

OPEN WORK-OUT - February 13, 2015 COMPETITION - February 14-15, 2015

Estero Community Center 9200 Corkscrew Palms Blvd. Estero, Florida 33928

ELIGIBILITY:

- 1) This event is sanctioned by the Amateur Athletic Union of the U.S., Inc. All participants must have a current AAU A/B (Extended Benefit) Membership. AAU memberships may not be included as part of the entry fee to the event. AAU membership must be obtained before the competition begins. Participants are encouraged to visit the AAU web site www.aausports.org to obtain their membership.
- 2) <u>AAU National Team Trial Competitors</u> At least one team athlete (& paid team coach) must have competed in the 2014 AAU T&T Junior Olympic Games which were held in Des Moines, Iowa.
- 3) <u>Stars of Tomorrow National Team Trial Competitors</u> At least one team athlete (& paid team coach) must have competed in the 2014 T&T Junior Olympic Games which were held in Houston, Texas.
- 4) <u>Super Sunshine Invitational</u> All T&T athletes with a current AAU Extended Benefit Coverage Membership are welcome.

EQUIPMENT: Euro Tramps, Double-Mini, & Rod Floors

Athletes <u>may</u> only enter <u>each event once</u>. For example, can enter one Tumbling event, one Trampoline event, and one Double-Mini event; however, they cannot enter Team Trial Tumbling and Invitational Tumbling.

Athletes <u>may</u> enter more than one of the competitions. For example, may enter Invitational Tumbling, Stars of Tomorrow National Team Trial in Trampoline, and AAU National Team Trials in Double Mini.

SUPER INVITATIONAL - One flat fee of \$45 (one event, two events, or 3 events)

AAU & STARS OF TOMORROW NATIONAL TEAM FEES:

1 event: \$60 2 events: \$75 3 - events \$90

PLEASE NOTE: Once entered in at least one National Team event, must pay all National Team fees (even if entered in any Invitational event)

ADMISSION: Children 3& U: Free; Children 4-17: \$5; Adults: \$6; Seniors: \$4; Programs: \$5

