



**2007 AAU Maryland District
Track & Field Championship**

**Saturday, June 9, 2007
&
Sunday, June 10, 2007**

**Mervo High School
3500 Hillen Road
Baltimore, MD. 21218**



2007 AAU Maryland District Track & Field Championship



- Host Club:** Freddie Hendricks
- Meet Director:** William Vaughan (443) 803-2887
williamvaughan_8@hotmail.com
- Meet Referee &
MD. AAU Director:** Felix Rogers (410) 496-8448 flexrogr@bcpl.net
- Dates:** Saturday, June 9, 2007
Sunday, June 10, 2007
- Time:** Events start at 8:00 AM on Saturday & Sunday
- Location:** Mervo High School
3500 Hillen Road
Baltimore, MD. 21218
- Entry:** Each athlete competing in this meet, must complete an individual entry form. If the athlete is only in a relay or multi-event, an individual entry form must be completed. You will also have to go on coacho.com to do a team entry as well.
- Entry Fee:** \$15.00 per individual athlete. Only certified checks or money orders will be accepted. Make check payable to Freddie Hendricks Track Club.
- Send Entries To:** AAU Meet Entry
William Vaughan
5721 Arnhem Road
Baltimore, MD. 21206
- Entry Deadline:** All entries for 14 yrs and under athletes must be received by May 23, 2007. and entries for high school age athletes by May 30, 2007. Entries sent after these date will be add only as time permits, and must have a \$2 late fee along with the \$15 entry fee for a total of \$17.



2007 AAU Maryland District Track & Field Championship



Proof of Age: Birth Certificates must be file with the entry forms.
AAU Membership: For an athlete to be eligible to compete in this meet, they must be a register member of AAU. They may register online at <http://www.aausports.org> or by contacting Kathy Campbell, at (410) 683-1451 14828 Jarrettsville Pike Monkton, MD. 21111.

Advancement: The top six finishers in each event and division, will advance to the AAU Region 2 Championship, hosted by the Mid-Atlantic District on the dates from July 11 until July 14, 2007. The Region meet will be held at Delaware State University, in Dover, DE.

Awards: AAU Championship Medals for the top six finisher in each event and division.

- 1st place gold medal
- 2nd place silver medal
- 3rd place bronze medal
- 4th place copper medal
- 5th place copper medal
- 6th place copper medal

Competition Divisions: All athletes must compete in the division as defined below;

<u>Girls</u>	<u>Boys</u>	<u>Division</u>	<u>Year of Birth</u>	<u>Age as of 12/31/2007</u>
PG	PB	Primary	1999 & before	8 & under
SBG	SBB	Sub-Bantam	1998	9
BG	BG	Bantam	1997	10
SMG	SMB	Sub-Midget	1996	11
MG	MB	Midget	1995	12
SYG	SYB	Sub-Youth	1994	13
YG	YB	Youth	1993	14
IG	IB	Intermediate	1991 & 1992	15 & 16
YW	YM	Young Women/Men	1990 & 1989	17 & 18

Eligible if still 18 on August 10, 2007



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Relay Events:

Each Relay Team must represent a registered AAU Club. Clubs may register using information listed under “AAU Membership” above. Each relay must complete a relay entry form and list up to eight (8) athletes from the club in the specific division. Athletes listed as relay alternates with have that relay event count towards their event limitation.

Relay events are competed in the following combined divisions;

<u>Combined Relay Division</u>	<u>Divisions Allow</u>
Bantam	Sub-Bantam & Bantam
Midget	Sub-Midget & Midget
Youth	Sub-Youth & Youth
Intermediate	Intermediate
Young Women/Men	Young Women/Men

Event Limitations:

Primary, Sub-Bantam, Bantam, Sub-Midget, and Midget divisions may compete in a maximum of three (3) events including relays. Sub-Youth, Youth, Intermediate, and Young Women/Men may compete in a maximum of four (4) events including relays. Multi-Events do not count towards these limitation, but relay athletes and relay alternates do count towards these limitation. There is no additional entry fee for relay events.

Waived Events:

The 2000 m Steeplechase and all of the Multi-Events will be passed to the Regional. Athletes entering these events must complete an individual entry form and indicate this event on the form. Multi-Events do not count towards the limitation. See the event list below for divisions eligible for these events.



