



2008 AAU Regional 7A Track & Field Championships

Friday-Saturday, June 13-14, 2008
Pulaski High School – Milwaukee, Wisconsin

All Combined Events Track and Field Competition

Friday June 13
12:00 Noon

Saturday June 14th
Day 2 Combined Events for Heptathlon and Decathlon 8:00 a.m.
Track and Field Events 10:00 a.m.

AGE DIVISIONS & ELIGIBILITY REQUIREMENTS:

Primary	born 2000 or later	
Sub-Bantam	born 1999	Bantam born 1998
Sub-Midget	born 1997	Midget born 1996
Sub-Youth	born 1995	Youth born 1994
Intermediate	born 1993 - 1992	
Young	born 1991-1990	* athletes born in 1989 are also eligible if they do not turn 19 on or before 7/31/2008



Individuals: Only U.S. citizens, naturalized citizens living in the United States, and foreign exchange students are eligible to compete in these Championships. See the AAU Rules for more information and exceptions. A competitor must compete in his/her age division only. There will be no "moving up" in any events, including relays. Competitors in the Primary through Midget divisions may compete in a maximum of three events, including relays. Competitors in divisions Youth, through Young may compete in a maximum of four events, including relays. Combined events are not included in the event count. All athletes must be 2008 members of USATF in good standing.

Relay Teams: Only registered 2008 AAU member clubs may enter a relay team(s). All athletes representing the club must be affiliated with and members of that club as part of their AAU membership.

ENTRY PROCESS:

Individual Entries: **\$20**
Relay Entries: **\$20** per relay team
Combined Event Entries: **\$20** per event

Registration: All entries must be completed registration must be completed on line no later than 6/10/08 at midnight. No registrations will be accepted the day of the meet. To register online, teams and unattached athletes must go to www.coacho.com and follow the online registration links link directly from the www.aauathletics.org Regional meet site. Payment must be made online just as in the national meet.

All athletes must be prepared to provide proof of birth at the meet if your age is contested. The only acceptable documents of verification are: copy of birth certificate, passport, certified baptismal record, driver's license, or U.S. government identification. For relay team entry, please follow the instructions on the web site.

AWARDS: AAU medals will be awarded to the top three individuals (top three teams in the relay events) in each event of each age division.

ADVANCEMENTS: The top 4 individuals and relay teams in each event of each age division will advance to the AAU National Championships to be held on July 26-August 2, 2008 at Eastern Michigan University in Ypsilanti, MI..

All advancement/entry forms for the AAU National Championships must be completed on line.

SCHEDULE:

Friday June 13th

Day one Heptathlon: Noon Start time
Day one Decathlon: Noon Start time
Pentathlon: 1:00 p.m.
Triathlon: 200 p.m.

Saturday June 14th

Day 2 Heptathlon 8:00 a.m.
Day 2 Decathlon 8:00 a.m.

10:00 Racewalk (All)
80/100/110 M. Hurdle Prelims
2000 M/5000 Finals
100 M. Dash Prelims
4x800 M. Relay – Finals
80/100/110 M. Hurdle Finals
100 M. Finals
200/400 M. Hurdle Finals
400 M. Dash Finals
1500 M. Finals
4x100 M. Relay Finals
800 M. Finals
200 M. Finals
4x400 M Relay Finals

**Field Events
Saturday, June 14th 10:00 a.m.**

High Jump	Discus	Long Jump (2 pits)	Shot Put
Primary G/B	Sub-Midget G	Primary G/B	Young Women
Sub-Bantam G/B	Sub-Midget B	Sub-Bantam G/B	Young Men
Bantam G/B	Midget G	Bantam G/B	Intermediate G
Sub-Midget G/B	Midget B	Sub-Midget G/B	Intermediate B
Midget G/B	Sub Youth G	Midget G/B	Youth G
Sub-Youth G	Sub Youth B	Sub Youth G/B	Youth B
Sub Youth B	Youth G	Youth G/B	Sub-Youth G
Youth B	Youth B	Intermediate G/B	Sub Youth B
Youth G	Intermediate G	Young W/M	Midget G
Intermediate G	Intermediate B		Midget B
Intermediate B	Young Women		Sub-Midget G
Young Women	Young Men		Midget B
Young Men			Bantam G
			Bantam B
			Primary G
			Primary B

**Saturday, June 14th 2:00 PM
(Following Long Jump)
Triple Jump**

Sub-Youth Girls
Sub-Youth Boys
Youth Girls
Youth Boys
Intermediate Girls
Intermediate Boys
Young Women
Young Men

Note: Pole Vault and Javelin will not be contested at the Regional meet however, you must register for the event at the Regional level in order to be eligible to compete at nationals in these two events.

IMPLEMENT WEIGH-IN: 8:00 at the registration table

EVENT CHECK-IN: There will be separate check-in areas for Running and Field events. Athletes must check in at these designated areas 45 minutes prior to the event's scheduled starting time. All athletes will be required to remain in the designated warm-up areas after checking in.

COMPETITION BIB NUMBERS: All competitors must wear their assigned bib numbers during competition and on the front on their jerseys only. If an athlete loses the bib number, a replacement can be purchased for a fee of \$5. Bib numbers will be distributed to athletes **at registration**.

EVENT RESULTS: During competition, event results will be posted. Final results will be posted after the meet at www.AdkinsTrak.com.

PROTESTS: There will be a \$30 fee for all protests. Protests must be submitted to the Protest Referee at once and not later than 30 minutes after a result has been announced. The protest fee will be refunded if the protest is upheld.

RULES – CONDUCT & FACILITY:

GATE ADMISSION FEES: Free

DIRECTIONS & PARKING: Parking will be free.

2500 W. Oklahoma Avenue

From the North:

I-42 South into Milwaukee. Take the Holt Avenue exit – exit 314A. Take the Hold Avenue East ramp. Turn right onto Holt Avenue. Turn right onto South 6th Street. Turn left onto West Oklahoma Avenue. Continue on Oklahoma Avenue to Pulaski High School.

From the South:

I-94 West into Milwaukee. Take exit 316 (the 43 South 894 bypass in left lanes). Merge onto 43 South. Take exit 9 south – South 27th Street ramp. Turn right onto 27th Street. Continue on S. 27th St. approximately 2 miles. Turn right onto Oklahoma Avenue to Pulaski High School.

From the West:

I-94 East into Milwaukee. Take exit 308B (Miller Parkway). Get in the left through traffic lanes. Continue on Miller Parkway South. (Note: There will be an intersection with a street named Forest Home Avenue that runs on an angle. Oklahoma is the next intersection). Turn left onto Oklahoma Avenue. Continue going east on Oklahoma Avenue to Pulaski High School.

CONTACT: Cheryl Knox, 608-332-9362, Cheryl.Knox@doc.state.wi.us or Marchan Adkins, 309-838-4130, Marchan@AdkinsTrak.com for additional information.