

AAU JUNIOR OLYMPIC GAMES CLOGGING

LOCATION: Ford Performing Arts Center, 15801 Michigan Avenue, Dearborn, MI 48126

DATES:

<p><u>Friday, July 25</u> Studio, Schools, All Star, Community Recreation Studio, Schools, All Star, Community Recreation</p>	<p>Athlete Check-In Practice, Workshop, Competition</p>	<p>Ford Field Ford Performing Arts Ctr</p>
<p><u>Saturday, July 26</u> Studio, Schools, All Star, Community Recreation DanceSport and Salsa</p>	<p>Competition Athlete Check-In</p>	<p>Ford Performing Arts Ctr Ford Field</p>
<p><u>Sunday, July 27</u> DanceSport and Salsa Clogging</p>	<p>Competition Athlete Check-In</p>	<p>Ford Performing Arts Ctr Ford Field</p>
<p><u>Monday, July 28</u> Clogging All Divisions</p>	<p>Competition Celebration of Athletes</p>	<p>Ford Performing Arts Ctr Ford Field</p>
<p><u>Tuesday, July 29</u> Clogging</p>	<p>Competition</p>	<p>Ford Performing Arts Ctr</p>

The schedule is subject to change depending on entries.

For additional information, please contact:

Studio, Schools, All Stars, Community Recreation - Jackie Fullmer, 435-753-0079 or jackiefullmer@hotmail.com
DanceSport and Salsa – Issac Altman, 305-271-0606, ialtman@msn.com
Clogging – Eddie Carruthers, 757-487-0145, ump13@cox.net

AAU MEMBERSHIP: All athletes and coaches must be members of the AAU and be able to present their 2003 AAU membership card at the time of check-in. AAU membership is available for \$10 per athletes and \$12 per coaches. The cost of membership is addition to the entry fee. To become a member, register on-line at www.aausports.org, contact your Local AAU Office at 1-800-AAU-4USA or contact the AAU National Office at 407-934-7200. **When registering for AAU membership, please use the sport code “DA”.** If an athlete or coach does not have a membership card at the time of check-in, they will be required to purchase one at that time.

**CLASSIFICATION
ELIGIBILITY:**

PEEWEE, ELEMENTARY, JUNIOR, SENIOR, YOUNG ADULT:

This division includes teams. Eligibility for performers in peewee, elementary, junior, senior, young adult competitions will be determined by the average age of the dancers at the time of the AAU Junior Olympic Games. The minimum age is 6 years old and the maximum age is 22 years old. Peewee, elementary, junior, senior and young adult classifications will be as follows: peewee 9-U, elementary 12-U, junior 15-U, senior 18-U and young adult 22-U.

SOLO, DUO, DUET:

This division includes All Duo, Duet, and Soloists. Classification for Duo/ Duets will be determined by the age of the participant at the time of the AAU Junior Olympic Games. The minimum age is 6 years old and the maximum age is 22 years old for duo/duets, the minimum age is 8 years old and the maximum age is 22 years old for solos. Competition classification for duos/duet will be 6 to 9, 10 to 12, 13 to 15, 16 to 18, and 19 to 22 years old. Competition classification for solos will be 8-9, 10-11, 12-13, 14-15, 16-17, 18-19, and 20-22. Eligibility requirements will be strictly enforced. Any performer found to be ineligible prior to the start of a sanctioned competition will be expelled from the competition. If a performer is found ineligible after the competition has begun, both the performer and the team will be expelled.

CATEGORIES:

TEAM: A Cappella Team, Artistic Expression, Country Hoedown, Exhibition, Hoedown 4 or more couple, Kentucky Hoedown, Moving Line, Open Freestyle, Open Precision, Precision 4 or more couple, Smooth, Standing Line, Southern Appalachian, Traditional Line
DUO/ DUET: Duo (Matched), Duet (Mixed), Show Duo/Duet, And Short Duo/Duet
SOLO: A Cappella Solo, Flatfoot Solos, and Freestyle Solos

ENTRY FEES:

Individual Clogging Competition:

Solos –\$25 each athlete
 Duos – \$25 per athlete per routine

Team Clogging Competition:

\$15 per athlete per routine

One (1) complimentary coaches credential will be available for small/medium teams (4 to 10 dancers) and two (2) for large teams (17 and more dancers). Additional coaches may register by paying the coach entry fee of \$35.00. All coaches must submit the coach's entry form.

