

2020 AAU JUNIOR OLYMPIC GAMES and 2020 AAU/IRSO WORLD ROPE SKIPPING CHAMPIONSHIP



VIRGINIA BEACH, VA USA July 29-August 4, 2020



GENERAL INFORMATION

The 2020 AAU Junior Olympic Games will include two Jump Rope Tournaments. One will be the regular AAU Junior Olympic Games Jump Rope Events, following current AAU Jump Rope Rules and Judging, for ages 8-under and older. The other tournament will be an AAU/IRSO World Rope Skipping Championship in partnership with IRSO with different events and modified AAU rules for ages 14-older.

Athletes will be able to participate in either one, or both, of these tournaments based on their eligibility and event qualification. Both tournaments are open to athletes from any country. Each tournament will have a separate registration fee and qualifying process.

The AAU Junior Olympic Games is the largest youth multi-sport event in the United States. The 2019 AAU Junior Olympic Games in Greensboro, NC had over 17,000 athletes participating in 17 different sports!

We look forward to having your team participate this year!

The following pages provide a general overview of information for each tournament.



AAU Sports for All Forever



2020 AAU JUNIOR OLYMPIC GAMES – JUMP ROPE

Regular AAU Jump Rope Events; follow 2020 AAU Jump Rope Handbook Rules and 2020 USA Jump Rope Judging Manual.

QUALIFICATION PROCESS:

for US Athletes:

1. Must be current AAU member
2. Participate in a licensed AAU Jump Rope Tournament, registration fee \$40
3. US Athlete Nomination (complete form and payment of \$40 nomination fee); Athlete Nomination Deadline May 1, 2020; late nominations may be accepted, space permitting

for Non-US Athletes:

1. Must be current AAU member
2. Participate in a licensed AAU Jump Rope Tournament, registration fee \$40
3. Non-US Athlete Nomination Application (complete form and payment of \$40 nomination fee (USD)); Non- US Athlete Nomination Deadline May 1, 2020; late nominations may be accepted, space permitting

AGE-GROUPS (Competition Age is determined by the athlete’s age on June 15, 2020):

Individual Events	Males: 8-Under, 9-10, 11-12, 13-14, 15-16, 17-18, 19-22, and 23-over Females: 8-Under, 9, 10, 11, 12, 13, 14, 15-16, 17-18, 19-22, & 23-over
Pairs Events	8-Under, 9-10, 11-12, 13-14, 15-17, and 18-Over
Double Dutch Events	10-Under, 11-12, 13-14, 15-17, and 18-Over
Individual Timed Triple Unders	Male 15-Over and Female 15-Over
4-Person Single Rope Freestyle	14-Under and 15-Over
Group Routine	Junior: 14-Under and Senior: 15-Over

EVENTS:

Individual Single Rope

A Triple Crown event consisting of 3 components events:

1. 1-minute speed (alternating foot jumps);
2. 1-minute power (double unders); and
3. Freestyle routine of 60-75 seconds choreographed to music

Combined place points of these 3 components plus freestyle score determines the overall total score.

Pairs Single Rope* (a two-person team, each with their own single rope)

A Triple Crown event with 3 component events:

1. 1-minute speed (30 seconds each partner);
2. 1-minute power (30 seconds each partner); and
3. Freestyle routine of 60-75 seconds choreographed to music

Combined place points of these 3 components plus freestyle score determines the total overall score.

Double Dutch Singles* (group of 3 jumpers with 2 long ropes)

A Triple Crown event with 3 component events:

1. DD Single Speed (1 min., 1 jumper with 2 turners);
2. DD Single Power (1 min., number of completed double unders, 1 jumper w/2 turners)
3. DD Single Freestyle – 3 people, everyone turns and jumps, 60-75 seconds choreographed to music

Combined place points of these 3 components plus freestyle score determines the total overall score.

Double Dutch Pairs* (group of 4 jumpers with 2 long ropes)

A Triple Crown event with 3 component events:

1. DD 4x30 Speed Relay (each person must jump and turn for at least 30 seconds);
2. DD 2x30 Power (1-minute event, 2 turners and 2 jumpers each jump 30 seconds); and
3. DD Pairs Freestyle – 4 people, 2 jumpers in ropes, everyone turns and jumps, 60-75 seconds choreographed to music.

Combined place points of the 3 components plus freestyle score determines the total overall score.

Timed Triple Unders: This is a 1-minute timed event where the athlete attempts to complete as many Triple under jumps (3 completed revolutions of rope for each two-foot jump) within the time period. Only successfully completed Triples are counted. This is a separate, individual event for athletes in the 15 and older age groups and not part of the Individual Triple Crown.

