## Rocky Mountain Association Cross Country Qualifying Meet

Top 20 places & top 3 teams in each division advance to the National Cross Country Championship meet to be held at Disney World-Orlando, Florida on December 2, 2006

DATE: Saturday, November 11, 2006

TIME: 8:00 A.M.

LOCATION: Brighton Sports Complex

1111 Judicial Center Drive

Brighton, Colorado

SPONSOR: Platte River Track Club

SANCTION: Rocky Mountain Association AAU

AWARDS:  $1^{st} - 20^{th}$  place receive medals in each division

Team awards to be determined

ENTRY FEE: \$10.00 event fee (NO REFUNDS)

REGISTRATION: Saturday, November 11, 2006 – 8:00 A.M.

INFORMATION: Coach John Martinez

(303) 266-6437 (Pager) (720) 422-0591 (Cell)

QUALIFYING: Top twenty (20) from each age division will qualify for the national meet

Top three (3) teams WITH NO ALTERNATES

TEAMS: A team consists of 5-8 runners. Only club members of the team participating in the

Association Cross Country Meet advance to the National Championship meet.

ELIGIBILITY: You must have a valid AAU card. The division the athlete competes in is

determined by the year of birth.

**AGE DIVISIONS 2006** 

 Sub-Bantam
 1997 3K
 Intermediate
 1990-1991 5K

 Bantam
 1996 3K
 \*Young Men/Women
 1988-1989 5K

 Sub-Midget
 1995 3K

 Midget
 1994 3K

 Sub-Youth
 1993 4K

 Youth
 1992 4K

<sup>\*</sup>Athletes who are eighteen years of age through the final day of the National Cross Country Meet shall be Eligible to compete in the Young Men & Young Women's division.