

**Age divisions:**

Novice: 6 and under

Child A: 7- 9 year olds

Child B: 10-11 year olds

Junior A: 12-13 year olds

Junior B: 14-15 year olds

Senior: 16+

**Entry fee:**

*Individual (max 4 routines of choice)*

\$50 for 1-2 routines

\$25 for each additional routine

*Group (minimum 2 athletes)*

\$25 per gymnast in a group per routine: (example: five gymnasts competing in one group routine would be \$125)

**Meet format:**

Xcel, AAU Open, HUGS and AAU Pro divisions

**Registration Deadline:**

Athletes must be registered by July 3<sup>rd</sup>, 2019 at the AAU Office and on KSIS.

- 1) Send registration forms to the AAU office.
- 2) Register online at: [http://rgform.eu/event.php?id\\_prop=1395](http://rgform.eu/event.php?id_prop=1395)
- 3) Upload music files (mp3) by July 10<sup>th</sup>, 2019 on [http://rgform.eu/event.php?id\\_prop=1395](http://rgform.eu/event.php?id_prop=1395)
- 4) One music file per athlete per routine, clearly labeled with name and apparatus

**Awards:**

Awards in All-Around (1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup>), Personal Best (Xcel/Open/HUGS), and/or Apparatus Ranking in 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup>

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