





216 Fort Washington Ave., New York, NY 10032

Monday, December 29, 2008 9:00 a.m. to 2:00 p.m.

Youth Event for:

Boys and Girls Ages 6-18 (age as of 12/31/08)

Order of Events

1500m Run (Outside Track) 55m dash (inside track) (FOT) 55mH (FOT) 400m 200m 800 (sub-bantam and up) 4x200 relay

> <u>Field Events</u> LJ, TJ, Shot, HJ (after 55mH)

FIELD EVENTS: Competitors should bring their own implements to be used at Meet. **No SPIKES** allowed at this meet.

Entry Cost:

\$21.00 per athlete

- This event is sanctioned by the Amateur Athletic Union of the U. S., Inc.
- All participants must have a current AAU membership.
- AAU membership may not be included as part of the entry fee to the event.
- AAU membership must be obtained before the competition begins except where the event operator has a laptop available with an internet connect. Participants are encouraged to visit the AAU web site www.aausports.org to obtain their membership

Register online for the NY Metropolitan Holiday Classic at: <u>http://www.coacho.com/cgi-bin/login.pl?cd=ny_metropolitan</u>

Last Day to register: 12/26/2008 at 11:59 pm

For more info. contact: Brenda Brown @ 516-456-6552 or bcb1511@aol.com



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