



2011 AAU INLAND EMPIRE NATIONAL QULAIFIER
(FORMERLY KNOWN AS MT. SAC NATIONAL QUALIFIER)

INFORMATION PACKET

VENUE HAS BEEN CHANGED TO:

LOCATION: Eleanor Roosevelt High School (Eastvale)
7447Cleveland Avenue
Corona, CA 92880

PACKET PICKUP: *Saturday - Sunday Football/Track Stadium 7:00 a.m. – end of meet*

DATES: Saturday – July9 Track and Field
Sunday – July10 Track and Field

SANCTION: This event is sanctioned by the Amateur Athletic Union of the U.S., Inc. All participants must have a current AAU membership. AAU membership may not be included as part of the entry fee to the event. AAU membership must be obtained before the competition begins. Participants are encouraged to visit the AAU website at www.aasports.org to obtain their membership.

HOST ORGANIZATION: RAM Management Associates, Inc.

ELIGIBLE ATHLETES: All otherwise eligible AAU athletes can compete in the Inland Empire National Qualifier, including those who may already have competed in another National Qualifier. This is a one-time exception to AAU rules and is being allowed for this meet only.

MEET DIRECTORS:

Chris Drescher
951-334-8300
4drescher@gmail.com

Mike Millen
909-578-8075
millenmichael@hotmail.com



TIMING:

RULES: In accordance with AAU Youth Athletics Guidelines

AGE DIVISIONS:

Primary Girls and Boys	(Born 2003 or after) Allowed 3 events
Sub-Bantam Girls and Boys	(Born 2002) Allowed 3 events
Bantam Girls and Boys	(Born 2001) Allowed 3 events
Sub-Midget Girls and Boys	(Born 2000) Allowed 3 events
Midget Girls and Boys	(Born 1999) Allowed 3 events
Sub-Youth Girls and Boys	(Born 1998) Allowed 4 events
Youth Girls and Boys	(Born 1997) Allowed 4 events
Intermediate Girls and Boys	(Born 1995-1996) Allowed 4 events
Young Women and Men	(Born 1993-1994) Allowed 4 events**

****Athletes that are still 18 on Aug. 8th the final day of the National Championships shall be eligible.**

ELIGIBILITY/AAU MEMBERSHIP:

Competition is open to all boys and girls who have a valid/current AAU registration card. AAU membership may be obtained online at www.aausports.org. The AAU membership fee is not included in the AAU Area 18A National Qualifier entry fee and must be obtained prior to participation in this meet.

PROOF OF AGE:

Proof of age may be required at District, National Qualifier, and National Championship events and whenever required and/or challenged.

Acceptable forms of age verification include:

1. Original birth certificate
2. A notarized original birth certificate from the appropriate issuing authority
3. A US Military Government Identification Card
4. A valid (not expired) passport
5. A valid US driver's license

MEET ENTRY:

Each athlete/team competing in this meet must complete the entry process on www.CoachO.com.

ENTRY FEE:

Entry fee is \$25 per individual athlete competing in Track & Field. All members of relay teams, including alternates, who have not entered an individual event, must pay a \$25.00 entry fee. Payments will only be accepted online at www.coacho.com. Entry Fee must be paid online at the time of registration. **ALL FEES ARE NON-REFUNDABLE AND NON-TRANSFERABLE.** Visa and Master Card accepted online.

ENTRY DEADLINE EXTENDED:

REGISTRATION WILL OPEN ON MAY 1, 2011 AND CLOSE ON JULY 5, 2011, 11:59 P.M., PACIFIC STANDARD TIME. ALL ENTRIES MUST BE RECEIVED BEFORE DEADLINE. NO EXCEPTIONS.

ADVANCEMENT:

The top (5) five athletes in individual events and top (4) four relay teams will advance to the AAU Junior Olympic Games in New Orleans, LA – July 29 – August 6, 2011 (**AAU JUNIOR OLYMPIC GAMES REGISTRATION DEADLINE – JULY 21, 2011**)

CHALLENGE:

All challenges to meet results must be initiated within 24 hours after the meet is completed. All challenges must be emailed to the Meet Director and will be resolved within 5 days of the last day of the meet. **AFTER THE 5 DAYS, RESULTS WILL NOT BE CHANGED.** Any issues regarding competition rules will follow USATF rules guidelines.

