from all activities, events, and hotels.

SECURITY:

All AAU Junior Olympic Games facilities maintain the right to search any bags, backpacks, purses, jackets, etc. throughout the duration of the AAU Junior Olympic Games.

FOOD:

All AAU Junior Olympic Games facilities maintain exclusive rights to concessions. Outside food and beverage are not permitted throughout the duration of the AAU Junior Olympic Games. No coolers at any venue.

**CELEBRATION OF
ATHLETES:**

The Celebration of Athletes will be held July 28, 2014 at Drake Stadium. You won't want to miss this year's Celebration! More information will be posted at www.aaujrogames.org when available.

ADMISSION FEE:

Athletes and coaches with a credential will receive admission to all competition venues and the Celebration of Athletes as part of your entry fee. Please note that you must check-in and pick up your credential prior to receiving admittance into any venue, including the Celebration of Athletes. You must have the appropriate wristband or credential.

Spectators can purchase tickets onsite at the venues. Daily passes are \$12.00 (6 & under free) and includes admission to all competition venues on the designated day only. Event passports are \$40.00 (6 & under free). For more information on ticket options, please visit www.aaujrogames.org.

NO GUARANTEE:

The AAU cannot and does not guarantee the appearance and/or participation of specific participant(s) and/or teams (as applicable) in this event. The AAU has sanctioned (approved) this Event as an official AAU Event (competition), but the AAU is not and shall not be responsible for any participant's or spectator's expenses related to this Event (nor reimbursements for same) in case of dissatisfaction of any participant, friend, family, or spectator, this includes, but is not limited to all travel, hotel (lodging), food, entry fees and/or any other expenses related to the event.

VOLUNTEERS:

Contact Stella Sponsler at ssponsler1980@royell.org or ustapattim@gmail.com.

INFORMATION:**NATIONAL CHAIR:**

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