

WEIGHTLIFTING

LOCATION: Ford Field, 2000 Brush Street, Detroit, MI

DATES: Monday, July 28 Athlete Check-In Ford Field
Monday, July 28 Technical Conference Ford Field
Monday, July 28 **Celebration of Athletes** **Ford Field – 7:00 PM**
Tuesday, July 29 – Friday, August 1 Competition Ford Field

ENTRY DEADLINE: Entries must be received no later than **Wednesday, July 2, 2003**. It is important that all forms be completed and returned with the entry fee. **ALL ENTRIES MUST BE RECEIVED BY THE DEADLINE DATE OR YOU WILL NOT BE ALLOWED TO COMPETE. No exceptions!**

ENTRY FEES: The individual athlete entry fee is \$35.00. The AAU Team entry fee is \$35.00. All entry fees are non-refundable. No personal checks will be accepted. All entry fees must be in the form of either a cashier's check or money order and should be made payable to **2003 AAU Junior Olympic Games**. Please do not send cash.

ATHLETES and COACHES must send entry forms and fees to the following address:

**2003 AAU Junior Olympic Games
Detroit Metro Sports Commission
211 W. Fort St., Suite 1000
Detroit, MI 48226**

ENTRY CONFIRMATION: TO CONFIRM THAT WE HAVE RECEIVED YOUR PACKET:

- PUT YOUR EMAIL ADDRESS ON THE ENTRY FORM. ONCE YOUR ENTRY HAS BEEN PROCESSED, YOU WILL RECEIVE AN EMAIL CONFIRMATION.
- IF YOU HAVE SENT YOUR PACKET VIA AN OVERNIGHT SERVICE (i.e. FedEx, UPS, Priority Mail) YOU CAN TRACK THE PACKET WITH THE AIRBILL NUMBER. IF YOUR PACKET HAS BEEN RECEIVED AND SIGNED FOR BY THE ENTRY DEADLINE THEN YOUR ENTRY WILL BE PROCESSED. ALL ENTRIES MUST BE RECEIVED BY THE ENTRY DEADLINE.

The Local Organizing Committee, (LOC) has spent many hours planning and preparing for this AAU Event. In order to make it a great success, we ask for your cooperation. It is the responsibility of the coach, designated person of a team, or athlete to return all the necessary monies and completed forms by the **deadline date**. It is **not** the responsibility of the LOC or the AAU to make sure all forms are fully completed and received on time. **HOWEVER, THE LOC AND AAU SHALL HAVE FULL AUTHORITY TO ACCEPT OR REJECT ENTRY(S) BASED ON THE CONTENT OF THE DOCUMENTS SUBMITTED AND/OR THE DATE RECEIVED!**

AAU MEMBERSHIP: REQUIRED - NO EXCEPTIONS. Each athlete and coach must be a member of the AAU and be able to present a 2003 AAU membership card at the time of check-in and at Weigh-in for his or her weight class. Athlete membership is \$10 and coach membership is \$12. Join on-line at www.aausports.org, contact your local AAU Office at 1-800-AAU-4USA or the AAU National Office at 407-934-7200.

QUALIFICATION: Open to all registered AAU or USA Weightlifting athletes who meet qualifying totals in either an AAU or USA Weightlifting competition. AAU membership is required for this competition.

AWARDS: AAU Junior Olympic Games medals will be awarded to the top six (6) finishers in each division. Plaques will be awarded to the first place winner in each weight class in each division. A "Best Lifter Award" will be presented in each age division, first place. Team awards will be presented to the top three (3) overall men's team and women's team. In addition, a "Coach of the Year" plaque will be presented.

CHECK-IN: **Pre-Registration:** It is extremely important that all entries be received in Detroit no later than the above-mentioned deadline date. ENTRY FORM(S) RECEIVED BEYOND THAT DATE WILL NOT BE ACCEPTED! Of course, we want as many athletes as possible to participate, so please get all entry forms in on time. Again, guaranteed overnight delivery will become mandatory if it is the only way to ensure compliance with the deadline date. Team entry forms must also be received by the deadline in order for athletes to be entered in the events.