ENTRY DEADLINE: All registration materials must be RECEIVED no later than **Tuesday, July 1**. All entry fees must be in the form of either a cashier's check or money order made payable to **2003 AAU Junior Olympic Games**. **No personal checks will be accepted. Please do not send cash.** Fees are non-refundable.

ATHLETES and COACHES must send entry forms and fees to the following address:

If sending via U.S. Mail:

AAU National Headquarters
c/o AAU Junior Olympic Games
P.O. Box 22409
Lake Buena Vista, FL 32830

If sending overnight (Fed Ex, Airborne, UPS):

AAU National Headquarters
c/o AAU Junior Olympic Games
1910 Hotel Plaza Boulevard
Lake Buena Vista, FL 32830

A copy of the Clogging Team Entry Form, must also be sent to:

Eddie Carruthers, 1014 White Pine Dr, Chesapeake, VA 23323

The Local Organizing Committee has spent many hours planning and preparing this AAU event. In order to make it a great success, we are asking for your cooperation. It is the responsibility of the coach, designated person of the team, or athlete to return all the necessary monies and completed forms by the deadline date. It is not the responsibility of the Host or the AAU to make sure all forms are completed, **ONLY TO ACCEPT OR REJECT ENTRY (S) BASED ON THE DOCUMENTS SUBMITTED.**

COMPETITION RULES: The minimum age is 6 years old and the maximum age is 22 years old for all team, duo/duet divisions. Solo minimum age is 8 years old to the maximum age 22 years old. All Teams, Duo/Duet, Solos competitions will follow the rules in the AAU/Clogging Rulebook. A copy of the AAU/Clogging Rules may be obtained at www.aausports.org, or by **Contacting Eddie Carruthers at 757-487-0145 or ump13@cox.net**. In addition to the AAU/Clogging Rules, the following GENERAL GUIDELINES must also be adhered to:

(1) All routines must be appropriate for family viewing and listening. (2) All participants must be registered along with their coaches/teachers/advisors. (3) Dancers may compete in more than one number in their age division. (4) No teacher, advisor or coach may perform with students. (5) No professional dancers. (6) No use of pyrotechnics. (7) No glass on stage. (8) No glitter. (9) No use of live animals. (10) No coaching from the audience. (11) No singing. Lip-sync OK. Talking OK. (12) General lifts OK. (13) Props and scenery may be put on and taken off by the dancers or those designated by the dancers.

MUSIC: One (1) CD or cassette tape for each number. Music must be cued to the beginning. Recordings must be professionally recorded and of good quality. No other music on tape or CD. Punch out the tabs on both sides to prevent accidental erasing. Present one (1) copy of music for each routine in a separate 5x7 manila envelope to the Dance-Dance/Drill check-in desk on the day of your competition. Please bring a good back-up to use for practice. Music will be returned at the end of the competition. An advisor or responsible person must be at the sound table during your performance.

CHECK-IN: **Pre-Registration:** It is extremely important that all entries be received no later than the above-mentioned deadline date. **ENTRY FORM (S) RECEIVED BEYOND THAT DATE WILL NOT BE ACCEPTED!** Of course, we want as many athletes as possible to participate, so please get all entry forms in on time. Again, guaranteed overnight delivery will become mandatory if it is the only way to ensure compliance with the deadline date.

On-Site Check-In: Check-In for athletes, coaches, clubs and teams participating in the AAU Junior Olympic Games will be held at Ford Field located in downtown Detroit at 2000 Brush Street. Please follow posted signs to the Check-In Area. For check-in hours, mapping and directions please consult your *Athletes', Coaches', and Parents' Handbook*. Parking fees will typically range from \$3.00-\$6.00 per day, but other area events can cause parking fees to fluctuate.

Directions to Ford Field

From the West (Airport): Take I-94 East to I-96 East, exit left at the I-75 exit. Proceed on I-75 North. Take the Grand River exit (# 50). Follow the service drive to Woodward Avenue and go East on Woodward. Comerica Park will be on your left and Ford Field is behind it. Turning left on Montcalm or Adams will take you to the stadium.

From the North/South: Take I-75 to the Grand River exit (#50). Follow the service drive to Woodward Avenue and go East on Woodward. Comerica Park will be on your left and Ford Field is behind it. Turning left on Montcalm or Adams will take you to the stadium.