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Event Calls:

It is the athletes' responsibility to hear the calls and report to their event venue on the first call for their division. Field event athletes should report directly to the field event venue, and track event athletes should report to the clerking area. The meet will not delay, rerun, or add for any athlete who is tardy to check-in. There will be absolutely no exceptions.

Protest:

Protest must be submitted in writing to the Meet Referee within 30 minutes after the infraction. The board of appeals, which is appointed by the Meet Director, will render a decision.

Timing:

Fully Automatic Timing (FAT) Services and Data Services, will be provided by Quentin Wilson's group.

2007 AAU Events

Year of Birth	Upper Year		1999 and Earlier		1998		1997		1996		1995		1994		1993		1991		1989	
	Lower Year		Earlier		Sub-Bantam		Bantam		Sub-Midget		Midget		Sub-Youth		Youth		Intermediate		Young Adult	
Division	Gender		Primary		Sub-Bantam		Bantam		Sub-Midget		Midget		Sub-Youth		Youth		Intermediate		Young Adult	
	Girl	Boy	Girl	Boy	Girl	Boy	Girl	Boy	Girl	Boy	Girl	Boy	Girl	Boy	Girl	Boy	Girl	Boy	Women	Men
Running Events	100 m	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	XX	X	XX
	200 m	X	X	XX	X	X	X	X	X	X	X	X	X	X	X	X	XX	X	XX	X
	400 m	X	X	X	XX	X	XX	X	X	X	X	X	X	X	X	X	XX	X	XX	XX
	800 m	X	X	X	X	X	X	X	XX	X	XX	X	XX	X	XX	X	XX	X	XX	X
	1500 m			X	X	X	XX	X	X	XX	X	XX	X	XX	X	XX	X	XX	X	XX
Racewalk Events	3000 m																			
	1500 m RW			X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Hurdle Events	3000 m RW																			
	80m Hurdles								8@30"	8@30"	8@30"	8@30"								
	100 m Hurdles												10@30"	10@33"	10@33"	10@33"	10@33"	10@33"		
	110 m Hurdles																			
	200 m Hurdles																			
Steeplechase	400 m Hurdles																			
	2000 m																			
Relay Events	4x100 m Relay																			
	4x400 m Relay																			
	4x800 m Relay																			
Jumping Events	High Jump																			
	Long Jump	X	X	XX	X	XX	XX	XX	XX	XX	XX	XX	XX	XX	XX	XX	XX	XX	XX	XX
	Triple Jump																			
	Pole Vault																			
Throwing Events	Shot Put	6 lbs	6 lbs	6 lbs	6 lbs	6 lbs	6 lbs	6 lbs	6 lbs	6 lbs	6 lbs	6 lbs	6 lbs	4 kg	4 kg	4 kg	4 kg	12 lbs	4 kg	12 lbs
	Discus Throw													1.0 kg	1.0 kg	1.0 kg	1.0 kg	1.6 kg	1.0 kg	1.6 kg
	Javelin Throw													600 gm	600 gm	600 gm	600 gm	800 gm	600 gm	800 gm
	Turbo Javelin *	300 gm	300 gm	300 gm	300 gm	300 gm	300 gm	300 gm	300 gm	300 gm	300 gm	300 gm	300 gm	600 gm	600 gm	600 gm	600 gm	800 gm	600 gm	800 gm
Multi Events	Triathlon			XX	XX	XX	XX	XX	XX	XX	XX	XX	XX	XX	XX	XX	XX	XX	XX	XX
	Pentathlon																			
	Heptathlon																			
	Decathlon																			XX

Notes: *Italicized Events are also part of the Multi-Events.*

Relays are combined division for younger ages.

* Turbo Javelin is exhibition only, and do not advance.