SEND ENTRIES TO: PATTI LINGENFELTER

6304 Bayberry Blvd NE, Winter Haven FL 33881 Phone: 309-854-2896; Email: <u>ustapattim@gmail.com</u>.

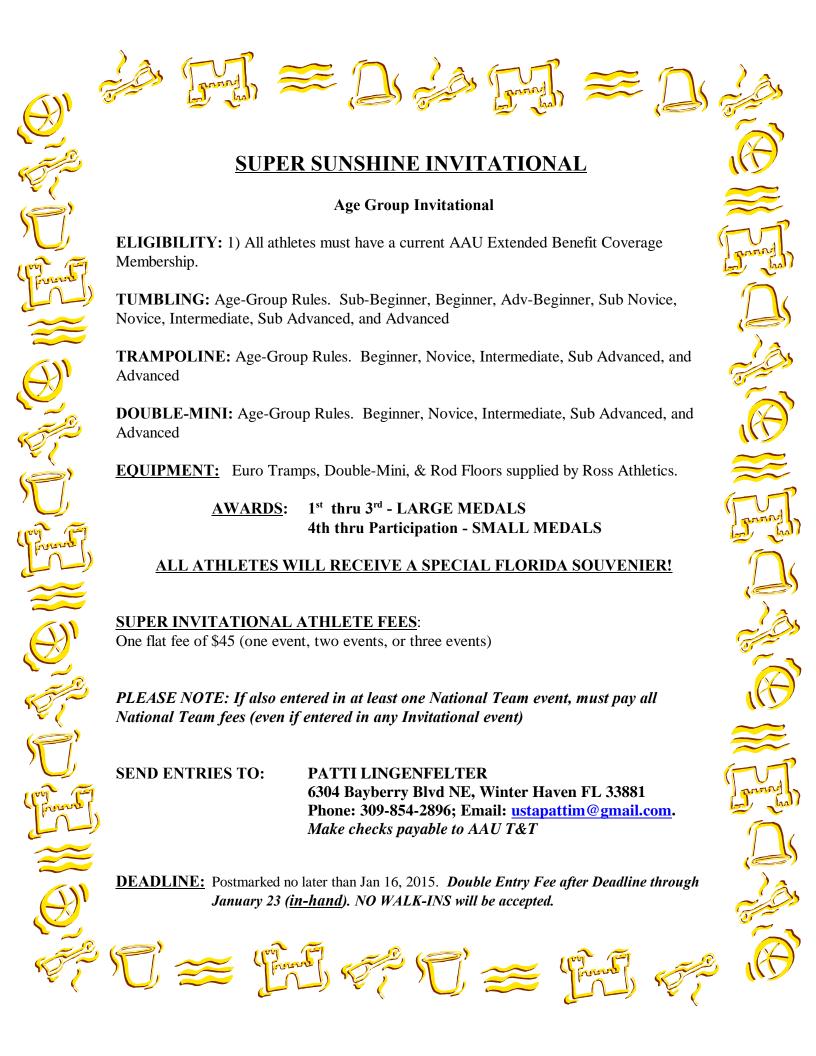
Make checks payable to AAU T&T

<u>DEADLINE:</u> Postmarked no later than Jan 16, 2015. *Double Entry Fee after Deadline through January 23 (in-hand). NO WALK-INS will be accepted.*

PLAN on the competition being BOTH Days. Trampoline, Double-Mini, & Tumbling will be on Saturday, but MAY run over to Sunday. The competition should be over by 3 p.m. on Sunday. NOTE: The key word is SHOULD.

→ SCHEDULE - The Competition Schedule will be emailed on January 23, 2015 ←

IF you don't have your coach's report and schedule by January 30 - YELL!



A.A.U. NATIONAL TEAM TRIAL

Open Competition



Tumbling/Trampoline/Double-Mini Levels (OPEN: NO AGE GROUPS)

Intermediate, Sub-Advanced, & Advanced. NO FINALS.

ELIGIBILITY: 1) All athletes must have a current AAU Extended Benefit Coverage Membership.

2) <u>AAU National Team Trial Athletes</u> At least one team athlete (& paid team coach) must have competed in the 2014 T&T Junior Olympic Games which were held in Des Moines, IA.

AAU NATIONAL TEAM TRIAL ATHLETE REQUIREMENTS: Team Athletes must compete at the 2015AAU Junior Olympic T&T Competition in Hampton Roads, VA. and the 2016 AAU Junior Olympic T&T Competition in Houston, TX.

1st - 3rd PLACE GIRLS & 1st PLACE BOYS WILL RECEIVE AN A.A.U. NATIONAL TEAM WARM-UP & COMPETITION ATTIRE.

TEAM TRIAL COMPETITIONS WILL BE OPEN COMPETITIONS: GIRLS (ALL AGES) WILL COMPETE TOGETHER AND BOYS (ALL AGES) WILL COMPETE TOGETHER (OPEN AGE GROUPS) IN EACH LEVEL IN EACH EVENT. FOR EXAMPLE, AN 8 YR. OLD INTERMEDIATE GIRLS TUMBLER WILL COMPETE WITH GIRLS OF ALL AGES ENTERED IN INTERMEDIATE GIRLS' TUMBLING.

ATHLETES MAY TRY OUT FOR BOTH NATIONAL TEAMS; HOWEVER, IF QUALIFY FOR BOTH, WILL BE ASSIGNED TO AAU NATIONAL TEAM.

EQUIPMENT: Euro Tramps, Double-Mini, & Rod Floors supplied by Ross Athletics

AAU NATIONAL TEAM TRIAL FEES:

1 event: \$60 2 events: \$75 3 - events \$90

PLEASE NOTE: Once entered in at least one National Team event, must pay all National Team fees (even if entered in any Invitational event). Athletes <u>may</u> only enter each event once. For example, can enter one Tumbling event, one Trampoline event, and one Double-Mini event.

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STARS OF TOMORROW TEAM

Open Competition
Tumbling, Trampoline, & Double-Mini.

Tumbling Levels (OPEN; NO AGE GROUPS): Beginners, Adv-Beginners, Sub-Novice, & Novice Trampoline/Double-Mini Levels (OPEN; NO AGE GROUPS): Beginner, & Novice. *NO FINALS*

ELIGIBILITY: 1) All athletes must have a current AAU Extended Benefit Coverage Membership.

2) <u>Stars of Tomorrow Team Trial Athletes</u> At least one team athlete (& paid team coach) must have competed in the 2014 T&T Junior Olympic Games which were held in Des Moines, IA.