On-Site Check-In: Check-In for athletes, coaches, clubs and teams participating in the AAU Junior Olympic Games will be held at Ford Field located in downtown Detroit at 2000 Brush Street. Please follow posted signs to the Check-In Area. For check-in hours, mapping and directions please consult your *Athletes', Coaches', and Parents' Handbook*. **Parking fees will typically range from \$3.00-\$6.00 per day, but other area events can cause parking fees to fluctuate.** For more information on parking, please refer to the *Athletes', Coaches', and Parents' Handbook*.

DIRECTIONS: **Directions to FORD FIELD:**
From the West (Airport): Take I-94 East to I-96 East, exit left at the I-75 exit. Proceed on I-75 North. Take the Grand River exit (# 50). Follow the service drive to Woodward Avenue and go East on Woodward. Comerica Park will be on your left and Ford Field is behind it. Turning left on Montcalm or Adams will take you to the stadium.
From the North/South: Take I-75 to the Grand River exit (#50). Follow the service drive to Woodward Avenue and go East on Woodward. Comerica Park will be on your left and Ford Field is behind it. Turning left on Montcalm or Adams will take you to the stadium.

**TECHNICAL
CONFERENCE:**

A Technical Conference for all athletes, coaches, and officials will take place on Monday, July 28 at 4:00 p.m. at Ford Field. Coaches may represent athletes at this conference but a representative from each delegation should be present. AAU & USAW RULES APPLY. A 7.5kg bar will be used for girls until 20kg is reached. A 7.5kg and 15kg bar will be used for boys until 25kg.

**USAW PARTICIPATION
AND RANKING:**

Per agreement between the AAU and USA Weightlifting, this event will only be comprised of AAU weight classes and qualifying totals. This event is sanctioned by both the AAU and USA Weightlifting. USAW teams and athletes are encouraged to attend. Totals made at this event by USA Weightlifting registered athletes will be valid for USAW ranking and qualification purposes and will be entered into the USAW athlete database.

TEAM COMPETITION:

Only registered clubs are eligible to enter teams. Team rosters and the AAU team entry fee must be **received by Wednesday, July 2, 2003**. The team entry fee is \$35 per team. Please make cashier check or money order payable to **2003 AAU Junior Olympic Games**. **Please do not send cash or personal checks!**

- Teams may enter in each age group with up to ten (10) athletes per group not to exceed two (2) athletes per weight class. There may also be two (2) overall teams entered, one (1) male, and one (1) female with each team consisting of the best fifteen (15) athletes from all age groups with a maximum of two (2) athletes per weight class. Team entry fee and form should be sent in along with all other entry materials to the DETROIT address.
- Team rosters will be submitted on the Team Entry Form, **no exceptions**. Each team member must be registered with the AAU club that he/she represents in order to score points. All athletes and coaches must be members of their AAU Associations and be able to present their 2003 AAU membership card at the time of check-in and at Weigh-in of their weight class. Athlete membership is \$10 and coach membership is \$12. Join on-line at www.aausports.org, contact your local AAU Office at 1-800-AAU-4USA or the AAU National Office at 407-934-7200.

ATTIRE:

Singlets will be required for competition.

**CELEBRATION OF
OF ATHLETES:**

The 2003 AAU Junior Olympic Games **Celebration of Athletes** will be held at Ford Field located in downtown Detroit on Monday, July 28 at 7:00 p.m. All athletes are encouraged to attend, as you won't want to miss the 2003 Celebration. The format of this year's Celebration has changed dramatically. Take some time to meet your fellow athletes from other states. Check the web site at www.aaujrogames.org for more announcements on this year's **Celebration of Athletes**. Parking fees will typically range from \$3.00-\$6.00 per day, but other area events downtown can cause parking fees to fluctuate.

PARKING:

The majority of venues for the 2003 AAU Junior Olympic Games will offer complimentary parking. However, exceptions to this include Ford Field in Downtown Detroit and Eastern Michigan University in Ypsilanti. Parking fees will typically range from \$3.00-\$6.00 per day, but other area events can cause parking fees to fluctuate. Parking regulations are strictly enforced both in Downtown Detroit and on-campus at Eastern Michigan University. Please obey all posted parking regulations, as the cost of a parking ticket will outweigh the cost of parking. More details on parking can be found in the *Athletes', Coaches', and Parents' Handbook*.

