

# AAU-NJ Association T&F Championship 2008 (15-18)

Sanctioned by the AAU NJ District

**Date: Sunday June 21, 2008**

**SITE:** Memorial Stadium, New Brunswick, NJ

**MEET DIRECTORS:** Charlene Cumberbatch [Supersonictrackclub@yahoo.com](mailto:Supersonictrackclub@yahoo.com) 908-222-1475

**DIVISIONS:** Intermediate Boys (IB) and Girls (IG) born 1993 & 1992; Young Men (YM) and Women (YW) born 1991 & 1990.

**ORDER OF RUNNING EVENTS (Beginning 10am) General order young to old & girls followed by boys. Depending on numbers some divisions may be combined.**

1. 3000 RUN(F)
2. 400IH (F)
3. 3000RW(F)
4. 4x800M RELAY
5. 100 M Dash (SF)
6. 100 HH (SF)
7. 110HH (SF)
8. 1500 RUN
9. 100M (F)
10. 400M (F)
11. 100M ( F)
12. 110M(F)
13. 800M(F)
14. 200M(F)
15. 4x100M RELAY (F)
16. 4x400M RELAY (F)

## FIELD EVENTS

Javelin Throw (Boys followed by Girls)

High Jump (Girls followed by Boys)

Shot Put (Boys followed by girls)

Triple Jump (Girls Followed by Boys)

Long Jump (Boys followed by Girls)

Discus Throw (Girls followed by Boys)

**EVENT LIMITATIONS:** Maximum 4 events including relays. Relay alternates must be registered and listed.

**Entry Information: \$17.00 PER ATHLETE. REGISTRATION IS PRE-ENTRY ONLY. REGISTRATION WILL BE ONLINE ONLY at [www.coacho.com](http://www.coacho.com).**

Click on "Help" box for more detailed instructions on how to register and submit your entry. AAU registration number is necessary for online registration. **REGISTRATION DEADLINE IS MIDNIGHT Monday June 9, 2008. Additions and corrections can be made continuously online up to the midnight deadline. NO CHANGES WILL BE MADE AFTER DEADLINE!**

**All entry fees are to be paid online at the end of registration via credit card (Visa, Master Card, American Express or Discover). All athletes must have proof of age (i.e. copy of birth certificate, passport or copy of AAU Membership Card with birth validation) at the Championship Meet. Multi-Events, Pole Vault, Javelin and Steeple Chase will not be contested at this meet. **THERE WILL BE NO REFUNDS OR****

**TRANSFERS.** Submit relays online. But, also list relay on individual entry (even if athlete is an alternate – it will count towards entry limit). Relay Roster Forms may be downloaded from [www.njaau.org](http://www.njaau.org). **AAU membership may be acquired online at [www.aausports.org](http://www.aausports.org).**

**AWARDS: Medals to Top 3 .**

**Qualification:** To advance to the 2008 AAU Region I Championship held June 27 - 29, 2008 at Wilbur Cross High School, New Haven, Connecticut, you must place 1<sup>st</sup> thru 8<sup>th</sup> in an individual event or relay.

**REGISTRATION FOR THE REGION CHAMPIONSHIPS WILL BE ONLINE ONLY AT [WWW.COACHO.COM](http://WWW.COACHO.COM).** All entry fees are to be paid online at the end of registration via credit card (Visa and Master Card). Results for the District Championship will be posted on the internet at [www.aauathletics.org](http://www.aauathletics.org) , [www.njaau.org](http://www.njaau.org) or [www.greenstreakersofnj.com](http://www.greenstreakersofnj.com) within 48 hours of completion of the meet. You will then have 48 hours to go online and register your athlete(s). There will be no exceptions to this registration procedure; given that you registered on the same day in previous years.

**AAU MEMBERSHIP:** All Athletes must be AAU NEW JERSEY ASSOCIATION MEMBERS. To compete on a relay team, the athlete must be a member of that club. All relay teams must submit a copy of current 2008 AAU Club Membership and Relay Roster at the Championship Meet. For individual and club membership applications call Diane McGowan at 1-800-AAU-4USA (1-800-228-4872). No athlete will be allowed to compete without an AAU registration number.

**PACKET PICK UP:** Saturday June 21<sup>st</sup>-- 8:30am

**MISC.:** No dressing rooms on site. Competitors must supply own implements. ¼ inch spikes will be aggressively enforced.

**Directions: Memorial Stadium, New Brunswick, NJ**

**287 N/S to exit 10 (Easton Ave.) follow Easton Ave., (to New Brunswick) until it ends at the train station. Turn right onto French St. Go under train trestle to first light. Turn left onto Joyce-Kilmer Ave. Follow Joyce Kilmer to Memorial Stadium (approximately 4-5 miles).**

**Route 1 N/S to Livingston Ave exit. Turn right off the exit onto Livingston Ave. Follow Livingston Ave. to New Brunswick High School. Turn left at first street after high school – stadium straight ahead.**

