



2008 AAU KARATE FLORIDA DISTRICT CHAMPIONSHIPS EAST COAST QUALIFIER

Saturday, March 8, 2008

Cocoa Beach High School

1500 Minutemen Causeway * Cocoa Beach, FL 32931

- Event Director(s): Mark Pinner (813) 989-2692 Florida AAU Karate Chairman
Dave Roth (772) 563-9333 AAU Region 4 Director
- Entry Fee(s): Athletes: \$55 For 1 Event * \$10 For Each Additional Event
Coaches: \$10 (FREE with 2008 AAU Karate Florida District Photo Credential)
Spectators: \$ 5 (Pay At Door-Age 7 & Under FREE!)
- Awards: Custom Medals 1st, 2nd & 3rd * Every Athlete will receive an award!
- Registration: Go to: **www.tkaf.com** and create your personal AAU Karate Page
- From your page, you can easily register ON-LINE for this Event
 - The Official Launch Date for www.tkaf.com is 02/18/08
 - This service is available to all 2008 Florida AAU Karate Members for FREE!

Schedule:

Saturday, 03/08/08

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| 8:00 a.m. - 8:45 a.m. | Referee/Coach/Volunteer Check-In |
| 8:00 a.m. - 9:45 a.m. | Athlete Check-In |
| 8:00 a.m. - 9:45 a.m. | Late/On-Site Registration (Add \$20 Service Charge!) |
| 9:00 a.m. | Referee/Coach/Volunteer Clinics |
| 9:30 a.m. | Athlete Meeting |
| 10:00 a.m. | Adult/Senior Divisions (Starting With Advanced) |
| 11:00 a.m. | Youth Divisions (Starting With Youngest) |

**CHECK-IN
IS MANDATORY
FOR ALL
PARTICIPANTS!**

Hotel:

Days Inn @ Cocoa Beach Pier (Beach Front)
5500 North Atlantic Avenue * Cocoa Beach, Florida 32931
Hotel Contact: Mike Rezmer (321) 784-2550 * Ext 495
Rate: \$104/Night * Reference AAU Karate District Championships

Bring your family for fun in the sun on beautiful Cocoa Beach!

Dear Athletes/Coaches/Referees/Volunteers:

We would like to personally invite you to attend the 2008 AAU Karate Florida District Championships and East Coast Qualifier on March 8th at Cocoa Beach High School in Cocoa Beach, Florida. The top 16 Athletes in each division will qualify here for the 2008 AAU Karate Region 4 Championships and National Qualifier on May 10th at the Lakeland Center in Lakeland, Florida.

We are excited to announce that Florida is the official test district for the new On-Line AAU Karate Event Management System at: **www.tkaf.com** and ask for your cooperation during this important developmental process. 2008 AAU Karate Clubs and Members will have the ability to view new AAU Florida Karate Events, manage their current Event Registrations and view past Event Results from their own personal web pages for FREE! Official Launch Date is scheduled for 02/18/08!

Florida had a great showing at the 2007 AAU National Karate Championships in Winston Salem, North Carolina and we are looking forward to the 2008 AAU National Karate Championships June 30th - July 5th in Albany, New York and the 2008 AAU Junior Olympic Games July 26th - 27th in Detroit, Michigan.

Don't forget that the 2008 Florida District Championships and West Coast Qualifier is fast approaching on April 5th at River Ridge Middle/High School in New Port Richey, Florida.

Thank you for your continued support of the AAU District, Regional and National Programs! Go Florida!

Respectfully,

Mark Pinner, Florida AAU Karate Chairman & Dave Roth, AAU Region 4 Director

Officials/Rules: This event will be officiated under the direction of licensed AAU Referees and Judges applying AAU Karate Rules fairly and impartially with emphasis/modification in the following areas:

Kobudo: Traditional Okinawan weapons of proper weight and design
Long and Short weapons combined (Bo, Tonfa, Eku, Nunchaku, Sai & Kama)

Kata: Traditional Katas from recognized styles of Karate, all styles combined

Kumite: Sanbon: 2 minutes or 3 points, half and full point scoring, single elimination
Safety Equipment:

Mandatory: AAU approved white naugahyde mitts, gum shield, AAU approved white headgear with face-shield (Youth), groin cup (Males)

Optional: AAU approved white headgear with face-shield (Adults), white cloth shin pads (Adults), white cloth shin/instep pads (Youth), chest protector (Females)

Dress Code: Athlete: Clean white traditional uniform with AAU Patch on left chest
No rolled sleeves/cuffs, trademarks, logos, embroidery, piping, or stripes
Athletes should wear correctly colored belts for competition based on the following years of karate training:
Beginner/Less than 1 year/White Belt
Novice/1 year but less than 2 years/Green Belt
Intermediate/2 years but less than 4 years/Brown Belt
Advanced/4 years or more of Karate Training/Black Belt
Long hair should be neatly gathered with discreet elastic bands (No metal clips)
Finger and toe nails should be short and neatly trimmed
Prohibited: Jewelry/earrings, hats, caps, headbands and sweatbands

Coach: Red/Blue AAU Coaches Shirt, white uniform pants, athletic shoes

Referee: AAU Tie, white shirt, gray pants, black belt/socks/shoes (*Blue Blazer optional*)

Athlete Divisions: Youth: Male, Female, Ages 5-6, 7-8, 9-10, 11-12, 13-14, 15-16, 17-18

Adult: Male, Female, Ages 19-34 Combined

Senior: Male, Female, Ages 35+ Combined

** Your Division is determined by your age as of July 1, 2008!*

** Divisions may be combined or divided at the discretion of the Event Directors!*

** You must be a 2008 AAU Member to participate! (Register on-line at www.ausports.org)*

Go to www.aaukarate.org and select "Rules" for a complete copy of the AAU Karate Handbook with clarification of all AAU Karate Rules including Uniform/Dress/Equipment requirements!