**CELEBRATION
OF ATHLETES:**

The 2003 AAU Junior Olympic Games **Celebration of Athletes** will be held at Ford Field located in downtown Detroit on Monday, July 28 at 7:00 p.m. All athletes are encouraged to attend, as you won't want to miss the 2003 Celebration. The format of this year's Celebration has changed dramatically. Take some time to meet your fellow athletes from other states. Check the web site at www.aaujrogames.org for more announcements on this year's **Celebration of Athletes**.

PARKING: The majority of venues for the 2003 AAU Junior Olympic Games will offer complimentary parking. However, exceptions to this include Ford Field in Downtown Detroit and Eastern Michigan University in Ypsilanti. Parking fees will typically range from \$3.00-\$6.00 per day, but other area events can cause parking fees to fluctuate. Parking regulations are strictly enforced both in Downtown Detroit and on-campus at Eastern Michigan University. Please obey all posted parking regulations, as the cost of a parking ticket will outweigh the cost of parking. More details on parking can be found in the *Athletes', Coaches', and Parents' Handbook*.

Also, please note that most downtown hotels will charge for parking at their location. These prices vary and often can be added directly to your hotel bill upon checkout. Please contact your hotel directly to determine if you will be charged for parking.

TRANSPORTATION: All athletes, coaches, and fans are responsible for their own transportation to and from all activities, events, and hotels.

HOUSING: All requests for hotels will be handled by the Detroit Housing Bureau. **Contact the Housing Bureau toll free at 877-228-9389 or book your rooms on-line at www.aaujrogames.org.** For a complete listing of properties please see the housing section of the Handbook or the web site. You will need to have the following information ready when contacting the Housing Bureau:

1. The sport you will be competing in
2. The number of people in your party
3. The number of rooms you need
4. Your arrival and departure dates
5. Your credit card number

IMPORTANT: All reservations require a one-night room and tax deposit through an approved form of credit. In the event an attendee needs to cancel their reservation, the cancellation must occur prior to 72 hours from the confirmed arrival date. If the cancellation occurs within 72 hours of the scheduled arrival, the hotel reserves the right to charge the guest for one night's room and tax.

SECURITY: All 2003 AAU Junior Olympic Games facilities maintain the right to search any bags, backpacks, purses, jackets, etc. throughout the duration of the 2003 AAU Junior Olympic Games.

FOOD: All 2003 AAU Junior Olympic Games facilities maintain exclusive rights to concessions. Outside food and beverage are not permitted throughout the duration of the 2003 AAU Junior Olympic Games.

ADMISSION FEE: Each sport is a part of the 2003 AAU Junior Olympic Games. Admission to all venues and the Celebration of Athletes for credentialed participants only is included in your entry fee. Please note that you must check-in and pick up your athlete or coach credential prior to receiving admittance into any venue, including the Celebration of Athletes. All other spectators will be able to enjoy any of the sporting events and ceremonies throughout the 2003 AAU Junior Olympic Games by purchasing an admission ticket that is valid for all the sports involved in the Games. For more information on ticket options, please refer to the *Athletes', Coaches', and Parents' Handbook* or visit www.aaujrogames.org.

INFORMATION: **AAU CLOGGING:**
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XXXVII AAU JUNIOR OLYMPIC GAMES *Competition Rules*

July 27-30, 2003
Dearborn, Michigan

On behalf of the AAU Junior Olympic Games Executive Clogging Board, we invite all clogging National Champions to compete for Gold in 2003, but first you must qualify to participate in the inaugural games for clogging.

QUALIFY TO COMPETE

The 3 highest scoring competitors in solo, duet, and team events in every age division at the highest skill level offered at the four (4) National Clogging Championships earn the right to compete.

Qualifying National Competitions and Hosts

*Clogging Champions of America Showdown
National Clogging & Hoedown Championships
America's Clogging Hall of Fame Grand Champions
America on Stage Western Nationals*



For dates and information of the qualifying National Competitions, please contact each organization directly or on the World Wide Web.