4 Person Single Rope Freestyle Event*: A 4-person synchronized single rope routine from 60-75 seconds choreographed to music.

Group Routine*: A synchronized single rope group routine that is performed by a minimum of 8 athletes, but not more than 24. Routines must include a combination of formation and pattern changes, finesse, power, strength, dance and intricate arm rope skills in a routine choreographed to music from 2 to 4 minutes in length.

**** Jumpers compete in age group of the oldest jumper in the pair or group.***

The Open Division for Non-US Athletes has been eliminated.

AWARDS:

Place-points are awarded from 10 to 1 for 1st place through 10th place finishers in the component events. These are added together with the actual freestyle scores for a final total

Medals are presented to the top three in each component event. Ribbons are awarded to 4th through 10th place. Gold, Silver and Bronze medals are only awarded in the Triple Crown combined events. No ribbons are given in the All-Around.

Plaques or Banners are awarded in the Group Routines to 1st, 2nd and 3rd place teams. Medals are given to the participants in those teams.

JUDGING

Judges must be current AAU members.

All AAU Junior Olympic Games Judges have been certified at an AAU/USA Jump Rope Judges Certification Clinic. Their selection is based on experience and team nomination. Judges must be nominated in minimum ratio of 1 official for every 4 athletes.

SPEED: Judges count completed right foot jumps in speed. The two closest scores are added. Deductions are taken for false starts and space violations to compute the final total.

FREESTYLE: 5 judges assess the difficulty and density of the content of a freestyle routine. The middle 3 scores are averaged. Likewise, 5 judges assess the presentation and creativity of a routine. The Head Judge allots points for required elements and deducts points for time and space violations. Misses are counted by the Head Presentation, Head Content and Head Judge. The total score is calculated by computer.

REGISTRATION

Registration for AAU Junior Olympic Games is online through the AAU. Athletes and Coaches may not register to participate until they have qualified through either a licensed AAU tournament or athlete nomination process. Coaches will be notified when registration has opened and their nominated athletes are qualified.

AAU Junior Olympic Games Registration Fees for Jump Rope:

Athlete Registration Fee: \$55.00 (US)

Coach Registration Fee: \$45.00 (US)

Spectator Fee: \$15.00/day or \$45.00/day multi-day pass, admission includes all sports

Deadlines:

Athlete Nomination Forms – May 15, 2020

Athlete & Coach Registration – June 30, 2020

Team Event Entry & Judge Nomination Forms – June 30, 2020

AAU QUALIFYING TOURNAMENTS

AAU Qualifying Tournaments will be listed as they are approved. All AAU Jump Rope Qualifying Tournaments are Open to all AAU member athletes and coaches, regardless of their AAU District.

Teams interested in hosting an AAU Qualifying Tournament in their area should submit their bid application as soon as possible for review by the AAU Jump Rope Committee.

There are many benefits to participating in and/or hosting an AAU Qualifying Tournament:

- Provides a great opportunity for athletes to compete in a local or regional tournament;
- Athletes get experience in front of judges prior to the national summer tournaments;
- Judges get experience judging; and
- Host team can use tournament as a fundraiser.

For additional information about AAU Jump Rope, hosting an AAU Qualifying Tournament, or the AAU Junior Olympic Games, please contact Cindy Bork at borkcindy91@gmail.com or Jim McCleary, National AAU Jump Rope Chairman, jamesemccleary@gmail.com

JUMP ROPE DATES AT 2020 AAU JUNIOR OLYMPIC GAMES

The dates for Jump Rope events at the 2020 AAU Junior Olympic Games are July 29-August 4, 2020.

The AAU Junior Olympics Celebration of Athletes is scheduled for August 3, 2020.

The first tournament will be the regular Jump Rope AAU Junior Olympic Games July 29-August 1 and the second tournament, the AAU/IRSO World Rope Skipping Championship July 31-August 4. **Please note this is tentative schedule at this time and the final dates could be adjusted within this window based on anticipated registration numbers.** Schedule to be finalized by end of March 2020.



2020 AAU WORLD ROPE SKIPPING CHAMPIONSHIP
in Partnership with IRSO
at the AAU JUNIOR OLYMPIC GAMES



This is a separate tournament during the AAU Junior Olympic Games.

EVENTS:

1. Individual Events and Masters, Male and Female Divisions:

1. Single Rope 30 second speed
2. Single Rope 3-minute speed
3. Single Rope Freestyle - routine between 60 and 75 seconds choreographed to music

Athletes participating in these individual events will receive award for placing in the top 5 of an event (medals for places 1-3, ribbons for places 4-5). Athletes competing in each of these individual events will also be eligible to receive the Overall Masters Award based on ranking points. The top 3 overall athletes will receive the overall medals.

