



2015 AAU Junior Olympic Games
JUMP ROPE SCHEDULE – (as of 7-14-15)
(Times may vary. We may speed up or slow down as events determine)



Thurs. July 30, 2015

10:00 a.m. - 6:00 p.m.	Athlete and Coaches Check-In	Boo Williams Sportsplex
10:00 a.m. - 7:00 p.m.	Practice – Coach or adult supervision required	“ “
2:00 p.m. – 4:30 p.m.	Coach Check-in at Jump Rope Sport Table	“ “
5:30 p.m. – 7:00 p.m.	Mandatory Coaches and Judges Meeting	“ “

Fri. July 31, 2015

8:00 a.m.	Coaches and Judges Meeting	Boo Williams Sportsplex
9:00 a.m.	Opening Remarks and National Anthem	“ “

Individual Single Rope Speed & Power

Female Single Rope Speed
Male Single Rope Speed
Female Single Rope Power
Male Single Rope Power

Pairs Single Rope Speed & Power

Single Rope Pairs Speed
Single Rope Pairs Power

Freestyle Stations will alternate. Judge Groups _____ apply as noted.

11:45am **Double Dutch Single Freestyle**

Station 1 - Judge Panel _____

DDSF 10-U
DDSF 11-12

Station 2 - Judge Panel _____

DDSF 13-14
DDSF 15-17
DDSF 18-22

Double Dutch Pairs Freestyle

Station 1 - Judge Panel _____

DDPF 10U
DDPF 11-12
DDPF 13-14

Station 2 - Judge Panel _____

DDPF 15-17
DDPF 18-22

3:00pm	Parade of Athletes	
3:30pm	Awards	
Until 6pm	Practice – Coach or adult supervision required	Boo Williams Sportsplex

Sat. Aug. 1, 2015

8:00am	Coach/Judge Meeting	
9:00am	Competition: Double Dutch Speed Events:	Boo Williams Sportsplex
	Double Dutch Single Speed	
	Double Dutch Speed Relay (4x30)	
	Double Dutch Single Power	

10:30am **Single Rope Pairs Freestyle**

Station 1 - Judge Panel _____

SRPF 9-10

Station 2 - Judge Panel _____

SRPF 8-U
SRPF 11-12
SRPF 18-22

Station 1 - Judge Panel ____
SRPF 13-14

Station 2 – Judge Panel ____
SRPF 15-17

Until 6pm Awards
Practice – Coach or adult supervision required Boo Williams Sportsplex

Sun. Aug. 2

8:00am Coach/Judge Meeting Boo Williams Sportsplex

9:00am Competition: **Individual Freestyles**

Station 1- Judge Panel ____
FSRF 8U
FSRF 9

Station 2 - Judge Panel ____
FSRF 10
FSRF 11

Station 1 - Judge Panel ____
FSRF 12

Station 1 - Judge Panel ____
FSRF 13

Station 2 - Judge Panel ____
FSRF 14

Station 1 - Judge Panel ____
MSRF 8-U
MSRF 9-10
FSRF 18-22

After Awards: Awards
Until 6pm Team Show Practice on Competition Floor
Practice – Coach or adult supervision required Boo Williams Sportsplex

Mon. Aug. 3

8:00-9:00am AAU Jump Rope Open Meeting Boo Williams Sportsplex

9:00am Coaches/Judges Briefing

9:30am Competition Boo Williams Sportsplex

Individual Freestyles:

Station 1 –Judge Panel ____
FSRF 15-17

Station 2 – Judge Panel ____
MSRF 11-12
MSRF 13-14
MSRF 15-17

Group Routines:
- Junior Group Routines
- Senior Group Routines

Awards