AAU MEMBERSHIP: All qualifying competitors must be members of the AAU in order to compete at the AAU Junior Olympic Games (\$10 annual membership for dancers - \$12 annual membership for coaches)



CLOSED CATEGORIES: Most categories are closed meaning you must have one of the top 3 highest scoring routines at one of the four qualifying National Competitions, in a SPECIFIC category to qualify to compete (*or be a replacement for one of the top 3 as explained in the "alternates" section below*).

OPEN CATEGORIES: Small Team, A Cappella Team, Short Duet, and A Cappella Solos are open categories. Any dancer, who qualifies to compete in ANY category, can compete in these open categories even if they have not qualified by winning a top 3 highest score at a qualifying Nationals Competition.

ALTERNATES: If a competitor(s) qualifies at more than one National Competition, or a qualified competitor(s) chooses not to compete, the next highest scoring competitor(s) at EACH competition will qualify to compete at the AAU Junior Olympic Games.

YOUNG ADULTS AND ADULTS: Competitors who qualify by high score but are over 22 years old, can not compete at the AAU Junior Olympic Games, but may compete at America's Cup.

AMERICA'S CUP: This is a 2nd competition for Young Adults and Adults, held just after the AAU Junior Olympic Games, for any teams or duets whose average age is 18 years old or over, or any solo dancer who is 23 years old or older. Qualification to compete is the same (top 3 scores at a National Competition), except once you qualify in ANY category, you can compete in EVERY category (even those in which you have not won a top 3 score). All Categories are OPEN. Teams and Duets whose average age is 18 years old and older may compete in both competitions, however, they can not compete in the same category(s) in both competitions or re-dance a routine.

CLOG SPORTS CATEGORIES

TEAM CATEGORIES:

- ❖ **Appalachian Teams**
Refer to sanctioned NCHC rules or Appendix 1 in the back of this book.

- ❖ **Traditional Teams**
Precision – 4 or more Couple
Hoedown – 4 or more Couple
- ❖ **Line Teams**
Traditional Line
Standing Line
Moving Line (*formation line*)
- ❖ **Contemporary Teams**
Exhibition
Small
Show (*artistic expression*)
A Cappella

COUPLE DUET CATEGORIES:

Buck & Wing (*duet or mixed*)
Same Sex (*duo or matched*)
Show
Short Duet

SOLO CATEGORIES:

Freestyle
Flatfoot
A Cappella

AGE DIVISIONS

- ❖ Appalachian Teams One age division
- ❖ Small Team & Flatfoot Jr 15 & under
Sr 16 & over
- ❖ All Other Team and Duets
Pee Wee 9 & under
Elementary 10-12 Senior 16-18
Junior 13-15 Y Adult 19-22
- ❖ Solos 8-9, 10-11, 12-13, 14-15, 16-17,
18-19, 20-22
- ❖ America's Cup 18 & Over
(*one age division*)

*Age as of the 1st day of the competition. Teams and Couples use average age, drop all decimals (10.2 = 10).

TIME LIMITS

❖ Appalachian Team	8 minutes
❖ Traditional Teams	5 minutes
❖ All other Teams	4 minutes
❖ Couples	3 minutes
❖ Short Duets	32 – 48 counts
❖ Freestyle	24-40 counts
❖ Flatfoot	24-40 counts
❖ A Cappella	15-20 seconds

DEFINITIONS

TIME: Begins when 1st dancer starts dancing and ends when last dancer stops dancing except hoedown which begins when last dancer starts dancing and ends when 1st dancer stops dancing.

STUNTS: Lifts, pull throughs, splits, tosses, and leaps.

ACROBATICS: Cartwheels, flips, and aerials.

TEAM RULES

TEAM MEMBERSHIP: Membership may change up to 50% from the qualifying team's original dancers. Any reason for change is allowed.

MINIMUM NUMBER OF DANCERS: All teams must compete with a minimum of 3 dancers except all categories of line teams must compete with a minimum of 5 dancers and traditional teams a minimum of 8. Any combination of males and females. See Appendix 1 for minimum number and restrictions on males and female combinations of dancers for Appalachian Team Categories. No maximum number of dancers except small team, which allows up to 8 competitors.

CALLING OR CUEING: No calling or cueing from on or off stage by dancers or directors except in Appalachian or Traditional Teams (dancers only). See Appendix 1 for calling and cueing Appalachian rules.

TRADITIONAL TEAMS

4 or more Couples - any EVEN combination of males and females. These are couple- oriented dances. Figures encouraged but not required. No stunts or acrobatics. Instrumental, traditional music. Callers must be within the set.