Bantam & Sub-Bantam, Midget & Sub-Midget, and Youth & Sub-Youth



2007 Maryland AAU Association Championships

Order of Track Events

Saturday June 9, 2007



Event	Divisions	Round	Notes
3000 m Run	SMG,SMB,MG,MB,SYG,SYB,YG,YB,IG,IBYW,YM	Timed Final	18 per heat, water fall start, may combine
100 m Dash	All Divisions	Semi-Final	Random draw, fastest 8 to final
1500 m Racewalk	SBG,SBB,BG,BB,SMG,SMB,MG,MB	Timed Final	18 per heat, water fall start, may combine
80 m Hurdles	SMG,SMB,MG,MB	Semi-Final	8 hurdles @ 33", 7.5 m spacing
100 m Hurdles	SYG,YG	Semi-Final	10 hurdles @ 30", 8.5 m spacing
100 m Hurdles	SYB,YB,IG,YW	Semi-Final	10 hurdles @ 33", 8.5 m spacing
110 m Hurdles	IB,YM	Semi-Final	10 hurdles @ 39", 9.14 m spacing
800 m Run	All Divisions	Timed Final	1 turn stagger, 12 per heat
200 m Dash	All Divisions	Semi-Final	Random draw, fastest 8 to final
4x800 m Relay	MG,MB,YG,YB,IG,IB,YW,YM	Timed Final	SMG/MG, SMB/MB, SYG/YG, SYB/YB
4x100 m Relay	BG,BB,MG,MB,YG,YB,IG,IB,YW,YM	Timed Final	SBG/BG, SBB/BB, SMG/MG, SMB/MB, SYG/YG, SYB/YB

Sunday June 10, 2007

Event	Divisions	Round	Notes
3000 m Racewalk	SYG,SYB,YG,YB,IG,IB,YW,YM	Timed Final	18 per heat, water fall start, may combine
400 m Dash	All Divisions	Timed Final	
100 m Dash	All Divisions	Final	
200 m Hurdles	SYG,SYB,YG,YB	Timed Final	5 hurdles @ 30"
400 m Hurdles	IG,YW	Timed Final	10 hurdles @ 30"
400 m Hurdles	IB,YM	Timed Final	10 hurdles @ 36"
1500 m Run	SBG,SBB,BG,BB,SMG,SMB,MG,MB,SYG,SYB,YG,YB,IG,IBYW,YM	Timed Final	18 per heat, water fall start
80 m Hurdles	SMG,SMB,MG,MB	Final	8 hurdles @ 33", 7.5 m spacing
100 m Hurdles	SYG,YG	Final	10 hurdles @ 30", 8.5 m spacing
100 m Hurdles	SYB,YB,IG,YW	Final	10 hurdles @ 33", 8.5 m spacing
110 m Hurdles	IB,YM	Final	10 hurdles @ 39", 9.14 m spacing
200 m Dash	All Divisions	Final	
4x400 m Relay	BG,BB,MG,MB,YG,YB,IG,IB,YW,YM	Timed Final	SBG/BG, SBB/BB, SMG/MG, SMB/MB, SYG/YG, SYB/YB 3 turn stagger

- 100 m Dash, 200 m Dash, 80 m Hurdles, 100 m Hurdles, and 110 m Hurdles events each have two rounds, Semi-Final and Final. The 8 fastest times from the Semi-Final will advance to the final. If there are 8 or less entries in the Semi-Final, then all entries will be passed to the final. All other events will be run as a timed final.
- All the above listed event, plus 400 m Dash, 200 m Hurdles, 400 m Hurdles, and 4x100 m Relay will be run in lanes with up 8 athletes per heat. The 4x400 m Relay will be run with a three turn stagger and up 8 athletes per heat. The 800 m Run and 4x800 m Relay will be run with a one turn stagger, and up to 12 athletes per heat, with the extra 4 being filled by doubling up the even lanes, starting from the outside (lane 8) and moving in (lane 6, 4, 2). All other events will run from a waterfall start, with the 1500 m Run having a maximum of 16 athletes, and the 3000 m Run, 1500 m Racewalk, and 3000 m Racewalk events having a maximum of 18 athletes per heat.
- Divisions may be combined for longer races where it is reasonable.



2007 Maryland AAU Association Championships Field Events



Saturday June 9, 2007

Event	Divisions Order									Notes
Shot Put	PG, PB 6 lbs	SBC, SBB 6 lbs	BB, BG 6 lbs	SMG, SMB 6 lbs	MG, MB 6 lbs	SYG, SYB 6 lbs, 4 kg	YG, YB 6 lbs, 4 kg	IG, IB 4 kg, 12 lbs	YW, YM 4 kg, 12 lbs	
Discus										
Turbo Javelin	PG, PB 300 gm	SBC, SBB 300 gm	BB, BG 300 gm	SMG, SMB 300 gm	MG, MB 300 gm					after shot put, does not advance
Javelin										
High Jump	YW, YM	IG, IB	SYG, SYB	YG, YB						
Long Jump	PG, PB	SBC, SBB	BB, BG	SMG, SMB	MG, MB					
Triple Jump										
Pole Vault	SYG, YG	SYB, YB	IG, YW	IB, YM						

