



# **2015 AAU TRAMPOLINE & TUMBLING LEADERSHIP CONFERENCE UPDATES OCTOBER 2015**



**AAU Trampoline & Tumbling Executive Committee welcomed new ideas, events and changes at the 2015 AAU Leadership Conference in Orlando, Florida in October 2015.**

**Message from Steve Landon, National Chair:**

Our goal at the AAU T&T Leadership Conference was to discuss rule changes and the upcoming 2015-2016 Competition Season. We wanted to remove/ update any rules that may negatively impact an athlete's score outside of the actual performance. My personal goal was to listen to the ideas and suggestions from the coaches in attendance and figure out a way to implement the ideas into this upcoming season.

We want to encourage all teams to join us this year at the Local, District, and Regional events, as well as, the 2016 AAU Junior Olympic Games. A fourth event was added to the 2016 AAU Junior Olympic Games, **Mini Tramp**, and we invite you to offer it at your competitions as well.

**Mini Tramp** is designed for your youngest athletes to be able to participate in competition and has the ability to help the more advanced athlete build speed and work on perfecting their form. Mini Tramp is a great introductory step into Double Mini and is a safer apparatus as it is lower to the ground. Level breakdowns, passes and specifications are enclosed in the link below.

**Attention Coaches:** We invite you to host AAU Trampoline & Tumbling events in your area for the 2015 – 2016 Season. For this season, we will be assisting with the costs of Event Licenses and Medals. For more information regarding hosting an event for the 2015-16 Season, please contact any officer on the Executive Committee.

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\*Please visit the AAU Trampoline & Tumbling website for additional updates and the official Rulebook.

**Click Here for More Information regarding; Rule Changes, Mini Tramp Routines & Specifications, Judging Information, and the current Calendar of Competitions for the 2015-16 Season.**