PRECISION 4 or more Couples: Music with or without vocals. Dancers intentionally in step with each other (precision dancing). Progressive steps allowed. With or without callers.

HOEDOWN 4 or more Couples: Music with no vocals. No dancer intentionally in step with any other dancer. Figures must be called within the set.

LINE TEAMS

TRADITIONAL LINE: Instrumental, traditional music with or without vocals. Choreography is for one person, but danced by many. No Figures. Only feet may touch the floor. No hand or head choreography. All dancers must face the same direction at the same time. No entrances or exits. No dancing as couples and no individual freestyle dancing. No trading, twisting, passing through, or bending of lines. No rotation, V's, column formations, or interaction of lines. No body contact. No stunts or acrobatics.

STANDING LINE: Like Traditional Line except any type of music may be used and hand and head choreography is allowed. Hands may touch the floor.

MOVING LINE: Like Standing Line except any dancer can face any direction at any time. Lines can move in any direction. Trading, twisting, passing through, bending, rotation and interaction of lines, V's, and column formations may be done. No Figures.

CONTEMPORARY TEAMS

EXHIBITION: Any type of music, choreography, and steps. Stunts are ok, but acrobatics are not allowed.

SMALL: An exhibition routine with 8 or fewer members. Can not dance this same routine a second time in another category.

SHOW: Any type music, choreography, costumes, and steps that carry out a theme. 80% clog steps required. Hand and simple stage props, and stunts are allowed.

A CAPPELLA: No music allowed. Any type step may be danced. No entrance or exit. Judges will face away from the dancers.

COUPLE DUET RULES

Two dancers, any type of music (short duet music is selected by the competition staff). Couple –oriented dancing using the entire stage. Stunts are allowed, acrobatics are not.

BUCK AND WING: One male and one female couple.

SAME SEX: Two male or two female couples.

SHOW: Any two dancers whose music, choreography, costume, and steps carry out a theme. 80% clog steps required.

SHORT DUET: Any two dancers. Couples line-up like freestyle and do a short (32 -48 count) routine as couples. A warm-up and go-for-it as couples may be danced between the short routine.

SOLO RULES

FREESTYLE & FLATFOOT: Each competitor will dance a warm-up, a short (24 – 40 count) solo, and a go-for-it. Music may range from 100-135 beats per minute. Flatfoot requires drag and slide traditional clogging steps.

A CAPPELLA: Each competitor will dance a short solo (15-20 seconds) without any music. Judges will face away from dancers.

APPENDIX 1

Appalachian Team Categories

TRADITIONAL PRECISION CATEGORIES

6 or 8 Couple Precision

(Either 6 or 8 - Not Both)

- 1) 6 or 8 Couples - (**Even** Number of males and females - even number of couples only.
- 2) Minimum of 2 different big circle figures and a minimum of 4 different circle-4 figures. (Small) with progression between each. Corner-partner swing required after each circle-4 figure. Counter clockwise movement in progression. NO dance lifts, pull throughs, splits, tosses, leaps, cartwheels or flips. With the exception of Basket of Flowers.
- 3) Dancers in step with each other at all times while performing traditional mountain figures. A progressive step change is allowed. Traditional drag slide steps are encouraged.
- 4) Couples CANNOT progress across the center of the set. However, the center of the set may be used in a big circle figure. No Couple may progress outside the set.
- 5) Music break allowed. Instrumental traditional style of music, no vocals allowed. .
- 6) **Callers:** Figures may be called from the set, but are not required. If they are called, they must be from within the set.
- 7) **Time Limit:** 8 minutes

4-Couple Precision

- 1) 4-Couples: 4 males, 4 females.
- 2) Minimum of 2 big circle figures. Minimum of 4 different circle-4 figures (small) with progression between each. Corner-partner swing required after each circle-4 figure. Other figures may be used in this category along with the required. NO dance lifts, pull throughs, splits, tosses, leaps, cartwheels or flips. With the exception of Basket of Flowers.
- 3) Dancers must be in step with each other at all times. A progressive step change allowed. Traditional drag slide steps are encouraged.
- 4) Counter-clockwise movement in dance progression. No Couple may progress outside the set.