Sunday June 10, 2007

Event	Divisions Order							Notes	
Shot Put									
Discus	SMG, MG 1.0 kg	SMB, MB 1.0 kg	SYG, YG 1.0 kg	SYB, YB 1.0 kg	IG, YW 1.0 kg	IB, YM 1.6 kg			
Turbo Javelin									
Javelin	SYG, YG 600 gm	SYB, YB 600 gm	IG, YW 600 gm	IB, YM 800 gm				after Discus	
High Jump	SMG, SMB	MG, MB	SBC, SBB	BG, BB					
Long Jump	SYG, SYB	YG, YB	IG, IB	YW, YM					
Triple Jump	SYG, SYB	YG, YB	IG, IB	YW, YM					after Long Jump
Pole Vault									

- All Field Events begin at 9:00 AM on Saturday and Sunday.
- Divisions will compete in the order shown in the table above, from left to right. When one division finishes, then the next division will be called. Athletes must check-in on the first call.
- In the throws and the horizontal jumps, each competitor will have three attempts in the.
- Throwing events implement specifications for each division are shown in the table. Semi-Final. The top 8 distances will advance to the final, and receive three more attempts.
- In the vertical jumps, within a division, the bar will not move down for any reason except a tie for first place.
- Pole Vault athletes must certify their weight and pole specifications prior to the competition.
- Athletes who must leave for another event must check-out with the Event Official. If requested by the athlete, they may take attempts in succession. If excused during a Semi-Final or Final round the athlete must return prior to the conclusion of that round or forfeit remaining attempts in that round.



2007 Maryland AAU Association Championships
Events Advanced to Regional



Event	Divisions	Notes
2000 m Steeplechase	IG,IB,YW,YM	18 hurdles and 5 water jumps
Triathlon	SBG,BG	Shot Put (6 lbs), High Jump, 200 m Dash
	SBB,BB	Shot Put (6 lbs), High Jump, 400 m Dash
Pentathlon	SMG,MG	80 m Hurdles, Shot Put (6 lbs), High Jump, Long Jump, 800 m Run
	SMB,MB	80 m Hurdles, Shot Put (6 lbs), High Jump, Long Jump, 1500 m Run
	SYG,YG	100 m Hurdles, Shot Put (6 lbs), High Jump, Long Jump, 800 m Run
	SYB,YB	100 m Hurdles, Shot Put (4 kg), High Jump, Long Jump, 1500 m Run
Heptathlon	IG,YW	Day 1, 100 m Hurdles, High Jump, Shot Put (4 kg), 200 m Dash
		Day 2, Long Jump, Javelin (600 gm), 800 m Run
Decathlon	IB,YM	Day 1, 100 m Dash Long Jump, Shot Put (12 lbs), High Jump, 400 m Dash
		Day 2, 110 m Hurdles, Discus (1.6 kg), Pole Vault, Javelin (800 gm), 1500 m Run

- The 2000 m Steeplechase and all of the Multi-Events will be passed to the Regional.
- Athletes entering these events must complete an individual entry form and indicate this event on the form, along with a performance (point total or time).



2007 Maryland District AAU Track & Field Championship Individual Entry Form



(Please Print Clearly)

Name:
First Name Middle Initial Last Name

Address:

Location:
City State Zip Code

Telephone:
Home Phone Mobil Phone

Club:
Club Name Club Number

Coach:
Coach's Name Coach's Phone

Membership:
AAU Card Membership Number

Birth Date: **Division Name:**
Month Day Year

Gender: Female Male **Gender Name:**

Female Divisions	Male Divisions	Age on 12/31/2007	Year Born
<input type="checkbox"/> Primary Girls	<input type="checkbox"/> Primary Boys	8 & under	1999 & later
<input type="checkbox"/> Sub-Bantam Girls	<input type="checkbox"/> Sub-Bantam Boys	9	1998
<input type="checkbox"/> Bantam Girls	<input type="checkbox"/> Bantam Boys	10	1997
<input type="checkbox"/> Sub-Midget Girls	<input type="checkbox"/> Sub-Midget Boys	11	1996
<input type="checkbox"/> Midget Girls	<input type="checkbox"/> Midget Boys	12	1995
<input type="checkbox"/> Sub-Youth Girls	<input type="checkbox"/> Sub-Youth Boys	13	1994
<input type="checkbox"/> Youth Girls	<input type="checkbox"/> Youth Boys	14	1993
<input type="checkbox"/> Intermediate Girls	<input type="checkbox"/> Intermediate Boys	15 & 16	1991 & 1992
<input type="checkbox"/> Young Women	<input type="checkbox"/> Young Men	17 & 18	1989 & 1990

Events to be competed

1 2 Multi Event
 3 4

Please read and sign the release on the back of this page.



