

**2008 AAU REGION I YOUTH MULTI-EVENTS AND TRACK AND
FIELD CHAMPIONSHIPS
WILBUR CROSS HIGH SCHOOL
NEW HAVEN, CONNECTICUT**

DATE: June 27th thru June 29th

HOST CLUB: NEW HAVEN AGE GROUP TRACK CLUB

**SUPPORT ORGANIZATIONS: AAU-Connecticut District
AAU Region I Administrative Club
Wilbur Cross High School**

Meet Director: Ron McBride

Meet Coordinator: Charlene Cumberbatch

Multi-Event Director: Donny Bellamy

Meet Manager: Major Ruth, AAU-CT Athletics Director

This is a pre-entry meet only. Track and Field entry fee is \$20/athlete. Multi-Event entry fee is \$27/athlete (Triathlon), \$28/athlete (Pentathlon) and \$30/athlete (Heptathlon and Decathlon). You must qualify through your District Championship for Track and Field. Registration including Multi-Event is online registration only. Entry fee is paid via major credit card online only. Deadline for online registration posted on www.njaau.org. Region I Districts are Adirondack, Connecticut, Metropolitan New York, New England, New Jersey and Niagara.

AGE GROUPS: Primary (8 and under) born 2000 or later

Sub-Bantam (born 1999)

Bantam (born 1998)

Sub-Midget (born 1997)

Midget (born 1996)

Sub-Youth (born 1995) * New Age Sub Group as of 2005

Youth (born 1994)

Intermediate (born 1992-1993)

Young Men/Woman (1990-1991)

Order of Events: FRIDAY June 27, 2008 – Start Time 10:00AM

MULTI-EVENTS: Decathlon and Heptathlon (Wilbur Cross H.S., 181 Mitchell Drive, New Haven, CT)

Decathlon: Day 1 - 100m, Long Jump, Shot-put 12 lbs.), High Jump and 400m

Heptathlon: Day 1 - 100m Hurdles, High Jump, Shot-Put (4 kg.) and 200m

Events: Please check in 30 minutes prior to start of event

G-Sub-Bantam, Bantam/Triathlon HJ, SP (6#), 200m Dash 12:30PM
B-Sub-Bantam, Bantam/Triathlon HJ, SP (6#), 400m Dash 12:30PM
G-Sub-Midget, Midget/Pentathlon 80m H (8-30"), SP (6#), HJ, LJ, 800m 11:30AM
B-Sub-Midget, Midget/Pentathlon 80m H (8-30"), SP (6#), HJ, LJ, 1500m 11:00AM
Sub-Youth Girls/Pentathlon 100mH (10-30"), SP (6#), HJ, LJ, 800m 10:30AM
Sub-Youth Boys/Pentathlon 100mH (10-33"), SP (4 kg), HJ, LJ, 1500m 10:30AM
Youth Girls/Pentathlon 100mH (10-30"), SP (6#), HJ, LJ, 800m 10:30AM
Youth Boys/Pentathlon 100mH (10-33"), SP (4 kg), HJ, LJ, 1500m 10:30AM

All events will be run in the time order listed above. All events will be contested approximately 30 minutes after the preceding event is completed. The 30-minute rest period will include rest, food, measuring steps, and warm-up. Be ready. Time limit between attempts will be strictly enforced.

3000 Meter Racewalk	(SYB, SYG, YB, YG, IB, IG, YM, YW)	FINAL
1500 Meter Racewalk	(SMB, SMG, MB, MG)	FINAL
Pole Vault	(YG, IG, YW, YB, IB, YM)	FINAL

SATURDAY June 28, 2008 – Track Events – 9:00AM

Decathlon: Day 2 – 110m Hurdles, Discus Throw, Pole Vault, Javelin and 1500m
Heptathlon: Day 2 - Long Jump, Javelin (600g) and 800m

2000 Meter Steeplechase (IB, IG, YM, YW)	FINAL
3200 Meter Relay (MB, MG, YB, YG, IB, IG, YM, YW)	FINAL
3000 Meter Run (MB, MG, YB, YG, IB, IG, YM, YW)	FINAL
400 Meter Hurdles (IG, YW, IB, YM)	SEMI
200 Meter Hurdles (SYG, YG, SYB, YB)	SEMI
400 Meter Relay (All Divisions – Except Primary)	FINAL
80 Meter Hurdles (SMG, MG, SMB, MB)	SEMI
100 Meter Hurdles (SYG, SYB, YG, YB, IG, YW)	SEMI
110 Meter Hurdles (IB, YM)	SEMI
110 Meter Hurdles (Multi-Event Only)	
100 Meter Dash (All Divisions)	SEMI
400 Meter Dash (PG, PB, SBG, SBB, BG, BB, SMG, SMB, MG, MB)	FINAL
400 Meter Dash (SYG, SYB, YG, YB, IG, IB, YW, YM)	SEMI
800 Meter Dash (Multi-Event Only)	
1500 Meter Run (Multi-Event Only)	
200 Meter Dash (All Divisions)	SEMI

