

## Meet Update

**NJ AAU District Championships (June 3<sup>rd</sup>) will start at 8am. The first call for the 4X800 Relay will be 7:30am. I strongly suggest that you pick up your packet on Saturday, June 2nd between 3 and 5pm, at Memorial Stadium, New Brunswick, NJ.**

**When you come to pick up your packet, you must have a signed [Entry and Waiver Form](#) for every athlete; or you will not be able to receive your packet. Click for [Advancement & Waiver Form](#)**

**Always carry a copy of your athletes' birth certificate or AAU registration card stamped birthdates verified.**

**All coaches and officials meeting will be held 7:30 a.m. at start/finish line. Coaches please come prepared to declare your scratches for the 100, 200 and 400 meters. It will allow us to combine heats. This will allow us to eliminate empty heats, thusly increasing competition and shortening the length of the meet.**

**Ron McBride, Meet Director**