ATHLETE WAIVER / RELEASE FORM



IN CONSIDERATION OF my/the minor's participation in any way in any Amateur Athletic Union of the U.S., Inc., activity ("ACTIVITY") I, for myself, the minor, my personal representatives, assigns, heirs, and next of kin:

- 1). ACKNOWLEDGE, agree, and represent that I understand the nature of the Activity and that I am/ the minor is qualified, in good health, and in proper physical condition to participate in such Activity. I further agree and warrant that if at any time I believe c conditions to be unsafe, I/ the minor will immediately discontinue further participation in the Activity.
- 2). FULLY UNDERSTAND that:
 - (a) ATHLETIC ACTIVITIES INVOLVE RISKS AND DANGERS OF SERIOUS BODILY INJURY, I INCLUDING PERMANENT DISABILITY, PARALYSIS, AND DEATH ("RISKS");
 - (b) these Risks and dangers may be caused by my own/ the minor's actions or inactions, the actions or inactions of others participating in the Activity, the condition in which the Activity takes place, or THE NEGLIGENCE OF THE "RELEASEES" NAMED BELOW;
 - (c) there may be OTHER RISKS AND SOCIAL AND ECONOMIC LOSSES either not known to me or not readily foreseeable at this time; and I FULLY ACCEPT AND ASSUME ALL SUCH RISKS AND ALL RESPONSIBILITY FOR LOSSES, COSTS, AND DAMAGES I incur/ the minor incurs as a result of my/the minor's participation in the Activity.
- 3). HEREBY RELEASE, AND FOREVER DISCHARGE, AND COVENANT NOT TO SUE the Amateur Athletic Union of the U.S. Inc. ("AAU"), the Maryland District of the AAU, the Freddie Hendricks Track Club, and Mervo High School, its sponsors and suppliers, their parent, related, affiliated, and subsidiary companies, as well as the officers, directors, agents, employees, representatives, successors and assigns of each of the foregoing entities, and the AAU's Districts, clubs, coaches, officials, administrators, members, volunteers, participants, sponsors, advertisers, and, if applicable, owners and lessors of premises on which the Activity takes place, and any other party indemnified and held harmless by the AAU, (each considered one of the "RELEASEES" herein) FROM ALL LIABILITY, CLAIMS, DEMANDS, LOSSES, OR DAMAGES ON MY/THE MINOR'S ACCOUNT CAUSED OR ALLEGED TO BE CAUSED IN WHOLE OR IN PART BY THE ACTION, INACTION OR NEGLIGENCE OF THE "RELEASEES" OR OTHERWISE, INCLUDING, BUT NOT LIMITED TO NEGLIGENCE RESCUE OPERATIONS, NEGLIGENCE SECURITY, TRAVEL, AND RECREATIONAL OPERATIONS AND ACTIVITIES; AND I FURTHER AGREE that if, despite this RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT I, or anyone on my/the minor's behalf, makes a claim against any of the Releases, I WILL INDEMNIFY, SAVE, AND HOLD HARMLESS EACH OF THE RELEASEES from any litigation expenses, attorney fees, loss, liability, damage, or cost which any may incur as the result of such claim. I ACKNOWLEDGE THAT THE TIME (SCHEDULE) FOR EVENT MAY CHANGE.

