

About AAU Karate

The AAU Karate Program offers opportunities for boys, girls, men and women - ages 5 to senior adults, in all skill levels to participate. Events are held throughout the country, including local Clinics/Seminars, District Championships, Super Regional Championships and National Championships.

Events are conducted under the current [AAU Code](#) and the [AAU Karate Handbook](#).

Benefits of AAU Karate

- Nationally recognized non-profit, multi-sport organization.
- Insurance, including general liability and participant accident, is included as a benefit of membership.
- Low membership fees
- Low tournament fees.
- Freedom and flexibility in conducting programs and hosting events.
- Multi-sport membership card allows participants to compete in any sport.
- Non-exclusive organization.
- Easy online registration for membership, insurance certificates, sanctions and events.
- Multi-year membership available – join for 1, 2 or 3 years.
- Level 3 Club Membership offering eligibility for tax-exempt status and to accept tax-exempt donations.

How to Get Started

Are you ready to become a member? [Click here to Join AAU](#).

Are you looking for tournaments to participate in? [Click here to Find an Event](#).

Are you interested in hosting a clinic/seminar or tournament? [Click here for information on Hosting Events](#).

For more information on Getting Started, [Click Here](#).

Looking for information on the Club Admin Area, [Click Here](#).