



UPDATES – AAU KARATE RULES

AAU Karate rules are updated at the AAU National Convention and implemented the following Nationals. The following rules were adopted at the October 2007 Convention but not yet re-written into the final AAU Karate rules on the www.AAUKarate.org website.

IN ADDITION TO USING THE KARATE RULES FOUND ON THE AAUKARATE.ORG WEBSITE, PLEASE TAKE NOTE OF RULE UPDATES SHOWN BELOW:

Shorin-Ryu Mandatory Kata Division

2nd Round (Sentei)

Kusanku Sho

Seisan

If you wish to suggest a rule change for the future, please forward your proposal to your Regional or District Director in order for your ideas to be considered at the AAU Convention.