

NEW HAVEN YOUTH TRACK CLASSIC



For Youth 7-16 years of Age



Saturday January 24, 2009

**Yale University Cox Cage
Banked Mondo Track
76 Derby Avenue
New Haven, CT 06515**



Sponsored by:

**New Haven Age Group Track Club
AAU Sanctioned Track Meet**

Packet Pick Up: 11:00 am

Meet Starts: 12:30 am (Field), 12:30 (Track)

Concession Stand, and T-shirts Will be available

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Sponsored by: New Haven Age Group Track Club

ON-LINE PRE-REGISTRATION ONLY! - WWW.CoachO.COM

AAU membership required. Go to www.auathletics.org

Entry deadline – January 19, 2009

Packet pick up – 11:00 p.m.
Meet begins at 12:30 a.m

Meet Director: Major Ruth
Sanction – AAU

Double Age Divisions -(based on year of Birth): **P**-Primary under 9 (2001 or younger), **B**-Bantam 9-10 (1999-2000), **M**-Midget 11-12 (1997- 1998), **Y**-Youth 13-14 (1995-1996), **I**-Intermediate 15-16 (1993-1994)

Entry Fee: \$10.00 per athlete, \$20 per relay
Entry Limit: 3 events per athlete, including relay

Order of Events:

Races will run in order with no specific start times after the first event.
Order is girls then boys. Age groups and boys/ girls may be combined.

<u>12:30 pm</u>	<u>Track Events</u>	<u>12:30 pm</u>	<u>Field Events</u>
	1500 Meters (B, M, Y, Int)		
	55 meters		High Jump
	55 HH (M, Y, INT)		
	200 Meters		Long Jump (3 jumps) (no finals)
	800 meters		
	400 Meters		Shot Put 6lb or 4K (3 throws)(no finals)
	4 X 800 Relay (M, Y, Int)		
	4 x 200 Relay		

**All team members must be same sex and age division. Relay form must be submitted.

Awards: 1st-3rd place - Medals. 4-6th place - ribbons

Transportation information

From Merritt and Wilbur Cross Parkways:

Take Exit 57 (Route 34 East) directly to the Yale Fields, or take Exit 59 (Whalley Avenue) and follow Yale Bowl Signs to the Yale Fields.

I-95 - From South of Connecticut - Take 95 north to Exit 44 in Connecticut to Route 10 and follow Yale Bowl signs.

I-95 - From North of Connecticut – Take 95 south to Exit 47 (Downtown) and follow Route 34 to the Yale Fields.

From Downtown New Haven:

Go north on Chapel Street, then turn left on Derby Avenue (Route 34) to the fields. From I-91: Take Exit 1 (Downtown) and follow Route 34 to the Yale Fields.

Public Transit

Metro North Transit to New Haven takes about 1hr 15 minutes from Grand Central Station. I recommend taking a cab from the train station to the track. It's less than 5 miles.

This is a link to MTA for the train schedule:

http://as0.mta.info/mnr/schedules/reverse_trip.cfm