- 5) Music break allowed. Instrumental traditional style of music, no vocals allowed.
- 6) **Callers:** Figures may be called from the set, but are not required. If they are called, they must be from within the set
- 7) **Time Limit:** 8 minutes

Smooth Mountain Square Dance

(Either 6 or 8 - Not Both)

- 1) 6 or 8 Couples - **Even** number of males and females - even number of couples only.
- 2) Minimum of 2 big circle figures. Minimum of 4 different circle-4 figures (small) with progression between each. Corner-partner swing required after each circle-4 figure. NO dance lifts, pull throughs, splits, tosses, leaps, cartwheels or flips. With the exception of Basket of Flowers.
- 3) Gliding step on ball of the foot, (weight on ball of foot, with no heavy heel sound) while performing traditional mountain figures.. This is a precision dance. All dancers in step with each other at all times.
- 4) Counter-clockwise movement in dance progression. Couples may not progress across the center of the set. Center of the set may used in big circle figures.
- 5) Instrumental traditional style of music, no vocals allowed.
- 6) **Callers:** Figures MUST be called and heard from within the set.
- 7) **Time Limit:** 8 minutes

Smooth Mountain Square Dance

(Open 6 or 8 Couple)

- 1) 6 or 8 Couples - **Uneven** number of males and/or females - even number of couples only. Dancers in male positions are encouraged to be identifiable by distinguishing costuming or identification provided at festival by NCHC.
- 2) Minimum of 2 big circle figures. Minimum of 4 different circle-4 figures (small) with progression between each. Corner-partner swing required after each circle-4 figure. NO dance lifts, pull throughs, splits, tosses, leaps, cartwheels or flips. With the exception of Basket of Flowers.
- 3) Gliding step on ball of the foot, (weight on ball of foot, with no heavy heel sound) while performing traditional mountain figures.. This is a precision dance. All dancers in step with each other at all times.

- 4) Counter-clockwise movement in dance progression. Couples may not progress across the center of the set. Center of the set may used in big circle figures.
- 5) Instrumental traditional style of music, no vocals allowed.
- 6) **Callers:** Figures MUST be called and heard from within the set.
- 7) **Time Limit:** 8 minutes

Open Precision

- 1) Minimum of 8 Dancers - **Uneven** number of males and/or females - even number of couples only. Dancers in male positions are encouraged to be identifiable by distinguishing costuming or identification provided at festival by AAU
- 2) Minimum of 2 big circle figures. Minimum of 4 different circle-4 figures (small) with progression between each. Corner-partner swing required after each circle-4 figure. Other figures may be used in this category along with the required. NO dance lifts, pull throughs, splits, tosses, leaps, cartwheels or flips. With the exception of Basket of Flowers.
- 3) Dancers in step with each other at all times. A progressive step change allowed. Traditional drag slide steps are encouraged.
- 4) Counter-clockwise movement in dance progression. No Couple may progress outside the set.
- 5) Music break allowed. Instrumental traditional style of music, no vocals allowed.
- 6) **Callers:** Figures may be called from the set, but are not required. If they are called, they must be from within the set.
- 7) **Time Limit:** 8 minutes

Running Set Precision

- 1) 4-Couples - 4 males, 4 females.
- 2) English quadrille formation with 1 active couple (traveling). 4 different visiting couple figures, each led by 1 active couple. 1 opening figure, 1 closing figure, with all couples active (i.e., weave the basket) 3 connecting figures with all couples active (also called break figures). A break figure occurs at the end of the progression by the active couple when they return to their home position in the circle. NO dance lifts, pull throughs, splits, tosses, leaps, cartwheels or flips.
- 3) Running Step (performed using a soaring, graceful run with the ball of the foot bearing the dancer's weight) while performing traditional mountain figures.. This is a precision dance. All active dancers

in step with each other at all times. Some type of rhythmic movement by the inactive couples is required and must be done together in time with the music and should not detract from the active couples. They may pat their foot and clap hands to enforce the rhythm of the music ("patting") or they may continue a less aggressive running step.