Also, please note that most downtown hotels will charge for parking at their location. These prices vary and often can be added directly to your hotel bill upon checkout. Please contact your hotel directly to determine if you will be charged for parking.

HOUSING:

All requests for hotels will be handled by the Detroit Housing Bureau. **Contact the Housing Bureau toll free at 877-228-9389 or book your rooms on-line at www.aaujrogames.org**. For a complete listing of properties please see the housing section of the Handbook or the web site. You will need to have the following information ready when contacting the Housing Bureau:

1. The sport you will be competing in
2. The number of people in your party
3. The number of rooms you need
4. Your arrival and departure dates
5. Your credit card number

IMPORTANT: All reservations require a one-night room and tax deposit through an approved form of credit. In the event an attendee needs to cancel their reservation, the cancellation must occur prior to 72 hours from the confirmed arrival date. If the cancellation occurs within 72 hours of the scheduled arrival, the hotel reserves the right to charge the guest for one night's room and tax.

TRANSPORTATION:

All athletes, coaches, and fans are responsible for their own transportation to and from all activities, events, and hotels.

SECURITY:

All 2003 AAU Junior Olympic Games facilities maintain the right to search any bags, backpacks, purses, jackets, etc. throughout the duration of the 2003 AAU Junior Olympic Games.

FOOD: All 2003 AAU Junior Olympic Games facilities maintain exclusive rights to concessions. Outside food and beverage are not permitted throughout the duration of the 2003 AAU Junior Olympic Games.

ADMISSION FEE: Each sport is a part of the 2003 AAU Junior Olympic Games. Admission to all venues and the Celebration of Athletes for credentialed participants only is included in your entry fee. Please note that you must check-in and pick up your athlete or coach credential prior to receiving admittance into any venue, including the Celebration of Athletes. All other spectators will be able to enjoy any of the sporting events throughout the 2003 AAU Junior Olympic Games or Celebration of Athletes by purchasing an admission ticket. For more information on ticket options, please refer to the *Athletes', Coaches', and Parents' Handbook* or visit www.aajrogames.org.

CONTACTS:

AAU NATIONAL LIAISON: Kyle Pierce Kinesiology and Health Science Department LSU in Shreveport One University Place Shreveport, LA 71115-2399 318-795-4241 (O) 318-797-5386 (F) kpierce@pilot.lsus.edu	AAU NATIONAL STAFF: Debby Batz AAU National Headquarters P.O. Box 22409 Lake Buena Vista, FL 32830 407-828-3561 (O) 407-934-7242 (F) debby@aausports.org www.aausports.org
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WEIGHTLIFTING TENTATIVE COMPETITION SCHEDULE

MONDAY, JULY 28, 2003

Monday will be the arrival date for athlete check-in and the technical conference. Competition changes will be posted at the meet site. ALL ATHLETES PLEASE bring envelope with AAU card (a must for all competitors) and proof of age (birth certificate or driver's license) and starting weights to Kilos at weigh-in at the competition site.

Technical Conference will be held at 4:00 p.m. SHARP at Ford Field.

The Celebration of Athletes will be held at 7:00 p.m. at Ford Field.

MINIMUM STARTING WEIGHT IS AT THE DISCRETION OF MEET DIRECTOR

TUESDAY, JULY 29, 2003

Age Group	Weight Class	Weigh-In	Lift
11-U Boys	All	9:00am	11:00am
13-U Boys	All	1:00pm	3:00pm

WEDNESDAY, JULY 30, 2003

Age Group	Weight Class	Weigh-In	Lift
11-U Girls	All	7:00am	9:00am
13-U Girls	All	9:00am	11:00pm
14 -16 Girls	All	11:00am	1:00pm
17 -19 Girls	All	1:00pm	3:00pm

THURSDAY, JULY 31, 2003

Age Group	Weight Class	Weigh-In	Lift
14 Boys	All	7:00am	9:00am
15 Boys	All	9:00am	11:00am
16 Boys	All	11:00am	1:00am

