

# 2010 AAU Great Lakes INDOOR TRACK & FIELD NATIONAL CHAMPIONSHIP

**FEBRUARY 12 - 14**

**HOST:**

**LOCATION:** The "Gareat" Sports Complex – 1822 S. Broadway, Geneva, OH 44041  
(Located ½ mile off I-90 about 40 miles east of Cleveland, OH)

**DATES:** February 12 - 14, 2010

**ENTRY FEE:** **\$40.00 Track & Field Individual** **\$40.00 Multi-Events Individual**

All members of a relay team, including alternates, who have not entered into an individual event must pay a \$40.00 entry fee.

**On-line entry is at [www.aauathletics.org](http://www.aauathletics.org). All entries will be made online. You must pay by Visa, Mastercard, Discover or American Express online when you enter the meet. Entry confirmation will be sent when online entry fee has been received.**

**ENTRY DEADLINE: Registration will close Wednesday, February 10, 2010 at 11:59PM EDT.**

**RULES:** In accordance with AAU Youth Athletics Guidelines and USA Track & Field Rules.

**AGE DIVISIONS:** Primary Girls & Boys (Born 2002 & After)  
Sub Batman Girls & Boys (Born 2001)  
Bantam Girls & Boys (Born 2000)  
Sub Midget Girls & Boys (Born 1999)  
Midget Girls & Boys (Born 1998)  
Sub Youth Girls & Boys (Born 1997)  
Youth Girls & Boys (Born 1996)  
Intermediate Girls & Boys (Born 1994-1995)  
\*Young Women & Men (Born 1992-1993)

\*Athletes who are still eighteen (18) years of age through the final day of competition in any AAU National Youth Championship meet shall be eligible to compete in the Young Women's/Young Men's age division.

**ELIGIBILITY:** Open to all current 2010 AAU Members. No qualification required.

**NOTE:** Competitors are responsible for determining whether competing in this meet will disqualify them from competing in events sponsored by their State High School Activities Athletics Association.

**EVENTS: TRACK & FIELD**

55 M Dash	1500 M Run	Shot Put
55 M Hurdles	3000 M Run	Pole Vault
200 M Dash	4 x 400 M Relay	High Jump
400 M Dash	1500 M Race Walk	Long Jump
800 M Run	3000 M Race Walk	Triple Jump

**TRIATHLON (SBG/SBB/BG/BB)**

High Jump, Shot Put, 200 Meter Dash

**PENTATHLON SMG/SMB and older age groups)**

55 M Hurdles High Jump Shot Put, Long Jump, 800/1000 M Run

**FIELD EVENTS:** Approved implements will be provided. Competitors own implements may be used with Meet Director's approval. These implements will be weighed-in and will become part of the equipment pool and will be used for the duration of the meet. Only indoor Shots will be used.

**RELAYS:** All Relay Teams must present a current 2010 AAU Club Membership. Relay teams must wear identical uniforms.

**AWARDS:** AAU National Championship medals will be presented for first through eighth place. For relay events, medals will be awarded to each team member placing first through eighth.

**AAU MEMBERSHIP:** All competing athletes must have a current 2010 AAU membership. No athlete will be allowed to participate without AAU membership. Please register your athletes and club on-line at [www.ausports.org](http://www.ausports.org).

**PACKET PICKUP - On Site ONLY**

Friday	February 12 <sup>th</sup>	3:00 pm – 8:00 pm
Saturday	February 13 <sup>th</sup>	7:00 am – 1:00 pm
Sunday	February 14 <sup>th</sup>	8:00 am – 11:00 am

**ADMISSION:** Admission fee of \$5 per day. Coaches and non athletes who do not have proof of their 2010 AAU Membership will be required to purchase a ticket.

**HOUSING:** See list below

**PROTEST:** At the National level, protests MUST be filed on official protest forms and accompanied by a cash deposit of \$150.00. **PROTEST CONCERNING JUDGEMENT CALLS WILL NOT BE ACCEPTED.**

**ADDITIONAL INFORMATION:**

In the long jump, triple jump and shot put there will be no trials, each athlete will have four attempts. The 800 Meter Run, 1500 Meter Run, 3000 Meter Run, 4 x 400 Meter Relay and 1500/3000 Meter Race Walks will all be "TIMED FINALS".

**FINAL SCHEDULE OF EVENTS:**

A "Final Schedule of Events" will be posted at [www.aauathletics.org](http://www.aauathletics.org) after online entries are closed and meet management has an opportunity to review number of entries per event. The day for any event will "NOT" change. Only the "POSTED TIME" for an event are subject to change to a later time during the day.