STARS OF TOMORROW TEAM TRIAL ATHLETE REQUIREMENTS: Team Athletes must compete at the 2015 AAU Junior Olympic T&T Competition in Hampton Roads, VA. and the 2016 A.A.U. Junior Olympic T&T Competition in Houston, TX.

1st PLACE WINNERS WILL RECEIVE A ASTARS OF TOMORROW AS TEAM WARM-UP & COMPETITION ATTIRE.

TEAM TRIAL COMPETITIONS WILL BE OPEN COMPETITIONS: GIRLS (ALL AGES) WILL COMPETE TOGETHER AND BOYS (ALL AGES) WILL COMPETE TOGETHER (OPEN AGE GROUPS) IN EACH LEVEL IN EACH EVENT. FOR EXAMPLE, AN 8 YR. OLD NOVICE GIRLS TUMBLER WILL COMPETE WITH GIRLS OF ALL AGES ENTERED IN NOVICE GIRLS' TUMBLING.

ATHLETES MAY TRY OUT FOR BOTH NATIONAL TEAMS; HOWEVER, IF QUALIFY FOR BOTH, WILL BE ASSIGNED TO AAU NATIONAL TEAM.

EQUIPMENT: Euro Tramps, Double-Mini, & Rod Floors supplied by Ross Athletics.

STARS OF TOMORROW NATIONAL TEAM TRIAL FEES:

1 event: \$60 2 events: \$75 3 - events \$90

PLEASE NOTE: Once entered in at least one National Team event, must pay all National Team fees (even if entered in any Invitational event). Athletes <u>may</u> only enter each event once. For example, can enter one Tumbling event, one Trampoline event, and one Double-Mini event.

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HOST HOTELS:

BAYMONT INN & SUITES - \$119.99 + tax

9401 Market Place Road

Ft. Myers, FL 33912

Phone: 239-454-0040

Cut-off date: 1/9/15 - ask for AAU T&T

LaQUINTA INN & SUITES

9521 Market Place Road

Ft. Myers, FL 33912

Phone: 239-466-0012

Cut-off date: 1/9/15 - ask for AAU T&T

SUNSHINE INVITATIONAL AWARDS:

1st thru 3rd - LARGE MEDALS

4th thru Participation - SMALL MEDALS

A.A.U. NATIONAL TEAM:

Intermediate through Advanced

1st - 3rd PLACE GIRLS & 1st PLACE BOYS WILL RECEIVE AN A.A.U. NATIONAL TEAM WARM-UP & COMPETITION ATTIRE AND WILL BE FEATURED AT THE 2015 A.A.U. JUNIOR OLYMPICS IN HAMPTON ROADS, VA. AND THE 2015 A.A.U. JUNIOR OLYMPICS IN HOUSTON. TX..

STARS OF TOMORROW:

Beginner through Novice

1st PLACE WINNERS WILL RECEIVE A ☆STARS OF TOMORROW ☆ WARM-UP & COMPETITION ATTIRE AND WILL BE FEATURED AT THE 2015 A.A.U. JUNIOR OLYMPICS IN HAMPTON ROADS, VA. AND THE 2016 A.A.U. JUNIOR OLYMPICS IN HOUSTON, TX.

ALL ATHLETES WILL RECEIVE A SPECIAL FLORIDA SOUVENIER!