FRIDAY, AUGUST 1, 2003

Age Group	Weight Class	Weigh-in	Lift
17-19 Boys	56 - 69	7:00am	9:00am
17-19 Boys	77 - 85	9:00am	11:00am
17-19 Boys	94 - 105 +	11:00am	1:00pm

WEIGHTLIFTING AGE DIVISIONS & QUALIFYING TOTALS

BOYS

11 & Under Division (Born 1992 & After)

Weight Class	Qualifying Total
31 kg	25 kg
35 kg	30 kg
39 kg	35 kg
43 kg	40 kg
47 kg	45 kg
51 kg	50 kg
56 kg	55 kg
62 kg	60 kg
62 +kg	65 kg

14 & Under Division (Born 1989)

Weight Class	Qualifying Total
47 kg	65 kg
51 kg	70 kg
56 kg	77.5 kg
62 kg	85 kg
69 kg	95 kg
77 kg	105 kg
85 kg	110 kg
94 kg	115 kg
105 kg	120 kg
105 +	125 kg

16 & Under Division (Born 1987)

Weight Class	Qualifying Total
47 kg	85 kg
51 kg	95 kg
56 kg	105 kg
62 kg	115 kg
69 kg	125 kg
77 kg	135 kg
85 kg	145 kg
94 kg	152.5 kg
105 kg	157.5 kg
105 +	162.5 kg

12-13 Division (Born 1990 - 1991)

Weight Class	Qualifying Total
35 kg	40 kg
39 kg	47.5 kg
43 kg	52.5 kg
47 kg	60 kg
51 kg	65 kg
56 kg	72.5 kg
62 kg	80 kg
69 kg	87.5 kg
69 + kg	95 kg

15 & Under Division (Born 1988)

Weight Class	Qualifying Total
47 kg	75 kg
51 kg	82.5 kg
56 kg	90 kg
62 kg	100 kg
69 kg	110 kg
77 kg	120 kg
85 kg	127.5 kg
94 kg	132.5 kg
105 kg	137.5 kg
105 +	142.5 kg

17-19 Division (Born 1984 - 1986)

Weight Class	Qualifying Total
56 kg	115 kg
62 kg	127.5 kg
69 kg	140 kg
77 kg	152.5 kg
85 kg	160 kg
94 kg	167.5 kg
105 kg	175 kg
105 +	182.5 kg

GIRLS

11 & Under Division (Born 1992 & After)

Weight Class	Qualifying Total
31 kg	25 kg
35 kg	30 kg
39 kg	32.5 kg
43 kg	35 kg
48 kg	37.5 kg
53 kg	40 kg
58 kg	42.5 kg
58 +	45 kg

14 & Under Division (Born 1989)

Weight Class	Qualifying Total
43 kg	50 kg
48 kg	55 kg
53 kg	60 kg
58 kg	62.5 kg
63 kg	65 kg
69 kg	67.5 kg
75 kg	70 kg
75 +	72.5 kg

16 & Under Division (Born 1987)

Weight Class	Qualifying Total
43 kg	62.5 kg
48 kg	67.5 kg
53 kg	72.5 kg
58 kg	75 kg
63 kg	80 kg
69 kg	82.5 kg
75 kg	85 kg
75 +	87.5 kg

12-13 Division (Born 1990 - 1991)

Weight Class	Qualifying Total
35 kg	35 kg
39 kg	37.5 kg
43 kg	42.5 kg
48 kg	45 kg
53 kg	50 kg
58 kg	52.5 kg
63 kg	55 kg
63 + kg	57.5 kg

15 & Under Division (Born 1988)

Weight Class	Qualifying Total
43 kg	55 kg
48 kg	60 kg
53 kg	65 kg
58 kg	67.5 kg
63 kg	70 kg
69 kg	72.5 kg
75 kg	75 kg
75 +	77.5 kg

17-19 Division (Born 1984 - 1986)

Weight Class	Qualifying Total
48 kg	75 kg
53 kg	80 kg
58 kg	85 kg
63 kg	90 kg
69 kg	92.5 kg
75 kg	95 kg
75 +	97.5 kg