ADMISSION:

There will be a **\$5.00 gate fee charge per person per day.** All Children 4 and under will be admitted free.

PARKING/DIRECTIONS:

Parking will be FREE.

COACHES PASS:

- 4-10 Athletes One (1) complimentary Coaches Credential issued
- 11-20 Athletes Two (2) complimentary Coaches Credential per club
- 21-30 Athletes Three (3) complimentary Coaches Credentials per club
- Over 30 Athletes* Four (4) complimentary Coaches Credentials per club

All Registered athletes with a 2011 AAU Card and Wristband will also be admitted free.

***A Maximum of four (4) complimentary Coaches Credentials will be given to any given club. All coaches must be a current registered member of the AAU and must produce current membership card to receive the complimentary pass. Coaches passes will be handed out the time of packet pick up. If AAU memberships are not presented at this time, Credentials will be forfeited. There are absolutely NO Replacements for Lost or Stolen Coaches Credentials. AAU MEMBERSHIPS WILL NOT BE SOLD AT THE MEET!!**

RESULTS:

Results will be posted on line at www.aauathletics.org, www.coacho.com and www.finishedresults.com

Junior Olympic Games Declaration & Registration Info:

Those athletes that qualify for the AAU Junior Olympic Games in New Orleans, LA must declare and register for the meet at www.aauathletics.org before **July 21, 2011. No entries will be accepted after midnight EST (9:00 PM on the West coast) July 21, 2011.** Do not jeopardize your athlete's chance of competing by not completing this step before the AAU Junior Olympic Games.

PROTESTS:

Protests concerning the status or eligibility of any competitor must be made to the AAU Youth Athletics Committee prior to the commencement of the meet, or the Referee during the meet. Protests relating to matters, which develop during the conduct of the meet, must be made to the Referee and be filed at once, but in any case not more than 30 minutes after the result has been announced. Protests **MUST** be filed on official protest forms and presented to the Protest Table accompanied by a cash deposit of \$75.00. The Referee shall consider all available official evidence. When the Referee renders his/her decision, there is still the right of appeal to the Jury of Appeals. The jury's decision is final. If the protest is denied, the cash deposit will be forfeited. **THE JURY OF APPEALS WILL NOT ACCEPT PROTESTS CONCERNING JUDGMENT CALLS.**

ATHLETES, COACHES AND VENUE INFORMATION

TENTS:

Tents will be allowed on top row the stadium bleachers only. First Come, First Serve. Teams may put tents up in the warm up area around the perimeters of the fence and at some limited areas around the track. At the end of the day, each team must lower the tent frames and remove all tent tops in case of inclement weather. Meet management reserves the right to change this policy if it presents a problem.

SHOWER & LOCKER ROOMS:

There are no shower or locker room facilities available at the track & field venue. All competitors must come to the track dressed and ready to compete.

RESTROOM FACILITIES:

Restroom facilities will be available at the track & field venue.

BIB NUMBERS:

Our unique timing and tracking system does not require the issuance of bid numbers.

SPIKE REQUIREMENT:

3/16 Pyramid Spikes are required for the Roosevelt HS track. Spikes will be available for sale at the meet.

ARM BANDS:

Arm bands will be issued at athlete check-in. All athletes will be required to wear their arm band at all times of competition. There is a ten-dollar (\$10.00) replacement fee for lost arm bands. Replacement arm bands can be purchased at the Registration Table/Tent.

HIP NUMBERS:

Hip numbers will be issued at clerk of the course and will be required for all running event competitors during their event. The clerk of course will indicate which side and location to wear the hip numbers at check-in time.

IMPLEMENTS:

Athletes are responsible for their own implements for use during competition. However, personal implements must be checked in prior to competition. Implement check-in will occur near the field event area.

ATHLETE WARM-UP:

Grass warm-up areas are located just northwest (opposite scoreboard) of track. Restrooms are available immediately adjacent to clerking area.

ATHLETE CHECK-IN:

It is the athletes' responsibility to hear the calls and report to their event venue on the first call for their division. It is recommended that athletes check in for their event at least 30 minutes before their scheduled event. Field event athletes should report directly to the field event venue. Track event athletes should report to the clerking area located immediately northwest of track (opposite scoreboard).

