

# WEIGHTLIFTING TENTATIVE COMPETITION SCHEDULE

## MONDAY, JULY 28, 2003

Monday will be the arrival date for athlete check-in and the technical conference. Competition changes will be posted at the meet site. ALL ATHLETES PLEASE bring envelope with AAU card (a must for all competitors) and proof of age (birth certificate or driver's license) and starting weights to Kilos at weigh-in at the competition site.

Technical Conference will be held at 4:00 p.m. SHARP at Ford Field.

The Celebration of Athletes will be held at 7:00 p.m. at Ford Field.

**MINIMUM STARTING WEIGHT IS AT THE DISCRETION OF MEET DIRECTOR**

## TUESDAY, JULY 29, 2003

Age Group	Weight Class	Weigh-In	Lift
11-U Boys	All	9:00am	11:00am
13-U Boys	All	1:00pm	3:00pm

## WEDNESDAY, JULY 30, 2003

Age Group	Weight Class	Weigh-In	Lift
11-U Girls	All	7:00am	9:00am
13-U Girls	All	9:00am	11:00pm
14 -16 Girls	All	11:00am	1:00pm
17 -19 Girls	All	1:00pm	3:00pm

## THURSDAY, JULY 31, 2003

Age Group	Weight Class	Weigh-In	Lift
14 Boys	All	7:00am	9:00am
15 Boys	All	9:00am	11:00am
16 Boys	All	11:00am	1:00am

## FRIDAY, AUGUST 1, 2003

Age Group	Weight Class	Weigh-in	Lift
17-19 Boys	56 - 69	7:00am	9:00am
17-19 Boys	77 - 85	9:00am	11:00am
17-19 Boys	94 - 105 +	11:00am	1:00pm