

MARCH 2006

A.A.U. T&T NEWSLETTER



SPRING IS HERE &

**THE AAU JUNIOR OLYMPIC
GAMES ARE JUST AROUND THE CORNER!**

Thank you Calendars!



A.A.U. District Championship Dates

»»FLORIDA District

April 15, 2006, High Springs, FL
hosted by Marcia Schneider, Tumblemania

»»ILLINOIS (Central) District

May 20-21, 2006, Bloomington, IL
hosted by Teresa Millmore, Gymnastics Etc.

»»INDIANA District

April 22-23, 2006, Terre Haute, IN
hosted by Dan Patton, Elite Energy

»»IOWA District

June 3-4, 2006, Waterloo, IA
hosted by Lee Whitmore, Waterloo T&T

»»KENTUCKY District

May 20, 2006, Morehead, KY
hosted by David Pollitte, TNT Gym

»»MICHIGAN District

April 22, 2006, Allendale, MI
hosted by Jenn Smith, Allendale Gym

»»MISSOURI (Ozark) District

April 29, 2006, St. Louis, MO
hosted by Jeri Inman, Concordia Turners

»»OHIO - May 6, 2003, Lucasville, OH

hosted by Henry Young, Mid-American Gym

»»OKLAHOMA District

TBA

»»TENNESSEE District

May 6, 2006, Piney Flats, TN
hosted by Tracy Taylor, Team Tri-Cities

»»TEXAS District

May 14, 2006, Round Rock, TX
hosted by Bryce Whitmore, AcroTex Gym

NOTE: All athletes must compete at the age they will be on July 28, 2006 (First day of the J.O. T&T Competition).



To qualify for Junior Olympics, an athlete must compete at their District Championship in their event.

To qualify for an District Championship, an athlete must compete in at least one (1) AAU Sanction Competition during that competition season in their event.

EXCEPTION: A club participating (competing) in AAU T&T a minimum of 3 consecutive years may send athletes to the District Championships without a prior sanctioned competition.

- - - - -

AAU DISTRICT CHAMPIONSHIP MEET DIRECTORS

Don't forget to hand out the J.O. Packets out at your District Championship! If you run out of packets, they can be printed directly off the A.A.U. Web Page - www.aaujrogame.org

Make sure only A.A.U. Certified Judges are hired for all A.A.U. District Championships.

If you have any questions, Contact
Patti Lingenfelter -
Ph 309-853-5253
Fax 309-853-3090
Email: ustapatti@insightbb.com

RULE CHANGES:

1. Double-Mini. The first skill must be either a mounter or a spotter skill. Failure will result in a termination of the pass
2. Double-Mini. The ta-dump deduction is 0.1-0.5 pts.
3. Double-Mini. The run-up mat must be marked for length at Assoc. Championships, J.O.'s, and Team Trials.
4. Beginner Double-Mini. If a mat is used to mount the Double-mini, it can only be placed long ways.
5. Sub-Advanced Double-Mini. At least one pass must contain a spotter skill. Failure will result in a 2.0 pt. deduction.
6. Trampoline. All skills landing on one foot will result in termination, loss of skill, and 0.3 pt. deduction, even if the last skill.
7. Beginner Trampoline. Warm-ups - 1 pass; 45 seconds.
8. Coach attire. Track suit, team t-shirt or polo, pants or finger length hemmed shorts, athletic shoes. No denim shorts or pants. Violators may be asked to leave the competition floor.

2006 A.A.U. T&T JUNIOR OLYMPIC GAMES
Hampton Roads Convention Center
1610 Coliseum Drive
Hampton, VA 23666
July 28 - 31, 2006

Thursday	Open Work-Out	
July 27	7 - 9 p.m.	
Friday	Tumbling: S-Beg; Beg; A-Beg; Nov	PRELIMS
July 28	Synchro Tramp: S-Adv; Adv	***
	Trampoline: Beg; Int	PRELIMS
	D-Mini: S-Adv; Int	PRELIMS
	Open Work-Out 6 - 7 p.m. (or after competition)	
Saturday	Tumbling: S-Beg; Beg; A-Beg; Nov	FINALS
July 29	Trampoline: Nov; S-Adv; Adv	PRELIMS
	D-Mini: Beg; Nov; Adv	PRELIMS
	Open Work-Out 6 - 7 p.m. (or after competition)	
Sunday	Tumbling: S-Nov; Int; S-Adv; Adv	PRELIMS
July 30	Trampoline: Beg; Adv	FINALS
	D-Mini: Beg; S-Adv	FINALS
	No Open Work-Out	
Monday	Tumbling: Adv; S-Adv; Int; S-Nov	FINALS
July 31	Trampoline: Nov; Int; S-Adv	FINALS
	D-Mini: Nov; Int; Adv	FINALS
	Parade of Champions	

*** There are NO FINALS for Synchro Trampoline



Celebration of Athletes will be held on July 31



All Athletes must be in competition attire for the Open Work-Outs!



