



AAU/USA DISTRICT CROSS COUNTRY MEET
NATIONAL QUALIFIER
 Please feel free to make copies and distribute!!!

Saturday, November 4th, 2006

SITE: Fall Creek High School
 336 East Hoover Ave.
 Fall Creek, WI 54742



COST: \$17.00 per athlete
 (Price includes \$12.00 AAU membership/insurance)

ENTRY DEADLINE: Pre-register by November 1, 2006. Please fill out the AAU membership application/registration form along with the payment of \$17.00 and send to: WI AAU
 2409 Stout Road Suite #1
 Menomonie, WI 54751

SPECIAL NOTE: The \$12.00 AAU Membership fee is included in the entry fee.

LATE REGISTRATION: Day of event (9:30am-11:00am)

Age Qualifications	Distance	Time of Event
Bantam-1996 and after	3K (3000 Meters)	11:15am
Midget-1994-95	3K (3000 Meters)	11:15am
Youth-1992-93	4K (4000 Meters)	11:45am
Intermediate-1990-91	5K (5000 Meters)	12:15pm
Young Men/Women-1988-89	5K (5000 Meters)	12:15pm

HOST CLUB: Fall Creek Cross Country, Head Coach Lana Leonard

AWARDS: Medals will be awarded to the top twelve athletes in each age division.

NATIONALS: Top 12 finishers in each division qualify for the National Championships [at the Disney's Wide World of Sports in Orlando, FL on December 2, 2006](#). Packets will be given out during the awards presentation.

"To give anything less than your best is to sacrifice the Gift."—Steve Prefontaine.

CONTACTS: Keith Noll (800-228-4872 WI only) or 715-231-4000
 Lana Leonard at Fall Creek High School at 715-877-2809.