2. Individual Event – Triple Unders – Male and Female Divisions

Separate event, awards to top 5 finishers (medals for places 1-3, ribbons for places 4-5)
Consecutive completed Triple Unders are counted until athlete misses.

3. Pentathlon Team Events – Male, Female, and Mixed Divisions

Teams could be made up of 4-5 athletes. All athletes of team must compete in a minimum of 2 events.

Events:

1. Single Rope Speed Relay (4x30 seconds)
2. Double Dutch Speed Relay (4x45 seconds)
3. Double Dutch Single Freestyle (3-Person DD), routine between 60-75 seconds with music
4. Double Dutch Pairs Freestyle (4-person DD), routine between 60-75 seconds with music
5. 4-person Single Rope Freestyle, routine between 60-75 seconds with music

Teams participating in the team events listed above will be eligible to earn an award for placing in the top 5 of an event (medals for places 1-3, ribbons for places 4-5). Teams participating in each of these team events will be eligible to receive Overall Team Awards based on event ranking points. The top 3 overall teams in Pentathlon will receive the Overall medals.

4. Team Show

Minimum of 6 jumpers participating in routine between 2 and 4 minutes that is choreographed to music. Routine must include aspects of Single Rope, Long Rope, Double Dutch, Chinese Wheel, and Traveler skills.

COMPETITOR AGE AND AGE GROUP:

- a. Competition Age, athletes must be at least 14 years old by August 4, 2020
- b. Minimum athlete age is 14 years old
- c. There are no age-group divisions for any events.

QUALIFICATION

Athletes and teams from all countries are invited to participate. Athletes will participate as part of their regular team, but each team will also be associated with the name of their country and listed as Country Name- Team Name; i.e.; USA-Kangaroo Kids; USA-Youth Sports FX, Canada-Ruthven Ropers, etc...

AAU Membership is required for all athletes and coaches. Coaches to submit their team and event entry intentions no later than January 31, 2020 to jumprope@aausports.org.

Qualifying Process for US Athletes:

1. Participate in any licensed 2020 AAU Jump Rope Tournament, or
2. Participate in any sanctioned 2020 USA Jump Rope Tournament* and submit completed AAU Athlete Nomination Form with \$40 payment to AAU Jump Rope Committee no later than May 1, 2020. *Participating in only a USAJR Speed Tournament will qualify athletes to participate in speed events only.; or
3. Participate in any National Double Dutch League (NDDL) or American Double Dutch League (ADDL) tournament and submit completed AAU Athlete Nomination Form with \$40 payment to AAU Jump Rope Committee no later than May 1, 2020.

Qualifying Process for Non-US Athletes:

1. Obtain 2020 AAU Membership for each athlete and coach wishing to participate. Preferred deadline for AAU membership application for Non-US athletes is December 31, 2019. Each participating country can determine their own qualifying process as long as open to all interested athletes.
2. Submit Team Event Entry Intentions no later than January 31, 2020

Late nominations may be accepted at the discretion of the Tournament Committee.

JUDGING

Judges must be current AAU members. Their selection is based on experience and team nomination. Judges must be nominated in minimum ratio of 1 official for every 4 athletes. All USA Judges must have been certified at a USAJR/AAU Judge Certification Clinic. Non-US Judges should be certified by their governing organization.

There will be a Mandatory Judge Training Session for all nominated Freestyle Judges during the Check-In day. Meeting time will be confirmed

SPEED: Judges count completed right foot jumps in speed. The two closest scores are added. Deductions are taken for false starts and space violations to compute the final total.

FREESTYLE: 5 judges assess the Difficulty of the skills of a freestyle routine. The middle 3 scores are averaged. Likewise, 5 judges assess the Presentation and Creativity of a routine. The Head Judge/Elements Judge allots points for required elements and deducts points for time and space violations. Misses are counted by the Head Presentation, Head Content and Head Judge. The total score is calculated by computer.

REGISTRATION DEADLINES AND FEES

- a. AAU memberships – Non-US athlete memberships preferred by December 31, 2019
Non-US Athlete AAU Membership Fee for adults is \$37.00 (US)
Non-US Youth Athlete AAU Membership Fee is \$ 14.00 (US)
- b. Team Event Entry Intentions – January 31, 2020
Coaches requested to submit their anticipated Team Roster and Event Entry information
- c. Tournament Registration Fees and Final Team Event Entry Information – May 15, 2020
Athlete Registration will be online through the AAU
- d. Tournament Registration Fee – \$150.00 (US) per athlete
- e. Spectator Fees: \$15.00/day or \$45.00/multi-day pass; admission includes all sports