AAU NATIONAL TEAM & STARS OF TOMORROW NATIONAL TEAM ATHLETE CONTRACT

PLEASE PRINT

Name	e:	Sex:	_ Female	Male
Addro	ress:			
City:	State:	Zip:		
Phone	ne #: Email:			
AAU	J#			
Club:	<u></u>			
IN C	CONSIDERATION OF YOUR ACCEPTANCE OF MY ENTRY, I AGI	REE TO	THE FOLI	LOWING:
1. 2. 3. 4.	The Team I represent attended and competed in the 2014 AAU Junior Olym If I qualify for the AAU National Team, I agree to: A. Attend & compete in the 2015 & 2016 AAU Junior Olympic TT Comp B. Participate at the Opening Ceremonies at the 2015 & 2016 AAU Junior C. Not move up a level in event qualified in for the 1 st year after I make the Attend the AAU National Team Activities/Parties at the AAU Junior Olympic In consideration on your acceptance of my entry, I, intending to be legally be my heirs, executors, and administrators, waive, release, and discharge and admanges, which I may, or which may thereafter accrue to me against the AAU Estero Community Center, their respective officers, representatives, agents, and/or assigns for any damage which may be sustained by me in connection our entry in the competition, or which may arise out of my traveling to or free Competition, work-outs, performances, and activities. If I fail to comply with these stated conditions, I understand I will be remove return the team attire, and will not be allowed to try-out for the next team treating to the competition of the next team treating to the property of the next team treating to the property of the next team treating t	etition. Colympic te team. The cound, do hall rights and J., AAU Excussor with my a common said To	TT Competition. In the claims for a claims. It is a claim to a	ition. nyself, or ard, Ross Athletic with
ATH	ILETE SIGNATURE:			
	RENT/GUARDIAN NATURE:			_
COA	ACH SIGNATURE:			_

How to Register



EACH TEAM must complete and return the TEAM ENTRY INFORMATION FORM.

EACH ATHLETE trying out for the AAU National Team and/or the Stars of Tomorrow National Team must complete (requires a parents signature) and return the Contract.

EACH ATHLETE must complete and return the ATHLETE REGISTRATION AND WAIVER FORM.

example form: athlete is registering for Sub-Advanced Tumbling in the Super Invitational and Intermediate Trampoline & Double-Mini in the AAU National Team Trials. Amount due: \$90.

<u>K</u> TUN	MBLING: (CHECK ONE EVENT & ENTER CORRECT LEVEL)	
		LEVEL
X	SUPER INVITATIONAL	SUB-ADV
	STARS OF TOMORROW TEAM TRIALS	
	AAU NATIONAL TEAM TRIALS	
TRA	MPOLINE: (CHECK ONE EVENT & ENTER CORRECT LEVEL)	
		LEVEL
	SUPER INVITATIONAL	
	STARS OF TOMORROW TEAM TRIALS	
X	AAU NATIONAL TEAM TRIALS	INTERMEDIATE
DO	UBLE-MINI: (CHECK ONE EVENT & ENTER CORRECT LEVEL)	LEVEL
	SUPER INVITATIONAL	
	STARS OF TOMORROW TEAM TRIALS	
	l ·	

ATHLETE REGISTRATION & WAIVER FORM

In consideration on your acceptance of my entry, I, intending to be legally bound do hereby, for myself, my heirs, executors, and administrators, waive, release, and discharge any and all rights and claims for damages, which I may, or which may thereafter accrue to me against the AAU, Ross Athletics, Estero Community Center, or their respective officers, representatives, agents, successors, and/or assigns for any damages which may be sustained by me in connection with my association with or entry in the above competition, or which may arise out of my traveling to or from said competition at the Estero Community Cent on February 13, 14, & 15, 2015.

	LEVEL
SUPER INVITATIONAL	
STARS OF TOMORROW TEAM TRIALS	
AAU NATIONAL TEAM TRIALS	
SUPER INVITATIONAL STARS OF TOMORROW TEAM TRIALS	
STARS OF TOMORROW TEAM TRIALS AAU NATIONAL TEAM TRIALS	
OUBLE-MINI: (CHECK ONE & ENTER LEVEL)	LEVEL
	LEVEL
SUPER INVITATIONAL	
SUPER INVITATIONAL STARS OF TOMORROW TEAM TRIALS	

TEAM ENTRY INFORMATION FORM

**AAU NUMBERS MUST BE INCLUDED!!!

TEAM CONTACT:					
CLUB:					
CLUB AAU#	FAX# ()				
*EMAIL ADDRESS:					
PH# ()	PH# ()				
COACH NAMES & AAU#øs					
COACH NAMES & AAU#øs					
COACH NAMES & AAU#øs					
COACH NAMES & AAU#øs					
COLORS:					
CITY/STATE:					

*You MUST include an email address (that is checked daily) or you will not receive a final schedule!

PLAN on the competition being BOTH Days. The competition should be over by 3 p.m. on Sunday. NOTE: The key word is SHOULD.

*An OPEN WORK-OUT is scheduled for February 13 from 6 - 8 p.m.

→ SCHEDULE - The Competition Schedule will be mailed out on January 23, 2015 ←

IF you don't have your coach's report and schedule by January 30, 2015 - YELL!