I, or we, grant to the Directors, Assistants, or assigned chaperons of this event to act as guardians/spokesman in granting permission for emergency treatment/hospitalization (including anesthesia) if necessary for the minor en route to or from or at the site of AAU event or hospital or other medical facility. I understand that should a health emergency arise, such parties will attempt to notify me, but that if I cannot be reached by telephone, such medical treatment as deemed necessary by competent medical personnel is authorized. I hereby authorize the AAU to allow the reproduction, dissemination, and/or publication of my / the minor's name and/or likeness for media coverage, public relations, or any other purpose which may involve the use of photographs, films, and/or video tape recording and understand that the AAU retains title, exclusive and unlimited rights to all internet streaming files including live and archived games, interviews, and events broadcast to the Internet. This is to be done in conjunction with my/the minor's participation in this AAU event and I understand and agree that I may neither pay a fee to receive individual promotional consideration from my/the minor's participation in this event, nor will I/the minor receive any payment for the possible commercial use of my/the minor's name or likeness. INSURANCE: AAU membership provides excess medical insurance for any member athlete participating in an AAU-sanctioned practice or event. If such athlete has other medical coverage, theirs will be applied first, followed by AAU insurance. I HAVE READ THIS AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT AND HAVE SIGNED IT FREELY AND WITHOUT ANY INDUCEMENT OR ASSURANCE OF ANY NATURE AND INTEND IT TO BE A COMPLETE AND UNCONDITIONAL RELEASE OF ALL LIABILITY TO THE GREATEST EXTENT ALLOWED BY LAW AND AGREE THAT IF ANY PORTION OF THIS AGREEMENT IS HELD TO BE INVALID THE BALANCE, NOTWITHSTANDING, SHALL CONTINUE IN FULL FORCE AND EFFECT. MINOR RELEASE: AND I, THE MINOR'S PARENT AND/OR LEGAL GUARDIAN, UNDERSTAND THE NATURE OF ATHLETIC ACTIVITIES AND THE MINOR'S EXPERIENCE AND CAPABILITIES AND BELIEVE THE MINOR TO BE QUALIFIED, IN GOOD HEALTH, AND IN PROPER PHYSICAL CONDITION TO PARTICIPATE IN SUCH ACTIVITY—AS IS, WITHOUT MODIFICATION OR ACCOMMODATION. I HEREBY RELEASE, FOREVER DISCHARGE, COVENANT NOT TO SUE, AND AGREE TO INDEMNIFY AND SAVE AND HOLD HARMLESS EACH OF THE RELEASEES FROM ALL LIABILITY, CLAIMS, DEMANDS, LOSSES, OR DAMAGES ON THE MINOR'S ACCOUNT CAUSED OR ALLEGED TO BE CAUSED IN WHOLE OR IN PART BY THE ACTION, INACTION AND/OR NEGLIGENCE OF THE "RELEASEES" OR OTHERWISE, INCLUDING NEGLIGENCE RESCUE OPERATIONS AND FURTHER AGREE THAT IF, DESPITE THIS RELEASE, I, THE MINOR, OR ANYONE ON THE MINOR'S BEHALF MAKES A CLAIM AGAINST ANY OF THE RELEASEES NAMED ABOVE, I WILL INDEMNIFY, SAVE, AND HOLD HARMLESS EACH OF THE RELEASEES FROM ANY LITIGATION AND/OR ARBITRATION EXPENSES, ATTORNEY FEES, LOSS LIABILITY, DAMAGES, OR COSTS ANY MAY INCUR AS THE RESULT OF ANY SUCH CLAIM.

PRINTED NAME OF PARTICIPANT: _____ PHONE: _____

PARTICIPANT'S SIGNATURE (only if age 18 or over): _____ DATE: _____

TEAM NAME: _____

PRINTED NAME OF PARENT/GUARDIAN: _____

PARENT/GUARDIAN SIGNATURE: _____ DATE: _____

(only if participant is under the age of 18)

2007 Maryland AAU Association Championships

Relay Entry Form

Please Print



Coach's Name: _____

Team/Club Name: _____

Address: _____

City/State/Zip: _____

Telephone Number: _____

Gender Group: Female Male

Age Group (Circle One):	Age as of 12/31/2007:	Year Born:
Primary	8 & Under	1999 and later
Bantam	9 & 10	1997 &1998
Midget	11 & 12	1995 &1996
Youth	13 & 14	1993 &1994
Intermediate	15 & 16	1991 &1992
Young Men/Women	17 & 18	1989 &1990

A copy of the AAU Team Certification Form must accompany this form.

Relay Events (please check one):

4X100 Meter Relay

4X400 Meter Relay

4X800 Meter Relay

Athlete's Names:

AAU Card Number:

Date of Birth:

- | | | |
|----------|-------|-------|
| 1. _____ | _____ | _____ |
| 2. _____ | _____ | _____ |
| 3. _____ | _____ | _____ |
| 4. _____ | _____ | _____ |
| 5. _____ | _____ | _____ |
| 6. _____ | _____ | _____ |
| 7. _____ | _____ | _____ |
| 8. _____ | _____ | _____ |

Only the above listed athletes can participate in the relay

Signature of Parent/Coach/ Guardian

Date