

AAU NEW JERSEY ASSOCIATION

Cross Country Championships
Sunday, November 12, 2006
Bucleuch Park, New Brunswick, NJ

Sanctioned by the New Jersey Amateur Athletic Union

AGE GROUPS		DISTANCE	START TIME	
Sub-Bantam	born 1997	3km	11:00 (G)	11:25 (B)
Bantam	born 1996	3km		
Sub-Midget	born 1995	3km	11:50 (G)	12:15 (B)
Midget	born 1994	3km		
Sub-Youth	born 1993	4km	12:40 (G)	1:05 (B)
Youth	born 1992	4km		
Intermediate	born 1990-1991	5km (3.1)	1:30 (G&B)	
Young M/W	born 1988-1989	5km (3.1)	1:55 (G&B)	

All ages based as of 12/31/06

TEAMS: A team consists of 5 to 8 members. Top 5 runners will score. All teams must be a registered AAU-NJ club. Each club may enter more than one team. All individuals on a team must send their application with the team entry. **Teams are single age group only for 14 and under athletes (i.e. Sub-Bantams, Bantams etc., etc., etc.).**

AWARDS: AAU Track & Field medals to the top 3 individuals in each age group. Medals will be given top 3 team champions in each age group. This will be the first year of single age group competition through fourteen year olds. Some single age groups may be combined, and then sorted out at completion of race for correct age group finish position.

ADVANCEMENTS: Top 20 individuals plus top 3 teams in each age group will advance to the AAU National Cross Country Championships. All advancement will be online registration only at www.auathletics.org and paid for with MasterCard and Visa credit cards only. National Championships will be held on December 2nd at Disney's Wide World of Sports, Orlando, Florida.

PRE-REGISTRATION: All pre-registrations must be received by Saturday November 4th. **All teams must be registered by this date.** All Athletes must have AAU membership number at time entry is sent in. **NO EXCEPTIONS.**
No Entry Fee will be transferred or refunded.

POST REGISTRATION: Closes 1 hour before scheduled race. **Post registration for individual runners only.** (Post registration \$15.00)

ENTRY REQUIREMENT & FEES: 1) Proof of age: copy of birth certificate or passport; 2) entry fee \$12.00; and 3) AAU Membership Number. Membership is required to compete in the Championship. If you do not have a membership you can obtain one online at www.ausports.org or contacting the Diane McGowan at 1-800-AAU4USA. Membership fee is \$12.00.

Course Walk: All Age Groups 9:30AM. **This will be the only course walk.**

DIRECTIONS: Garden State Parkway North or South exit 130 (New Brunswick). Route 1 South to Route 18 North. 18 North to Easton Ave. / South Bound Brook exit. Ramp to light onto Landing Lane to light (Easton Ave) left on to Easton Ave. park entrance 400 feet on the left, after eighth light.

From North Jersey, Route 287 South to exit 10 Easton Ave. Follow Easton Ave. through eight lights. Park entrance 400 feet on left after the eighth light.

From South Jersey, Garden State Parkway to 287 North to exit 10 Easton Ave. Follow Easton Ave., through eight lights. Park entrance is approximately 400 feet on left after eighth light.

CONTACT: Ron McBride (732) 545-7614 or greenstreakers@hotmail.com

PAYMENT: Make money orders payable to Green Streakers of NJ & Mail to: P.O. Box 1374 Somerset, NJ 08875-1374

Money Order MUST Accompany Entry

Mail Entries Payable to: Green Streakers of NJ, P.O. Box 1374, Somerset, NJ 08875-1374

Official Use Only:

Bib # _____

_____/_____/_____
LAST NAME FIRST NAME M / F Birth Date

STREET ADDRESS (w/Apt. No.) 2006 AAU Number Area Code Phone

CITY STATE COUNTY OF RESIDENCE EXACT NAME OF AAU CLUB-OTHERWISE LEAVE BLANK

IN CONSIDERATION FOR MY ENTRY BEING ACCEPTED, I AM INTENDING TO BE LEGALLY BOUND, FOR MYSELF, MY HEIRS, EXECUTORS, ADMINISTRATORS, AMATUER ATHLETIC UNION (AAU), NEW JERSEY ATHLETIC ADMINISTRATIVE CLUB (NJAAC), THE GREEN STREAKERS OF NEW JERSEY TRACK CLUB, THE CITY OF NEW BRUNSWICK, MEET VOLUNTEERS OR ANY SUPPORT GROUPS OR ORGANIZATIONS, THEIR RESPECTIVE OFFICERS OR AGENTS AND/OR ASSIGNS FOR ANY AND ALL DAMAGES THAT MAY BE SUSTAINED AND SUFFERED BY THE ATHLETES IN CONNECTION WITH THEIR ASSOCIATION WITH OR WHICH MIGHT ARISE OUT OF TRAVELING TO PARTICIPATING IN, OR RETURNING FROM SCHEDULED EVENTS.

SIGNATURE OF ATHLETE

IF UNDER 18-SIGNATURE OF PARENT/GUARDIAN (NOT COACH)