SATURDAY June 28, 2008- Field Events - 9AM

Long Jump (PG, PB, SBG, SBB, BG, BB, SMG, SMB, MG,
MB, SYG, SYB, YG, YB, IG, I B, YW, YM)
High Jump (SBG, SBB, BG, BB, SMG, SMB, MG, MB, SYG,
SYB, YG, YB)
Shot-Put (BG, BB, SMG, SMB, MG, MB, SYG, SYB, YG, YB,
PG, PB, BG, SBB)
Discus Throw (IG, IB, YW, YM, SMG, SMB, MG, MB, SYG,
SYB, YG, YB)

Pole Vault (SYG, SYB, IG, IB, YW, YM)

*******IN ORDER CALLED. NO OPEN PIT*******

SUNDAY June 29, 2008—Track Events – 9:00AM

400 Meter Hurdles (IG, YW, IB, YM)	FINAL
200 Meter Hurdles (SYG, YG, SYB, YB)	FINAL
1500 Meter Run (All Divisions – Except Primary)	FINAL
80 Meter Hurdles (SMG, MG, SMB, MB)	FINAL
100 Meter Hurdles (SYG, SYB, YG, YB, IG, YW)	FINAL
110 Meter Hurdles (IB, YM)	FINAL
400 Meter Dash (SYG, SYB, YG, YB, IG, IB, YW, YM)	FINAL
100 Meter Dash (All Divisions)	FINAL
800 Meter Dash (All Divisions)	FINAL
200 Meter Dash (All Divisions)	FINAL
1600 Meter Dash Relay (All Divisions – Except Primary)	FINAL

SUNDAY June 29, 2008- FIELD EVENTS – 9:00AM

TRIPLE JUMP	(SYG, SYB, YG, YB, IG, IB, YW, YM)
HIGH JUMP	(IG, IB, YW, YM)
SHOT PUT	(IG, IB, YW, YM)
JAVELIN	(SYG, SYB, YG, YB, IG, IB, YW, YM)

******* IN ORDER CALLED NO OPEN PIT*******

A track and field meet can start one hour early or late. The Games Committee has no obligation to schedule meet events to the pleasure of those attempting multiple event entry.

Qualification: Top 4 finishers in each individual event and top 4 relays will qualify for the National Junior Olympic Games to be contested in Detroit, Michigan,

July 26 – August 2, 2008. Registration will be online only at www.aauathletics.org. Coaches must register their entire team. Unattached athletes must register themselves.

UNIFORMS: (excerpts from Rule 5D)

In all events competitors must wear clothing that is clean, designed and worn so as not transparent even if wet. Bare midriffs are not allowed. If the uniform is of a two-piece design (top and bottom), the top must either touch the waistband of the bottom or be tucked into the waistband when the athlete is standing erect. A one piece uniform must not allow for a bare midriff. Athlete's top must be of the same color front and back.

At Regional and National Championships, all team participants shall wear shorts of the same color, or, in the case of one piece uniforms, the bottom of the team uniforms should be of the same color. A competitor must wear footwear on both feet.

Directions: Wilbur Cross High School (Volleyball, Basketball, Outdoor Track, Football, Tennis, Lacrosse) 181 Mitchell Drive, New Haven, CT. 06511.

Take I-95 North to I-91 North

Take Exit 6 off of I-91 (left side exit) to stop sign (Willow Street exit)

At the bottom of exit take right (Willow Street) and go to second traffic light

At traffic light, take right on to Mitchell Drive

Go about 300 yds., school and varsity field will on the right

Hotels:

Econo Lodge Conference Center: 100 Pond lily Ave. New Haven, CT. 06511

Phone: (203) 387-6651 Room Rate \$59 single/double

Email: gm.CT026@choicehotels.com

<http://www.choicehotels.com/ires/html/EconoHome>

Clarion Hotel and Suites - \$109/night -

2260 Whitney Avenue,

Hamden, CT 06518

(203)288-3831

<http://www.schafferhotels.com/hamden-clarion.html>

La Quinta Inn - \$119/night

400 Sargent Drive,

New Haven, CT 06511

(203)-752-0060

<http://www.lq.com>