All athletes must compete at the age they will be on July 28, 2006 (First day of the J.O. T&T Competition).

**FOR MORE INFORMATION ON THE
2006 JUNIOR OLYMPIC GAMES - Go
to the AAU Junior Olympic Web Page:**

www.aaujrogames.org

If you want to purchase some excellent equipment at the competition and agree to provide transportation yourself, Ross Athletic Supply, Inc. Will give you great prices! Contact Ross at:

Phone: 1-888-600-7677
E-mail: Sales@rossathletic.com

PLEASE remember, the current AAU Team is for one year only! There will be Team Trial for a new team in 2007.

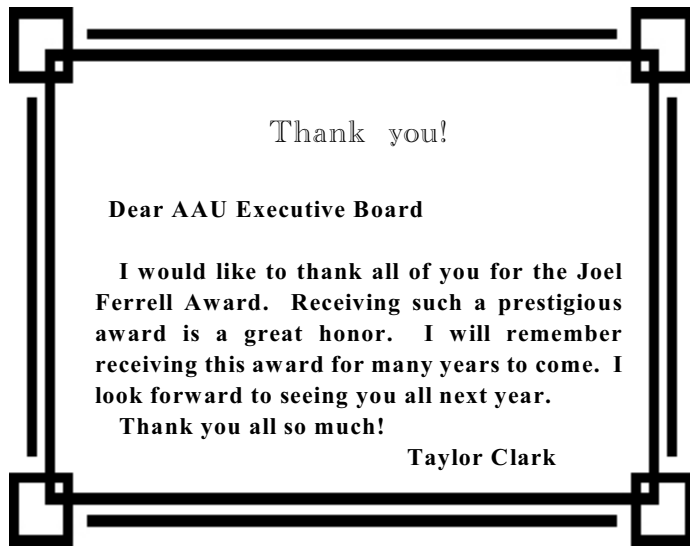
If your team does not compete in the AAU Junior Olympic T&T Competition, no one from your team will be eligible to try out for the AAU National Team.

FOR SALE:

25'x110' Building set-up for tumbling, trampoline, and dance that is located in a small, quaint Illinois community (30 minutes from Blooming; 40 minutes from Peoria). Separate dance room. Good solid condition - very good roof, new faucet, good furnace.

Asking price is \$42,000; however; willing to negotiate.

Contact: Linda DeRubeis, Toluca, IL
Phone: 309-452-8977
E-mail: lderubeis@hotmail.com



Thank you!

Dear AAU Executive Board

I would like to thank all of you for the Joel Ferrell Award. Receiving such a prestigious award is a great honor. I will remember receiving this award for many years to come. I look forward to seeing you all next year.

Thank you all so much!

Taylor Clark

The A.A.U. National Convention will be held in Honolulu, Hawaii, on October 23 - 27, 2006.

Watch the A.A.U. Web Page (www.aausports.org) for updates....



To find out more about our current AAU National Team Members - check out their pictures and bios on the AAU T&T Web Page.