RELAY EVENTS:

There is no additional entry fee for relay events as long as the following criteria are met:

- 1) All competitors as well as alternates have paid the individual entry fee of \$25.00.
- 2) The relay team represents a current 2011 AAU registered club.
- 3) All competitors must have current/valid AAU membership registration cards. Athletes listed as relay alternates (up to 4) will have that relay event count towards their event limitation.

FIELD EVENT RULES:

Each competitor will have a total of four (4) attempts for throws and horizontal jumps. There are no prelims and finals in field events. Athletes who must leave for another event must check out with the Field Event Official. These athletes may also request to take attempts in succession. -- In the **vertical jumps**, within a division, once the bar moves up, it will not move down for any reason. If excused during a round the athlete must return prior to the conclusion of that round or forfeit remaining attempts.

AWARDS:

AAU Championship Medals are awarded to the top three (3) finishers in each event and division. Awards can be picked up at the awards tent approximately 15 minutes after the conclusion of the event. **Medals will not be mailed to the athlete's home.** It is the responsibility of the athlete, coach or parent to pick up awards before leaving the meet.

FOOD/DRINK/COOLERS:

There will be concessions available. Team/Athlete coolers will be allowed, however, **NO GLASS CONTAINERS** are permitted. All coolers, bags, backpacks, and duffel bags are subject to inspection by security.

EVENT SCHEDULES:

The Final Meet Schedule will be posted after entries close. The event order will not change but start times may differ according to number of entries. Age groups of like sex may be combined in distance races/walks, which have minimal participation. Event Schedules will be available at registration.

T-SHIRTS:

2011 AAU National Qualifying Meet T-Shirts will be on sale and available by Martin Screen Prints & Embroidery.

INCLEMENT WEATHER:

The Meet Director has the option of delaying or temporarily halting the meet in the event of bad weather and resuming when weather permits. The format of the meet may be adjusted after weather delay, if deemed appropriate by the Meet Director and the Games Committee.

MEDICAL:

Emergency Medical personnel are on call. Athletic trainers will be available to athletes. Ice and water will be provided for injuries only. Athletic trainers will not tape athletes prior to competition. *Athletic Trainers are only available in case of injury.*

FLUIDS:

Meet management will do its best to try to provide water in certain competition areas. It is strongly encouraged that athletes, teams, coaches, and parents have water with them.

WEATHER:

The average high temperature in the Corona area during the month of July is in the low 90s, so be prepared because it can be very hot.



INLAND EMPIRE NATIONAL QUALIFIER
(FORMERLY KNOWN AS MT. SAC NATIONAL QUALIFIER)

TRACK MEET SCHEDULE

All running events will start at the designated time listed each day. After the initial event, subsequent events may start 30 minutes before the time listed. Listen to announcements and check-in to the designated area at least 30 minutes early. Any athlete that does not check-in before their scheduled heat is run will be scratched from the event. Field event athletes who have a conflict with a running event will be released by the Field Event Official **only** at the appropriate time. Field Event athletes will have 10 minutes to report back to their Field Event after their running event and must report back and be ready to compete.

THIS MEET IS CONTESTED ON A ROLLING SCHEDULE

SPECIAL NOTES:

- **If there are not enough runners in the Semi-Final, the event will be run as a final on the scheduled date.**
- **Some distance races may be combined due to the number of participants.**
- **F= FINAL**
- **IG, IB, YW, YM divisions **MUST** use starting blocks in the sprint races!!!**

**YOU ARE HEREBY NOTIFIED THAT THE MEET SCHEDULE OUTLINED BELOW IS TENTATIVE AND SUBJECT TO CHANGE WITHOUT PRIOR WRITTEN NOTICE.
 A REVISED MEET SCHEDULE WILL BE AVAILABLE UPON CHECK-IN.**

