AAU DOUBLE MINI DIFFICULTY

SINGLE SOMIS					
Front Skills	DD	Back Skills	DD		
Front Tuck	0.5	Back Tuck	0.5		
Front Pike	0.6	Back Pike	0.6		
Front Straight	0.6	Back Straight	0.6		
Barani Tuck	0.7				
Barani Pike	0.7				
Barani Straight	0.7	Back Half	0.7		
Front Full	0.9	Back Full	0.9		
Rudi	1.2	Double Full	1.5		
Randi	1.9	Triple Full	2.3		
Adolf	2.8	Quad Full	3.3		
DOUBLE SOMIS					
Front Skills	DD	Back Skills	DD		
Double Front Tuck	2.0	Double Back Tuck	2.0		
Double Front Pike	2.4	Double Back Pike	2.4		
Double Front Straight	2.8	Double Back Straight	2.8		
Half In or Half Out Tuck	2.4	Half-Half Tuck	2.8		
Half In or Half Out Pike	2.8	Half-Half Pike	3.2		
Half In or Half Out Straight	3.2	Half-Half Straight	3.6		
Rudi Out Tuck	3.2	Full In or Full Out Tuck	2.8		
Rudi Out Pike	3.6	Full In or Full Out Pike	3.2		
Rudi Out Straight	4.0	Full In or Full Out Straight	3.6		
Full-Barani Tuck	3.2	Full-Full Tuck	3.6		
Full-Barani Pike	3.6	Full-Full Pike	4.0		
Full-Barani Straight	4.0	Full-Full Straight	4.4		
Full-Rudi Tuck	4.0	Half-Rudi Tuck	3.6		
Full-Rudi Pike	4.4	Half-Rudi Pike	4.0		
Full-Rudi Straight	4.8	Half-Rudi Straight	4.4		
		Miller Tuck	4.4		
		Miller Pike	4.8		
		Miller Straight	5.2		
TRIPLE SOMIS					
Front Skills	DD	Back Skills	DD		

Half Out Triff Tuck	5.1	Triple Back Tuck	4.5
Half Out Triff Pike	5.9	Triple Back Pike	5.3
		Triple Back Straight	6.1
Rudi Out Triff Tuck	6.3	Half-Half Triff Tuck	5.7
Rudi Out Triff Pike	7.1	Half-Half Triff Pike	6.5

QUAD SOMIS



Quad Back Tuck 8.0

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