aausports.org

2006 A.A.U. NATIONAL TEAM

Lucas Baker, 5 Star Tumbling and Trampoline, Crystal Lake, IL
Brianna Barmes, E-Z Starz, Vincennes, IN
Cory Barnes, Tumbling Tornados, Canton, IL
Andrea Bauer, Patti's Gym, Kewanee, IL
Ariel Beam, Somerset Elite Training Center, Somerset, KY
Mackenzie Call, Patti's Gym, Kewanee, IL
Hayley Carmean, E-Z Starz, Vincennes, IN
Christian Cole, Studios Unlimited, Mt. Sterling, KY
Jana Eubank, E-Z Starz, Vincennes, IN
Anna Filipic, Patti's Gym, Kewanee, IL
Austin Filipcic, Patti's Gym, Kewanee, IL
Adam Greene, Apex Academy, Louisville, KY
Caitlin Grey, Will Power Tumbling, Gallipolis, OH
Kodi Hammer, Patti's Gym, Kewanee, IL
Stephanie Helber, Gotta Flip, Grove City, OH
Josh Huseman, Patti's Gym, Kewanee, IL
Dianna Jarvis, Will Power Tumbling, Gallipolis, OH
Stephanie Jarvis, Will Power Tumbling, Gallipolis, OH
Erin Jauch, Fox Valley Power Tumblers, Crystal Lake, IL
Katie Kincaid, 5 Star Tumbling and Trampoline, Crystal Lake, IL
Andrew Knapp, Patti's Gym, Kewanee, IL
Nikki Kriz, Patti's Gym, Kewanee, IL
Kelsey Lorman, Somerset Elite Training Center, Somerset, KY
Sarah Maynard, Patti's Gym - Kewanee, IL
Breanna Meeks, Somerset Elite Training Center, Somerset, KY
Jacob Pilkington, Quincy Gymnastics, Quincy, IL
Schuyler Pracht, Sooner Tumbling & Trampoline, Alex, OK
Kelly Rhodes, Elite Energy, Terre Haute, IN
Cassidy Savage, Tumbling Tornados, Patti's Gym
Sophie Simmons, Tumbling Tornados, Canton, IL
Jessica Simon, Central Michigan Tumbling & Trampoline, Remus, MI
Phoenix Smallwood, Patti's Gym, Kewanee, IL
Kayla Spencer, Somerset Elite Training Center, Somerset, KY
Derrick Weiss, Apex Academy, Louisville, KY
Samantha Welch, 5 Star Tumbling and Trampoline, Crystal Lake, IL
Laken Workman, The Dance Factory, Taylorville, IL
Shelby Young, Elite Energy, Terre Haute, IN



IMAGINE BELIEVE ACHIEVE

**A.A.U. JUNIOR OLYMPIC
TRAMPOLINE & TUMBLING VOLUNTEER**

Hampton, VA ★ July 28 - 31, 2006

PLEASE PRINT

Name: Address: _____
Address: _____
City, State, Zip: _____
Phone # with area code: _____
E-mail: _____
*Age: _____ T-shirt Size: _____

PLEASE CHECK ONE OR MORE

- Set-up Tear Down
 Calculate Scores Post Scores
 Line-Up Athletes Doesn't Matter

Name: Address: _____
Address: _____
City, State, Zip: _____
Phone # with area code: _____
E-mail: _____
*Age: _____ T-shirt Size: _____

PLEASE CHECK ONE OR MORE

- Set-up Tear Down
 Calculate Scores Post Scores
 Line-Up Athletes Doesn't Matter

Name: Address: _____
Address: _____
City, State, Zip: _____
Phone # with area code: _____
E-mail: _____
*Age: _____ T-shirt Size: _____

PLEASE CHECK ONE OR MORE

- Set-up Tear Down
 Calculate Scores Post Scores
 Line-Up Athletes Doesn't Matter

Name: _____
Address: _____
City, State, Zip: _____
Phone # with area code: _____
E-mail: _____
*Age: _____ T-shirt Size: _____

PLEASE CHECK ONE OR MORE

- Set-up Tear down
 Calculate Scores Post Scores
 Line-Up Athletes Doesn't Matter

Name: Address: _____
Address: _____
City, State, Zip: _____
Phone # with area code: _____
E-mail: _____
*Age: _____ T-shirt Size: _____

PLEASE CHECK ONE OR MORE

- Set-up Tear Down
 Calculate Scores Post Scores
 Line-Up Athletes Doesn't Matter

Name: Address: _____
Address: _____
City, State, Zip: _____
Phone # with area code: _____
E-mail: _____
*Age: _____ T-shirt Size: _____

PLEASE CHECK ONE OR MORE

- Set-up Tear Down
 Calculate Scores Post Scores
 Line-Up Athletes Doesn't Matter

*MUST be at least 15 years old to volunteer

**YOU WILL RECEIVE A PASS FOR THE DAY(S) YOU WORK AND A T-SHIRT
AS LONG A YOU WORK A FIVE (5) HOUR SESSION.**

**Return to: Patti Lingenfelter, AAU Trampoline & Tumbling National Sport Chair
300 E Oak Street, Kewanee IL 61443
E-mail: ustapatti@insightbb.com; Fax: 309-853-3090**