***The AAU cannot and does not guarantee the appearance and/or participation of specific participant(s) and/or teams (as applicable) in this event. The AAU has sanctioned (approved) this Event as an official AAU Event (competition), but the AAU is not and shall not be responsible for any participant's or spectator's expenses related to this Event (nor reimbursements for same) in case of dissatisfaction of any participant, friend, family, or spectator, this includes, but is not limited to all travel, hotel (lodging), food, entry fees and/or any other expenses related to the event.***

## **CONTACTS:**

### **Meet Director**

**Joe DeRosa**  
1550 Lancaster Gate SE  
North Canton, OH 44709  
(330) 284-2172  
[imd52@aol.com](mailto:imd52@aol.com)

### **AAU Track & Field Sport Manager**

**Tony Staley**  
1910 Hotel Plaza Blvd.  
Lake Buena Vista, FL 32830  
(407) 934-7200  
[tony@aausports.org](mailto:tony@aausports.org)

### **Hotel Information**

Lodge (Ken)  
440.466.7100  
\$85+tax

Hampton Inn (Brandy)  
440.275.2000  
\$80+tax

Holiday Inn (Chris)  
\$89.99+tax

Sleep Inn (Michelle)  
440.275.6800

Comfort Inn  
440.275.2711  
\$69+tax

America's Best Value Inn (Angela)  
440.275.2011  
\$68+tax

# 2010 AAU Great Lakes INDOOR TRACK & FIELD NATIONAL CHAMPIONSHIPS

“Tentative” Schedule of Events” – Revised Nov. 19, 2009

Events will run on a “Time Schedule”. Final Schedule will be posted at [www.aaathletics.org](http://www.aaathletics.org) the morning of Feb. 11, 2010. Times may be adjust later in the day “only” based on the number of entrants in each event after close of registration on Feb. 10, 2010. “NO” event will start earlier on the “Final Schedule” than posted on the “Tentative” Schedule of Events

Friday - February 12, 2010

Multi-Events, Racewalks, Pole Vault

5:30 Multi-Events – All Age Groups Starting with Sub-Bantams  
6:00 Pole Vault – All Age Groups – Girls followed by Boys  
6:00 1500 Meter Racewalk – All Age Groups Combined  
7:00 3000 Meter Racewalk – All Age Groups Combined

Saturday - February 13, 2010

Running Event Schedule

9:00 3000 Meter Run – Age Groups Will be Combined by Gender – Timed Finals  
10:00 55 Meter Dash Semis – Top Eight (8) Times Qualify to Finals – PG – YM  
11:30 200 Meter Dash Semis – Top Eight (8) Times Qualify to Finals – PG – YM  
1:00 800 Meter Run – PG – YM – Age Groups May be Combined - Timed Finals  
2:30 400 Meter Dash Semis – Top Eight (8) Times Qualify to Finals – SYG – YM

Sunday - February 14, 2010

Running Event Schedule

8:00 4x800 Meter Relay – MG - YM  
9:00 55 Meter Hurdles Semis – Top Eight (8) Times Qualify to Finals  
10:00 55 Meter Dash “FINALS” – PG – YM  
10:30 55 Meter Hurdles “FINALS” – SMG - YM  
11:00 400 Meter Dash “FINALS” – PG - YM  
11:45 1500 Meter Run – Age Groups Will be Combined by Gender – Timed Finals  
1:00 200 Meter Dash “FINALS” – PG – YM  
1:45 4x400 Meter Relay – BG – YM – Timed Finals

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**“Tentative”** Field Event Schedule – Revised Nov. 19, 2009

Long Jump Four Jumps                      Shot Put Four Throws  
NO FINALS!!!

Saturday  
February 13, 2010

	<u>LJ1</u>	<u>LJ2</u>	<u>HJ1</u>	<u>HJ2</u>	<u>SP1</u>	<u>SP2</u>
<b>9:00</b>	SYG/YG	SMB/MB	IB/YM	SMG/MG	IG/YW	PG/SBG/BG
<b>11:00</b>	SYB/YB	SMG/MG	IG/YW	SBG/BG	IB/YM	PB/SBB/BB
<b>1:00</b>	IG/YW	PG/SBG/BG	SYB/YB	SMB/MB	SYG/YG	SMB/MB
<b>3:00</b>	IB/YM	PB/SBB/BB	SYG/YG	SBB/BB	SYB/YB	SMG/MG

Sunday  
February 14, 2010

	<u>Triple Jump</u>
<b>9:00</b>	SYG/YG/IG/YW
<b>11:00</b>	SYB/YB/IB/YM