- 4) Progression must be inside of the set in a counter-clockwise direction. Dancers must start together. At no time should active dancers stop dancing.
- 5) Instrumental traditional style of music, no vocals allowed.
- 6) **Callers:** Figures MUST be called and heard from within the set.
- 7) **Time Limit:** 8 minutes

TRADITIONAL HOEDOWN CATEGORIES

Open 6 or 8 Couple Freestyle

- 1) 6 or 8 Couples - Uneven number of males and/or females - even number of couples only. Dancers in male positions are encouraged to be identifiable by distinguishing costuming or identification provided at festival by NCHC.
- 2) Minimum of 2 big circle figures. Minimum of 4 different circle-4 figures (small) with progression between each. Corner-partner swing required after each circle-4 figure. NO dance lifts, pull throughs, splits, tosses, leaps, cartwheels or flips. With the exception of Basket of Flowers.
- 3) Southern Appalachian steps while performing traditional mountain figures. Team should strive for Rhythmic Southern Appalachian Sound. Dancers must not start simultaneously. No dancer intentionally in step with any other dancer. Speed should complement the grace and beauty of the dance.
- 4) Progression must be on the inside of the set in a counter-clockwise direction. Couples may not progress across the center of the set. Center of the set may be used in big circle figures.
- 5) Instrumental traditional style of music, no vocals allowed.
- 6) **Callers:** Figures MUST be called and heard from within the set.
- 7) **Time Limit:** 8 minutes

Southern Appalachian Traditional

(Either 6 or 8 - Not Both)

- 1) 6 or 8 Couples - Even number of males and females - even number of couples only.
- 2) Minimum of 2 big circle figures. Minimum of 4 different circle-4 figures (small) with progression between each. Corner-partner swing required after each circle-4 figure. NO dance lifts, pull throughs, splits, tosses, leaps, cartwheels or flips. With the exception of Basket of Flowers.
- 3) Southern Appalachian steps while performing traditional mountain figures. Team should strive for Rhythmic Southern Appalachian Sound. Dancers must not start simultaneously. No dancer intentionally in step with any other dancer. Speed should complement the grace and beauty of the dance.
- 4) Progression must be on the inside of the set in a counter-clockwise direction. Couples may not progress across the center of the set. Center of the set may be used in big circle figures.
- 5) Instrumental traditional style of music, no vocals allowed.
- 6) **Callers:** Figures MUST be called and heard from within the set.
- 7) **Time Limit:** 8 minutes

Running Set Hoedown

- 1) 4-Couples - 4 males, 4 females.
- 2) English quadrille formation with 1 active couple (traveling). 4 different visiting couple figures, each led by 1 active couple. 1 opening figure, 1 closing figure, with all couples active (i.e., weave the basket) 3 connecting figures with all couples active (also called break figures). A break figure occurs at the end of the progression by the active couple when they return to their home position in the circle. NO dance lifts, pull throughs, splits, tosses, leaps, cartwheels or flips. With the exception of Basket of Flowers.
- 3) Southern Appalachian steps while performing traditional mountain figures. Team should strive for Rhythmic Southern Appalachian Sound. No dancer intentionally in step with any other dancer. Speed should complement the grace and beauty of the dance.
- 4) Progression must be inside of the set in a counter-clockwise direction. Dancers must not start simultaneously.

- 5) Instrumental traditional style of music, no vocals allowed.
- 6) **Callers:** Figures MUST be called and heard from within the set.
- 7) **Time Limit:** 8 minutes
- 8)

Country Hoedown

- 1) 4 Couples - 4 males, 4 females.
- 2) Minimum of 2 big circle figures. Minimum of 4 different circle-4 figures (small) with progression between each. Corner-partner swing required after each circle-4 figure. NO dance lifts, pull throughs, splits, tosses, leaps, cartwheels or flips. With the exception of Basket of Flowers.
- 3) Southern Appalachian steps while performing traditional mountain figures. Team should strive for Rhythmic Southern Appalachian Sound. Dancers must not start simultaneously. No dancer intentionally in step with any other dancer. Speed should complement the grace and beauty of the dance.
- 4) Quadrille - (4 Couple square) formation with 1 or 2 active couples traveling. All couples must become the active couple sometime during the dance. Inactive couples **MUST HOLD HOME** position. Progression must be on the inside of the set in a counter-clockwise direction. Couples must square set prior to doing first figure (Identify "HOME" position prior to doing any figure or formation by swinging your partner). Dancers must not start simultaneously.
- 5) Instrumental traditional style of music, no vocals allowed.
- 6) **Callers:** Figures MUST be called and heard from within the set.
- 7) **Time Limit:** 8 minutes