CLASSIFICATION

PG-Primary Girls	PB-Primary Boys	Born 2003 or after (Allowed 3 events)
SBG-Sub-Bantam Girls	SBB-Sub-Bantam Boys	Born 2002 (Allowed 3 events)
BG-Bantam Girls	BB-Bantam Boys	Born 2001 (Allowed 3 events)
SMG-Sub-Midget Girls	SMB-Sub-Midget Boys	Born 2000 (Allowed 3 events)
MG-Midget Girls	MB-Midget Boys	Born 1999 (Allowed 3 events)
SYG-Sub-Youth Girls	SYB-Sub-Youth Boys	Born 1998 (Allowed 4 events)
YG-Youth Girls	YB-Youth Boys	Born 1997 (Allowed 4 events)
IG-Intermediate Girls	IB-Intermediate Boys	Born 1995-1996 (Allowed 4 events)
YW-Young Women	YM-Young Men	Born 1993-1994 (Allowed 4 events**)

****Athletes that are still 18 on Aug. 8th the final day of the National Championships shall be eligible. There is no Multi-Event competition.**

SATURDAY - JULY 9, 2011

RUNNING EVENTS 8:00 AM

4 X 800R (F)	MG, MB, YG, YB, IG, IB, YW, YM
1500RW (F)	SBG-BG-SMG-MG SBB-BB-SMB-MB
3000RW (F)	SYG-YG-IG-YW SYB-YB-IB-YM
100M (F)	PG,PB,SBG,SBB,BG,BB,SMG,SMB,MG,MB,SYG,SYB,YG,YB,IG,IB,YW,YM
200H (F)	SYG, YG, SYB, YB
400H (F)	IG, YW, IB, YM
400M (F)	PG,PB,SBG,SBB,BG,BB,SMG,SMB,MG,MB,SYG,SYB,YG,YB,IG,IB,YW,YM
1500M (F)	SBG,SBB,BG,BB,SMG,SMB,MG,MB,SYG,SYB,YG,YB,IG,IB,YW,YM
4 X 100R (F)	PG,PB,BG,BB,MG,MB,YG,YB,IG,IB,YW,YM

FIELD EVENTS 8:00 AM

FIELD EVENTS SATURDAY - JULY 9, 2011							
TIME	LJ PIT 1	LJ PIT 2	HJ PIT 1	HJ PIT 2	SP PIT 1	SP PIT 2	DISCUS
8:00 AM	SYB	SYG	YW	YM	SYG	YG	IG/YW
	YB	YG	IG	IB	SYB	YB	IB/YM
	IB	IG	YG	YB	IB	YM	SYB/YB
	YM	YW	SYG	SYB	IG	YW	SYG/YG
*All Triple Jumps - SYG,SYB,YG,YB,IG,IB,YW,YM							
* Triple Jump will be contested immediately following the YM and YW Long Jump for all Age Groups on Saturday							

SUNDAY - JULY 10, 2011

RUNNING EVENTS 8:00 AM

8:00 AM

3000M (F)	SMG-MG-SYG-YG-IG-YW SMB-MB-SYB-YB-IB-YM
110H (F)	IB, YM
100H (F)	SYB, YB SYG, YG, IG, YW
80H (F)	SMG, MG, SMB, MB
2000M Steeplechase (F)	IG, YW, IB, YM
800M (F)	PG,PB,SBG,SBB,BG,BB,SMG,SMB,MG,MB,SYG,SYB,YG,YB,IG,IB,YW,YM
200M (F)	PG,PB,SBG,SBB,BG,BB,SMG,SMB,MG,MB,SYG,SYB,YG,YB,IG,IB,YW,YM
4 X 400R (F)	BG,BB,MG,MB,YG,YB,IG,IB,YW,YM

FIELD EVENTS

7:00 AM Javelin (F) SYG,SYB,YG,YB,IG,IB,YW,YM

8:00 AM

FIELD EVENTS SUNDAY - JULY 10, 2011								
TIME	LJ PIT 1	LJ PIT 2	HJ PIT 1	HJ PIT 2	SP PIT 1	SP PIT 2	DISCUS	POLE VAULT
8:00 AM	MB	MG	SBG	SBB	PG	PB	SMG	SYG/YG
	SMB	SMG	BG	BB	SBB	BB	MG	IG/YW
	BB	BG	SMG	SMB	SBG	BG	SMB	SYB/YB
	SBB	SBG	MG	MB	SMG	MG	MB	IB/YM
	PB	PG			SMB	MB		